



U P O A T I M E S

**IOA PRESIDENT THEME:
HARMONISING HEARTS
HEADS AND HANDS TO HEAL**

**UPOA PRESIDENT THEME:
SURGICAL EXCELLENCE
@ GRASSROOTS**

**News Letter of UP Orthopaedic Association
Registered Under the Societies Act 21/1860,
Reg. No 4893/ iv-22805
Issue 01 Vol. 24 (January 2024 – April 2024)**

UPOA SECRETARIAT:

Dr. Santosh Singh

Honorary Secretary – UP Orthopaedic Association

Director and Head, Deptt. of Orthopaedics

ALYANTRA MEDICITY (Super Speciality Hospital), Lucknow

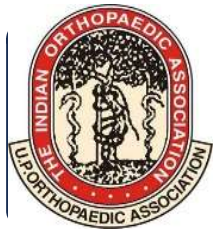
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Lucknow, UP, India -226006

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UPOA Office No: 9415679511

www.upoa.net



EXECUTIVE COMMITTEE 2024-2025



Dr K.D. Tripathi
President UPOA



Dr Piyush Kumar Misra
President Elect, UPOA



Dr Santosh Singh
Secretary UPOA



Dr Anup Agrawal
Imm. Past President UPOA



Dr Ashutosh Agarwal
Vice President UPOA



Dr Amrit Goyal
Vice President UPOA



Dr Maneeshi Bansal
Treasurer UPOA



Dr C.P. Pal
Editor JBJD



Dr Sanjiv Kumar
Quiz Master UPOA



Dr Amit Mishra
Joint Secretary UPOA



Dr Shah Waliullah
Joint Secretary UPOA



Dr S.N. Pathak
Joint Secretary UPOA



Dr Raghavendra Tripathi
Member Executive UPOA



Dr Amit Jaiswal
Member Executive UPOA



Dr Akshat Chandra
Member Executive UPOA



Dr Ajeet Tiwari
Member Executive UPOA



Dr Imran Akhtar
Member Executive UPOA



Dr Shivam Sinha
Member Executive UPOA



Dr Rizwan Khan
Member Executive UPOA



Dr Rajat Kapoor
Member Executive UPOA



Dr Praveen Kumar
Member Executive UPOA

PRESIDENT ELECT IOA

Dr. Anup Agrawal

IOA REPRESENTATIVE

Dr. Apoorva Agrawal

Dr. Maneeshi Bansal



PRESIDENT'S MESSAGE

Respected Members of the Uttar Pradesh Orthopaedic Association,

With profound humility and a deep sense of responsibility, I am honoured to assume the role of President of the Uttar Pradesh Orthopaedic Association. I extend my heartfelt gratitude to each of you for your trust and confidence in me. I also express my sincere thanks to the leadership of the Uttar Pradesh Orthopaedic Association and Indian Orthopaedic Association for their steadfast support and guidance.

Our vision, encapsulated in the theme of this year **"Surgical Excellence @ Grassroots"** underscores our commitment to advancing orthopaedic care in our state. I am dedicated to aligning our efforts with the broader goals of the orthopaedic fraternity to elevate the standard of orthopaedics in every part of Uttar Pradesh.

I commend the tireless efforts of our predecessors, whose contributions have significantly shaped orthopaedic surgery in Uttar Pradesh. I feel privileged to follow in the footsteps of these stalwarts and pledge to uphold their legacy of excellence and service.

To all our esteemed members, I extend my sincere appreciation for your support and collaboration. Together, we possess the power to achieve remarkable feats and overcome challenges. Let us foster camaraderie that transcends boundaries and unites us in our mission to enhance orthopaedic care.

As we embark on this journey, I am committed to creating an environment conducive to continuous learning and growth. I intend to initiate programs to equip our members with the latest surgical skills and techniques, ensuring we remain at the forefront of orthopaedic advancements uniformly. In this endeavour I wish to reach out to the experienced surgeons, teachers and youngsters of all the medical colleges of our state for their help to disseminate the newer techniques at grassroots. This will not only benefit us as practitioners but also enhance the quality of care we provide to our patients. Furthermore, I envision establishing a platform for sharing surgical experiences among our members. Let us celebrate the successes of those who, despite constraints, deliver exceptional results. By sharing their experiences, we can collectively learn, adapt, and inspire one another to excel in our profession.

In conclusion, I stand before you as a humble servant of our esteemed association. Together, let us strive towards a future where orthopaedic care reaches every corner of our state, where knowledge knows no bounds, and where collaboration propels us to greater heights.

Long Live UPOA

DR. K.D. TRIPATHI
PRESIDENT UPOA
PRAYAGRAJ



SECRETARY'S MESSAGE

Greetings from Lucknow. I will start by thanking the UPOA family for bestowing upon me the honour to serve as the secretary of UPOA. I will do my level best to serve UPOA with all truthfulness and dedication.

An academic association is judged by the quality of its scientific calendar. I would request all district orthopaedic clubs/societies to conduct symposia & workshops. Kindly conduct these events under the aegis of UPOA. This will enable greater participation as well as add points for UPOA as we compete for the coveted prize of best chapter of IOA. The executive of the UPOA will assist in whatever way possible and ensure that it is attended by one of the office bearers.

The rapidly growing internet highway has drastically transformed the learning mediums. One can easily find out whatever he needs to know, by simply browsing the internet, emailing or skyping someone. But that can never replace the full meaning of the philosophy to be enlightened. For that, meaningful discussion and face to face encounters are necessary. This can only be facilitated by academic associations like the UP Orthopaedic Association, who organise frequent scientific events for the benefit of their members.

The official programs of the UPOA shall be designed for interacting with the experts from every subspeciality. The aim will be to share and enhance knowledge on the latest international research and developments in the field of orthopaedic and for interaction among peers.

Through the dedicated commitment of our colleagues of the UPOA, our mission remains "to serve the profession, champion the interests of our patients, and advance the highest quality of musculoskeletal care." I hope that each of you will embrace this mission and become involved in your association. Support its programs; volunteer to serve on a committee; participate in initiatives that are important to you and to your patients. Only by becoming so engaged will you realize the full value of your membership.

Let us embark on this fruitful journey together, shoulder to shoulder, to share a common ideal and embrace a common goal..... to make UPOA the shining star of IOA.

Your vision will become clear only when you look into your heart. He who looks outside, dreams. He who looks inside, awakens."

Jai Hind

DR. SANTOSH SINGH
SECRETARY UPOA
LUCKNOW



UPOA CITY CLUBS: 2024-2025

City	President	Secretary
AGRA	Dr. Arun Kapoor drarunkapoor@yahoo.co.in Mob- 9837153112	Dr. Rakesh Mohaniya rakeshmohaniya@ymail.com Mob- 9412721415
ALIGARH	Dr. Praveen Garg praveenalka.garg@gmail.com Mob- 9927091988	Dr. Sumeet Singhal drsumeetsinghal@gmail.com Mob- 9837094448
AYODHYA	Dr. Anil Kumar anil.renumemorial@gmail.com Mob- 9415048261	Dr. G. K. Pandey govindgkpandey@gmail.com Mob- 9415058337
BAREILLY	Dr. S.K. Kaushik drskkaushik08@gmail.com Mob- 9837132567	Dr. Alok Sharma dr.aloksharmably.70@gmail.com Mob- 9837025380
BASTI	Dr. Satyandra Rai satyendra.ra19@gmail.com Mob- 9415037909	Dr. Sanjay Kumar Arora skarora08@rediffmail.com Mob- 9839887473
DEORIA	Dr. S. K. Aanand santosh_anand15@rediffmail.com Mob- 9670225997	Dr. Mohd Arif arifmd4242@gmail.com Mob- 9598001123
FIROZABAD	Dr. Jagdish Mittal jmittal30@gmail.com Mob- 9897085050	Dr. Vipul Agarwal sarinavipul@yahoo.com Mob- 8171207989
GHAZIABAD	Dr. K.K. Mittal khtcgzb@hotmail.com Mob- 9910058845	Dr. Sharad Gupta dr.sharadgupta@yahoo.com Mob- 9818584365
GORAKHPUR	Dr. B.B. Tripathi drbbtripathi11@gmail.com Mob- 9721222336	Dr. Amit Mishra mishradramit@gmail.com Mob- 9415154480
HATHRAS	Dr. K.K. Varshney kamal16@gmail.com Mob- 9837107959	Dr. R.K. Singh kinkersinghram@gmail.com Mob- 9627193971
JHANSI	Dr. Sanjay Tripathi drsandita06@yahoo.com Mob- 9839777166	Dr. Mayank Bansal drmayankbansal@gmail.com Mob- 9415112411
KANPUR	Dr. Anoop Agrawal dranoopasha@gmail.com Mob- 9839112347	Dr. Chandan Kumar ck131980@gmail.com Mob- 9335313138



UPOA CITY CLUBS: 2024-2025

City	President	Secretary
LUCKNOW	Dr. G.P. Gupta gpgupta26@gmail.com Mob- 8052644444	Dr. Shailendra Singh shailendra81kgmc@gmail.com Mob- 9532081107
MEERUT	Dr. Gyaneshwar Tonk gyaneshwartonk@gmail.com Mob- 9897600445	Dr. Ravinder Singh ravinder1987878@gmail.com Mob- 9557477772
MORADABAD	Dr. Deepak Rastogi deepsanjeevan@gmail.com Mob- 9837053968	Dr. Akshat Goel Dr.akshat.goel@gmail.com Mob- 8057047400
MUZAFFAR NAGAR	Dr. Vinit Minocha m_vinit@hotmail.com Mob- 9897242355	Dr. Siddhartha Goel goelxrayofficial@gmail.com Mob- 9997040448
MATHURA	Dr. Nirvikalp Agrawal nirvikalp.aggarwal@gmail.com Mob- 9837472254	Dr. Praveen Goyal praveenkumargoyal@gmail.com Mob- 9761055000
PRAYAGRAJ	Dr. Murari Prasad Verma verma.murari21@gmail.com Mob- 9415214017	Dr. Anurag Agarwal dr.anurag.agrawal@gmail.com Mob- 8765433222
RAEBARELI	Dr. Onkar Singh dronkar14@gmail.com Mob- 8756417060	Dr. Manish Trivedi manishtrivedi808@gmail.com Mob- 9670077444
SAIFAI	Dr. R.S. Yadav dayalortho@gmail.com Mob- 9410045241	Dr. Ajay Kumar Rajput dr.ajayrajput@gmail.com Mob- 9582342414
SAHARANPUR	Dr. Shashi Kant Saini 24shashikant@gmail.com Mob- 9319388182	Dr. Mukunth Rajgopalan mukunth.delhi@gmail.com Mob- 9953567998
SULTANPUR	Dr. Siddiqui Qadeer Ahmed drqas2001@yahoo.co.in Mob- 9415046279	Dr. Amol Rebello dramol2002@gmail.com Mob- 9598473459
VARANASI	Dr. Karma Raj Singh omegaplushhospital@gmail.com Mob- 9506211111	Dr. Shivam Sinha shivamortho81@gmail.com Mob- 9453048787



Guidelines for the Official Academic Events of UPOA

1. The date & venue should be decided within a week and should be inform to UPOA Office earliest. So that it can be displayed on website.
2. The date should not coincide with other important official events of IOA and major festivals of UP.
3. A copy of the e-brochure should be sent to the UPOA Secretary for approval before it is circulated amongst the members. This is to ensure that all protocols are adhered too.
4. The event may not be organized under aegis of another association.
5. Flier should include- names of UPOA president, UPOA president elect and UPOA secretary with organising chairman and organising secretary, local club president and secretary.
6. The brochure should contain:
 - a. UPOA & Local City Club Emblem.
 - b. IOA President Theme (IOA Presidential Theme of year 2024 is- **HARMONISING HEARTS HEADS AND HANDS TO HEAL** should be mentioned.
 - c. UPOA Presidential Theme- **SURGICAL EXCELLENCE @ GRASSROOTS** it should be mentioned below IOA President Theme.
 - d. Names and Photos of UPOA President, President Elect & Secretary.
 - e. Scientific Programme
 - f. Local organizing committee
 - g. Office bearers of the local orthopaedic club
7. All members of UPOA should be informed by electronic media: Email, SMS, WhatsApp, & social media at least 4 weeks prior to the event.
8. The President, President Elect and Secretary UPOA should be invited well in advance and their stay and local hospitality should be taken care of by the organisers.
9. In-Case the President / Secretary are unable to attend, they will nominate either the President Elect or one of the Vice President/ any other office bearers of UPOA to deputize of their behalf. In such a scenario, the nominated officer shall be offered the same hospitality and position on the dais as the UPOA President/ Secretary.

10. INAUGURAL FUNCTION PROTOCOL (if any clarification call UPOA Secretary)
- i. The inaugural function should preferably finish in 30 minutes.
 - ii. The function shall be presided by the President of the U.P. Orthopaedic Association
 - iii. Persons of eminence in the field of Orthopaedics should preferably be invited as the guest of honour.
 - iv. President IOA / President Elect IOA / Vice President IOA / Secretary IOA (in preferential order) may be invited as Chief guest.
 - v. Not more than 9 persons will be on dais during the inaugural function. The President, Chief Guest, Guest of honour, President Elect, Secretary, Organising Chairman, Organising Secretary and President & Secretary of Local Orthopaedic Club should be on dais during the inaugural function.
 - vi. The dais may be expanded to 11 persons in the extra-ordinary circumstances if the event is being held in a educational institution to accommodate the appropriate university / college dignitaries.
 - vii. The first row in the conference hall during the event shall be reserved to the Dignitaries.
 - viii. Master of the Ceremony should be nominated by the organising secretary to conduct the inaugural function.
 - ix. Master of ceremony will conduct the inaugural function in following order.
 - a. Invocation- president UPOA, chief guest, guest of honour, president elect UPOA, secretary UPOA, president and secretary of local orthopaedic club, organising chairman and organising secretary.
 - b. Lighting of Lamp
 - c. Welcome Address by Organising Chairman.
 - d. UPOA Secretary's report/speech.
 - e. UPOA Presidential address
 - f. Guest of Honour's address
 - g. Address by chief guest
 - h. Vote of Thanks by organising Secretary
 - i. National Anthem.

11. Event contribution to UPOA will be minimum 8% of total collection of registration and sponsorship charges (to be collected on behalf of the course).

12. **Details of Bank Account of UPOA**

Account Name: U.P. Orthopaedic Association

Bank: State Bank Of India

Account No: 30323729681

Branch: Lucknow Main Branch

Tarawali Kothi, Moti mahal Marg, Hazratganj, Lucknow :226001

IFSC: SBIN0000125

13. Report with photographs to be sent to secretary within 15 days of the event.

Short Report for UPOA Times – in following headings preferably, within 15 days

1. Program name
2. Date And Venue
3. Number of Delegates
4. Name of Chief Guest
5. Name of guest of honour
6. Any award given
7. Special invitios
8. Any Remarks
9. Few Photos

14. Certificates (Delegates and Faculty) should:

a. Have logo of UPOA

b. Be signed by President and Secretary UPOA, org chairman and org secretary.

15. Banner should have logo of UPOA

16. The organizing secretary should be present in the Inaugural Function of the subsequent UPORHOCN, to receive the certificate of appreciation.

17. Faculty selection should be done in consultation with scientific committee and UPOA Officials, do not commit to any faculty without UPOA approval. For faculty selection encourage members of UPOA.

18. Outside UP faculty should not be more than 50%.

19. Apply for MCI accreditation points.

20. MTS Audited Report should be present in Next UPORHOCN and Audited Report of UPORHOCN should be presented in next MTS by the Organising Secretary (or by the Organising Chairman).

21. Any other information will be send you time to time as decided by EC.



Dr K.D. Tripathi

UPOA President



Dr Santosh Singh

UPOA Secretary



Guidelines for the Academic Events to be conducted Under the Aegis of UPOA

1. The said event should be organized with the involvement and approval of the local city club / society.
2. The Organizing Secretary must obtain, through an email, prior permission from the UPOA Secretary, at least a month before the event to ensure the availability of office bearers.
3. The dates should not coincide with other important official events of the IOA and UPOA.
4. A copy of the e-brochure should be sent to the UPOA Secretary for approval before it is circulated amongst the members. This is to ensure that all protocols are adhered to.
5. The event may not be organized under aegis of another association in addition to the UPOA (may be associated with other associations).
6. Flier should include- names of UPOA president, president elect and secretary with organising chairman and organising secretary, local club president and secretary.
7. The brochure should contain:
 - a. UPOA & Local City Club Emblem.
 - b. IOA President Theme (IOA Presidential Theme of year 2024 is- **HARMONISING HEARTS HEADS AND HANDS TO HEAL** should be mentioned.
 - c. UPOA Presidential Theme- **SURGICAL EXCELLENCE @ GRASSROOTS** it should be mentioned below IOA President Theme.
 - d. Under the aegis of U.P. Orthopaedic Association written prominently (Below the title of program).
 - e. Names and Photos of UPOA President, President Elect & Secretary.
 - f. Scientific Programme
 - g. Local organizing committee
 - h. Office bearers of the local orthopaedic club
8. All members of UPOA should be informed by electronic media: Email, SMS, WhatsApp, & social media at least 2 weeks prior to the event.
9. The President and Secretary UPOA should be invited well in advance and their stay and local hospitality should be taken care of by the organisers.

10. In-Case the President / Secretary are unable to attend, they will nominate either the President Elect or one of the Vice President/ any other office bearers of UPOA to deputize of their behalf. In such a scenario, the nominated officer shall be offered the same hospitality and position on the dais as the UPOA President/ Secretary.

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- ii. The function shall be presided by the President of the U.P. Orthopaedic Association
- iii. Persons of eminence in the field of Orthopaedics should preferably be invited as the chief guest to inaugurate the conference.
- iv. President IOA / Secretary IOA / Vice President IOA (in preferential order) should be/may be invited as guest of honour.
- v. Not more than 9 persons will be on dais during the inaugural function. The President, Chief Guest, Guest of honour, President Elect, Secretary, Organising Chairman, Organising Secretary and President & Secretary of Local Orthopaedic Club should be on dais during the inaugural function.
- vi. The dais may be expanded to 11 persons in the extra-ordinary circumstances if the event is being held in a educational institution to accommodate the appropriate university / college dignitaries.
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 - b. Lighting of Lamp
 - c. Welcome Address by Chairman organising committee.
 - d. Secretary's report/speech.
 - e. Presidential address
 - f. Guest of Honour's address
 - g. Address by chief guest
 - h. Vote of Thanks by organising Secretary
 - i. National Anthem.

12.A compulsory contribution of Rs 5000 shall be made to the UPOA before the event or Cheque/ DD is handover to who so ever will attend from UPOA office (or can do online transfer).

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Bank: State Bank of India

Account No: 30323729681

Branch: Lucknow Main Branch

Tarawali Kothi, Moti mahal Marg, Hazratganj, Lucknow :226001

IFSC: SBIN0000125

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Short Report for UPOA Times – in following headings preferably, within 15 days

- i. Program name
- ii. Date And Venue
- iii. Number of Delegates
- iv. Name of Chief Guest
- v. Name of guest of honour
- vi. Any award given
- vii. Special invitees
- viii. Any Remarks
- ix. Few Photos

14.Certificates (Delegates and Faculty) should:

- a. Have logo of UPOA and mentioned under the aegis of U.P. Orthopaedic Association prominently.
- b. Be signed by President and Secretary UPOA, president and secretary of local orthopaedic club, org chairman and org secretary.

15.Banner should have logo of UPOA and mentioned under the aegis of U.P. Orthopaedic Association prominently.

16.The organizing secretary should be present in the GBM of the subsequent UPORTHOCON, to receive the certificate of appreciation.

17.Faculty selection should encourage members of UPOA.

18.Apply for MCI accreditation points.



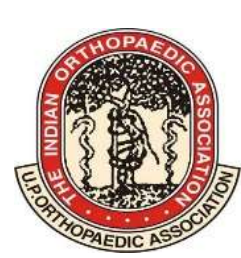
Dr K.D. Tripathi

UPOA President



Dr Santosh Singh

UPOA Secretary



CATEGORIES FOR CITY CLUB AWARDS

Award	Eligible City Club	
1. Dr K.P. Srivastava Trophy	Above 75 members (7)	
	Agra (153)	Kanpur (143)
	Lucknow (341)	Varanasi (137)
	Ghaziabad (104)	Prayagraj (104)
	Meerut (87)	
2. Dr M.K. Goel Trophy	51 to 75 members (3)	
	Aligarh (74)	Gorakhpur (75)
	Bareilly (55)	
3. Dhanendra Prasad Bhagwati Devi Trophy	26 to 50 members (3)	
	Moradabad (28)	Jhansi (37)
		Muzaffarnagar (27)
4. UPOA Trophy	1 to 25 members (10)	
	Basti (12)	Deoria (17)
	Saifai (24)	Ayodhya (15)
	Hathras (10)	Mathura (25)
	Saharanpur (24)	Sultanpur (17)
	Raibareilly (20)	Firozabad (21)

CRITERIA FOR BEST CITY CLUB AWARDS

CITY CLUB AWARDS

ACTIVITIES FROM 1 JANUARY 2024 TILL 31 DECEMBER 2024
(REPORT TO BE SUBMITTED by 05 January 2025 ,5.00 PM)

Name of City:

Name of President:

Phone No:

Email:

Name of Secretary:

Phone No:

Email:

Total No of members in City Chapter:

Total No of UPOA members in City Chapter:

Total No of IOA members in City Chapter:

Kindly tick for the category for which you are eligible

Dr K.P. Srivastava Trophy (>75)		Dr M.K. Goel Trophy (51-75)	
Dhanendra Prasad Bhagwati Devi Mem. Trophy (26-50)		UPOA Trophy (<25)	

	Membership		30	Numbers added	Marks
A	Increase in number of members of UPOA	1 point for every new member	10		
B	Increase in number of members of IOA	2 points for every new member	20		

C	Academic Activities organised by the club (Name with number of delegates attach as pdf in separate zip file)	55	No of activities	Marks
1	National Conference (IOACON)	15		
2	UPORTHOCON / National Conference of Sub -speciality Group of IOA	10		
3	Mid Term Symposium	6		
4	UPOA official courses	4		
5	Under the aegis of UPOA - Instructional Courses / CME / Hands on Workshop (2 point per programme)	10		
6	PG Course	4		
7	Clinical club Meetings - 0.5 points for each meeting	6		

D	Academic achievement of Members of the club (National & International)	30	No of Lectures	Marks
1	Guest lecture in National & International Conferences - 2 point per presentation	10		
2	Guest lecture in UPORTHOCON - 1 point per presentation	4		
3	Paper presentation in National & International Conference -1 point per presentation	4		
4	Paper presentation in UPORTHOCON - 0.5 point per presentation	2		
5	Awards & honours from orthopaedics societies	2		
6	Elections to higher posts in either IOA or other National/International association (P/S=2; VP/E/T=1, E=0.5)	4		
7	Inventions (techniques, instruments, implants)	2		
8	Academic Literature (writing, editing, translating)	2		

		35	
E	Regular Election of Office Bearers (Reporting of Activities to Secretary UPOA)	6	
F	Bone & Joint Day Activities	25	
G	Chapter contribution to UPOA (5000-20000 Rs = 2 points)	4	

TOTAL MARKS OBTAINED:

NOTE:

1. Total Maximum Marks are **150**
2. To be eligible for the Award, the City chapter must have submitted its annual report for the on time (by 05th January 2025, 5.00 pm)
3. While computing points if the figure is not in round figures, then the next higher digit should be awarded, say 1.5 should be counted as 2
4. Please Fill the above form and send to upoaoffice@gmail.com as separate sheet
5. Send proof of all activities as attachments marked as A, B, C1, C2 or D1, D2 and so on and send all attachments as Zip file at upoaoffice@gmail.com.

Signature

Secretary City Chapter



MINUTES OF GENERAL BODY MEETING

48th UPORTHOCON, 03rd February 2024

MINUTES OF GENERAL BODY MEETING- UPCON 2024

The General Body Meeting of UPOA took place in the Auditorium of MLN Medical College, Prayagraj on 03rd February 2024.

Following were present on the dias.

President	-	Dr. Anup Agrawal
President Elect	-	Dr. K.D. Tripathi
Vice President	-	Dr. Alok Sharma
Secretary	-	Dr. Santosh Singh
Treasurer	-	Dr. Maneeshi Bansal

UPOA Secretary Dr. Santosh Singh started the meeting and he thanked the President, President-Elect, Past Presidents, all the EC Members, and other UPOA Members for their support during this year.

Agenda 1: Obituaries

UP LM NO	IOA LM NO	Expired Member Name	City
LM1952	LM08467	Dr. Probir Kumar Basu	Lucknow
LM0547	LM01748	Dr. Ajay Pant	Moradabad
LM1436	LM09636	Dr. Rajendra Kumar Gupta	Agra
LM1141	LM07540	Dr. Sachin Awasthi	Lucknow
LM0878	LM06622	Dr. Rakesh Handa	Sahibabad

One more obituary from Bareilly was informed by Dr. Vinod Pagrani - Dr. A.P. Agarwal (UPOA LM0010).

One minute silence was observed for these personalities.

Agenda 2: Presidential Address by UPOA President Dr. Anup Agrawal.

Agenda 3: Last ECM Minutes

Confirmation on Minutes of Last ECM held at MID Term Symposium, Aligarh on 10th September 2023 – Passed.

Minutes of EC MEETING during MTS in Aligarh, already circulated to all members through UPOA Times (Issue 03 Volume 2023, September 2023 – December 2023) and hope you all have gone through this, Thanks for your contribution in smoothly conducting the EC Meeting at Aligarh.

Agenda 4: IOA Best State Chapter Award 2023

Honorary Secretary Dr. Santosh Singh appreciated the efforts of all the members of UPOA for their contribution, so that we got second prize in best large chapter award of IOA (first was Tamil Nadu). The reason was we made less IOA members in comparison to them.

A lot of discussion was done and later on UPOA President Dr. Anup Agrawal summarized how to increase the membership.

1. All Post Graduate Students should be Associate Members of UPOA.
2. For PG's who want to present papers in UPORTHOCON, Rs. 500 for their Associate Membership to be added in registration fees of UPORTHOCON.

3. All PG's who passed their Post Graduation from their Respective College should be allowed NOC from their Head of Department after becoming UPOA and IOA Member.

All the members passed these three suggestions.

Dr. Anup Agrawal requested all EC Members kindly make 05 UPOA and IOA members per person and those who are sitting here should make one member per person.

Agenda 5: Bone & Joint Day 2023

Honorary Secretary Dr. Santosh Singh informed that during Bone & Joint Day, the matter of pride is that we got first position among large chapters for BONE AND JOINT DAY CELEBRATION, and contributed a lot to get registered in ASIA BOOK OF WORLD RECORDS, thank you everyone.

Agenda 6: Report of Election 2023-24

Dr. K.D. Tripathi, the Election Officer presented the Election Report of UPOA.

Notification of Election – 01 November 2023

last date of nomination was – **15 November 2023, 05:00 pm.**

Information to all the contestants about other contestants on **17 November 2023.**

Last date of withdraw was **22 November 2023**

Official declaration of candidates **24 November 2023**

Vacancies

1- President Elect	- 1
2- Vice President	- 2
3- Member Executive	- 3

Contestants applied-

1. Dr. Piyush Kumar Misra	- President Elect -	LM NO – LM1009
2. Dr. Amrit Goyal	- Vice President -	LM NO – LM1405
3. Dr. Ashutosh Agarwal	- Vice President -	LM NO – LM1101
4. Dr. Rizwan Khan	- Member Executive –	LM NO – LM1722
5. Dr. Rajat Kapoor	- Member Executive –	LM NO – LM1716

Since the number of contestants were not more than the vacancies, therefore, there was no need for voting/elections for the above mentioned vacancies.

All the contestants have been requested to come on the dais by UPOA President Dr. Anup Agrawal.

One more EC Member post is vacant so requested the name for the post from the members- four names were proposed and seconded those were –

Dr. Amit Mishra

Dr. K.S. Dinkar

Dr. Shah Waliullah

Dr. Praveen Kumar

The President gave time to them that they should decide themselves who will be the EC Member. Finally, Dr. Praveen Kumar was Elected for the remaining EC Member post.

Agenda 7: Treasurer Report

Dr. Maneeshi Bansal, Treasurer presented the Treasurer Report which was passed with the voice vote. **The Treasure Report is Enclosure-I.**

UPOA President Dr. Anup Agrawal appreciated the efforts of last three consecutive treasurers –

Dr. Kaushal Agrawal, Dr. Piyush Kumar Misra, Dr. Maneeshi Bansal for getting 12A and 80G for UPOA and round of applause given to them.

47th UPORTHOCON Gorakhpur audited report was not available, So Dr. Dharendra Singh proposed that those who have not submitted audited report within stipulated time then three monthly reminders should be given to them and also informed to Club President and Secretary. If the report is still not submitted Club will not be allowed to host any UPOA Official Program and Under Aegis of UPOA up to two years and if he submitted then the period is over from the same time. Dr. S.C. Goel queried if the Organising Secretary is not responding to the club as well then what? Dr. Dharendra Singh suggested that the club should remove that person from the club and informed UPOA that we removed that person for club membership after that the ban on club will be revoked. It is passed with a majority of votes.

Agenda 8: Editor Report

Dr. C.P. Pal presented the Editors Report which was passed with voice vote. **The Editor's Report is Enclosure- II.**

President Dr, Anup Agrawal appreciated the wonderful work of the editorial team.

Agenda 9: Fellowship Report

Dr. Santosh Singh presented the Fellowship Report as passed with a voice note. **The Fellowship Report is Enclosure- III.**

Dr. S. C. Goel informed the house that Dr. Vikash Kapoor from Kolkata (Alumni of BHU) wishes to start a one month fellowship with UPOA, with food and stay complementary. President Dr. Anup Agrawal suggested it should be noticed as a centre of Excellence. House thanked Dr. Vikash Kapoor for his kind proposal.

Agenda 10: Research Grant of UPOA

Dr. Santosh Singh informed, this year no one was interested in a research grant, no application received.

GBM passed the suggestion of EC that Research Grant should be more and more popularized by UPOA through fliers, repeated emails and POPUP on website. Dr. A. N. Verma suggested a letter should be sent to all teaching faculty regarding Research Grant, Dr. S. C. Goel seconded this.

UPOA President Dr. Anup Agrawal handed over the charge of the website to Dr. Ravi Singh Khanka, and Dr. Ravi has kindly accepted this proposal.

Agenda 11: Report of City Club Awards 2023-24

Dr. Santosh Singh Presented the Report of City Club Awards 2023-24 was passed with a voice note.
The City Club Awards Report 2023-24 is Enclosure- IV.

Agenda 12: Unaudited Report of 47th UPORHOCON 2023 (Gorakhpur) - Dr. Amit Mishra

UPORHOCON 2023

ORGANISED BY GORAKHPUR ORTHOPAEDIC CLUB 24-26 FEB 2023

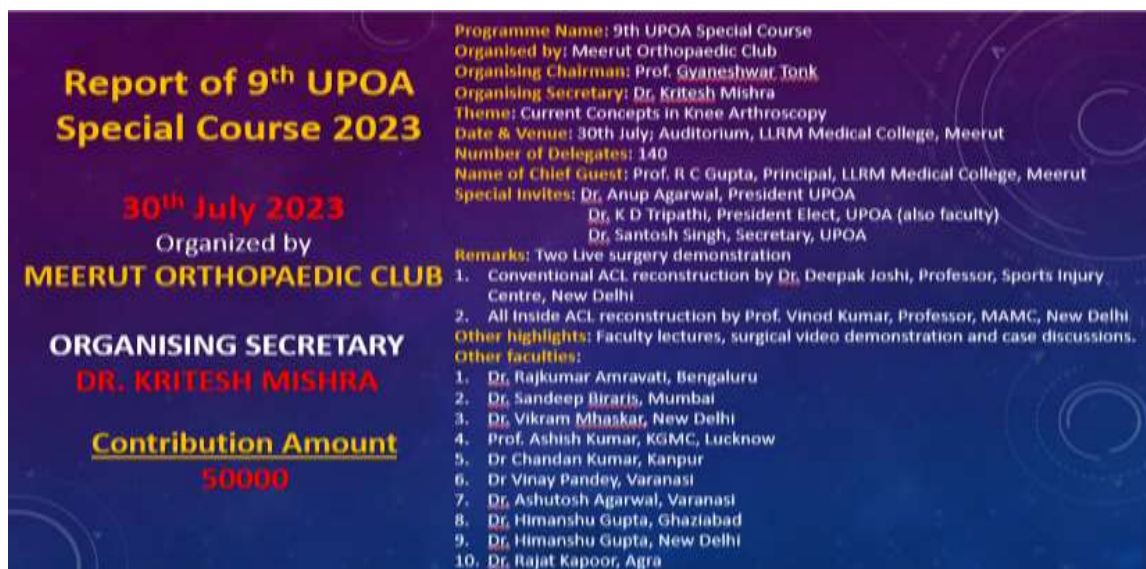
• VENUE	HOTEL RADISSON BLU GORAKHPUR
• NUMBER OF DELEGATES	335
• FACULTY	170
• ACCOMPANYING PERSON	33
• CHIEF GUEST	DR ATUL SRIVASTAVA, IOA PRESIDENT
• GUEST OF HONOUR	DR GANESH KR., PRINCIPAL BRD MC DR RAM CHADDHA, IOA PRESIDENTIAL
• SPECIAL INVITEE MEM	DR VINIT MEHROTRA, SENIOR GOC

UN-AUDITED REPORT GROSS RECEIPTS

Towards registration	Rs 1137500
Towards sponsorship	Rs 9152841
Saving interest	Rs 57061
TOTAL	Rs 10347402
Expense towards accommodation	Rs 1581079
Net Balance	Rs 8766323
8% of Net	Rs 701305
Paid to UPOA	Rs 500000
Balance amount to be paid	Rs 201305

Agenda 13: Report of various UPOA Official Courses 2023 – 2024 –

❖ Report of UPOA Special Course 2023



Report of 9th UPOA Special Course 2023

30th July 2023
Organized by
MEERUT ORTHOPAEDIC CLUB

ORGANISING SECRETARY
DR. KRITESH MISHRA

Contribution Amount
50000

Programme Name: 9th UPOA Special Course
Organised by: Meerut Orthopaedic Club
Organising Chairman: Prof. Gyaneshwar Tonk
Organising Secretary: Dr. Kritesh Mishra
Theme: Current Concepts in Knee Arthroscopy
Date & Venue: 30th July; Auditorium, LLRM Medical College, Meerut
Number of Delegates: 140
Name of Chief Guest: Prof. R C Gupta, Principal, LLRM Medical College, Meerut
Special Invites: Dr. Anup Agarwal, President UPOA
Dr. K D Tripathi, President Elect, UPOA (also faculty)
Dr. Santosh Singh, Secretary, UPOA

Remarks: Two Live surgery demonstration

1. Conventional ACL reconstruction by Dr. Deepak Joshi, Professor, Sports Injury Centre, New Delhi.
2. All Inside ACL reconstruction by Prof. Vinod Kumar, Professor, MAMC, New Delhi

Other highlights: Faculty lectures, surgical video demonstration and case discussions.

Other faculties:

1. Dr. Rajkumar Amravati, Bengaluru
2. Dr. Sandeep Birari, Mumbai
3. Dr. Vikram Mhaskar, New Delhi
4. Prof. Ashish Kumar, KGMC, Lucknow
5. Dr Chandan Kumar, Kanpur
6. Dr Vinay Pandey, Varanasi
7. Dr. Ashutosh Agarwal, Varanasi
8. Dr. Himanshu Gupta, Ghaziabad
9. Dr. Himanshu Gupta, New Delhi
10. Dr. Rajat Kapoor, Agra

❖ Report of UPOA Arthroplasty Course 2023

Report of 9th UPOA Arthroplasty Course 2023
20th August 2023
Organized by
KANPUR ORTHOPAEDIC ASSOCIATION
ORGANISING SECRETARY
DR. RAVI GARG

Contribution Amount
75000

Dear Sir
We r proud to share that Kanpur Orthopaedic Association in association with Deptt of Orthopedics & Anatomy successfully organised "9th UPOA ARTHROPLASTY COURSE 2023 on 20th August 2023 , Sunday at LT1 & DH of GSVM medical college Kanpur "

Theme of this program was "INSIGHT OF HIP ARTHROPLASTY " that will include program basically in 3 part - Didactic Lectures presentations & Case based Discussion of Hip Arthroplasty , Whats new in Arthroplasty field that's included DA approach to Hip Arthroplasty & Robotic Knee Arthroplasty & last session post lunch on Hip Arthroplasty workshop on Cadavers with bone models & Virtual Reality workshop .

About 150 Orthopedic surgeon's of various places of not only UP but also other places of india participated in this conference including very learned & eminent Faculty specially Prof Dr Rajesh Melhrotra & Dr shekhar Srivastava from Delhi & Dr Anil T Oommen from chennai & our own renowned arthroplasty faculty from UP . Apart from faculty approximately 20 respected senior chairpersons & 100 delegates participated in this conference in which 40 delegates registered for cadaveric hip Arthroplasty workshop , they enthusiastically interacted one to one with our faculty for learning of Hip Arthroplasty.

Inauguration was held on pre- lunch tym in which following dignitaries were on the dias , Chief Guest was Principal & Dean of GSVM Medical college Prof Sanjay kala & Guest honour Prof A K Gupta (Ex HOD department of Orthopedic, Kanpur) , UPOA officials - President UPOA- Dr Anup Agarwal, President elect- Dr K D Tripathi, Secretary UPOA - Dr Santosh singh and HOD of both deptt Orthopedic & Anatomy Dr Sanjay kumar & Dr Pramod Kumar . Apart from above dignitaries our organisation chairman Dr AS prasad , KOA President Dr Suraj Melhrotra, KOA Secretary Dr Chandan Kumar , Organising Secretary Dr Ravi garg & last but not least Master of ceremony Dr Nirbhay Saxena were enhancing on inauguration ceremony of this conference .

I would like to extend my gratitude 🙏 to all faculty, UPOA Officials , Chief guest , Guest of honour & chairpersons/ Moderators, whose presence & blessings were actually beautify our program .My sincere thanks to organising chairman , entire core organising team , KOA officials, all respected delegates of UPOA & KOA , senior & junior residents of different medical colleges .. whose guidance & participation make successful this academic conference .

Lastly I would also like to thanks DePuY Synthes with entire team , all pharma companies , media persons & ground staff of campus/ LT1 / DH of Gsvm medical college , without their help this conference can't be possible 🙏🙏

All above 🙏 were contributing their maximal efforts for making this conference success ful & encourage me to do such academic activities in future on behalf of KOA

❖ Report of UPOA MID Term Symposium 2023

Report of UPOA Mid Term Symposium 2023
10th September 2022
Organized by
ALIGARH ORTHOPAEDIC CLUB
ORGANISING SECRETARY
DR. SANJEEV KUMAR GARG

Contribution Amount
51000

1- Programme Name - UPOA Mid Term Symposium 2023
2- Date and Venue- 10 September 2023 and Kalyan Singh Habitat Center
3-Name Of Chief Guest –IOA President
Dr. Atul Srivastava
4-Name Of Guest Of Honour- Mr. Prashant Singhal
(Major, Aligarh)
5-Any award given –Given by UPOA
6-Special Invites- National President
Dr. Atul Srivastava
7-Any Remark – MTS Venue was liked by everyone & food & hospitality was appreciated

❖ Report of UPOA PGICL Course 2023

Report of UPOA PGICL 2023
30th September – 01st October 2023
Organized by
AGRA ORTHOPAEDIC SOCIETY
ORGANISING SECRETARY
DR. KARUNA SHANKAR DINKAR

1- Programme Name - UPOA PGICL 2023
2- Date and Venue- 30 September 2023 And 1 October 2023
Department Of Orthopaedics , S. N. Medical College Agra
3-Number Of Delegates - 50
4-Name Of Chief Guest -Prof. Dr. Prashant Gupta (Principal and Dean S. N. Medical College Agra)
5-Name Of Guest Of Honour- 1-Dr.Atul Srivastava (President Indian Orthopaedic Association)
2- Dr. Sanjay Dhawan (President Central Zone Of Indian Orthopaedic Association)
6-Any award given -No
7-Special Invites- Prof. Dr S C Sahu , Prof. Dr. Harish Chandra , Prof. Dr. A N Verma , Prof. Dr. A K Dhal

❖ Report of UPOA Trauma Course 2023

Report of 9th UPOA Trauma Course – 2023

05th November 2023
Organized by
SAIFAI ORTHOPAEDIC ASSOCIATION

**ORGANISING SECRETARY
DR. AJAY KUMAR RAJPUT**

**Contribution Amount
35000**

1. Program name- 09th UPOA Trauma Course- 2023
2. Date & Venue- 05 November 2023 & Auditorium, UPUMS, Saifal, Etawah
3. Number of Delegates- more than 150
4. Chief Guest- Prof. (Dr.) P. K. Singh, Honorable Vice Chancellor UPUMS, Saifal, Etawah
5. Guest of Honour- Prof. (Dr.) Ashish Kumar Immediate Past President UPOA
 - Dr. Sanjay Dhawan Ex President UPOA
6. Any award given- No
7. Special invites- Prof. (Dr.) S. C Sahu Sir- Agra
 - Prof. (Dr.) H. C. Talan founder member of SOA
 - Prof. (Dr.) C.P. Pal Kannauj
8. This is 1st UPOA State Chapter Conference in UPUMS, Saifal, Etawah under the guidance of UPOA officials Dr. Anup Agrawal, Dr. Santosh Singh, Dr. KD. Tripathi & all other EC members, with this huge no. of Guest Faculty & delegates, Thanks alot UPOA officials for your support & guidance at each & every step.

❖ Report of UPOA e-PGCON 2024

Report of UPOA e-PGCON – 2024

20th - 21st January 2024
Organized by
MORADABAD ORTHOPAEDIC ASSOCIATION

**ORGANISING SECRETARY
DR. AMIT SARAF**

UPOA E-PGCON 2024 was organised by Department of Orthopaedics, Teerthanker Mahaveer Medical College and Research Centre, Moradabad in association with Moradabad Orthopaedic Club on 20th-21st January 2024 at Auditorium Complex of Teerthanker Mahaveer University, Moradabad.

Dr. Anup Agrawal, PRESIDENT OF UPOA was the Chief Guest.

91 Delegates registered for the E-Conference and 65 Papers and 56 Posters were presented over a span of 2 days. Delegate's Paper and Posters were evaluated by Senior Orthopaedic Faculty Members cum Chairpersons from various Institution and they guided the candidates for improvement of their research methodology and Paper, poster presentation.

Two Best Papers were awarded. First position was awarded to Dr. Madhav Chowdhry of JNMC, Aligarh and Second Position was a tie between Dr. Abhishek Malik of Santosh Medical College and Hospital and Dr. Divit Singh of KMC, Manipal.

Two Best Poster were awarded. First position was awarded to Dr. Vibhu Upadhyay of Varun Arjun Medical College and Rohilkhand Hospital and Second Position was awarded to Dr. Vibhor Daksh of TMMC&RC.

Organisers Prof. Amit Saraf (Organising Secretary), Prof. Man Mohan Sharma (Organising Chairman), Prof. Sudhir Singh (Co-Organising Chairman) express their Gratitude to UPOA and Moradabad Orthopaedic Club for Organising such an excellent event which provided a platform to Residents throughout the country.

President Dr. Anup Agrawal specially appreciated efforts of four small clubs Saifai, Firozabad, Moradabad and Meerut in Academic activities of UPOA and requested a big applause for them.

Agenda 14: BID for UPOA Course 2024-25

Dr. Santosh Singh, secretary informed about the BIDS 2024-25. These are as follows-

1. BID for UPOA Arthroplasty Course 2024-2025 – Lucknow
2. BID for UPOA MID Term Symposium 2024-2025 – Gorakhpur
3. BID for UPOA ORTHOCON 2025 – Ghaziabad
4. BID for UPOA Trauma Course 2024-2025 – Mathura & Ayodhya
No one was available from Mathura in GBM so house Allotted UPOA Trauma Course to Ayodhya.
5. BID for UPOA Special Course 2024-2025 – Agra & Mathura
No one was available from Mathura in GBM so the house allotted UPOA Special Course to Agra.
6. BID for UPOA PGICL Course 2024-2025 – Saifai & Meerut, both were present and no one agreed to withdraw. So, the President requested to show off the hand of members and the majority was with Saifai Orthopaedic Association, so the course is allotted to Saifai. The President requested the Meerut Club to host the e-PGCON as there is no BID for e-PGCON. Dr. Kritesh Mishra Meerut agreed for the same.

Bhagwan Prasad Medal (Best Paper Published in JBJD) - Two

- Dr. Deepanshu Maheshwari
- Dr. Madhav Chowdhry

Winner of Gold Medal (48th UPORTHOCON 2024, Prayagaj)

- Dr. Bhaskar Mall PG Gold Medal – Dr. Puneet Kumar Mohanty
- Dr. U.S. Mishra Gold Medal – Dr. Dharmendra Kumar
- Dr. A.K. Varshney E-Poster Medal – Dr. Shivank Khurana & Dr. Abhinandan Sharma
- Dr. A.K. Gupta Gold Medal – Dr. Parv Mittal

UPOA PG QUIZ 2023 Total 19 college participated, which is a record for which a great applause to QUIZ MASTER- DR SANJIV KUMAR

Name Of The Institute	
• <u>Subharti Medical College Meerut</u>	• Rohilkhand Medical College And Hospital, <u>bareilly</u>
• BRD Medical College, Gorakhpur	• Apex <u>Superspeciality Hospital And Pgi, Varanasi</u>
• GSVM Medical College Kanpur	• Institute Of Medical <u>Sciences, bhu, varanasi</u>
• <u>Teerthanker Mahaveer Medical College And Research Centre, Moradabad</u>	• S N Medical College Agra
• LLRM Medical College, Meerut	• Hind Institute Of Medical Science <u>Barabanki</u>
• King George's Medical University, Lucknow	• Maharani Laxmi Bai Medical College Jhansi
• Heritage Institute Of Medical Sciences Varanasi	• <u>Dr. Ram Manohar Lohia</u> Institute Of Medical Sciences, Lucknow
• Uttar Pradesh University Of Medical Sciences, <u>Saifai Up</u>	• Integral Institute Of Medical Sciences And Research, Lucknow
• K D Medical College Hospital And Research Centre, Mathura	• Shri Ram Murti <u>Samarak</u> Medical College, Bareilly
• Jawaharlal Nehru Medical College, Faculty Of Medicine, Aligarh Muslim University, Aligarh	

Winner of UPOA PG Quiz 2023 (King George's Medical University, Lucknow)

- Dr. Manish Kumar Agrawal
- Dr. Rahul Kumar Tripathi

Prize for the winner was one Bone Nibular to each candidate and got opportunity to participate in the National Conference of IOACON 2023 in Lucknow.

Runner of UPOA PG Quiz 2023 (Jawaharlal Nehru Medical College, Faculty of Medicine, Aligarh Muslim University, Aligarh)

- Dr. Madhav Chowdhry
- Dr. Shivank Khurana

Runner team was awarded UPOA Exchange Fellowship which include to attend the MP Chapter Annual Conference.

Agenda 15: Report of IOACON 2023

Dr. Sanjeev Awasthi presented the IOACON 2023 Report which was passed with voice vote.

Invited Presidents

National Associations

1. American Academy
2. Australian OA
3. Bangladesh OS
4. British OA
5. Hong Kong OA
6. Japan OA
7. Korean OA
8. Malaysian OA
9. Singapore OA
10. Turkish TOTBID

International Associations

1. APOA Represented by PE
2. SICOT Represented by PE

Other Associations

1. BIOS

We had Promised and we have delivered -

Total Registration	4984
Total Workshop	764

FINANCE – (Tentative)

Total Collection (Sponsors + Registration)	Rs. 19,00,00,000
Expenditure	Rs. 15,00,00,000
Saving	Rs. 4,00,00,000

IOA CONTRIBUTION –

Advance Paid	Rs. 1,75,00,000
To be Paid	Rs. 15,00,000
To be Paid Incidental Charge	Rs. 17,75,000
Total	Rs. 2,07,75,000

REMAINING SAVING – (Tentative)

UPOA Permanent Office Lucknow	Rs. 1,00,00,000
Four International Fellowship	Rs. 40,00,000
Dr. U.S. Mishra Fellowship	
Dr. S.A. Sadiq Fellowship	
Dr. R.C. Gupta Fellowship	
Dr. R.K. Shukla Fellowship	
Lucknow Orthopaedic Society	Rs. 50,00,000

Dr. Dharendra Singh suggested the criteria for these fellowships should be formed by UPOA not by LOS and one person in Committee should be from Lucknow.

Dr. Atul Srivastava requested all members to give a standing ovation to UPOA for conducting such a well arranged and fantastic IOACON 2023 at Lucknow, as we received a very-very positive feedback from all across the country by the IOA Members.

President UPOA summed up all the things and passed.

UPOA TIMES 2023

We are very regular in releasing UPOA TIMES, and hope you would have loved it, you can still go through these on the website, thanks for your cooperation.



Agenda 16: Ratification of New Life Members

The list of 50 newly enrolled members was presented before the GBM and the same was ratified with voice vote. So, the members up to LM Number 2171 are ratified.

Agenda 17: Letter from Members

1. Dr. Maneeshi Bansal

Dear Sir,

LETTERS FROM MEMBERS – 01

I hope this message finds you well. As a proud member of Prayagraj Orthopaedic Association and office bearer of UPOA I am writing to request your kind assistance in commencing an oration or memorial lecture in honor of two distinguished stalwarts of the field, Prof. R.C. Gupta and Prof. S.C. Gaur, at the upcoming Annual Conference of the UP Orthopaedic Association and also making it a regular event of coming UPORTHOCON.

Prof. R.C. Gupta and Prof. S.C. Gaur have left an indelible mark on the orthopedic community in Uttar Pradesh and beyond, contributing significantly to advancements in the field throughout their illustrious careers. Their expertise, invaluable knowledge, and tireless efforts have paved the way for countless orthopedic professionals and have greatly influenced the development of orthopedic practices in our region.

In recognition of their outstanding contributions, we believe it would be fitting to commence an oration or lecture in their name during the Annual Conference. This oration or lecture would serve not only as a tribute to their remarkable achievements but also as a platform for sharing their wisdom and expertise with fellow orthopedic professionals.

We kindly request your support in arranging a dedicated time slot for the oration or lecture at the conference. It would be highly appreciated if the oration or lecture could be scheduled as a prominent event, allowing maximum attendance and participation from conference attendees.

Furthermore, we kindly request your assistance in identifying a suitable speaker who can effectively encapsulate the tremendous impact and legacy of Prof. R.C. Gupta and Prof. S.C. Gaur in the field of orthopedics.

We believe that someone with profound knowledge and experience can truly do justice to honoring their contributions and inspiring the orthopedic community. We understand the demands of organizing such a significant event and are prepared to collaborate closely with you and the organizing committee to ensure its success. Please let us know if there are any specific requirements or guidelines for the oration that we need to consider.

We sincerely appreciate your time and consideration in making this oration possible. Your partnership in organizing this event will greatly contribute to commemorating the incredible legacy of Prof. R.C. Gupta and Prof. S.C. Gaur while promoting the exchange of knowledge within the orthopedic community.

Thank you in advance for your kind support. We are eagerly looking forward to your positive response.

With regards

Dr. Maneeshi Bansal
Organising Secretary PLATESCON 2022
Treasurer UPOrthopaedic Association
UP state representative India Orthopaedic Association

Dr. Harish C Singh
President Prayagraj Orthopaedic Association
Dr. Anurag Agarwal
Secretary Prayagraj Orthopaedic Association

With voice vote it was decided that now no more extra oration, eponymous and keynote lectures will be added in the UPORTHOCAN program. If any club or person wants to start something in the name of any person or club it may be a fellowship in his / it's name and he should give 5 lakhs for the National Fellowship and 10 lakhs for the International Fellowship to UPOA.

Dr. Dharendra Singh proposed the criteria should be formed.

Dr. Atul Srivastava suggested it may be done the same as in IOA. So, finally it is decided a Fellowship committee is formed for making criteria for new fellowships.

Dr. Ashok Gupta gave his comments that fellowship is an honour for members and it should be adopted whether money is sufficient or not.

2. KGMU Fellowship

LETTERS FROM MEMBERS – 03

Regarding starting UPOA trauma fellowship for young Orthopaedic surgeons at KGMU (2 /yr)

Dear Sir

Orthopaedic surgery is changing very fast and training is integral part of every surgeon to remain updated regarding new technologies and techniques in orthopaedics.

We at Dept. Of orthopaedic surgery KGMU Lucknow , are training our residents in all newer technologies . We wish to provide opportunity to new practising orthopaedic surgeons (2) of our state to learn & have good exposure for some time i.e 2-4 weeks regarding Orthopaedic trauma management (specially complex primary , peri-articular and pelvi-acetabular trauma) at our centre , KGMU Lucknow.

So we propose to have 2 fellows per year at our centre through UPOA . Kindly put this proposal of Trauma Fellowship for consideration in forthcoming EC of UPOA and oblige.

Sanjiv kumar
Fellowship Convenor

Prof Ashish Kumar
Fellowship Director

UPOA KGMU TRAUMA fellowship

1. MS Ortho / DNB Ortho /D Ortho
2. Age < 35 years or within 7 years of post PG Degree.
3. UPOA member practicing in UP state
4. Willing to practice Orthopaedic Trauma and improve his skill in Orthopaedic trauma management
5. Have to actively involve in clinical/academic/surgical activities in the department and also make a presentation at end of fellowship tenure.
6. Duration will be of 2 weeks
7. Department will help in arranging the accommodation in / near the campus at very low cost.
8. Need to obtain permission or no objection from his current employer (for Government employees)
9. No stipend will be given to the fellow from Department of Orthopaedic surgery, KGMU, Lucknow

It is passed two KGMU Fellowship will be started.

Agenda 18: Any Other Matter - No

Finally, Dr. Atul Srivastava appreciated and complemented UPOA president Dr. Anup Agrawal and UPOA Secretary Dr. Santosh Singh and UPOA team for their great efforts for running the association in a well organized manner throughout the year.

Dr. Dharendra Singh invited all the members for the next UPORHOCN to be held at Ghaziabad in February 2025.

Agenda 19: National Anthem



All the members are requested to come forward for a group photograph.



Enclosure No. I – Treasurer Report

As per State Bank of India as on 10.02.2023

Opening Balance as on 04.02.2023	18,40,956.25
Closing Balance as on 04.01.2024	13,38,020.18
Gross Deficit of Income over Expenditures as on 01.01.2024	5,02,936.07

Income & Expenses Report

Income : 10,27,935

Membership Fees (Associate Life)	1,000
Life Membership Fees	2,36,000
Income from (MIS 2022 & UPOA Special Course 2023)	1,50,000
Income from Under Aegis	67,064
Income from Nomination of Election	25,000
Income from Bank Interest	48,871

Expenses : 15,25,873

Election Expenses	39,827
Fellowship	30,000
Journal	7,12,674
Loan	5,00,000
Memento	4,256
Office Expenses	1,62,367
Official Visit	25,380
Oration	38,117
Stationary	13,252
Income from Seed	5,00,000



₹ 1,46,45,000

As on date 22-01-2024



Income Tax Status

AY 2022-23, Filled & Paid	₹ 3,24,790
AY 2023-24, Filled & Paid	₹ 58,940
Refund Claimed for AY 2023-24	₹ 58,940

Permanent Status for 80G & 12A has been Applied



Permanent Status for 12A has been Granted till 2027-28



Permanent Status for 12A has been Granted till 2027-28

Proposed Budget for 2023 - 24

Expenses	2022-23 Actual	2023-24 Actual	2024-25 Proposed
Lifetime achievement awards (2)	10,000	25,000	25,000
Exemplary Service Awards	5,000	10,000	10,000
Prof B N Sinha Oration	15,000	15,000	15,000
Prof T P Srivastava	15,000	15,000	15,000
Dr K P Srivastava	15,000	15,000	15,000
Dr Anil Gupta Memorial Oration	15,000	15,000	15,000
Prof Abbas Ali Khan Oration	15,000	15,000	15,000
Ghaziabad Oration	15,000	15,000	15,000
Total	1,05,000	1,25,000	1,25,000

Expenses	2022-23 Actual	2023-24 Actual	2024-25 Proposed
UPOA Travelling Fellowships	30,000	30,000	30,000
UPOA Visiting Fellowships	30,000	30,000	30,000
UPOA Exchange Fellowships	30,000	30,000	30,000
Lucknow Fellowship	30,000	30,000	30,000
Varanasi Exchange Fellowship	10,000	10,000	10,000
Ghaziabad National Fellowship	30,000	30,000	30,000
Ghaziabad International Fellowship	1,00,000	1,00,000	1,00,000

Expenses	2022-23 Actual	2023-24 Actual	2024-25 Proposed
UPOA Research Grant	1,00,000	1,00,000	1,00,000
UPOA KGMU Paediatric Fellowships	30,000	30,000	30,000
Sponsorships to PG Quiz Winners for IOACON		50,000	50,000
UP PGICL	1,00,000	1,00,000	1,00,000
Total Expenses on Orations & Fellowships	4,95,000	6,65,000	6,65,000

Expenses	2022-23 Actual	2023-24 Actual	2024-25 Proposed
Secretariat Office Salary Expenses	1,80,000	2,04,000	2,04,000
Secretariat Office Running Expenses	60,000	70,000	70,000
Mementoes / Trophies	30,000	40,000	40,000
Stationary & Courier Expenses	6,000	10,000	10,000
Travelling Expenses	30,000	50,000	50,000
Zoom Membership Expenses		15,000	15,000
Website Maintenance Expenses		15,000	15,000
CA Expenses	41,300	41,300	41,300
UPOA Journal Expenses		5,00,000	5,00,000

Expenses	2022-23 Actual	2023-24 Actual	2024-25 Proposed
Online Election Expenses		1,00,000	1,00,000
Gross Expenses	3,47,300	17,10,300	17,10,300

Expenses	2022-23 Actual	2023-24 Actual	2024-25 Proposed
Life Memberships	2,04,000	3,00,000	3,00,000
Associate Memberships	4,000	20,000	20,000
Under Aegis Programmes	70,000	1,00,000	1,00,000
Election Nominations	60,000	50,000	50,000
UPOA Arthroplasty Course Contribution	1,00,000	1,00,000	1,00,000
UPOA Special Course Contribution	21,000	50,000	50,000
UPOA MTS Contribution		1,00,000	1,00,000
Uporthocon Contribution	10,00,000	12,00,000	12,00,000
Sponsorship for Journal		2,00,000	2,00,000
Gross Income Expected	18,97,000	22,20,000	22,20,000

Liabilities

NO

Thank You

Enclosure No. II – Editor Report

Journal of Bone and Joint Diseases

Issue 01 (January-April 2023) – <https://journals.lww.com/jbid/toc/2023/38010>

Issue 02 (May-August 2023) – <https://journals.lww.com/jbid/toc/2023/38020>

Issue 03 (September-December 2023) – <https://journals.lww.com/jbid/pages/default.aspx>

WEBSITE PAGE

The screenshot shows the website interface for the Journal of Bone and Joint Diseases. At the top, there are navigation links for 'Log in or Register', 'Get new issue alerts', and 'Submit a Manuscript'. The journal title is prominently displayed in the center. Below the title, there are navigation tabs for 'Home', 'Current Issue', 'Previous Issues', 'For Authors', 'Published Ahead-of-Print', and 'Journal Info'. A search bar is located on the right side. The main content area is divided into two columns: 'Current Issue' and 'Most Popular'. The 'Current Issue' section features a cover image of the journal and text indicating the current issue is 'September-December 2023 - Volume 38 - Issue 3', edited by Prof. (Dr.) Chandra Prakash Pillai. The 'Most Popular' section highlights a 'GENERAL MEDICINE' article titled 'A case report on patient with giant cell tumor of the distal ulna'. A 'Current Issue Highlights' section is also visible at the bottom.



This page lists the Editorial Board for the Journal of Bone and Joint Diseases. It is organized into several sections: 'Editorial Board', 'Editor-in-Chief', 'Past Editors', 'Associate Editors', 'Editorial Board Members', and 'International'. Each section lists the names of the board members along with their titles and affiliations. The page is designed with a clean, professional layout and includes the journal's logo at the top.

This section displays the leadership team of the journal. It features four portraits of individuals, each with their name and title below them. The titles are: 'PRESIDENT' (DR. Anup Agrawal), 'SECRETARY' (DR. Santosh Singh), 'PRESIDENT ELECT' (DR. K. D. Tripathi), and 'TREASURER' (DR. Manmohar Bansal). The portraits are arranged in a 2x2 grid, and the journal's logo is visible in the top left corner.

This section highlights the journal's activity in 2023. It features the text 'ACTIVITY IN 2023' in a large, bold font. Below this, it states 'RELEASED THREE ISSUES' followed by the dates 'JAN-APR 2023', 'MAY-AUG 2023', and 'SEP - DEC 2023'. The journal's logo is positioned in the top left corner of the section.



INDEXING PROCESS

WJH119M@medknow.com
 Please be informed that we have been the ESCI application for Journal of Bone and Joint Diseases.
 Kindly note it will take 6-12 months for the journal's evaluation.
 Please find the application confirmation receipt email attached for your kind reference.
 We shall notify you once we receive any communication from the ESCI team.

• We are under screening process to indexing our journal in **ESCI (Emerging Sources Citation Index)**.



CURRENTLY WE ARE INDEXED WITH ABSTRACTING AND INDEXING INFORMATION

The journal is registered with the following abstracting partners:

Baidu Scholar, CNKI (China National Knowledge Infrastructure), EBSCO Publishing's Electronic Databases, Ex Libris - Primo Central, Google Scholar, Hinari, Infotrieve, Netherlands ISSN centre, ProQuest, TDNet, Wanfang Data.



Upgrading Journal to e-Journal Platform

Dear Editor,
 Hope you are doing well.
 Further to previous email from Dr. Vikas Chhabra, we are pleased to inform you that "Journal of Bone and Joint Diseases" is ready to migrate from Medknow's OJF journal platform (<http://www.jbji.com>) to Wolters Kluwer's e-Journals platform (eJ). The new site is under trial at <http://www.wolterskluwer.com/journal/jbji>. The Journal's URL will start working to the new site in the next few days.

eJ offers 100% support, journals and a growing number of Medknow journals, providing them with a customizable website with the ability to publish multimedia content alongside journal articles. The online experience makes the whole content available in a rich full text format, along with PDF downloads, a variety of personalization options, and responsive mobile views that are device agnostic and easily converted based on the user device preferences. Using the eJ's intuitive editorial tools, the journal's Editorial Office will have the power and flexibility to build additional content around the articles - custom content collections, blogs, podcasts, translation-side stories, and more - to meet the needs of users.

The migration will provide improved performance, speed and product development to enable an enriched user experience, resulting in a growth in discoverability and usage.



Outstanding bills 2023-2024

BILL OF SUPPLY

Sl. No.	DESCRIPTION OF SUPPLY	UNIT	QTY	UNIT PRICE	TOTAL AMT	TAX	AMOUNT	TAX
1
GRAND TOTAL						



Royalty bill 2023 - 2024

BILL OF SUPPLY

Sl. No.	DESCRIPTION OF SUPPLY	UNIT	QTY	UNIT PRICE	TOTAL AMT	TAX	AMOUNT	TAX
1
GRAND TOTAL						



Royalty of JBJD

First time ever JBJD earned Royalty Rs : **1,54,280.24/-**



ACCOUNT STATEMENT 2022 - 2023

Payable amount : 1,03,852.78

Document Type	Document Number	Dis. Receivable Bill	Account Payable By JBJD	Payable (INR)
Sales / Invoices	WJ24R000000 (JBJD May - Aug 2023 (2nd issue))	10,385.00	1,54,280.24	
Royalty	WJ24R000000	1,54,280.24		
Less TDS	-	1,54,280.24	1,54,280.24	
		2,42,705.00	1,38,852.24	1,03,852.78

Expenses of 3rd issue of JBJD is not included



OUTSTANDING OF JBJD

• Presently payment due towards Wolter Kluwer - **1,03,852.78/-**



SPECIAL THANKS

OUR REVIEWERS

REVIEWING OUR ARTICLES AND SUPPORTING OUR JOURNAL.



LONG LIVE UPOA



Thank you!

Enclosure No. III – Fellowship Report

Completed Fellowship

UPOA Exchange Fellowship (2)

(MPOA)

Dr. Madhav Chowdhry (DONE)
Dr. Shiyank Khurana (DONE)

UPOA Varanasi Exchange Fellowship (1)

(Orthopaedics)

Dr. Vikas Saxena(T) (DONE)

Fellowship Report

UPOA Travelling Fellowship (2)

(WBOA)

(15th – 17th March 2024)

Dr. Praganesh Kumar(T) (Dr Ankit Kataria)
Dr. Shobhit(NT)

UPOA Visiting Fellowship (2)

(Centre of Excellence)

Dr. Sudhir Shyam Kushwaha(T)
Dr. Tushar Chaurasia(NT)

Fellowship Report

UPOA Lucknow Pune Fellowship (2)

(Sanctus Hospital)

(February – March 2024)

Dr. Sanjiv Kumar(T)
Dr. Aditya Narula(NT)

Fellowship Report

UPOA Ghaziabad National Fellowship (2)

Dr. Jaydeep Patel(T)
Dr. Anup. Maurya(NT)

UPOA Ghaziabad International Fellowship (2)

Dr. Suresh Chand(T)
Dr. Raj Kumar Arya(NT)

Fellowship Report

UPOA KGMU Paediatric Orthopaedic Fellowship (2)

Dr. Atul Kumar Saroj(T)
Dr. Ravindra Kumar Gupta(NT)

Enclosure No. IV – Report of City Club Award 2023-24

Report Of City Club Awards

	PRELIM REPORT	Final Report	Marking Points
DR. K.P. SRIVASTAVA TROPHY (07)	AGRA	Yes	99
	KANPUR	Yes	59
	LUCKNOW	Yes	125
	GHAZIABAD	Yes	77
	PRAYAGRAJ	Yes	55
	VARANASI	Yes	85
	MEERUT		



LUCKNOW



GORAKHPUR

Report Of City Club Awards

	PRELIM REPORT	Final Report	Marking Points
DR M.K. GOEL TROPHY (03)	ALIGARH	Yes	52
	GORAKHPUR	Yes	65
	BAREILLY		

Report Of City Club Awards

	PRELIM REPORT	Final Report	Marking Points
DHANENDRA PRASAD BHAGWATI DEVI MEMORIAL TROPHY (03)	JHANSI		
	MORADABAD		
	MUZAFFARNAGAR		

NONE

NONE



SAIFAI

Report Of City Club Awards

	PRELIM REPORT	Final Report	Marking Points
UPOA TROPHY (10)	SAIFAI	Yes	58
	FIROZABAD	Yes	47
	BASTI		
	HATHRAS		
	SAHARANPUR		
	RAEBARELI		
	DEORIA		
	AYODHYA		
	MATHURA		
	SULTANPUR		

Mathura and Raebareli - Only Final Report

.....End of Minutes.....

Dr. Anup Agrawal
President UPOA

Dr. Santosh Singh
Hon. Secretary, UPOA



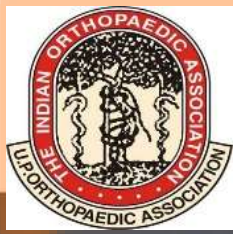
UPOA EVENTS HELD

1. 9th Cadaveric Pelvi-Acetabular Fracture Fixation Workshop & CME, Lucknow, 06th – 07th January 2024, Org. Sec.: Dr. Praveen Kumar & Dr. Uttam Garg.
2. Foot & Ankle Workshop & CME, Varanasi, 28th January 2024, Org. Sec.: Dr. Swaroop Patel.
3. UPOA e-PGCON 2024, Moradabad, 20th-21st January 2024, Org. Sec.: Dr. Amit Saraf.
4. 48th UPORTHOCON 2024, Prayagraj, 02nd-04th February 2024, Org. Sec.: Dr. Maneeshi Bansal.
5. CME Cum Saw Bone Workshop on Pelvi Acetabular Trauma, Gajraula, 03rd March 2024, Org. Sec.: Dr. Mir Shahid UL Islam.
6. Robotic Vs Non-Robotic TKR – Live, Gorakhpur, 03rd March 2024, Moderator.: Dr. Imran Akhtar.
7. GOC Trauma Con., Ghaziabad, 10th March 2024, Org. Sec.: Dr. Rizwan Khan.
8. 03rd LOS Annual Symposium, Lucknow, 17th March 2024, Org. Sec.: Dr. Santosh Singh.
9. KOACON 2024, Kanpur, 07th April 2024, Org. Sec.: Dr. Chandan Kumar.
10. Knee Update 2024, 18th April 2024, Org. Sec.: Dr. Amrit Goyal.



UPOA FORTHCOMING EVENTS

1. 03rd KGMU PGICL 2024, Lucknow, 11th – 12th May 2024, Org.: Sec.: Dr. Shah Waliullah.
2. Symposium on Foot & Ankle, Agra, 02nd June 2024, Org.: Sec.: Dr. Amrit Goyal.
3. UPOA Special Course 2024, Agra, 27th-28th July 2024, Org. Sec.: Dr. Brijesh Sharma & Dr. Rajat Kapoor.
4. UPOA Arthroplasty Course 2024, Lucknow, 01st September 2024, Org. Sec.: Dr. Mayank Mahendra & Dr. Sanjiv Kumar.
5. Knee 360, Varanasi, 15th September 2024, Org. Sec.: Dr. Amit Jaiswal.
6. UPOA MID Term Symposium 2024, Gorakhpur, 08th September 2024, Org. Sec.: Dr. Atil Kumar Lal.
7. UPOA Trauma Course 2024, Ayodhya, 13th October 2024, Org. Sec.: Dr. Surya Mani Dwivedi.
8. UPOA PGICL 2024, Saifai, 09th – 10th November 2024, Org. Sec.: Dr. Harish Kumar.
9. UPOA e-PGCON 2025, Meerut, January 2025, Org. Sec.: Dr. Kritesh Mishra.
10. 49th UPORHOCAN 2025, Ghaziabad, 07th – 09th February 2025, Org. Sec.: Dr. Rizwan Khan.



9th Cadaveric Pelvi-Acetabular Fracture Fixation Workshop & CME

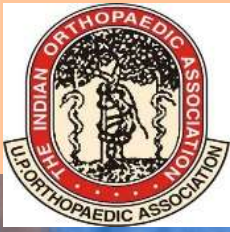


Date: 06th – 07th January 2024

Org. Chairman: Prof. Vineet Sharma

Org. Secretary: Dr. Praveen Kumar

Dr. Uttam Garg



Foot & Ankle Workshop & CME



AAA
APEX ACADEMIC ACTIVITY

28
Jan
2024

Let's learn something new...
**FOOT & ANKLE
WORKSHOP & CME**

Under the aegis of IFAS
in association with UPOA, VOA, Apex Academic Activity

Time : 2 pm onwards

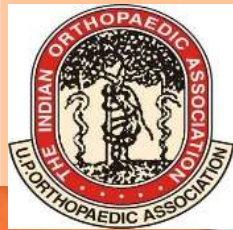
Venue
Apex Super Specialty Hospital &
Post Graduate Institute (PGI), Varanasi

Date: 28th January 2024

Org. Chairman: Dr. S.K. Singh

Org. Secretary: Dr. Swaroop Patel





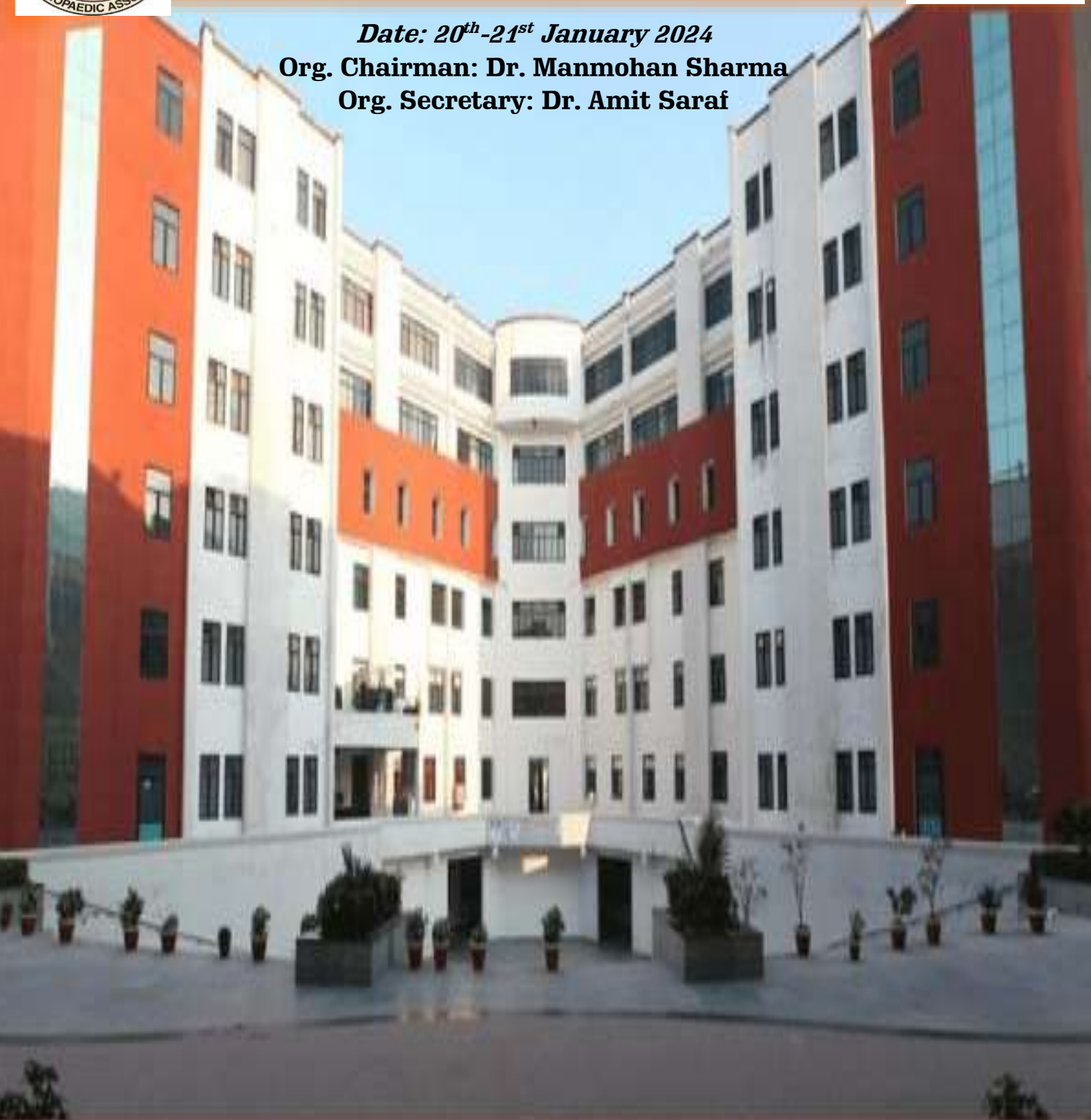
UPOA e-PGCON 2024



Date: 20th-21st January 2024

Org. Chairman: Dr. Manmohan Sharma

Org. Secretary: Dr. Amit Saraf



**TEERTHANKER MAHAVEER MEDICAL COLLEGE
& RESEARCH CENTRE, MORADABAD**

www.futeducation.com



UPOA e-PGCON 2024



UPOA E-PGCON 2024 was organised by Department of Orthopaedics, Teerthanker Mahaveer Medical College and Research Centre, Moradabad in association with Moradabad Orthopaedic Club on 20th-21st January 2024 at Auditorium Complex of Teerthanker Mahaveer University, Moradabad.

Dr. Anup Agarwal, PRESIDENT OF UPOA was the Chief Guest.

91 Delegates registered for the E-Conference and 65 Papers and 56 Posters were presented over a span of 2 days.

Delegate's Paper and Posters were evaluated by Senior Orthopaedic Faculty Members cum Chairpersons from various Institution and they guided the candidates for improvement of their research methodology and Paper, poster presentation.

Two Best Papers were awarded. First position was awarded to Dr. Madhav Chowdhry of JNMC, Aligarh and Second Position was a tie between Dr. Abhishek Malik of Santosh Medical College and Hospital and Dr. Divit Singh of KMC, Manipal.

Two Best Poster were awarded. First position was awarded to Dr. Vibhu Upadhyay of Varun Arjun Medical College and Rohilkhand Hospital and Second Position was awarded to Dr. Vibhor Daksh of TMMC&RC.

Organisers Prof. Amit Saraf (Organising Secretary), Prof. Man Mohan Sharma (Organising Chairman), Prof. Sudhir Singh (Co-Organising Chairman) express their Gratitude to UPOA and Moradabad Orthopaedic Club for Organising such an excellent event which provided a platform to Residents throughout the country.

OPERATIVE APPROACH

- Approach
- Moore's Approach (southern exposure)
- Incision
- Start the incision approximately 10 cm distal to the posterior superior iliac spine, and extend it distally and laterally parallel with the fibres of the gluteus maximus to the posterior margin of the greater trochanter. Direct the incision distally 10 to 13 cm parallel with the femoral shaft.
- By blunt dissection, separate the fibres of the gluteus maximus; take care not to disturb the superior gluteal vessels in the proximal part of the exposure.
- Retract the proximal fibers of the gluteus maximus proximally, and expose the greater trochanter. Retract the distal fibers distally, and partially divide their insertion into the linea aspera in line with the distal part of the incision.

AIMS and OBJECTIVES

- ▶ To evaluate the functional outcome of HEF in open distal tibia fracture.
- ▶ Treatment aims at obtaining a healed, well-aligned fracture; pain-free early weight-bearing; and functional range of motion of the knee and ankle.

EXCLUSION CRITERIA

- 1. AGE less than 15 years and above 40years
- 2. First time dislocations
- 3. Chronic dislocations
- 4. Generalized ligamentous laxity, multidirectional instability
- 5. Epilepsy
- 6. Other types of dislocations
- 7. Associated fractures of shoulder girdle
- 8. Peripheral nerve injuries: Brachial plexus or axillary nerve
- 9. Significant (>25%) Humeral head deficiency or >20%versional glenoid deficiency
- 10. Associated rotator cuff injury, biceps pathology and labral pathologies
- 11. Smokers and alcoholics

video1665390383

Introduction

- Elbow stiffness is defined as $\leq 40^\circ$ of elbow flexion arc.
- In 1981, Morrey et al. reported that most daily activities could be accomplished within 30° – 130° of elbow flexion.
- Recent studies show greater flexion arc is required for modern daily activities such as using mobile phones.
- Treatment options – conservative, open, arthroscopic.

video1665390383

TO EVALUATE THE FUNCTIONAL OUTCOME OF INTRAMEDULLARY CROSSED X WIRES FOR FIXATION OF HAND FRACTURES- A PROSPECTIVE OBSERVATIONAL STUDY

By: Dr. Sakant Bhargava
 PG II Orthopaedics
 Manipal College Medical College

video1380917601

Distal radius fractures are classified to guide treatment and predict prognosis.

The AO classification is commonly used in research.

video1419297862

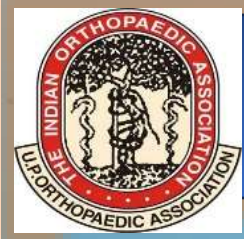
INCLUSION CRITERIA

- 1. Age between 15-40 years
- 2. 2-5 episodes of dislocation
- 3. Anterior shoulder dislocation
- 4. Actively mobile patients
- 5. Documented Bankart lesion in MRI

video1665390383

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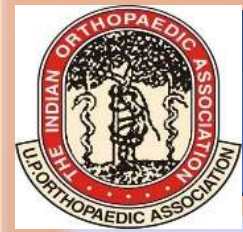


48th UPORTHOCON 2024



Date: 02nd – 04th February 2024
Org. Chairman: Prof. D.C. Srivastava
Org. Secretary: Dr. Maneeshi Bansal





48th UPORTHOCON 2024



UPOORTHOCON 2024 Program Report:

Conference Organized by Prayagraj Orthopaedic Association

1. **Program Name** - UPORTHOCON 2024

2. **Date & Venue** - 2nd to 4th February 2024, M.L.N. Medical College Prayagraj

3. **Number of Delegates** - 510

4. **Chief Guest** - Hon'ble Justice Sudhir Agarwal

5 **Guest of Honor** - Dr. Ram Chaddha President IOA

Professor. S. P. Singh, Principal, M.L.N. Medical College Prayagraj

6. **Any award given-** Yes

➤ **Life Time Achievement Awards (02)**

- Dr. Ashok Gupta, Ghaziabad
- Dr. D.K. Gupta, Jhansi

➤ **UPOA Exemplary Service Awards (02)**

- Dr. Lokesh Maratha, Meerut
- Dr. Girish Dang, Saharanpur

7. **Name of Orators in different Orations given were:**

➤ **Dr. B.N. Sinha Oration**

- Prof. Dr. Ashish Kumar, Lucknow

➤ **Dr. T. P. Srivastava Oration**

- Dr. Vikash Kapoor, Kolkata

➤ **Dr. K. P. Srivastava Oration**

- Dr. Ram Chaddha, Mumbai

➤ **Ghaziabad Oration**

- Dr. Atul Srivastava, Agra

➤ **Dr. Abbas Ali Khan Memorial Lecture**

- Dr. Manoj Mittal, Aligarh

➤ **Dr. Anil Gupta Memorial Lecture**

- Dr. Apoorva Agarwal, Ghaziabad

7. **Special Invites: International Faculties:**

- Dr. Govind Sethi

United Kingdom

- Dr. Kapil Kumar

United Kingdom

8. **Salient Features:**

- ◆ This was the occasion where more than 15 Past Presidents were present in a Conference
- ◆ It was a Unique Occasion as the UPOA President was crowned as President on his home turf
- ◆ Release of the Coffee Table Book and Prayagraj Manch by President Elect UPOA from Prayagraj
- ◆ The Treasurer and an Executive Member also come from Prayagraj constituting 4 members in the Current UPOA Executive all Thanks to the UPOA for bestowing the Honor

9. **Few Photos:** as per attached files

Thanks

Dr Maneeshi Bansal

Organising Secretary





CME Cum Saw Bone Workshop on Pelvi Acetabular Trauma, Gajraula

Date: 03rd March 2024

Org. Chairman: Dr. Najmul Huda

Org. Secretary: Dr. Mir Shahid UL Islam



THE DEPARTMENT OF ORTHOPAEDICS



**VENKATESHWARA INSTITUTE OF MEDICAL
SCIENCES (VIMS) GAJRAULA (U.P.)**

is Organizing

CME CUM SAW BONE WORKSHOP ON PELVI ACETABULAR TRAUMA

(Under the aegis of Uttar Pradesh Orthopaedic Association (UPOA))

3rd March, 2024 (Sunday)

Presidential Theme: Harmonising
Hearts, Heads & Hands to Heal

UPOA President Theme: Academic
Excellence @ Research & Training

Save Your Dates





Robotic Vs Non-Robotic TKR – Live



Date: 03rd March 2024
Moderator: Dr. Imran Akhtar





Robotic Vs Non-Robotic TKR – Live



Webinar on TKR(Robotics VS Non-Robotics)



Live Debate

Under Aegis of UPOA Webinar



Date: 03/03/24, Sunday

Time :7:30 pm to 8:30 pm (INDIA)

MODERATOR



Dr. Imran Akhtar

MBBS(KCMU,LKO)
MS Ortho,(MLBMC, Jhansi)
Executive Member (UPOA)
Consultant Arthroscopy & Joint
Replacement Surgeon
AIMS Orthopaedic Clinic,
Gorakhpur

SPEAKERS



Dr. Sanjay Srivastava

MBBS, MS ortho
Fellowship in joint replacement &
Arthroscopy UK, USA,
France, Germany,Belgium,Switzerland,
Austria, Australia, Singapore
South Africa, Thailand,
Chairman and Head of the Dept.
Orthopaedics, Apollomedic, Lucknow,
Ex President UP Arthroscopy Association
Ex President Lucknow Orthopaedic Society



Dr. Akhilesh Yadav

MS, MCh, Ortho (UK)
Fellowship in joint replacement surgery
(USA, GERMANY & MUMBAI)
Knee & Hip Replacement &
Arthroscopic Surgeon
Associate Director and unit head
Dept of Orthopaedics
Max Super speciality hospital,
Vaishali, Delhi NCR



Dr. Amit Jaiswal

MBBS, MS (Ortho)
Fellowship in Arthroplasty, Germany
Robotic TKR surgeon
Director Oriana Hospital Varanasi
Director Orthomax Hospital Varanasi
Director Asclepius Hospital Noida
President, Varanasi Orthopaedic Association

TOPIC	SPEAKER	DURATION
Welcome Note	Dr. Imran Akhtar	7:30 pm to 7:35 PM (5 min)
1. "Robotic TKR a new dimension"	Dr. Sanjay Srivastava	7:35 pm to 7:50 PM (15 min)
2. "Conventional TKR- Why I prefer"	Dr. Akhilesh Yadav	7:50 pm to 8:05 PM (15 min)
3. "Robotic TKR- My life Experience"	Dr. Amit Jaiswal	8:05 pm to 8:20 PM (15 min)
Panel Discussion	Dr. Imran Akhtar	8:20 pm to 8:30 PM (10 min)

UPOA Officials



Dr. K.D. Tripathi
President - UPOA



Dr. Piyush Kumar Mishra
President Elect - UPOA



Dr. Santosh Singh
Hon. Secretary-UPOA

SECRETARY UPOA

is inviting you to a scheduled Zoom meeting



Meeting ID: 879 9731 5944

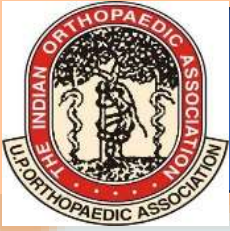
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<https://www.youtube.com/live/4wrjUZbbUVw?feature=shared>

Thanks a lot for your participation. Please watch the ↑ above Ortho TV YouTube link for those who want to have a recap and for those who have missed the event due to personal engagements. Please spare some time to watch it. Thanks.

Warm Regards,

Dr Imran Akhtar



Ghaziabad Traumacon 2024

GOC





Ghaziabad Traumacon 2024



Date: 10th March 2024

Org. Chairman: Dr. K.K. Mittal

Org. Secretary: Dr. Rizwan Khan

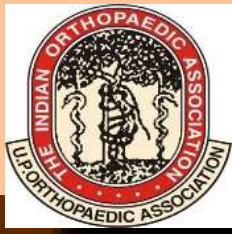
1. **Program name:** Ghaziabad Traumacon
2. **Organised by:** Ghaziabad Orthopaedic Club
3. **Theme:** Upper Limb Trauma
4. **Date and Venue:** 10th March 2024 & Hotel Radisson Blu, Kaushambi, Ghaziabad.
5. **Number of Delegates:** 190
6. **Name of Chief Guest:** Dr. D.D. Tanna
7. **Name of guest of honour:** Dr. Naresh Chand

Felicitation Of 6 Senior GOC Members,

Workshop on Proximal Humerus and Distal Radius Plating on Saw Bone Model







3rd LOS Annual Symposium



Date: 17th March 2024

Org. Chairman: Dr. Sanjeev Awasthi

Org. Secretary: Dr. Santosh Singh



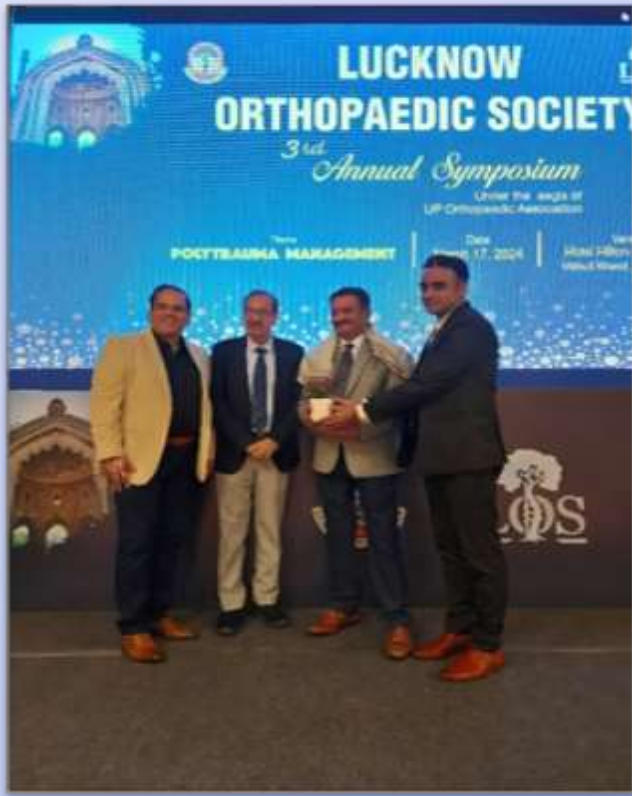


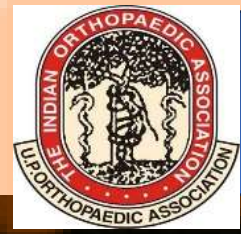
3rd LOS Annual Symposium



1. **Program name:** 3rd LOS Annual Symposium
2. **Organised by:** Lucknow Orthopaedic Society
3. **Theme:** Polytrauma Management
4. **Date and Venue:** 17th March 2024 & Hotel Hilton Garden Inn, Gomti Nagar, Lucknow.
5. **Number of Delegates:** 78
6. **Name of Chief Guest:** Prof. U.K. Jain
7. **Name of guest of honour:** Dr. Ram Chaddha (President IOA)
8. **Any award given:** Dr. Ram Chaddha (LOS Oration)
9. **Special invites:**
 - Dr. Jamal Ashraf (APOA President)
 - Dr. Anup Agrawal (President Elect IOA)





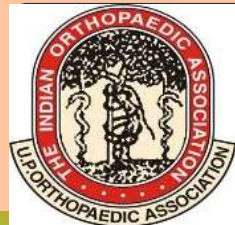


KOACON 2024



Date: 07th April 2024

Org. Secretary: Dr. Chandan Kumar



KOACON 2024



Program name- KOACON 2024

Date and venue- 07th April 2024, Hotel Vijay Intercontinental

Number of delegates- 100

Name of chief guest- Dr Anup Agrawal

Name of guest of honour- None

Any award given- No

Special invites- None

Any remarks- Nil



धूप फ्री, फिर भी शरीर में विटामिन डी की कमी

बादलों से घनी, धूप कम होने से शरीर में विटामिन डी की कमी हो सकती है। शरीर में विटामिन डी की कमी होने से शरीर में कैल्शियम का अवशोषण कम हो जाता है। शरीर में विटामिन डी की कमी होने से शरीर में कैल्शियम का अवशोषण कम हो जाता है। शरीर में विटामिन डी की कमी होने से शरीर में कैल्शियम का अवशोषण कम हो जाता है।



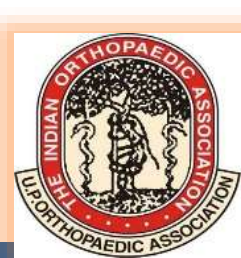
कोलकाता विश्व प्रौद्योगिकी विश्वविद्यालय के प्रमुख प्राध्यापक डॉ. अशोक कुमार, डॉ. सुभाष मिश्र, डॉ. सुरेश कुमार, प्रमुख अतिथि डॉ. सुभाष कुमार, अध्यक्ष डॉ. वैकुण्ठ मिश्र, डॉ. जे.टी. सिन्हा व डॉ. सुभाष कुमार।

कोलकाता विश्व प्रौद्योगिकी विश्वविद्यालय में आयोजित कार्यक्रम का शुभारंभ करते हुए कोलकाता विश्व प्रौद्योगिकी विश्वविद्यालय के प्रमुख प्राध्यापक डॉ. अशोक कुमार, डॉ. सुभाष मिश्र, डॉ. सुरेश कुमार, प्रमुख अतिथि डॉ. सुभाष कुमार, अध्यक्ष डॉ. वैकुण्ठ मिश्र, डॉ. जे.टी. सिन्हा व डॉ. सुभाष कुमार।

नई आधुनिक तकनीक से परिचित हुए चिकित्सक

कोलकाता विश्व प्रौद्योगिकी विश्वविद्यालय में आयोजित कार्यक्रम में डॉ. अशोक कुमार, डॉ. सुभाष मिश्र, डॉ. सुरेश कुमार, प्रमुख अतिथि डॉ. सुभाष कुमार, अध्यक्ष डॉ. वैकुण्ठ मिश्र, डॉ. जे.टी. सिन्हा व डॉ. सुभाष कुमार।

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Knee Update 2024

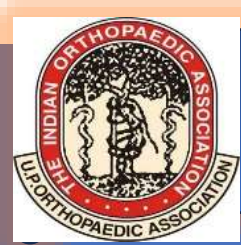
aos



Date: 18th April 2024

Org. Chairman: Dr. Sanjay Prakash

Org. Secretary: Dr. Amrit Goyal



Knee Update 2024

aos

1. Program name – KNEE UPDATE 2024
Organising Chairman – DR. SANJAY PRAKASH
- DR. SANJAY DHAWAN
Organising Secretary- DR. AMRIT GOYAL
2. Date and Venue - 18/04/2024, & HOTEL ROYALE REGENT, FATHEHABAD ROAD, AGRA
3. Number of Delegates – 95
4. Name of Chief Guest - DR. PRASHANT GUPTA, DEAN AND PRINCIPAL, SNMC AGRA.
5. Name of guest of honour - DR. ATUL SRIVASTAVA
6. Any award given – BOOK RELEASED ON HIP ARTHROPLASTY BY DR. ATUL SRIVASTAVA & DR. MRINAL SHARMA
7. Special Invites – Dr. ADITYA MAHESHWARI, & DR. MRINAL SHARMA"
8. Any Remarks – Attended by 95 delegates from, Saifai, Mainpuri, Hathras , Mathura, Etawah,, Firozabad, Kannauj, and nearby areas.





UPOA FELLOWSHIP REPORT 2023

Report of UPOA Travelling Fellowship to Darjeeling, West Bengal **DR. ANKIT KATARIA**

Respected sir, At the outset, I would like to thank UPOA scientific committee (Dr K.D Tripathi sir and Dr Santosh Singh sir) for awarding me the UPOA Travelling Fellowship 2024. I was fortunate to be a part of this prestigious fellowship program along with Dr Shobit. This was a completely sponsored fellowship as a joint venture of UPOA and WBOA 2024 organising committee. The organisers made sure that the accommodation and airport transfers were looked after at our convenience.

This travelling fellowship gave me a podium to present my work on ACL reconstruction amongst the stalwarts of the field at the annual conference of West Bengal Orthopaedic Association, WBOACON 2024 held at Darjeeling. I got the opportunity to interact with some of the renowned Arthroscopy Surgeons of national repute.

I reached Darjeeling on 15th March 2024, the arrangements for my travel (from the airport) and stay were sponsored by the WBOA organisation team and the hotel was close to the designated conference centre. The trip from the airport to Darjeeling was mystifying with beautiful tea gardens and mountain peaks around.

The same day I met Dr Rajeev Raman sir, he greeted us warmly and welcomed us WBOACON 2024. We had the opportunity to attend academically stimulating discussions among the masterful surgeons during the conference.

I presented my original work on **"A comparative evaluation of the results of arthroscopic standard anterior cruciate ligament reconstruction with quadrupled hamstring graft using Tight Rope (PEEK Button) or Bio screw as tibial tunnel graft fixation methods"** which was appreciated by the faculty both on and off the dais.

I met Dr Soumyadip Dutta sir, who is also an EC member of the Indian Arthroscopy Society. We discussed some challenges which I faced during my Cuff Repairs. He was humble enough to answer all my queries.

The fellowship was not just an academic event as we had plenty of time in the evenings to explore the beautiful Hill Town, Darjeeling. The entire stay was pleasant and was an enriching experience. I'm extremely thankful to IUPPOA for providing me with such an opportunity to sharpen my knowledge and hone my surgical skills. It would have been icing on the cake if I could have had an opportunity to learn some hands-on skills from a master arthroscopy surgeon like Dr Rajeev Raman sir. I highly recommend this fellowship program to other Orthopaedic surgeons who want to excel in their academic careers.

Warm regards,
Dr Ankit Kataria





UPOA FELLOWSHIP REPORT 2023

Report of UPOA Travelling Fellowship to Darjeeling, West Bengal

DR. SHOBHIT

Name of Fellowship : UPOA TRAVELING FELLOWSHIP

Details of Fellow

Name :- Dr Shobhit
Address :-B-77 AVANTIKA COLONY MDA KANTH ROAD MORADABAD 244001
Phone No :-8318914945
Email :- chitbit@gmail.com

Details of Centre

Name :- WBOACON 2024
Consultant Name :- Dr Rajeev Raman
Address :- Gymkhana club Darjeeling
Phone No :-8420244544
Email :-

Centre of Fellowship: WBOACON 2024 DARJEELING

Date of Start: - 14.03.2024

Date of Finish: - 17.03.2024

Speciality: - Orthopaedics

This is to certify that above mentioned fellow have completed his fellowship under my mentorship. He actively participated in the clinical activities during this period.





UPOA FELLOWSHIP REPORT 2023

Report of UPOA Varanasi Exchange Fellowship to Ahmedabad, Gujrat **DR. VIKAS SAXENA**

I, Dr Vikas Saxena, was selected for UPOA Varanasi Exchange fellowship, 2023. I opted for Fellowship program with Dr Prathmesh Jain at Advance hospital, Ahmedabad and communicated to secretary UPOA and Dr Prathmesh Jain. Dr Prathmesh Jain consented for fellowship program for a week w.e.f. Jan 22th- Jan 27, 2024. Dr Prathmesh Jain made arrangements for stay at hospital guest house for above mentioned period. I travelled to Ahmedabad on January 21 evening and returned back to Delhi on Jan 27, 2024 after successful completion of my fellowship. Details of my training programme are as below.

Jan 22, 2024

Arthroscopic reduction and fixation of Greater tuberosity proximal humerus at advance hospital, Shilaj by Dr Prathmesh Jain.

Arthroscopic assisted rotator cuff repair by single raw anchor along with Acromioplasty at Advance hospital by Dr Prathmesh Jain

A case of Arthroscopic assisted Bankart Repair at high-tech hospital, Gandhi Nagar by Dr Prathmesh Jain

Jan 23, 2024

Arthroscopic reduction and fixation of Greater tuberosity proximal humerus at advance hospital, Shilaj by Dr Prathmesh Jain.

Carpal tunnel release in a patient with rheumatoid arthritis with tenosynovitis with carpal tunnel syndrome by Dr Prathmesh Jain.

Arthroscopic assisted rotator cuff repair by single raw anchor along with Acromioplasty at Advance hospital by Dr Prathmesh Jain at High tech hospital Gandhi Nagar.

Jan 24, 2024

A case of arthroscopic assisted excision of Os Trigonum Right Ankle at CIMS Hospital by Dr Prathmesh Jain.

ACL reconstruction and Bucket Handle medial meniscus repair at Advance hospital, Shilaj by Dr Prathmesh Jain.

Arthroscopic assisted rotator cuff repair by single raw anchor along with Acromioplasty at Advance hospital by Dr Prathmesh Jain

Arthroscopic assisted lateral Meniscus repair at CIMS Hospital by Dr Prathmesh Jain.

Jan 25, 2024

Arthroscopic assisted rotator cuff repair by double raw anchor along with Acromioplasty at Advance hospital by Dr Prathmesh Jain.

ACL reconstruction and medial meniscus repair at CIMS hospital, by Dr Prathmesh Jain.

ACL reconstruction and lateral meniscus repair at Advance hospital, Shilaj by Dr Prathmesh Jain.

Jan 26, 2024

Unicondylar knee replacement in 65 years old male patient for medial compartment OA Right Knee at Advance hospital by Dr Prathmesh Jain.

Arthroscopic assisted rotator cuff repair by single row anchor along with Acromioplasty at Advance hospital by Dr Prathmesh Jain.

Arthroscopic assisted ACL reconstruction at Advance hospital by Dr Prathmesh Jain.

Jan 27, 2024

Arthroscopic assisted lateral meniscus repair by box stitch at advance hospital by Dr Prathmesh Jain.

Arthroscopic assisted rotator cuff repair by single row anchor along with Acromioplasty at Advance hospital by Dr Prathmesh Jain.

Arthroscopic assisted ACL reconstruction at Advance hospital by Dr Prathmesh Jain.

I thank Dr Prathmesh Jain, Secretary UPOA, President UPOA, Scientific and Fellowship committee for their effort to make this fellowship successful.

I hereby submit my report for your kind consideration.

Thanking you and regards.

Dr Vikas Saxena





Journal of Arthroscopic Surgery and Sports Medicine

JASSM

Year: 2023, Volume: 4, Issue: 2

July - December

<https://jassm.org/>

Online ISSN - 2582-7332



Journal of Arthroscopic Surgery and Sports Medicine

Official Publication of Indian Arthroscopy Society



www.jassm.org



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Publisher of Scientific Journals





Journal of Foot and Ankle Surgery (ASIA PACIFIC)

JFASAP

Year: 2024, Volume: 11, Issue: 2
April – June 2024

<https://www.jfasap.com/journal/JFASAP>

April-June 2024 Volume 11 Issue 2 ISSN 2348-280X
eISSN 2394-7705

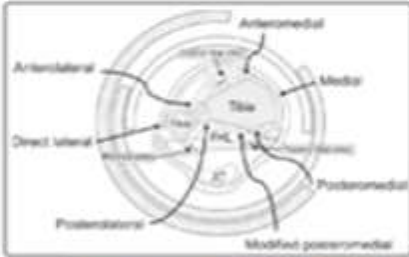




The Journal of Foot & Ankle Surgery (Asia-Pacific)


Official Journal of
Indian Foot & Ankle Society (IFAS)

Associated with


- Malaysian Orthopaedic Foot and Ankle Society (MOFAS)
- Thailand Orthopaedic Foot and Ankle Society (ThOFAS)
- Orthopaedic Foot and Ankle Society of Singapore (OFASS)
 - Japanese Society for Surgery of the Foot (JSSF)
- Philippine Orthopaedic Foot and Ankle Society (POFAS)
- Indonesian Orthopaedic Foot and Ankle Society (INAFAS)
 - Vietnam Orthopaedic Association
- Foot Section of Bangladesh Orthopaedic Society
- Foot Section of Nepal Orthopaedic Association
- Asia Pacific Society for Foot and Ankle Surgery

Mini Symposium on Pilon Fractures



Jaypee Journals



JFAS(AP)

Also available online at
www.jaypeejournals.com
www.jfasap.com

Editor-in-Chief
Mandeep S Dhillon (India)

Bibliographic Listing:
Genamics JournalSeek, DOAJ, J-Gate, PORTICO,
Google Scholar, WorldCat, Scilit



Journal of Bone and Joint Diseases

JBJD

**Year: 2024, Volume: 39, Issue: 1
January – April 2024**

<https://www.jbjd.in/currentissue.asp?sabs=n>





Indian Journal of ORTHOPAEDICS

Year: 2024, Volume: 58, Issue: 5
May 2024

<https://link.springer.com/journal/43465/volumes-and-issues/58-5>



NATIONAL FORTHCOMING EVENTS

POTS

1st & 2nd June 2024
Paediatric Orthopaedic Trauma Symposium

In Association with
• Delhi Orthopaedic Association

Comprehensive Program on Fractures in Children

- Assessment
- Planning and Management Guidelines
- Hands-on Workshop
- Practical Tips and Tricks

1ST & 2ND JUNE

Venue: Hotel Jaypee Siddharth New Delhi - India

Organised Under the Aegis of Paediatric Orthopaedic Foundation (POF)

Let's Learn the Principles of Trauma management in Paediatric Orthopaedics and Master the art of cast application in various paediatric Fractures

DR. VIKAS GUPTA

ORGANISING CHAIRMAN
C/O Satterjung Hospital - Delhi

DR. RAVI CHAUHAN

ORGANISING SECRETARY
Sir Ganga Ram City Hospital - Delhi

DISCUSSIONS & AND INSIGHTS

- Interactive Presentations
- Panel Discussions
- Re-Live Surgeries
- Workshop on Plaster Techniques
- Paper and Poster Presentations
- Joint Arthrography
- Quiz with Prizes
- Growth Plate Injuries
- Case Discussions
- Skill Stations

Total Seats 100

REGISTRATION WILL OPEN SOON (BLOCK YOUR DATES)

Contact Us
Dr. Vikas Gupta | 0981027210
Dr. Ravi Chauhan | 09982679293
www.pofindia.org

POSI MID YEAR MEETING 2024

THEME: MUSCULOSKELETAL INFECTIONS IN CHILDREN

10th -11th August 2024 | The Orchid Hotel, Pune

HAPPY TO ANNOUNCE

EARLY BIRD REGISTRATION EXTENDED TILL 15TH APRIL

Resister Now

<https://bit.ly/posimidearmeeting-2024>

IFASCON

Kochi 2024

36th Annual National Conference of Indian Foot and Ankle Society

AUG | 21, 22, 23, 24 | 2024

Venue: Le Méridien Convention Centre, Kochi
www.ifascon2024.com

KNOW YOUR FACULTY



Learn The Art Of Arthroscopy In Foot And Ankle

Dr. Gowreeson Thevendran

Singapore

Click here for registration

"LEARN TO SAVE THE FEET"

IAACON 2024

20TH ANNUAL CONFERENCE OF INDIAN ARTHROPLASTY ASSOCIATION
Theme - Simplifying Techniques And Technology
DATE : 16TH-20TH OCTOBER 2024 | VENUE - MAIFAIR CONVENTION, BHUBANESHWAR

Hurry Up..!!

ONLINE REGISTRATION STARTED NOW

Kindly visit below website for online registration

WWW.IAACON2024.COM

Scan me FOR MORE INFORMATION

Warm Regards,
TEAM IAACON 2024



UPOA FORTHCOMING EVENTS

10TH UPOA SPECIAL COURSE



aos
Agra Orthopaedic Society



10TH UPOA

SPECIAL COURSE

27th - 28th JULY 2024 | AGRA

VENUE :

1ST FLOOR, NEW SURGICAL BUILDING
SAROJINI NAIDU MEDICAL COLLEGE
AGRA

THEME

**Beyond Boundaries :
Expanding Horizons
in Knee Arthroscopy
(Cadaveric Course)**

IOA President Theme

Harmonising Hearts, Heads & Hands to Heal

UPOA President Theme

Surgical Excellence @ Grassroots

ORGANISED BY
**AGRA ORTHOPAEDIC SOCIETY & DEPARTMENT OF ORTHOPAEDICS
S N MEDICAL COLLEGE, AGRA**






UPOA FORTHCOMING EVENTS
49th UPORTHOCON 2025



7th - 9th February 2025



 uporthocon2025@gmail.com

 www.uporthocon2025.com

 Ghaziabad

 9910028412



RESEARCH GRANT CRITERIA

PERFORMA ASSESSMENT OF RESEARCH PROJECT FOR AWARD OF UPOA RESEARCH GRANT

Name of Applicant

Address

Present designation

Email id

Mobile no.

UPOA membership no.

IOA membership no.

With a purpose to encourage Research in Orthopaedics in the fields of Basic Science, Clinical Research, Development / Innovations of Instruments, Implants, Technique etc., UPOA has decided to provide some financial grant to the projects submitted by UPOA members.

The brief introduction of guidelines as approved by executive committee of UPOA is as follows:

Amount of Grant and its distribution: No set limit. Committee will decide depending upon the project. The funds will be disbursed in two stages. 50% immediately after formalities of approval of project and rest after submission of final report.

Who can apply? Life member of UPOA residing and working in Uttar Pradesh.

How many projects can be approved in a year: No limit

Time frame : Expected to complete the project in 3 years. Extension may be granted on valid reasons.

If beneficiary fails to complete the project or leaves the state permanently: He will return all the money received. He has to give an undertaking to this effect in writing.

Who will decide? Committee consisting of

- ◆ President
- ◆ President Elect
- ◆ Immediate Past President
- ◆ Secretary UPOA
- ◆ Chairman, UPOA Research Grant Committee
- ◆ Members, UPOA research grant committee – 2

Submission of proposed project details along with Performa is mandatory.



Maximum Marks = 100

- 1. Post Graduate Qualifications in Orthopaedics** **5 Marks**
Recognized Qualifications: MS (Orth.)/ D.N.B. (Orth). (2 Marks Each)
Other Qualifications / Degree: M.CH. ORTH. /FRCS/ PHD. ORTH. (1 Mark Each)
- 2. Experience** **10 Marks**
Year After PG Qualifications 1 Mark Year Maximum Marks 7
Teaching Experience as Lecture / Asst. Professor Above 1 Mark per year Maximum Marks 3
- 3. Publications** **20 Marks**
 - I. Indexed Journal / IJO** Maximum 15 Marks
As Main Author 5 Marks per Publications
As Co-author 3 Marks per Publications
 - 11. Books** Maximum 5 Marks
As Main Author Per Book 5 Marks
As Associate Author Per Book 2.5 Marks
As Editor / Author of Monograph Per Book 5 Marks
As Contributing Author Per Book Chapter 2.5 Marks
As Co-author Per Book Chapter 2.5 Marks
- 4. Papers / Posters Presented Personally** **10 Marks**
International Conferences Abroad 3 Marks Per Paper / Poster
International Conferences in India / IOACON 2 Marks Per Paper / 1 Mark Per Poster
Subspeciality / State Chapter Conferences 1 Mark Per Paper / ½ Mark Per Poster
- 5. Guest Lectures / Lectures at CME / Workshops** **8 Marks**
International Conferences Abroad 4 Marks Per Lecture
International Conferences in India 4 Marks Per Lecture
IOACON/ Subspeciality / State Chapter Conferences 2 Marks Per Lecture
- 6. Research Projects Completed** **7 Marks**
Funded By an International/National Agency, Government Organization or University. 3.5 Marks Per Completed Project
- 7. Conferences Attended** **5 Marks**
International Conferences Abroad 2 Marks Per Conference
International Conferences in India / IOACON 1 Mark Per Conference
Subspeciality / State Chapter Conferences ½ Mark Per Conference
- 8. Organizational** **5 Marks**
Convenor of Organizing Secretary of International or National Meeting or Workshop / Office Bearer of National Organization. 2 Marks / Post Held
Convenor or Organizing Secretary / State Level Meeting / Office Bearer of National Organization. 1 Mark / Post Held
- 9. Medals, Prizes and Awards in Orthopaedics** **5 Marks**
IOA Medal, Prize or Award 2 Marks
Subspeciality / University / National / International Organization / others 1 Mark Each
- 10. Summarize in 150 words why your project should be considered for research Grant?** **25 Marks**
Points to be checked while analyzing the attached project
 - a) Originality / Innovation
 - b) Publications from project submitted
 - c) Honesty
 - d) Financial involvement
 - e) Scope and Usefulness to society

(Please attach the details of proposed project)



UPOA FELLOWSHIP FORM

Fellowship Form

https://docs.google.com/forms/d/e/1FAIpQLSdHMHoCDploVuJGBk9KvImRFV74_DrHwtFpT23knyxEEfx4LA/viewform?usp=pp_url

Fellowships	No. of fellowship Available	Tick the fellowship applied for
UPOA Travelling Fellowship	2	
UPOA Visiting Fellowship (1 Teaching: 1 Non-Teaching)	2	
Lucknow Pune Fellowship	2	
Varanasi Exchange Fellowship	1	
Ghaziabad International Fellowship (1 Teaching: 1 Non-Teaching)	2	
Ghaziabad National Fellowship (1 Teaching: 1 Non-Teaching)	2	
UPOA KGMU Paediatric Orthopaedics Fellowship	2	

1. Name
2. Age / Date of Birth
3. Designation
4. Membership No. of UPOA
5. Membership No. of IOA
6. Qualification

Degree	Year of Passing / College / University / Attempts
MBBS	
MS (Ortho) / D Ortho/DNB	

7. Number of conferences attended (Attach List)
UPCON / IOACON / International
8. Number of papers personally presented at
UPCON / IOACON / International (Attach List)
9. Number of articles published (Attach List with
Title, name of journal, page number & year)
10. Title of papers with abstract to be presented
(only for visiting & Exchange Fellowship)
11. Teaching / Service / practice experience
12. Any other academic awards / activities /
Related information

Date

Signature

Address

Phone Number

Mobile

Email

The last date for receipt of application forms is 30th July

Visit website www.upoa.net for more details & download fellowship application form

Send your applications forms with all relevant attachments to

Dr Santosh Singh

C-14, L-Road, Mahanagar Extension Lucknow-226006

Phone: 9415026189, 9918238999

E-mail: upoaoffice@gmail.com, orthosantosh@yahoo.co.in



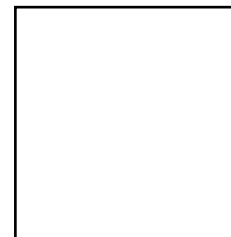
UPOA MEMBERSHIP FORM

To,
Dr. Santosh Singh,
Hon. Secretary,
U.P. Orthopaedic Association

C-14, L-Road, Mahanagar Extension, Lucknow-226006

Phone: 9415026189, 9918238999, 9415679511

E-mail: upoaoffice@gmail.com, orthosantosh@yahoo.co.in



Dear Sir,

I wish to join as member of UPOA. I am enclosing herewith a DD/Cheque of Rs 4000.00 towards membership as Life Member/ Rs. 500.00 as Associate Member towards corpus fund of UPOA.

Name.....

Date of BirthPAN No.....

Address

Telephone..... Mobile..... E-mail:

Qualification	Institution	University	Year of Passing
MBBS			
MS Ortho / D. Ortho			
DNB			

Present Status

Membership No. IOA:

Payment Details

DD/Cheque No..... Drawn On..... Amount..... Date.....

DD/Cheque in favour of **UP ORTHOPAEDIC ASSOCIATION**, payable at Lucknow

	Name	Signature	LM NO.
Proposed by			
Seconded by			

Date.....

Signature of Applicant

FOR OFFICIAL PURPOSE

Received by (Name)

Membership No. Allotted

Signature of Secretary UPOA



Preparations and Instructions for IOA MEMBERSHIP

It is recommended to use laptop/desktop to fill out this application.

There are two types of memberships available.

- 1. Life membership
 - National - ₹5000
 - International Affiliate member- US\$100 (Rs.8000)
 - Foreign / Non-Resident Indian Orthopaedic surgeon with an Orthopaedic degree recognized by their National accreditation authority and being a member of their National Orthopaedic Association.
 - Having paid the subscription / fees as prescribed by the Association from time to time.
 - They shall have the right to attend scientific meetings, social events, and engage in all scientific discussions, attend business meeting. However they will not be eligible to vote or contest for a position of the Association.
- 2. Associate membership (₹2000)
 - Associate Members of the Association shall have the right to attend scientific meetings, social events, and engage in all scientific deliberations but they shall not attend business meetings and take part in elections.

You will be asked to verify your registered email ID (REI) by OTP.

You will be asked to verify registered mobile number (RMN) by OTP

For Life Membership – National, keep following documents' PDF files ready to upload.

- Orthopaedic Degree Certificate: M.S. (Ortho), D Ortho, DNB Ortho, D. ORTh CPS, Mch etc.
- Registration Certificate for Orthopaedic Degree by Medical Council of India or State Medical Council or NMC with registration number
- Affiliated State chapter membership certificate (if available), Primary Affiliated Member Number (if available)

For Life Membership – International Affiliate member, keep following documents’

PDF file ready to upload.

- Accreditation certificate from recognized body / council of your country
- Certificate from National Orthopaedic Association of your country showing membership and credentials as member

For Associate Membership keep following documents’ PDF file ready to upload.

- MBBS degree certificate
- Registration Certificate for MBBS Degree by Medical Council of India or State Medical Council or NMC with registration number
- Letter from Head of Department of Orthopaedics (mentioning as PG student and recommend to become associate member)

The application process is in two steps.

- First step: Filling out the details
- Second step: Payment

Payment Modes:

- Online payment
- Offline payment: You can deposit membership fee offline in advance during step 2 in following account and upload the receipt

ACCOUNT NO: 031101006198

ACCOUNT NAME: INDIAN Orthopaedic ASSOCIATION



On successful completion of application, office will verify and will send you a temporary membership number along with a password to login and to fill out many other details in your profile, later.

This temporary membership number will be converted into permanent membership number after ratification by general body meeting, normally held in month of November or December of the year.

<https://ioaindia.org/Webview/NewMember>