UPOA TIMES Vol. 24 ISSUE 03

VOL. Z4 ISSUE U7

(SEPTEMBER 2024 – DECEMBER 2024)

NEWS LETTER OF UP ORTHOPAEDIC ASSOCIATION Registered Under the Societies Act 21/1860, Reg. No 1102/1999-2000



IOA PRESIDENT THEME OLD is GOLD 360° care for Elderly Research Innovation Prevention Treatment

UPOA PRESIDENT THEME

SURGICAL EXCELLENCE @ GRASSROOTS

Dr. Santosh Singh (MS Ortho) HONORARY SECRETARY – UP ORTHOPAEDIC ASSOCIATION President Elect – Lucknow Orthopaedic Society Head, Deptt. of Orthopaedics Director ALYANTRA MEDICITY (Super Speciality Hospital) Near RML Hospital, Opposite Aadhar Building, Vibhuti Khand, Gomti Nagar, Lucknow Secretariat Address- C-14, L- Road, Mahanagar Extension Lucknow, UP, India -226006 Ph – 9918238999, 9415026189 UPOA Office No: 9415679511



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49th ORTHOCON 2025 Annual Conference of

UP ORTHOPAEDIC ASSOCIATION

Date: 07th – 09th February 2025

VENUE

HOTEL THE GAURS SAROVAR PREMIERE Greater Noida, Ghaziabad, U.P.

https://uporthocon25.com/

ORGANISING CHAIRMAN DR. K.K. MITTAL ORGANISING SECRETARY DR. RIZWAN KHAN



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UPOA EXECUTIVE COMMITTEE 2024 - 2025



Dr K.D. Tripathi President UPOA



Dr Anup Agrawal Imm. Past President UPOA



Dr Piyush Kumar Misra President Elect, UPOA



Dr Santosh Singh Secretary UPOA



Dr Ashutosh Agarwal Vice President UPOA



Dr Amrit Goyal Vice President UPOA



Dr Maneeshi Bansal Treasurer UPOA



Dr Amit Mishra Joint Secretary UPOA



Dr C.P. Pal Editor JBJD



Dr Shah Waliullah Joint Secretary UPOA



Dr Sanjiv Kumar Quiz Master UPOA



Dr S.N. Pathak Joint Secretary UPOA







UPOA EXECUTIVE COMMITTEE 2024 - 2025



Dr Ajeet Tiwari Member Executive UPOA



Dr Amit Jaiswal Member Executive UPOA



Dr Imran Akhtar Member Executive UPOA



Dr Akshat Chandra Member Executive UPOA



Dr Shivam Sinha Member Executive UPOA



Dr Raghavendra Tripathi Member Executive UPOA



Dr Rizwan Khan Member Executive UPOA



Dr Rajat Kapoor Member Executive UPOA



Dr Praveen Kumar Member Executive UPOA

IOA REPRESENTATIVE Dr. Apoorva Agrawal Dr. Maneeshi Bansal







PRESIDENT'S MESSAGE

Respected Members of the Uttar Pradesh Orthopaedic Association,

With profound humility and a deep sense of responsibility, I am honoured to assume the role of President of the Uttar Pradesh Orthopaedic Association. I extend my heartfelt gratitude to each of you for your trust and confidence in me. I also express my sincere thanks to the leadership of the Uttar Pradesh Orthopaedic Association and Indian Orthopaedic Association for their steadfast support and guidance.

Our vision, encapsulated in the theme of this year ***"Surgical Excellence @ Grassroots"*** underscores our commitment to advancing orthopaedic care in our state. I am dedicated to aligning our efforts with the broader goals of the orthopaedic fraternity to elevate the standard of orthopaedics in every part of Uttar Pradesh. I commend the tireless efforts of our predecessors, whose contributions have significantly shaped orthopaedic surgery in Uttar Pradesh. I feel privileged to follow in the footsteps of these stalwarts and pledge to uphold their legacy of excellence and service.

To all our esteemed members, I extend my sincere appreciation for your support and collaboration. Together, we possess the power to achieve remarkable feats and overcome challenges. Let us foster camaraderie that transcends boundaries and unites us in our mission to enhance orthopaedic care.

As we embark on this journey, I am committed to creating an environment conducive to continuous learning and growth. I intend to initiate programs to equip our members with the latest surgical skills and techniques, ensuring we remain at the forefront of orthopaedic advancements uniformly. In this endeavour I wish to reach out to the experienced surgeons, teachers and youngsters of all the medical colleges of our state for their help to disseminate the newer techniques at grassroots. This will not only benefit us as practitioners but also enhance the quality of care we provide to our patients. Furthermore, I envision establishing a platform for sharing surgical experiences among our members. Let us celebrate the successes of those who, despite constraints, deliver exceptional results. By sharing their experiences, we can collectively learn, adapt, and inspire one another to excel in our profession.

In conclusion, I stand before you as a humble servant of our esteemed association. Together, let us strive towards a future where orthopaedic care reaches every corner of our state, where knowledge knows no bounds, and where collaboration propels us to greater heights.

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Long Live UPOA



DR. K.D. TRIPATHI PRESIDENT UPOA PRAYAGRAJ



SECRETARY'S MESSAGE



Greetings from Lucknow. I will start by thanking the UPOA family for bestowing upon me the honour to serve as the secretary of UPOA. I will do my level best to serve UPOA with all truthfulness and dedication.

An academic association is judged by the quality of its scientific calendar. I would request all district orthopaedic clubs/societies to conduct symposia & workshops. Kindly conduct these events under the aegis of UPOA. This will enable greater participation as well as add points for UPOA as we compete for the coveted prize of best chapter of IOA. The executive of the UPOA will assist in whatever way possible and ensure that it is attended by one of the office bearers.

The rapidly growing internet highway has drastically transformed the learning mediums. One can easily find out whatever he needs to know, by simply browsing the internet, emailing or skyping someone. But that can never replace the full meaning of the philosophy to be enlightened. For that, meaningful discussion and face to face encounters are necessary. This can only be facilitated by academic associations like the UP Orthopaedic Association, who organise frequent scientific events for the benefit of their members.

The official programs of the UPOA shall be designed for interacting with the experts from every subspeciality. The aim will be to share and enhance knowledge on the latest international research and developments in the field of orthopaedic and for interaction among peers.

Through the dedicated commitment of our colleagues of the UPOA, our mission remains "to serve the profession, champion the interests of our patients, and advance the highest quality of musculoskeletal care." I hope that each of you will embrace this mission and become involved in your association. Support its programs; volunteer to serve on a committee; participate in initiatives that are important to you and to your patients. Only by becoming so engaged will you realize the full value of your membership.

Let us embark on this fruitful journey together, shoulder to shoulder, to share a common ideal and embrace a common goal..... to make UPOA the shining star of IOA.

DR. SANTOSH SINGH SECRETARY UPOA LUCKNOW







UPOA CITY CLUBS 2024-2025



2 11		~
City	President	Secretary
AGRA	Dr. A.K. Gupta <u>drajaygupta0@gmail.com</u> Mob- 9412257373	Dr. Rajendra Kumar Arora drrkarora@yahoo.co.in Mob- 9837236946
ALIGARH	Dr. Deepak Kumar <u>drdeepakkumarcool@gmail.com</u> Mob- 9837012455	Dr. Keshav Gupta <u>drkeshavgupta@gmail.com</u> Mob- 9897198719
AYODHYA	Dr. Anil Kumar <u>anil.renumemorial@gmail.com</u> Mob- 9415048261	Dr. G. K. Pandey govindgkpandey@gmail.com Mob- 9415058337
BAREILLY	Dr. Vinod Pagrani <u>drvinodpagrani@rediffmail.com</u> Mob- 9412885815	Dr. Alok Sharma <u>dr.aloksharmably.70@gmail.com</u> Mob- 9837025380
BASTI	Dr. Satyandra Rai <u>satyendra.rai19@gmail.com</u> Mob- 9415037909	Dr. Sanjay Kumar Arora <u>skarora08@rediffmail.com</u> Mob- 9839887473
DEORIA	Dr. S. K. Anand <u>santosh_anand15@rediffmail.com</u> Mob- 9670225997	Dr. Mohd Arif <u>arifmd4242@gmail.com</u> Mob- 9598001123
FIROZABAD	Dr. Jagdish Mittal j <u>mittal30@gmail.com</u> Mob- 9897085050	Dr. Vipul Agarwal <u>sarinavipul@yahoo.com</u> Mob- 8171207989
GHAZIABAD	Dr. K.K. Mittal <u>khtcgzb@hotmail.com</u> Mob- 9910058845	Dr. Sharad Gupta <u>dr.sharadgupta@yahoo.com</u> Mob- 9818584365
GORAKHPUR	Dr. B.B. Tripathi <u>drbbtripathi11@gmail.com</u> Mob- 9721222336	Dr. Amit Mishra <u>mishradramit@gmail.com</u> Mob- 9415154480
HATHRAS	Dr. K.K. Varshney <u>kamal16@gmail.com</u> Mob- 9837107959	Dr. R.K. Singh <u>kinkersinghram@gmail.com</u> Mob- 9627193971
JHANSI	Dr. Sanjay Tripathi <u>drsandita06@yahoo.com</u> Mob- 9839777166	Dr. Mayank Bansal <u>drmayankbansal@gmail.com</u> Mob- 9415112411
KANPUR	Dr. Anoop Agrawal <u>dranoopasha@gmail.com</u> Mob- 9839112347	Dr. Chandan Kumar <u>ck131980@gmail.com</u> Mob- 9335313138









UPOA CITY CLUBS 2024-2025



City	President	Secretary
LUCKNOW	Dr. G.P. Gupta <u>gpgupta26@gmail.com</u> Mob- 8052644444	Dr. Shailendra Singh shailendra81kgmc@gmail.com Mob- 9532081107
MEERUT	Dr. Rahul Nehra rahulnehra2001@yahoo.co.in Mob- 9837052678	
MORADABAD	Dr. Deepak Rastogi <u>deepsanjeevan@gmail.com</u> Mob- 9837053968	Dr. Akshat Goel <u>Dr.akshat.goel@gmail.com</u> Mob- 8057047400
MUZAFFAR NAGAR	Dr. Vinit Minocha <u>m_vinit@hotmail.com</u> Mob- 9897242355	Dr. Siddhartha Goel <u>goelxrayofficial@gmail.com</u> Mob- 9997040448
MATHURA	Dr. Nirvikalp Agrawal <u>nirvikalp.aggarwal@gmail.com</u> Mob- 9837472254	Dr. Praveen Goyal <u>praveenkumargoyal@gmail.com</u> Mob- 9761055000
PRAYAGRAJ	Dr. Murari Prasad Verma <u>verma.murari21@gmail.com</u> Mob- 9415214017	Dr. Anurag Agarwal <u>dr.anurag.agrawal@gmail.com</u> Mob- 8765433222
RAEBARELI	Dr. Anil Ahuja <u>raebareliirthopaedicclub@gmail.com</u> Mob- 9044191112	Dr. Suneel Kumar Verma <u>raebareliirthopaedicclub@gmail.com</u> Mob- 8574786642
SAIFAI	Dr. R.S. Yadav <u>dayalortho@gmail.com</u> Mob- 9410045241	Dr. Ajay Kumar Rajput <u>dr.ajayrajput@gmail.com</u> Mob- 9582342414
SAHARANPUR	Dr. Shashi Kant Saini <u>24shashikant@gmail.com</u> Mob- 9319388182	Dr. Mukunth Rajgopalan <u>mukunth.delhi@gmail.com</u> Mob- 9953567998
SULTANPUR	Dr. Siddiqui Qadeer Ahmed <u>drqas2001@yahoo.co.in</u> Mob- 9415046279	Dr. Amol Rebello <u>dramol2002@gmail.com</u> Mob- 9598473459
VARANASI	Dr. Karma Raj Singh <u>omegaplushospital@gmail.com</u> Mob- 9506211111	Dr. Shivam Sinha <u>shivamortho81@gmail.com</u> Mob- 9453048787



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GUIDELINES FOR THE OFFICIAL ACADEMIC EVENTS OF UPOA

- 1. The date & venue should be decided within a week and should be inform to UPOA Office earliest. So that it can be displayed on website.
- 2. The date should not coincide with other important official events of IOA and major festivals of UP.
- 3. A copy of the e-brochure should be sent to the UPOA Secretary for approval before it is circulated amongst the members. This is to ensure that all protocols are adhered too.
- 4. The event may not be organized under aegis of another association.
- 5. Flier should include- names of UPOA president, UPOA president elect and UPOA secretary with organising chairman and organising secretary, local club president and secretary.
- 6. The brochure should contain:
 - a. UPOA & Local City Club Emblem.
 - b. IOA President Theme, IOA Presidential Theme of year 2025 is- <u>OLD is GOLD I 360° care for</u> Elderly I Research Innovation Prevention Treatment should be mentioned.
 - c. UPOA Presidential Theme- <u>SURGICAL EXCELLENCE</u> @ <u>GRASSROOTS</u> it should be mentioned below IOA President Theme.
 - d. Names and Photos of UPOA President, President Elect & Secretary.
 - e. Scientific Programme

i. ii.

- f. Local organizing committee
- g. Office bearers of the local orthopaedic club
- All members of UPOA should be informed by electronic media: Email, SMS, WhatsApp, & social media at least 4 weeks prior to the event.
- 8. The President, President Elect and Secretary UPOA should be invited well in advance and their stay and local hospitality should be taken care of by the organisers.
- 9. In-Case the President / Secretary are unable to attend, they will nominate either the President Elect or one of the Vice President/ any other office bearers of UPOA to deputize of their behalf. In such a scenario, the nominated officer shall be offered the same hospitality and position on the dais as the UPOA President/ Secretary.

10. INAUGURAL FUNCTION PROTOCOL (if any clarification call UPOA Secretary)

- The inaugural function should preferably finish in 30 minutes.
- The function shall be presided by the President of the U.P. Orthopaedic Association
- iii. Persons of eminence in the field of Orthopaedics should preferably be invited as the guest of honour.
- iv. President IOA / President Elect IOA / Vice President IOA / Secretary IOA (in preferential order) may be invited as Chief guest.
- v. Not more than 9 persons will be on dais during the inaugural function. The President, Chief Guest, Guest of honour, President Elect, Secretary, Organising Chairman, Organising Secretary and President & Secretary of Local Orthopaedic Club should be on dais during the inaugural function.
- vi. The dais may be expanded to 11 persons in the extra-ordinary circumstances if the event is being held in a educational institution to accommodate the appropriate university / college dignitaries.
- vii. The first row in the conference hall during the event shall be reserved to the Dignitaries.
- viii. Master of the Ceremony should be nominated by the organising secretary to conduct the inaugural function.







- ix. Master of ceremony will conduct the inaugural function in following order.
 - a. Invocation- president UPOA, chief guest, guest of honour, president elect UPOA, secretary UPOA, president and secretary of local orthopaedic club, organising chairman and organising secretary.
 - b. Lighting of Lamp
 - c. Welcome Address by Organising Chairman.
 - d. UPOA Secretary's report/speech.
 - e. UPOA Presidential address
 - f. Guest of Honour's address
 - g. Address by chief guest
 - h. Vote of Thanks by organising Secretary
 - i. National Anthem.
- 11. Event contribution to UPOA will be minimum 8% of total collection of registration and sponsorship charges (to be collected on behalf of the course).

12. Details of Bank Account of UPOA

Account Name: U.P. Orthopaedic Association Bank: State Bank Of India Account No: 30323729681 Branch: Lucknow Main Branch Tarawali Kothi, Moti mahal Marg, Hazratganj, Lucknow :226001 IFSC: SBIN0000125

- 13. Report with photographs to be sent to secretary within 15 days of the event. Short Report for UPOA Times – in following headings preferably, within 15 days
 - 1. Program name
 - 2. Date And Venue
 - 3. Number of Delegates
 - 4. Name of Chief Guest
 - 5. Name of guest of honour
 - 6. Any award given
 - 7. Special invities
 - 8. Any Remarks
 - 9. Few Photos
- 14. Certificates (Delegates and Faculty) should:
 - a. Have logo of UPOA
 - b. Be signed by President and Secretary UPOA, org chairman and org secretary.

15. Banner should have logo of UPOA

- 16. The organizing secretary should be present in the Inaugural Function of the subsequent UPORTHOCON, to receive the certificate of appreciation.
- 17.Faculty selection should be done in consultation with scientific committee and UPOA Officials, do not commit to any faculty without UPOA approval. For faculty selection encourage members of UPOA.
- 18. Outside UP faculty should not be more than 50%.
- 19. Apply for MCI accreditation points.
- 20. MTS Audited Report should be present in Next UPORTHOCON and Audited Report of UPORTHOCON should be presented in next MTS by the Organising Secretary (or by the Organising Chairman).

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21. Any other information will be send you time to time as decided by EC.



Dr K.D. Tripathi UPOA President





Dr Santosh Singh UPOA Secretary





GUIDELINES FOR THE ACADEMIC Events to be conducted Under the Aegis of Upoa

- 1. The said event should be organized with the involvement and approval of the local city club / society.
- 2. The Organizing Secretary must obtain, through an email, prior permission from the UPOA Secretary, at least a month before the event to ensure the availability of office bearers.
- 3. The dates should not coincide with other important official events of the IOA and UPOA.
- 4. A copy of the e-brochure should be sent to the UPOA Secretary for approval before it is circulated amongst the members. This is to ensure that all protocols are adhered too.
- 5. The event may not be organized under aegis of another association in addition to the UPOA (may be associated with other associations).
- 6. Flier should include- names of UPOA president, president elect and secretary with organising chairman and organising secretary, local club president and secretary.
- 7. The brochure should contain:
 - a. UPOA & Local City Club Emblem.
 - b. IOA President Theme (IOA Presidential Theme of year 2025 is- OLD is GOLD | 360° care for Elderly | Research Innovation Prevention Treatment should be mentioned.
 - c. UPOA Presidential Theme- **SURGICAL EXCELLENCE** @ **GRASSROOTS** it should be mentioned below IOA President Theme.
 - d. Under the aegis of U.P. Orthopaedic Association written prominently (Below the title of program).
 - e. Names and Photos of UPOA President, President Elect & Secretary.
 - f. Scientific Programme
 - g. Local organizing committee
 - h. Office bearers of the local orthopaedic club
- 8. All members of UPOA should be informed by electronic media: Email, SMS, WhatsApp, & social media at least 2 weeks prior to the event.
- 9. The President and Secretary UPOA should be invited well in advance and their stay and local hospitality should be taken care of by the organisers.
- 10. In-Case the President / Secretary are unable to attend, they will nominate either the President Elect or one of the Vice President/ any other office bearers of UPOA to deputize of their behalf. In such a scenario, the nominated officer shall be offered the same hospitality and position on the dais as the UPOA President/ Secretary.
- 11. INAUGURAL FUNCTION PROTOCOL (if any clarification call UPOA Secretary)
 - i. The inaugural function should preferably finish in 30 minutes.
 - ii. The function shall be presided by the President of the U.P. Orthopaedic Association
- iii. Persons of eminence in the field of Orthopaedics should preferably be invited as the chief guest to inaugurate the conference.
- iv. President IOA / Secretary IOA / Vice President IOA (in preferential order) should be/may be invited as guest of honour.
- v. Not more than 9 persons will be on dais during the inaugural function. The President, Chief Guest, Guest of honour, President Elect, Secretary, Organising Chairman, Organising Secretary and President & Secretary of Local Orthopaedic Club should be on dais during the inaugural function.
- vi. The dais may be expanded to 11 persons in the extra-ordinary circumstances if the event is being held in a educational institution to accommodate the appropriate university / college dignitaries.







- vii. The first row in the conference hall during the event shall be reserved to the Dignitaries.
- viii. Master of the Ceremony should be nominated by the organising secretary to conduct the inaugural function.
- ix. Master of ceremony will conduct the inaugural function in following order.
 - a. Invocation- president UPOA, chief guest, guest of honour, president elect UPOA, secretary UPOA, president and secretary of local orthopaedic club, organising chairman and organising secretary.
 - b. Lighting of Lamp
 - c. Welcome Address by Chairman organising committee.
 - d. Secretary's report/speech.
 - e. Presidential address
 - f. Guest of Honour's address
 - g. Address by chief guest
 - h. Vote of Thanks by organising Secretary
 - i. National Anthem.
- 12. A compulsory contribution of Rs 5000 shall be made to the UPOA before the event or Cheque/ DD is handover to who so ever will attend from UPOA office (or can do online transfer).

Details of Bank Account of UPOA Account Name: U.P. Orthopaedic Association Bank: State Bank of India Account No: 30323729681 Branch: Lucknow Main Branch Tarawali Kothi, Moti mahal Marg, Hazratganj, Lucknow :226001 IFSC: SBIN0000125

- 13. Report with photographs to be sent to secretary within 15 days of the event. Short Report for UPOA Times – in following headings preferably, within 15 days
 - i. Program name
 - ii. Date And Venue
 - iii. Number of Delegates
 - iv. Name of Chief Guest
 - v. Name of guest of honour
 - vi. Any award given
 - vii. Special invitees
 - viii. Any Remarks
 - ix. Few Photos
- 14. Certificates (Delegates and Faculty) should:
 - Have logo of UPOA and mentioned under the aegis of U.P. Orthopaedic Association prominently.
 - Be signed by President and Secretary UPOA, president and secretary of local orthopaedic club, org chairman and org secretary.
- 15. Banner should have logo of UPOA and mentioned under the aegis of U.P. Orthopaedic Association prominently.
- 16. The organizing secretary should be present in the GBM of the subsequent UPORTHOCON, to receive the certificate of appreciation.

- 17. Faculty selection should encourage members of UPOA.
- 18. Apply for MCI accreditation points.

Dr K.D. Tripathi UPOA President



Dr Santosh Singh UPOA Secretary





Award	Eli	gible City	Club	
		Above 7	5 members (7)	
1. Dr K.P. Srivastava Trophy	Agra	(155)	Kanpur	(143)
	Lucknow	(348)	Varanasi	(137)
	Ghaziabad	(104)	Prayagraj	(104)
	Meerut	(87)		
		51 to 75	members (3)	
2. Dr M.K. Goel Trophy	Aligarh	(74)	Gorakhpur	(75)
	Bareilly	(57)		
		26 to 50	members (3)	
3. Dhanendra Prasad	Moradabad	(29)	Jhansi	(37)
Bhagwati Devi Trophy			Muzaffarnagar	(27)
		1 to 25 r	members (10)	
	Basti	(12)	Deoria	(17)
4. UPOA Trophy	Saifai	(24)	Ayodhya	(15)
	Hathras	(10)	Mathura	(25)
	Saharanpur	(24)	Sultanpur	(17)
	Raibareilly	(21)	Firozabad	(21)

CRITERIA FOR BEST CITY CLUB AWARDS

CITY CLUB AWARDS

ACTIVITIES FROM 1 JANUARY 2024 TILL 31 DECEMBER 2024 (REPORT TO BE SUBMITTED by **10 January 2025 ,5.00 PM**)

Email:

Email:

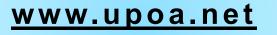
Name of City: Name of President: Phone No: Name of Secretary: Phone No: Total No of members in City Chapter: Total No of UPOA members in City Chapter: Total No of IOA members in City Chapter:

Kindly tick for the category for which you are eligible

Dr K.P. Srivastava Trophy (>75)	Dr M.K. Goel Trophy (51-75)
Dhanendra Prasad Bhagwati Devi Mem. Trophy (26-50)	UPOA Trophy (<25)

	Membership		30	Numbers added	Marks
Α	Increase in number of members of UPOA	1 point for every new member	10		
В	Increase in number of members of IOA	2 points for every new member	20		







C	Academic Activities organised by the club (Name with number of delegates attach as pdf in seperate zip file)	55	No of activities	Marks
1	National Conference (IOACON)	15		
2	UPORTHOCON / National Conference of Sub -speciality Group of IOA	10		
3	Mid Term Symposium	6		
4	UPOA official courses	4		
5	Under the aegis of UPOA - Instructional Courses / CME / Hands on Workshop (2 point per programme)	10		
6	PG Course	4		
7	Clinical club Meetings - 0.5 points for each meeting	6		

D	Academic achievement of Members of the club (National & International)	30	No of Lectures	Marks		
1	Guest lecture in National & International Conferences - 2 point per presentation	10				
2	Guest lecture in UPORTHOCON - 1 point per presentation	4				
3	Paper presentation in National & International Conference -1 point per 4 presentation 4					
4	Paper presentation in UPORTHOCON - 0.5 point per presentation	2				
5	Awards & honours from orthopaedics societies	2				
6	Elections to higher posts in either IOA or other National/International association (P/S=2; VP/E/T=1, E=0.5)	4				
7	Inventions (techniques, instruments, implants)	2				
8	Academic Literature (writing, editing, translating)	2				

		35	
E	Regular Election of Office Bearers (Reporting of Activities to Secretary UPOA)	6	
F	Bone & Joint Day Activities	25	
G	Chapter contribution to UPOA (5000-20000 Rs = 2 points)	4	

TOTAL MARKS OBTAINED:

NOTE:

- 1. Total Maximum Marks are 150
- To be eligible for the Award, the City chapter must have submitted its annual report for the on time (by 10th January 2025, 5.00 pm)
- 3. While computing points if the figure is not in round figures, then the next higher digit should be awarded, say 1.5 should be counted as 2
- 4. Please Fill the above form and send to upoaoffice@gmail.com as separate sheet
- 5. Send proof of all activities as attachments marked as A, B, C1, C2 or D1, D2 and so on and send all attachments as Zip file at <u>upoaoffice@gmail.com</u>.

Signature

Secretary City Chapter







TOTAL STREET

MINUTES OF EXECUTIVE COMMITTEE MEETING MID Term Symposium, 08th September 2024 Hotel-Radisson Blu, Gorakhpur

Meeting of Executive Committee of UPOA took place in the Board Room of Hotel – Radisson Blu, Gorakhpur on 08th September 2024.

President and secretary was on the chair

President - Dr. K.D. Tripathi Secretary - Dr. Santosh Singh

1. Obituaries - Secretary Dr. Santosh Singh informed about the sad demise of -

Dr. A.P. Agarwal (Bareilly)

Dr. P.R. Mishra (Lucknow).

1 minute silence was observed in remembrance of departed soul.

- 2. **Presidential Address** by UPOA President Dr. K.D. Tripathi, he suggested UPOA events should be distributed throughout the year from April to February, Dr. S. C. Goel suggested BID should be invited for another 6 month after the UPORTHOCON, so that Special Course should be allotted in April and schedule of courses should be made in the first 6 month of next year.
- 3. Bone & Joint Day report is presented by Dr. Santosh Singh
- 4. Treasurer Report supposed to presented by Dr. Maneeshi Bansal but he could not attend the EC meeting, UPOA Secretary presented the Treasurer Report which was passed with the voice vote. The Treasurer Report is Enclosure-I.
- 5. Editor Report Dr. C.P. Pal presented the Editor's Report which was passed with voice vote. The Editor's Report is Enclosure- II.
- 6. Fellowship Report Dr. Santosh Singh and Dr. Ashutosh Agarwal

A total 39 applications were received for fellowships and these are selected by the Fellowship Committee.

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<u> UPOA Travelling Fellowship (02) WBOA –</u>

- Dr. Rahul Patel
- Dr. Amit Kumar

<u> UPOA Visiting Fellowship (02) Centre of Eminence –</u>

- Dr. Ravindra Mohan
- Dr. Yashvardhan Sharma

<u> UPOA Lucknow Pune Exchange Fellowship (02) Sancheti Hospital –</u>

- Dr. Arpit Singh
- Dr. Nishant Raj

<u> UPOA Varanasi Exchange Fellowship (01) Ahmedabad –</u>

• Dr. Ajay Kumar Rajput



<u>UPOA Ghaziabad National Fellowship (02) –</u>

- Dr. Sanjay Yadav
- Dr. Devarshi Rastogi

<u>UPOA Ghaziabad International Fellowship (02) –</u>

- Dr. Deepak Kumar
- Dr. Ashank Gupta

<u>UPOA KGMU Paediatric Orthopaedic Fellowship (02) –</u>

- Dr. Prakhar Mishra
- Dr. Rajeev Kumar

<u>UPOA KGMU Trauma Fellowship (02) –</u>

- Dr. Parv Mittal
- Dr. Devanshu Mohaniya

Dr Santosh Singh suggested we should develop Fellowship centres in UP as we have many great surgeons in UP, so that we can coordinate with those centres in exchange of the fellows of other state. Dr. R. A. Agarwal from Gorakhpur volunteers his centre as a fellowship centre. For WBOA Exchange Fellowship Dr. Anup Agarwal has requested to Dr. Ashish Kumar (HOD KGMU) that please provide a one week Fellowship to the WBOA fellows and Dr. Ashish Kumar has agreed on this proposal.

Finally, there are two decisions regarding fellowship -

- 1. City club secretaries will select a minimum 3 centres in his city to provide the fellowship.
- 2. Minimum money for accommodation in that city is to be decided.

7. Preliminary Reports of City Clubs –

We received 05 reports for DR. K.P. SRIVASTAVA TROPHY (among 07) – Agra, Ghaziabad, Kanpur, Varanasi, Prayagraj

We received 01 report for DR. M.K. GOEL TROPHY (among 03) – Gorakhpur

We received 01 report for DHANENDRA PRASAD BHAGWATI DEVI MEMORIAL TROPHY (among 03) – Jhansi We received 01 report for UPOA TROPHY (among 10) - Saifai

8. UPOA Awardees 2024 – This year proposed names for

Life Time Achievement Award (02) are Dr. G.M. Lal and Dr. Kapil Kulshrestha

UPOA Exemplary Service Award (02) are Dr. TPS Lamba and Dr. Gautam Chakraverty







9. The orators in UPORTHOCON 2025 will be

DR. B.N. SINHA ORATION	Dr. Anup Agrawal	Lucknow
DR. T.P. SRIVASTAVA ORATION	Dr. Sudhir Kumar	Ranchi
DR. K.P. SRIVASTAVA ORATION	Dr. Wajahat Jamal Ashraf	Lucknow
GHAZIABAD ORATION	Dr. Vivek Trikha	Delhi
DR. ABBAS ALI KHAN MEMORIAL ORATION	Dr. Mohammad Faisal	Warwick U.K.
DR. ANIL GUPTA MEMORIAL ORATION	Dr. Atul Srivastava	Agra

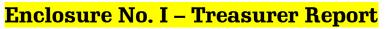
- 10.Report of 48th UPORTHOCON 2024 Organising Secretary Dr. Maneeshi Bansal was not present. So, Dr. Santosh Singh presented the UPORTHOCON 2024 Report which was passed with voice vote. The UPORTHOCON 2024 Report is Enclosure- III.
- **11.Report of UPOA Special Course 2024** no one was present for report
- 12. Report of UPOA Arthroplasty Course 2024 presented by Dr. Sanjiv Kumar
- **13. Preparation of UPOA Trauma Course 2024** Dr. S.M. Dwivedi presented his preparation report and UPOA President Dr. K.D. Tripathi congratulated him and Ayodhya team for their maiden efforts to Organised this course under the Ayodhya Orthopaedic Club.
- 14. Preparation of UPOA PGICL Course 2024 Dr. Harish Kumar was not present. Dr. Santosh Singh presented the PGICL 2024 Preparation Report which was passed with voice vote. The UPOA PGICL 2024 Preparation Report is Enclosure- IV.
- 15. Preparation of 49th UPORTHOCON 2025 Dr. Rizwan Khan presented the UPORTHOCON 2025 Preparation Report which was passed with voice note. The UPORTHOCON 2025 Preparation Report is Enclosure- V.
- **16. UPOA Election 2024 Report** Dr. Piyush Kumar Misra was not present, so UPOA Secretary present the UPOA Election report Enclosure- VI.
- 17. Letter from Members None
- **18. Any Other Matter** Dr Imran Akhtar suggested there should be few webinars to be going on, So it is decided that we can do the webinars in those month in which there is no UPOA Course.
- 19. National Anthem









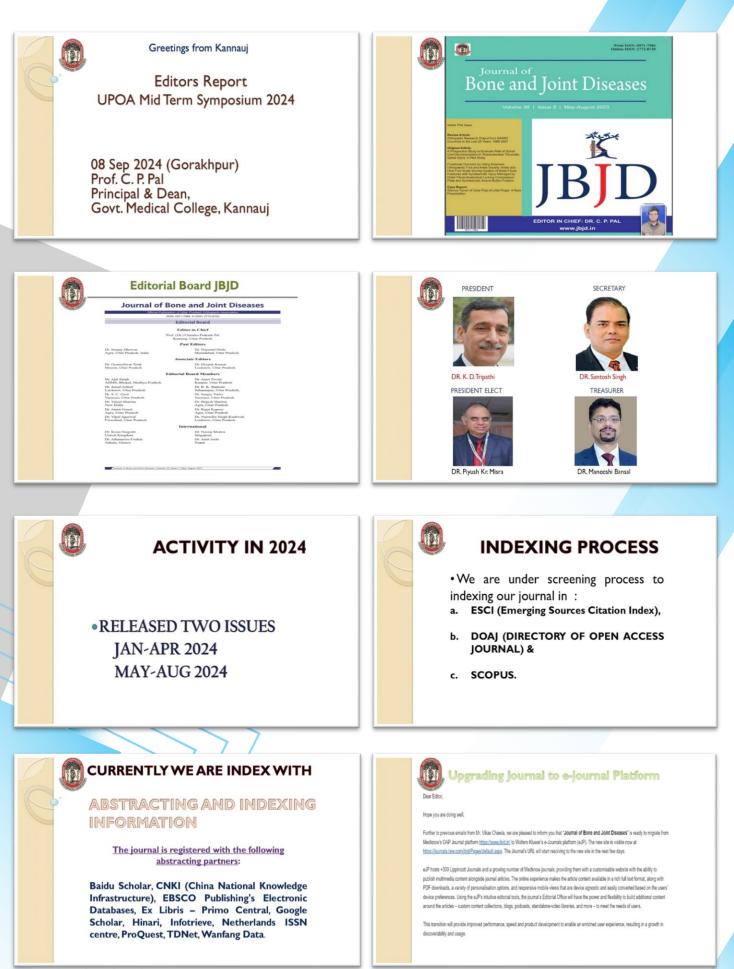






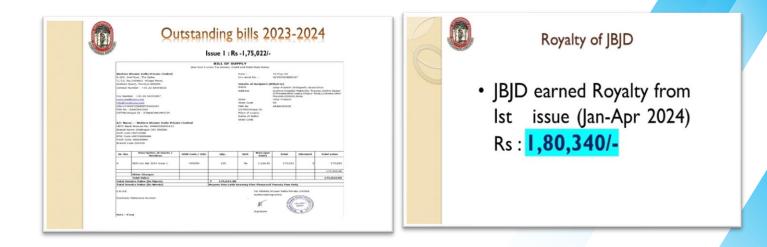


<mark>Enclosure No. II – Editor Report</mark>

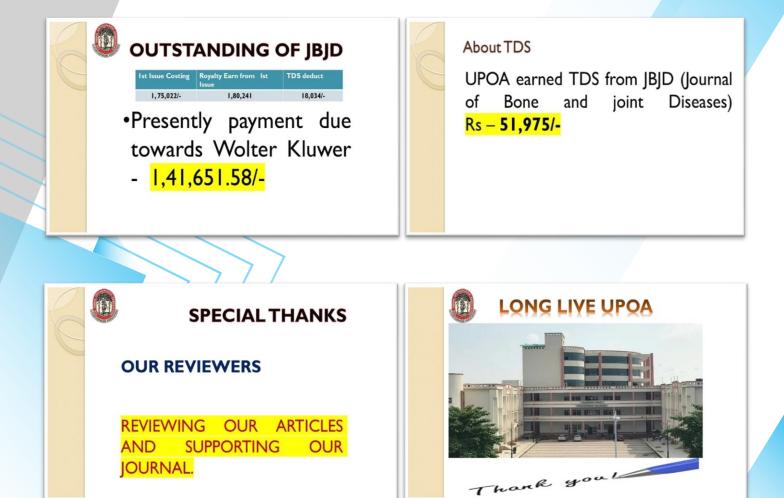








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Enclosure No. III – 48th UPORTHOCON 2024 Report





Dr. Manoj Mittal, Aligarh

h

UPORTHOCON

Dr. Apoorva Agarwal, Ghaziabad

r. Vikash Kapoor, Kolkata adma Shri r. B.K.S. Sanjay, Uttaral









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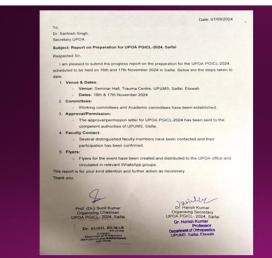
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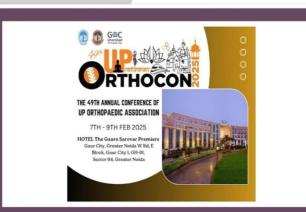
Opening Balance Current Period

Total

Enclosure No. IV – Preparation Report of UPOA PGICL 2024



Enclosure No. V – Preparation Report of UPORTHOCON 2025





MEET THE ORGANISING TEAM: UPORTHOCON 2025

Patron- Dr. Naresh Chand, Dr. Arun Gupta, Dr. Ashok Gupta

Org Chair- Dr. KK Mittal

Co-org chair- Dr. Dhirendra Singh, Dr. Ajay Pawar, Dr. Rajeev Anand

Org Sec- Dr. Rizwan Khan

Co-org Sec- Dr. Sachin Singh, Dr. Manu Gautam, Dr. Deepankar Verma

Scientific Chair- Dr. Alok Sharma

Co-Scientific Chair- Dr. Himanshu Gupta, Dr. Amit Dwivedi

MEET THE ORGANISING TEAM: UPORTHOCON 25

GOC President- Dr. KK Mittal

GOC Secretary- Dr. Sharad Gupta

Treasurer- Dr. Apoorva Aggarwal

Co-Treasurer- Dr. Achal Swami

Web Master- Dr. Sanjay Jain, Dr. Bhavishya Handa

Advisors- Dr. Rajeev Aggarwal, Dr. Dinesh Kansal, Dr. Vipin Tyagi,Dr. Anil Jain, Dr. Kuldeep Gogia, Dr. Akhilesh Garg, Dr. Arun Agrawal, Dr. M.K. Saxena, Dr. S.K. Gupta, Dr. Dinesh Sharma, Dr. N.M. Singh

Executive- Dr. Sudhanshoo agrawal, Dr. Yuvraj singh, Dr. Gaurav Gupta, , Dr. V.K. Batra, Dr. Sheel Verma, Dr. Firoz khan, Dr. Akhil kulshreshtha, Dr. Devendra Dave, Dr. RD Sharma ,Dr. Nishant Raj

UPOA Advisors- Dr. S.C. Goel, Dr. Ashok Vij, Dr. Atul Srivastava



VENUE

- 3 Big halls
- Meeting Room
- Exhibition Area
- Playing Area
- Conference Hall
- Kids Zone

EXPENSES

- Tentative Expenses-Expected around 1.5 Cr.
- Tentative collection-Expected to approximately 1.6 to 1.7 Cr.
- Confirmation with company- 50 Lakhs









ACTION PLAN

- Website under Construction, will be very soon accessible to all
- www.uporthocon2025.com
 Email Address-Uporthocon2025@gmail.c
- om



REGISTRATION Form

(GST Applied) GST no. 09AABTG3868PIZX

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Enclosure No. VI – UPOA Election Report

POSTS

- PRESIDENT ELECT-1
- VICE PRESIDENTS- 2
- HONORARY SECRETARY 1
- MEMBERS EXECUTIVE-3

ELIGIBITY OFFICE BEARERS

a. Members for the office should fulfill the following criteria before they are eligible as a candidate for election to these positions

President Elect, Vice Presidents, Secretary, Treasurer: - Should have been a member of the Association for a minimum period of 10 years.

- Served in the Executive Committee (in any capacity) for a minimum period of three (3)years.

PROCEDURE:

a.President Elect shall be the Returning Officer. The Secretary shall provide all relevant documents and funds necessary for conduct of election.

b. The Returning Officer shall circulate the list of vacancies to be filled in for nomination to all Life Members and full Members eligible to vote at least three months prior to the Annual conference through online newsletter / email notifications and invite nominations from the Life Members duly proposed and seconded by Life Members

PROCEDURE:

Nomination papers shall be scrutinized by the Returning Officer within a week of the last date of receipt. Nomiation found invalid shall be rejected and the candidate shall be informed accordingly. All other contestants shall be informed about other contestants for their posts before the date of withdrawal.

The Returning Officer shall organize an online voting platform and post all relevant details and procedures on the UPOA website.

The returning officer along with President and secretary shall publish on the UPOA website a model code of conduct that will be enforced from the date of multiplication of the date.

ELIGIBITY OFFICE BEARERS

A. Life Members only, who are also member of UP Orthopaedic Association are eligible to hold any office of the Association. They shall be residing and practicing Orthopaedics in the state at the time of holding the office.

B. They will give a declaration to these effects during filling the nomination papers.

ELIGIBITY OFFICE BEARERS contd.

•Editor:

- 1. Been a member of the Association for a minimum period of 5 years 2. Served as the Associate / Assistant Editor of JBJD for a minimum
- period of three years 3. Published at least two articles in indexed journals and two articles in JBJD.
- 4. He will be selected by President and Secretary by inviting application from the members on the prescribed format.

Member Executive:

Should have been a member of the Association for a minimum period of **5 years**

PROCEDURE:

a.Each candidate shall have to deposit Rs. 5000 (Five thousand) only as nominations fee. The nomination must reach the Returning Officer within the specified time. Any withdrawal shall be permitted within two weeks from the last date of nomination. The nomination fees shall be refunded to the withdrawing candidate

If there is more than one nomination for any vacancy, election shall be held by an online voting procedure

PROCEDURE:

a.All the candidates will have to sign the model code of conduct along with the nomination form .

b The model code of conduct for elections will be formed by the secretary and president which will be enforced after approval from ECM.

 In case of violation of code of conduct by any candidate, the returning officer will send his recommendation to President and Secretary who will then take further decision in consultation with returning officer.

 Change of cell phone or email address has to be duly informed to the secretary before the notification of







COUNTING & DECLARATION

a.The results of elections shall be announced in the General body meeting at the earliest.

b. Presence of the member elected for any post is mandatory in the AGM. He should also be a registered delegate to the conference.

COUNTING & DECLARATION

 Induction of the new office bearers will be done at the Congress Banquet.

Code of conduct UPOA Election

All the contestants are strongly advised to strictly adhere to the code of conduct to avoid forfeiting their candidature as decided and passed by EC IN MTS 2020 • • Duration of code of conduct - from the first day of voting till the last day of voting

Every candidate is permitted a total of only -- 10 appeals to any member including Whatsapp, sms or e-mail.
He can choose one or more of any of these as long as the total number does not exceed -- 10

Code of conduct UPOA election

Code of conduct UPOA Election

Additional campaigning allowed include
 ONE hard copy of appeal posted by the surface mail
 and
 O2 telephone call to an individual voter.

 In case there is any written complaint by any member to the Election Officer with documentary evidence of harassment or nuisance by any contestant, and is found to be true by the election officer, the candidature of the accused contestant will be forfeited and final result declared without accounting for votes cast in his favor.

Code of conduct UPOA election

In case there is any written complaint by any member to the Election Officer with documentary evidence of harassment or nuisance by any contestant, and is found to be true by the election officer, the candidature of the accused contestant will be forfeited and final result declared without accounting for votes cast in his favor.

> In case of violation of code of conduct by any candidate, the returning officer will send his recommendation to President and Secretary who will then take further decision in consultation with returning officer.

Code of conduct UPOA election

•In case any contestant or his representative or assignee is found/proven to have used unfair means (including approaching candidates with laptops or to coerce them in any other way, ask them to vote for any particular candidate openly, or, infringing on anyone's privacy, attempting to cast illegitimate vote, uses identity of any other voter to cast vote on his behalf or indulge in manipulation of any kind, his candidature will be cancelled and he will be debarred from contesting for any post in UPOA for the next 5 years and additional strict disciplinary action will be taken against him.

Code of conduct UPOA election

• UPOA Office shall maintain secrecy about the list of Voters and non-voters.

- •No one should misrepresent UPOA by using UPOA in bulk messages.
- •Any member is permitted to contest for a particular post only 3 times
- •Any member is permitted to contest for I post only in a particular election

 All contestants will be required to sign a statement promising to abide by these regulations before the start of the online





<u>Name of the Attendees</u> –

1. Dr. A.N. Verma	Past President UPOA
2. Dr. Ajay kr. Rajput	Secretary Saifai Orthopaedic Association
3. Dr. Akshat Chandra	Member Executive UPOA
4. Dr. Amit Jaiswal	Member Executive UPOA
5. Dr. Amit Mishra	Joint Secretary UPOA
6. Dr. Anup Agrawal	Immediate Past President UPOA
7. Dr. Apoorva Agarwal	Past President UPOA
8. Dr. Ashish Kumar	Past President UPOA
9. Dr. Ashutosh Agarwal	Vice President UPOA
10. Dr. C.P. Pal	Editor JBJD UPOA
11. Dr. Imran Akhtar	Member Executive UPOA
12. Dr. K.D. Tripathi	President UPOA
13. Dr. Praveen Kumar	Member Executive UPOA
14. Dr. R.A. Agarwal	Past President UPOA
15. Dr. Rizwan Khan	Member Executive UPOA
16. Dr. S.C. Goel	Past President UPOA
17. Dr. Sanjiv Kumar	Quiz Master UPOA
18. Dr. Santosh Singh	Secretary UPOA
19. Dr. Surya Mani Dwivedi	Organising Secretary UPOA Trauma Course 2024

....End of Minutes...

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Dr K.D. Tripathi President UPOA



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Dr Santosh Singh Hon. Secretary, UPOA





UPOA EVENTS HELD

- UPOA MID Term Symposium 2024, Gorakhpur, 08th September 2024, Org. Sec.: Dr. Atil Kumar Lal.
- 2. Knee 360°, Varanasi, 15th September 2024, Org. Sec.: Dr. Amit Jaiswal.
- 5th KGMU Spine Conclave 2024, Lucknow, 28th September 2024, Org. Sec.: Dr. Shah Waliullah.
- Basic Ilizarov Workshop, Lucknow, 05th 06th October 2024, Org. Sec.: Dr. Sanjeev Kumar.
- UPOA Trauma Course 2024, Ayodhya, 13th October 2024, Org. Sec.: Dr. Surya Mani Dwivedi.
- RAIL & ALFA Fixator Workshop, Kanpur, 26th October 2024, Org. Sec.: Dr. Chandan Kumar.
- Kashi Traumacon, Varanasi, 08th November 2024, Org. Sec.: Dr. Anupam Srivastava.
- UPOA PGICL 2024, Saifai, 16th 17th November 2024, Org. Sec.: Dr. Harish Kumar.

UPOA FORTHCOMING EVENTS

- UPOA e-PGCON 2025, Meerut, 25th 26th January 2025, Org. Sec.: Dr. Kritesh Mishra.
- 49th UPORTHOCON 2025, Ghaziabad, 07th 09th February 2025, Org. Sec.: Dr. Rizwan Khan.
- 10th CPAFFWC, Lucknow, 22th 23th February 2024, Org. Sec. Dr. Harish Makker.









UPOA MID TERM SYMPOSIUM 2024

- 1. Program name UPOA Mid-Term Symposium
- 2. Date and Venue 8th Sep 2024, Hotel Radisson Blu, Gorakhpur
- 3. Number of Delegates 122
- 4. Name of Chief Guest Dr Manglesh Kumar, Mayor Gorakhpur
- 5. Name of guest of honour Dr Anup Agarwal, President Elect IOA
- 6. Any award given UPOA PG Quiz Awards and etc







UPOA PG QUIZ 2024

WINNER OF ANNUAL QUIZ OF UPOA – 2024 Team: Sarojini Naidu Medical College, Agra

Represented UP in National Quiz Competition, IOACON 2024 at Bengaluru in December 2024. (Registration and Travel arranged by UPOA)

Dr. Amit Agarwal

Dr. Sumit Kumar Gupta





RUNNER OF ANNUAL QUIZ OF UPOA – 2024 Team: JNMC, AMU, Aligarh

In this Fellowship they attended and presented a paper at MPORTHOCON, Bhopal 27th – 29th September 2024.

- 1. Travel arranged by UPOA.
- 2. Registration and Accommodations provided by MP ORTHOPAEDIC ASSOCIATION.

Dr. Arman Khan

Dr. Ritvik Jain









KNEE 360°

- 1. **Program name –** Knee 360[°]
- 2. Date and Venue 15th Sep 2024, Hotel Clarks, Varanasi
- 3. Number of Delegates 125
- 4. Name of Chief Guest Dr Anil Arora

















5th KGMU Spine Conclave 2024

5th KGMU Spine Conclave 2024 was Organised on 28th September 2024 by Dept of Orthopaedic Surgery, KGMU in association with UPOA, UPSS and LOS. Program included CME conducted at Hotel Clarks Avadh from 9 am to 12.30 pm followed by Inauguration. Dr K V Menon from Kochi was Chief Guest, Dr Anup Agarwal was Guest of Honor and Dr K D Tripathi as UPOA President, Dr G P Gupta as President LOS and Dr Ashish Kumar was Organizing Chairman, Dr Shah Waliullah as Organizing Secretary attended the Inauguration Ceremony. CME was attended by around 150 delegates all around the state. Cadaveric Workshop was conducted at Dept of Anatomy, KGMU from 2pm to 6pm. The Cadaveric Workshop was attended by 42 delegates. Cadaveric Workshop included demonstration of basic spine exposure, free hand pedicle screw fixation, discectomy and lumbar fusion techniques.









Basic Ilizarov Workshop 2024

1. Program name – Basic Ilizarov Workshop 2024, Lucknow

2. Date and Venue – 05th – 06th October 2024, Dept. of Orthopaedic Surgery, RALC Building, KGMU, Lucknow

- 3. Number of Delegates 60
- 4. Name of Chief Guest Dr Mangal Parihar
- 5. Name of guest of honour Prof. Ashish Kumar

6. Special Invites – Dr. Divya Ahuja, Dr. Ravi Chauhan, Dr. Nikhil Tarar, Dr. Hitesh Singhal, Dr. Pankaj Singh, Dr. Sharib Shamim, Dr. Madhushudan Mishra, Dr. Vipul Kumar Gupta.

7. Any Remarks – Saw Bone Workshop and Hands on Training for Ilizarov and Rail Fixator.









UPOA TRAUMA COURSE 2024

- 1. Program name UPOA Trauma Course 2024
- 2. Date and Venue 13th October 2024, Hotel Krishna Palace, Ayodhya
- 3. Number of Delegates 147
- 4. Name of Chief Guest Dr Ram Chaddha
- 5. Name of Guest of Honour Dr Ramesh Sen



















- 1. Program name Workshop on Rial & Alfa Fixator
- 2. Date and Venue 26th October 2024, Hotel Vijay Intercontinental, Kanpur
- 3. Number of Delegates 80
- 4. Special Invites Dr. Maneeshi Bansal as UPOA Dignitary













Kashi TRAUMACON 2024

- 1. Program name Kashi Traumacon 2024
- 2. Date and Venue 08th November 2024, Banaras Club, Varanasi
- 3. Guest Speakers Dr. Nadim Farooqui, Kanpur Dr. Ajeet Tiwari, Kanpur















UPOA Post Graduate Instructional Course Lectures (PGICL) 2024

Short Report of UPOA PGICL 2024

1. Program Name:

UPOA PGICL 2024

2. Date and Venue:

Date: 16th and 17th November 2024. Venue: Auditorium, UPUMS, Saifai, Etawah

3. Number of Delegates:

119 postgraduate students and 44invited faculty members and dignitaries, 15 organising committee members and 20 S.O.A Members were present (total198)

4. Name of Chief Guest:

Dr. P.K. Singh, Hon'ble Vice-Chancellor, UPUMS Salfal

5. Name of Guest of Honour:

ProE G.K. Singh, Ex Head Dept. Of Ortho KGMU Lucknow, , Ex Director AIIMS Patna, An Eminent Academician

6. Any Award Given:

Certificates of appreciation and mementos were graciously presented on the dais to senior and distinguished dignitaries in recognition of their outstanding contributions to the field of orthopaedics. The honoured recipients included Prof. G.K. Singh, Prof. Suchir Kapoor, Prof. Vinod Kumar, Prof. Ashish Kumar, Prof. D.C. Srivastava and Prof. C.P. Pal Also certificate of appreciation was awarded to PG Students to a best long cases presentation and a best short case presentation.

7. Special Invites:

Prof. (Dr.)Sudhir Kapoor (New Delhi), Prof. (Dr.) Vinod Kumar (MAMC New Delhi), Dr. (Prof) Sumit Sural (MAMIC New Delhi), Dr Samarth Mittal (AIMS New Delhi)

E. Any Remarks:

On 16th November 2024, the inauguration ceremony of UPOA PGICL commenced with a ceremonial lamp lighting by UPOA President Dr. K.D. Tripathi, chief guest Hon'ble Vice-Chancellor Dr. R.K. Singh, and guest of honour Prof. G.K. Singh accompanied by a beautiful rendition of Saraswati Vandana by the university students. In his inaugural address, chief guest Dr.P.K. Singh applauded the initiative, emphasizing the critical role of such academic events in promoting knowledge sharing and improving postgraduate students' preparation for exams and clinical practice. UPOA President Dr. K.D. Tripathi praised the flawless organization and congratulated the committee for hosting a highly impactful and well-structured event. Guest of honour Prof. G.K. Singh's inspirational address urged postgraduate students to regularly practice clinical examination techniques in front of seniors and peers, as this iterative process fosters deeper understanding and confidence. He remarked, "Optimal learning comes from consistent practice, seeking feedback, and refining skills over time.

The Organizing Chairman, Dr. (Prof.) Sunii Kumar, warmly welcomed all dignitaries, guest faculty, and participants, setting a gracious tone for the event. The ceremony concluded with Dr. Harish Kumar, the Organizing Secretary, delivering a heartfelt vote of thanks to all contributors, dignitaries, faculty members, and participants. The inauguration ceremony culminated with the national anthem.

In these two days program included over 15 insightful lectures by distinguished faculty members and 15 case presentations by postgraduate students, creating an enriching and transformative learning experience for all attendees.

9. Few Photos:

(Attached photos from the inauguration, academic sessions, and valedictory ceremony.)

Thank you,

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(Dr. Harish Kumar) Organizing Secretary, UPOA PGICL 2024

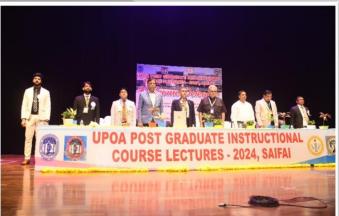






UPOA Post Graduate Instructional Course Lectures (PGICL) 2024























PROFORMA ASSESSMENT OF RESEARCH PROJECT FOR AWARD OF UPOA RESEARCH GRANT

Name of Applicant	 	 	
Address			
Present designation			
Email id			
Mobile no	 	 	
UPOA membership no			
IOA membership no			
	 	 	• • • • • •

With a purpose to encourage Research in Orthopaedics in the fields of Basic Science, Clinical Research, Development / Innovations of Instruments, Implants, Technique etc., UPOA has decided to provide some financial grant to the projects submitted by UPOA members.

The brief introduction of guidelines as approved by executive committee of UPOA is as follows:

Amount of Grant and its distribution: No set limit. Committee will decide depending upon the project. The funds will be disbursed in two stages. 50% immediately after formalities of approval of project and rest after submission of final report.

Who can apply? Life member of UPOA residing and working in Uttar Pradesh.

How many projects can be approved in a year: No limit

Time frame : Expected to complete the project in 3 years. Extension may be granted on

valid reasons.

If beneficiary fails to complete the project or leaves the state permanently: He will return all the money received. He has to give an undertaking to this effect in writing.

Who will decide? Committee consisting of

- President
- President Elect
- Immediate Past President
- Secretary UPOA
- Chairman, UPOA Research Grant Committee
- Members, UPOA research grant committee 2

Submission of proposed project details along with Proforma is mandatory.









<u>Maximum Marks = 100</u>

1.	Post Graduate Qualifications in Orthopaedics	5 Marks
	Recognized Qualifications: MS (Orth.)/ D.N.B. (Orth).	(2 Marks Each)
	Other Qualifications / Degree: M.CH. ORTH. /FRCS/ PHD. ORTH.	(1 Mark Each)
2.	Experience	10 Marks
	Year After PG Qualifications 1 Mark Year	Maximum Marks 7
	Teaching Experience as Lecture / Asst. Professor Above 1 Mark per year	ar Maximum Marks 3
3.	Publications	20 Marks
Ι.	Indexed Journal / IJO	Maximum 15 Marks
As	s Main Author	5 Marks per Publications
As	s Co-author	3 Marks per Publications
11	. Books	Maximum 5 Marks
As	s Main Author	Per Book 5 Marks
As	s Associate Author	Per Book 2.5 Marks
As	Editor / Author of Monograph	Per Book 5 Marks
As	S Contributing Author	Per Book Chapter 2.5 Marks
As	s Co-author	Per Book Chapter 2.5 Marks
4.	Papers / Posters Presented Personally	10 Marks
	International Conferences Abroad	3 Marks Per Paper / Poster
	International Conferences in India / IOACON	2 Marks Per Paper / 1 Mark Per Poster
Su	ubspeciality / State Chapter Conferences	1 Mark Per Paper / ½ Mark Per Poster
5.	Guest Lectures / Lectures at CME / Workshops	8 Marks
	International Conferences Abroad	4 Marks Per Lecture
	International Conferences in India	4 Marks Per Lecture
	IOACON/ Subspeciality / State Chapter Conferences	2 Marks Per Lecture
6.	Research Projects Completed	7 Marks
	Funded By an International/National Agency, Government Organization	or University.
		3.5 Marks Per Completed Project
7.	Conferences Attended	5 Marks
	International Conferences Abroad	2 Marks Per Conference
	International Conferences in India / IOACON	1 Mark Per Conference
	Subspeciality / State Chapter Conferences	1/2 Mark Per Conference
8.	Organizational	5 Marks
	Convenor of Organizing Secretary of International or National Meeting	
	or Workshop / Office Bearer of National Organization.	2 Marks / Post Held
	Convenor or Organizing Secretary / State Level Meeting / Office Bearer	
	of National Organization.	1 Mark / Post Held
9.	Medals. Prizes and Awards in Orthopaedics	5 Marks
	IOA Medal. Prize or Award	2 Marks
	Subspeciality / University / National / International Organization / others	1 Mark Each
10.	Summarize in 150 words why your project should be considered for	
	Points to be checked while analyzing the attached project	
	a) Originality / Innovation	
	b) Publications from project submitted	
	c) Honesty	

- c) Honestyd) Eineneigl involu
- d) Financial involvement
- e) Scope and Usefulness to society

(Please attach the details of proposed project)







UPOA Fellowship Form

https://docs.google.com/forms/d/e/1FAIpQLSdHMHoCDpIoVuJGBk9KvImRFV74_ DrHwtFpT23knyxEEFx4LA/viewform?usp=pp_url

Fellowships	No. of fellowship Available	Tick the fellowship applied for
UPOA Travelling Fellowship	2	
UPOA Visiting Fellowship (1 Teaching: 1 Non-Teaching)	2	
Lucknow Pune Fellowship	2	
Varanasi Exchange Fellowship	1	
Ghaziabad International Fellowship (1 Teaching: 1 Non-Teaching)	2	
Ghaziabad National Fellowship (1 Teaching: 1 Non-Teaching)	2	
UPOA KGMU Paediatric Orthopaedics Fellowship	2	
UPOA KGMU Trauma Fellowship	2	

- Name
 Age / Date of Birth
 Designation
 Membership No. of UPOA
 Membership No. of IOA
- 6. Qualification

Degree	Year of Passing / College / University / Attempts
MBBS	
MS (Ortho) / D Ortho/DNB	







 Number of conferences attended (Attach List) UPCON / IOACON / International 	
 Number of papers personally presented at UPCON / IOACON / International (Attach List) 	
9. Number of articles published (Attach List with Title, name of journal, page number & year)	
10. Title of papers with abstract to be presented (only for visiting & Exchange Fellowship)	
11. Teaching / Service / practice experience	
12. Any other academic awards / activities / Related information	
Date	Signature
Date	Signature
Date	Signature
	Signature
	Signature Mobile
Address	
Address	
Address Phone Number Email	
Address Phone Number Email The last date for rece	
Address Phone Number Email The last date for received visit website www.upoa.net_for more	Mobile
Address Phone Number Email The last date for rece Visit website www.upoa.net_for mor Send your applications	Mobile eipt of application forms is 30 th July re details & download fellowship application form
Address	Mobile eipt of application forms is 30 th July re details & download fellowship application form forms will all relevant attachments to
Address	Mobile eipt of application forms is 30 th July re details & download fellowship application form forms will all relevant attachments to
Address	Mobile eipt of application forms is 30 th July re details & download fellowship application form forms will all relevant attachments to Santosh Singh nagar Extension Lucknow-226006









UPOA Membership Form

To,	
Dr. Santosh Singh,	
Hon. Secretary,	
U.P. Orthopaedic Association	
C-14, L-Road, Mahanagar Extension, Lucknow-226006	
Phone: 9415026189, 9918238999, 9415679511	
E-mail: <u>upoaoffice@gmail.com</u> , <u>orthosantosh@yahoo.co.in</u>	
Dear Sir,	
I wish to join as member of UPOA. I am enclosing herewith a DD/Cheque of Rs 4000.00 towards memb	ership as Life Member/ Rs.
500.00 as Associate Member towards corpus fund of UPOA.	
Name	
Date of BirthPAN No	
Address	

Qualification	Institution	University	Year of Passing
MBBS			
MS Ortho / D. Ortho			
DNB			
Present Status			

Membership No. IOA:

Payment Details

DD/Cheque No...... Drawn On...... Amount...... Date....... Date......

DD/Cheque in favour of UP ORTHOPAEDIC ASSOCIATION, payable at Lucknow

	Name	Signature	LM NO.
Proposed by			
Seconded by			

Date.....

Signature of Applicant

FOR OFFICIAL PURPOSE

Received by (Name)

Membership No. Allotted

Signature of Secretary UPOA







Indian Orthopaedic Association Membership

JOIN Indian Orthopaedic Association (IOA)

IOA Membership Benefits

- National and International Fellowships
- Mentorship programmes
- Hands on training programmes
- Cadaveric Workshops
- Indian Journal of Orthopaedics
- Guest nation at international meets
- Grants for research in Orthopaedics
- National conference presentations

https://ioaindia.org/



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