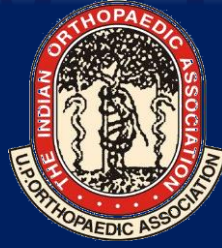


UPOA TIMES

**IOA PRESIDENT THEME:
HARMONISING HEARTS,
HEADS & HANDS TO HEAL**



**UPOA PRESIDENT THEME:
SURGICAL EXCELLENCE @
GRASSROOTS**

**News Letter of UP Orthopaedic Association
Registered Under the Societies Act 21/1860,
Reg. No 4893/ iv-22805
Issue 02 Vol. 24 (May 2024 – August 2024)**



UPOA SECRETARIAT:

Dr. Santosh Singh (MS Ortho)

Honorary Secretary – UP Orthopaedic Association

President Elect – Lucknow Orthopaedic Society

Head, Deptt. of Orthopaedics

Director ALYANTRA MEDICITY (Super Speciality Hospital)

Near RML Hospital, Opposite Aadhar Building, Vibhuti

Khand, Gomti Nagar, Lucknow

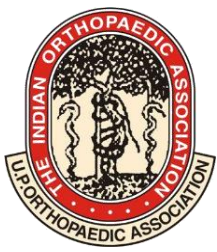
Secretariat Address- C-14, L- Road, Mahanagar Extension

Lucknow, UP, India -226006

Ph – 9918238999, 9415026189

UPOA Office No: 9415679511

www.upoa.net



UPOA EXECUTIVE COMMITTEE

2024 – 2025



Dr K.D. Tripathi
President UPOA



Dr Piyush Kumar Misra
President Elect, UPOA



Dr Santosh Singh
Secretary UPOA



Dr Anup Agrawal
Imm. Past President UPOA



Dr Ashutosh Agarwal
Vice President UPOA



Dr Amrit Goyal
Vice President UPOA



Dr Maneeshi Bansal
Treasurer UPOA



Dr C.P. Pal
Editor JBJD



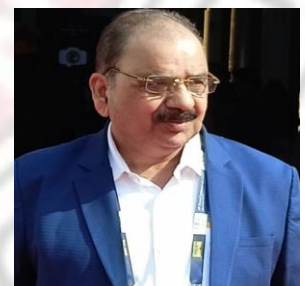
Dr Sanjiv Kumar
Quiz Master UPOA



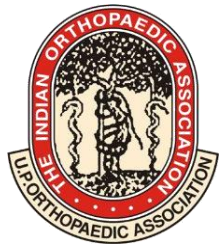
Dr Amit Mishra
Joint Secretary UPOA



Dr Shah Waliullah
Joint Secretary UPOA



Dr S.N. Pathak
Joint Secretary UPOA



UPOA EXECUTIVE COMMITTEE 2024 – 2025



Dr Ajeet Tiwari
Member Executive UPOA



Dr Imran Akhtar
Member Executive UPOA



Dr Shivam Sinha
Member Executive UPOA



Dr Raghavendra Tripathi
Member Executive UPOA



Dr Amit Jaiswal
Member Executive UPOA



Dr Akshat Chandra
Member Executive UPOA



Dr Rizwan Khan
Member Executive UPOA



Dr Rajat Kapoor
Member Executive UPOA



Dr Praveen Kumar
Member Executive UPOA

PRESIDENT ELECT IOA
Dr. Anup Agrawal

IOA REPRESENTATIVE
Dr. Apoorva Agrawal
Dr. Maneeshi Bansal



President's Message



Respected Members of the Uttar Pradesh Orthopaedic Association,

With profound humility and a deep sense of responsibility, I am honoured to assume the role of President of the Uttar Pradesh Orthopaedic Association. I extend my heartfelt gratitude to each of you for your trust and confidence in me. I also express my sincere thanks to the leadership of the Uttar Pradesh Orthopaedic Association and Indian Orthopaedic Association for their steadfast support and guidance.

Our vision, encapsulated in the theme of this year **"Surgical Excellence @ Grassroots"** underscores our commitment to advancing orthopaedic care in our state. I am dedicated to aligning our efforts with the broader goals of the orthopaedic fraternity to elevate the standard of orthopaedics in every part of Uttar Pradesh. I commend the tireless efforts of our predecessors, whose contributions have significantly shaped orthopaedic surgery in Uttar Pradesh. I feel privileged to follow in the footsteps of these stalwarts and pledge to uphold their legacy of excellence and service.

To all our esteemed members, I extend my sincere appreciation for your support and collaboration. Together, we possess the power to achieve remarkable feats and overcome challenges. Let us foster camaraderie that transcends boundaries and unites us in our mission to enhance orthopaedic care.

As we embark on this journey, I am committed to creating an environment conducive to continuous learning and growth. I intend to initiate programs to equip our members with the latest surgical skills and techniques, ensuring we remain at the forefront of orthopaedic advancements uniformly. In this endeavour I wish to reach out to the experienced surgeons, teachers and youngsters of all the medical colleges of our state for their help to disseminate the newer techniques at grassroots. This will not only benefit us as practitioners but also enhance the quality of care we provide to our patients. Furthermore, I envision establishing a platform for sharing surgical experiences among our members. Let us celebrate the successes of those who, despite constraints, deliver exceptional results. By sharing their experiences, we can collectively learn, adapt, and inspire one another to excel in our profession.

In conclusion, I stand before you as a humble servant of our esteemed association. Together, let us strive towards a future where orthopaedic care reaches every corner of our state, where knowledge knows no bounds, and where collaboration propels us to greater heights.

Long Live UPOA

**DR. K.D. TRIPATHI
PRESIDENT UPOA
PRAYAGRAJ**



Secretary's Message

Greetings from Lucknow. I will start by thanking the UPOA family for bestowing upon me the honour to serve as the secretary of UPOA. I will do my level best to serve UPOA with all truthfulness and dedication.

An academic association is judged by the quality of its scientific calendar. I would request all district orthopaedic clubs/societies to conduct symposia & workshops. Kindly conduct these events under the aegis of UPOA. This will enable greater participation as well as add points for UPOA as we compete for the coveted prize of best chapter of IOA. The executive of the UPOA will assist in whatever way possible and ensure that it is attended by one of the office bearers.

The rapidly growing internet highway has drastically transformed the learning mediums. One can easily find out whatever he needs to know, by simply browsing the internet, emailing or skyping someone. But that can never replace the full meaning of the philosophy to be enlightened. For that, meaningful discussion and face to face encounters are necessary. This can only be facilitated by academic associations like the UP Orthopaedic Association, who organise frequent scientific events for the benefit of their members.

The official programs of the UPOA shall be designed for interacting with the experts from every subspeciality. The aim will be to share and enhance knowledge on the latest international research and developments in the field of orthopaedic and for interaction among peers.

Through the dedicated commitment of our colleagues of the UPOA, our mission remains "to serve the profession, champion the interests of our patients, and advance the highest quality of musculoskeletal care." I hope that each of you will embrace this mission and become involved in your association. Support its programs; volunteer to serve on a committee; participate in initiatives that are important to you and to your patients. Only by becoming so engaged will you realize the full value of your membership.

Let us embark on this fruitful journey together, shoulder to shoulder, to share a common ideal and embrace a common goal..... to make UPOA the shining star of IOA.

DR. SANTOSH SINGH
SECRETARY UPOA
LUCKNOW



UPOA CITY CLUBS

2024 – 2025

City	President	Secretary
AGRA	Dr. A.K. Gupta drajaygupta0@gmail.com Mob- 9412257373	Dr. Rajendra Kumar Arora drkarora@yahoo.co.in Mob- 9837236946
ALIGARH	Dr. Deepak Kumar drdeepakkumarcool@gmail.com Mob- 9837012455	Dr. Keshav Gupta drkeshavgupta@gmail.com Mob- 9897198719
AYODHYA	Dr. Anil Kumar anil.renumemorial@gmail.com Mob- 9415048261	Dr. G. K. Pandey govindgkpandey@gmail.com Mob- 9415058337
BAREILLY	Dr. Vinod Pagrani drvinodpagrani@rediffmail.com Mob- 9412885815	Dr. Alok Sharma dr.aloksharmably.70@gmail.com Mob- 9837025380
BASTI	Dr. Satyandra Rai satyendra.rai19@gmail.com Mob- 9415037909	Dr. Sanjay Kumar Arora skarora08@rediffmail.com Mob- 9839887473
DEORIA	Dr. S. K. Anand santosh_anand15@rediffmail.com Mob- 9670225997	Dr. Mohd Arif arifmd4242@gmail.com Mob- 9598001123
FIROZABAD	Dr. Jagdish Mittal jmittal30@gmail.com Mob- 9897085050	Dr. Vipul Agarwal sarinaripul@yahoo.com Mob- 8171207989
GHAZIABAD	Dr. K.K. Mittal khtcgzb@hotmail.com Mob- 9910058845	Dr. Sharad Gupta dr.sharadgupta@yahoo.com Mob- 9818584365
GORAKHPUR	Dr. B.B. Tripathi drbbtripathi11@gmail.com Mob- 9721222336	Dr. Amit Mishra mishradramit@gmail.com Mob- 9415154480
HATHRAS	Dr. K.K. Varshney kamal16@gmail.com Mob- 9837107959	Dr. R.K. Singh kinkersinghram@gmail.com Mob- 9627193971
JHANSI	Dr. Sanjay Tripathi drsandita06@yahoo.com Mob- 9839777166	Dr. Mayank Bansal drmayankbansal@gmail.com Mob- 9415112411
KANPUR	Dr. Anoop Agrawal dranoopasha@gmail.com Mob- 9839112347	Dr. Chandan Kumar ck131980@gmail.com Mob- 9335313138



UPOA CITY CLUBS

2024 – 2025

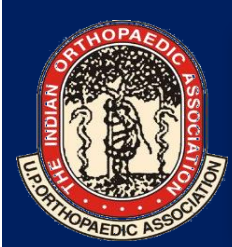
City	President	Secretary
LUCKNOW	Dr. G.P. Gupta gpgupta26@gmail.com Mob- 8052644444	Dr. Shailendra Singh shailendra81kgmc@gmail.com Mob- 9532081107
MEERUT	Dr. Rahul Nehra rahulnehra2001@yahoo.co.in Mob- 9837052678	
MORADABAD	Dr. Deepak Rastogi deepsanjeevan@gmail.com Mob- 9837053968	Dr. Akshat Goel Dr.akshat.goel@gmail.com Mob- 8057047400
MUZAFFAR NAGAR	Dr. Vinit Minocha m_vinit@hotmail.com Mob- 9897242355	Dr. Siddhartha Goel goelxrayofficial@gmail.com Mob- 9997040448
MATHURA	Dr. Nirvikalp Agrawal nirvikalp.aggarwal@gmail.com Mob- 9837472254	Dr. Praveen Goyal praveenkumargoyal@gmail.com Mob- 9761055000
PRAYAGRAJ	Dr. Murari Prasad Verma verma.murari21@gmail.com Mob- 9415214017	Dr. Anurag Agarwal dr.anurag.agrawal@gmail.com Mob- 8765433222
RAEBARELI	Dr. Anil Ahuja raebareliirthopaedicclub@gmail.com Mob- 9044191112	Dr. Suneel Kumar Verma raebareliirthopaedicclub@gmail.com Mob- 8574786642
SAIFAI	Dr. R.S. Yadav davalortho@gmail.com Mob- 9410045241	Dr. Ajay Kumar Rajput dr.ajayrajput@gmail.com Mob- 9582342414
SAHARANPUR	Dr. Shashi Kant Saini 24shashikant@gmail.com Mob- 9319388182	Dr. Mukunth Rajgopalan mukunth.delhi@gmail.com Mob- 9953567998
SULTANPUR	Dr. Siddiqui Qadeer Ahmed drqas2001@yahoo.co.in Mob- 9415046279	Dr. Amol Rebello dramol2002@gmail.com Mob- 9598473459
VARANASI	Dr. Karma Raj Singh omegaplushhospital@gmail.com Mob- 9506211111	Dr. Shivam Sinha shivamortho81@gmail.com Mob- 9453048787

www.upoa.net



Guidelines For The Official Academic Events of UPOA

1. The date & venue should be decided within a week and should be inform to UPOA Office earliest. So that it can be displayed on website.
2. The date should not coincide with other important official events of IOA and major festivals of UP.
3. A copy of the e-brochure should be sent to the UPOA Secretary for approval before it is circulated amongst the members. This is to ensure that all protocols are adhered too.
4. The event may not be organized under aegis of another association.
5. Flier should include- names of UPOA president, UPOA president elect and UPOA secretary with organising chairman and organising secretary, local club president and secretary.
6. The brochure should contain:
 - a. UPOA & Local City Club Emblem.
 - b. IOA President Theme (IOA Presidential Theme of year 2024 is- **HARMONISING HEARTS, HEADS & HANDS TO HEAL** should be mentioned.
 - c. UPOA Presidential Theme- **SURGICAL EXCELLENCE @ GRASSROOTS** it should be mentioned below IOA President Theme.
 - d. Names and Photos of UPOA President, President Elect & Secretary.
 - e. Scientific Programme
 - f. Local organizing committee
 - g. Office bearers of the local orthopaedic club
7. All members of UPOA should be informed by electronic media: Email, SMS, WhatsApp, & social media at least 4 weeks prior to the event.
8. The President, President Elect and Secretary UPOA should be invited well in advance and their stay and local hospitality should be taken care of by the organisers.
9. In-Case the President / Secretary are unable to attend, they will nominate either the President Elect or one of the Vice President/ any other office bearers of UPOA to deputize of their behalf. In such a scenario, the nominated officer shall be offered the same hospitality and position on the dais as the UPOA President/ Secretary.
10. INAUGURAL FUNCTION PROTOCOL (if any clarification call UPOA Secretary)
 - i. The inaugural function should preferably finish in 30 minutes.
 - ii. The function shall be presided by the President of the U.P. Orthopaedic Association
 - iii. Persons of eminence in the field of Orthopaedics should preferably be invited as the guest of honour.
 - iv. President IOA / President Elect IOA / Vice President IOA / Secretary IOA (in preferential order) may be invited as Chief guest.



Guidelines For The Official Academic Events of UPOA

- v. Not more than 9 persons will be on dais during the inaugural function. The President, Chief Guest, Guest of honour, President Elect, Secretary, Organising Chairman, Organising Secretary and President & Secretary of Local Orthopaedic Club should be on dais during the inaugural function.
- vi. The dais may be expanded to 11 persons in the extra-ordinary circumstances if the event is being held in a educational institution to accommodate the appropriate university / college dignitaries.
- vii. The first row in the conference hall during the event shall be reserved to the Dignitaries.
- viii. Master of the Ceremony should be nominated by the organising secretary to conduct the inaugural function.
- ix. Master of ceremony will conduct the inaugural function in following order.
 - a. Invocation- president UPOA, chief guest, guest of honour, president elect UPOA, secretary UPOA, president and secretary of local orthopaedic club, organising chairman and organising secretary.
 - b. Lighting of Lamp
 - c. Welcome Address by Organising Chairman.
 - d. UPOA Secretary's report/speech.
 - e. UPOA Presidential address
 - f. Guest of Honour's address
 - g. Address by chief guest
 - h. Vote of Thanks by organising Secretary
 - i. National Anthem.

11. Event contribution to UPOA will be minimum 8% of total collection of registration and sponsorship charges (to be collected on behalf of the course).

12. Details of Bank Account of UPOA

Account Name: U.P. Orthopaedic Association

Bank: State Bank Of India

Account No: 30323729681

Branch: Lucknow Main Branch

Tarawali Kothi, Moti mahal Marg, Hazratganj, Lucknow :226001

IFSC: SBIN0000125



Guidelines For The Official Academic Events of UPOA

13. Report with photographs to be sent to secretary within 15 days of the event.

Short Report for UPOA Times – in following headings preferably, within 15 days

1. Program name
2. Date And Venue
3. Number of Delegates
4. Name of Chief Guest
5. Name of guest of honour
6. Any award given
7. Special invitivities
8. Any Remarks
9. Few Photos

14. Certificates (Delegates and Faculty) should:

- a. Have logo of UPOA
- b. Be signed by President and Secretary UPOA, org chairman and org secretary.

15. Banner should have logo of UPOA

16. The organizing secretary should be present in the Inaugural Function of the subsequent UPORHTHOCAN, to receive the certificate of appreciation.

17. Faculty selection should be done in consultation with scientific committee and UPOA Officials, do not commit to any faculty without UPOA approval. For faculty selection encourage members of UPOA.

18. Outside UP faculty should not be more than 50%.

19. Apply for MCI accreditation points.

20. MTS Audited Report should be present in Next UPORHTHOCAN and Audited Report of UPORHTHOCAN should be presented in next MTS by the Organising Secretary (or by the Organising Chairman).

21. Any other information will be send you time to time as decided by EC.

Dr K.D. Tripathi

UPOA President

Dr Santosh Singh

UPOA Secretary



GUIDELINES FOR THE ACADEMIC EVENTS TO BE CONDUCTED UNDER THE AEGIS OF UPOA

1. The said event should be organized with the involvement and approval of the local city club / society.
2. The Organizing Secretary must obtain, through an email, prior permission from the UPOA Secretary, at least a month before the event to ensure the availability of office bearers.
3. The dates should not coincide with other important official events of the IOA and UPOA.
4. A copy of the e-brochure should be sent to the UPOA Secretary for approval before it is circulated amongst the members. This is to ensure that all protocols are adhered to.
5. The event may not be organized under aegis of another association in addition to the UPOA (may be associated with other associations).
6. Flier should include- names of UPOA president, president elect and secretary with organising chairman and organising secretary, local club president and secretary.
7. The brochure should contain:
 - a. UPOA & Local City Club Emblem.
 - b. IOA President Theme (IOA Presidential Theme of year 2024 is- **HARMONISING HEARTS, HEADS & HANDS TO HEAL** should be mentioned.
 - c. UPOA Presidential Theme- **SURGICAL EXCELLENCE @ GRASSROOTS** it should be mentioned below IOA President Theme.
 - d. Under the aegis of U.P. Orthopaedic Association written prominently (Below the title of program).
 - e. Names and Photos of UPOA President, President Elect & Secretary.
 - f. Scientific Programme
 - g. Local organizing committee
 - h. Office bearers of the local orthopaedic club
8. All members of UPOA should be informed by electronic media: Email, SMS, WhatsApp, & social media at least 2 weeks prior to the event.
9. The President and Secretary UPOA should be invited well in advance and their stay and local hospitality should be taken care of by the organisers.
10. In-Case the President / Secretary are unable to attend, they will nominate either the President Elect or one of the Vice President/ any other office bearers of UPOA to deputize of their behalf. In such a scenario, the nominated officer shall be offered the same hospitality and position on the dais as the UPOA President/ Secretary.



GUIDELINES FOR THE ACADEMIC EVENTS TO BE CONDUCTED UNDER THE AEGIS OF UPOA

11. INAUGURAL FUNCTION PROTOCOL (if any clarification call UPOA Secretary)

- i. The inaugural function should preferably finish in 30 minutes.
- ii. The function shall be presided by the President of the U.P. Orthopaedic Association
- iii. Persons of eminence in the field of Orthopaedics should preferably be invited as the chief guest to inaugurate the conference.
- iv. President IOA / Secretary IOA / Vice President IOA (in preferential order) should be/may be invited as guest of honour.
- v. Not more than 9 persons will be on dais during the inaugural function. The President, Chief Guest, Guest of honour, President Elect, Secretary, Organising Chairman, Organising Secretary and President & Secretary of Local Orthopaedic Club should be on dais during the inaugural function.
- vi. The dais may be expanded to 11 persons in the extra-ordinary circumstances if the event is being held in a educational institution to accommodate the appropriate university / college dignitaries.
- vii. The first row in the conference hall during the event shall be reserved to the Dignitaries.
- viii. Master of the Ceremony should be nominated by the organising secretary to conduct the inaugural function.
- ix. Master of ceremony will conduct the inaugural function in following order.
 - a. Invocation- president UPOA, chief guest, guest of honour, president elect UPOA, secretary UPOA, president and secretary of local orthopaedic club, organising chairman and organising secretary.
 - b. Lighting of Lamp
 - c. Welcome Address by Chairman organising committee.
 - d. Secretary's report/speech.
 - e. Presidential address
 - f. Guest of Honour's address
 - g. Address by chief guest
 - h. Vote of Thanks by organising Secretary
 - i. National Anthem.



GUIDELINES FOR THE ACADEMIC EVENTS TO BE CONDUCTED UNDER THE AEGIS OF UPOA

12. A compulsory contribution of Rs 5000 shall be made to the UPOA before the event or Cheque/ DD is handover to who so ever will attend from UPOA office (or can do online transfer).

Details of Bank Account of UPOA

Account Name: U.P. Orthopaedic Association

Bank: State Bank of India

Account No: 30323729681

Branch: Lucknow Main Branch

Tarawali Kothi, Moti mahal Marg, Hazratganj, Lucknow :226001

IFSC: SBIN0000125

13. Report with photographs to be sent to secretary within 15 days of the event.

Short Report for UPOA Times – in following headings preferably, within 15 days

- i. Program name
- ii. Date And Venue
- iii. Number of Delegates
- iv. Name of Chief Guest
- v. Name of guest of honour
- vi. Any award given
- vii. Special invitees
- viii. Any Remarks
- ix. Few Photos

14. Certificates (Delegates and Faculty) should:

- a. Have logo of UPOA and mentioned under the aegis of U.P. Orthopaedic Association prominently.
- b. Be signed by President and Secretary UPOA, president and secretary of local orthopaedic club, org chairman and org secretary.

15. Banner should have logo of UPOA and mentioned under the aegis of U.P. Orthopaedic Association prominently.

16. The organizing secretary should be present in the GBM of the subsequent UPORHOCAN, to receive the certificate of appreciation.

17. Faculty selection should encourage members of UPOA.

18. Apply for MCI accreditation points.

Dr K.D. Tripathi

UPOA President

Dr Santosh Singh

UPOA Secretary



CATEGORIES FOR City Club Awards

Award	Eligible City Club	
1. Dr K.P. Srivastava Trophy	Above 75 members (7)	
	Agra (153)	Kanpur (143)
	Lucknow (341)	Varanasi (137)
	Ghaziabad (104)	Prayagraj (104)
	Meerut (87)	
2. Dr M.K. Goel Trophy	51 to 75 members (3)	
	Aligarh (74)	Gorakhpur (75)
	Bareilly (55)	
3. Dhanendra Prasad Bhagwati Devi Trophy	26 to 50 members (3)	
	Moradabad (28)	Jhansi (37)
		Muzaffarnagar (27)
4. UPOA Trophy	1 to 25 members (10)	
	Basti (12)	Deoria (17)
	Saifai (24)	Ayodhya (15)
	Hathras (10)	Mathura (25)
	Saharanpur (24)	Sultanpur (17)
	Raibareilly (20)	Firozabad (21)

CRITERIA FOR BEST CITY CLUB AWARDS

CITY CLUB AWARDS

ACTIVITIES FROM 1 JANUARY 2024 TILL 31 DECEMBER 2024

(REPORT TO BE SUBMITTED by 05 January 2025 ,5.00 PM)

Name of City:

Name of President:

Phone No:

Email:

Name of Secretary:

Phone No:

Email:

Total No of members in City Chapter:

Total No of UPOA members in City Chapter:

Total No of IOA members in City Chapter:

Kindly tick for the category for which you are eligible

Dr K.P. Srivastava Trophy (>75)	Dr M.K. Goel Trophy (51-75)	
Dhanendra Prasad Bhagwati Devi Mem. Trophy (26-50)	UPOA Trophy (<25)	

	Membership		30	Numbers added	Marks
A	Increase in number of members of UPOA	1 point for every new member	10		
B	Increase in number of members of IOA	2 points for every new member	20		

C	Academic Activities organised by the club (Name with number of delegates attach as pdf in seperate zip file)	55	No of activities	Marks
1	National Conference (IOACON)	15		
2	UPORTHOCON / National Conference of Sub -speciality Group of IOA	10		
3	Mid Term Symposium	6		
4	UPOA official courses	4		
5	Under the aegis of UPOA - Instructional Courses / CME / Hands on Workshop (2 point per programme)	10		
6	PG Course	4		
7	Clinical club Meetings - 0.5 points for each meeting	6		

D	Academic achievement of Members of the club (National & International)	30	No of Lectures	Marks
1	Guest lecture in National & International Conferences - 2 point per presentation	10		
2	Guest lecture in UPORTHOCON - 1 point per presentation	4		
3	Paper presentation in National & International Conference -1 point per presentation	4		
4	Paper presentation in UPORTHOCON - 0.5 point per presentation	2		
5	Awards & honours from orthopaedics societies	2		
6	Elections to higher posts in either IOA or other National/International association (P/S=2; VP/E/T=1, E=0.5)	4		
7	Inventions (techniques, instruments, implants)	2		
8	Academic Literature (writing, editing, translating)	2		

		35	
E	Regular Election of Office Bearers (Reporting of Activities to Secretary UPOA)	6	
F	Bone & Joint Day Activities	25	
G	Chapter contribution to UPOA (5000-20000 Rs = 2 points)	4	

TOTAL MARKS OBTAINED:

NOTE:

1. Total Maximum Marks are **150**
2. To be eligible for the Award, the City chapter must have submitted its annual report for the on time (by 05th January 2025, 5.00 pm)
3. While computing points if the figure is not in round figures, then the next higher digit should be awarded, say 1.5 should be counted as 2
4. Please Fill the above form and send to upoaoffice@gmail.com as separate sheet
5. Send proof of all activities as attachments marked as A, B, C1, C2 or D1, D2 and so on and send all attachments as Zip file at upoaoffice@gmail.com.

Signature

Secretary City Chapter



UPOA EVENTS HELD

1. 03rd KGMU PGICL 2024, Lucknow, 11th – 12th May 2024, Org. Sec.: Dr.

Shah Waliullah.

2. Symposium on Foot & Ankle, Agra, 02nd June 2024, Org. Sec.: Dr.

Amrit Goyal.

3. UPOA Special Course 2024, Agra, 27th-28th July 2024, Org. Sec.: Dr.

Brijesh Sharma & Dr. Rajat Kapoor.

4. KGMU Arthroscopy Conclave, Lucknow, 03th – 04th August 2024, Org.

Sec.: Dr. Kumar Shantanu.

5. ICOR – IORACON 2024, Varanasi, 10th – 11th August 2024, Org. Sec.:

Dr. K.P. Jaiswal.

6. Hand & Wrist Course 2024, Bareilly, 24th – 25th August 2024, Org.

Sec.: Dr. Vinod Pagrani.

7. UPOA Arthroplasty Course 2024, Lucknow, 01st September 2024,

Org. Sec.: Dr. Mayank Mahendra & Dr. Sanjiv Kumar.

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UPOA FORTHCOMING EVENTS

- 1. UPOA MID Term Symposium 2024, Gorakhpur, 08th September 2024, Org. Sec.: Dr. Atil Kumar Lal.**
- 2. Knee 360, Varanasi, 15th September 2024, Org. Sec.: Dr. Amit Jaiswal.**
- 3. 5th KGMU Spine Conclave – 2024, Lucknow, 28th September 2024, Org. Sec.: Dr. Shah Waliullah.**
- 4. UPOA Trauma Course 2024, Ayodhya, 13th October 2024, Org. Sec.: Dr. Surya Mani Dwivedi.**
- 5. UPOA PGIICL 2024, Saifai, 16th – 17th November 2024, Org. Sec.: Dr. Harish Kumar.**
- 6. UPOA e-PGCON 2025, Meerut, January 2025, Org. Sec.: Dr. Kritesh Mishra.**
- 7. 49th UPORHOCAN 2025, Ghaziabad, 07th – 09th February 2025, Org. Sec.: Dr. Rizwan Khan.**

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03rd KGMU PGICL 2024



3rd KGMU PGICL 2024

(Under the aegis of UPOA)

CASE BASED DISCUSSIONS
11, 12 MAY, 2024

- Long Cases
- Short Cases
- Orthosis & Prosthesis
- Implants
- X Rays

Organised by
Dept. of Orthopaedic Surgery
King George's Medical University, Lucknow

Venue
8th floor, Auditorium, Shatabdi Hospital, phase II, KGMU
Lucknow



LUCKNOW



Symposium on Foot & Ankle



- Program name – SYMPOSIUM ON FOOT & ANKLE**
Organising Chairman – DR. ARUN KAPOOR
Organising Secretary- DR. AMRIT GOYAL
- Date and Venue - 02/06/2024, & HOTE ROYAL SAROVAR, FATHEHABAD ROAD, AGRA**
- Number of Delegates – 100**
- Name of Chief Guest - DR. S.C. GOEL, PRESIDENT OASAC.**
- Name of guest of honour - DR. ATUL SRIVASTAVA**
- Any award given – Celebrate Installation Day of Agra Orthopaedic Society**
- Special Invites – Dr. KAMAL DUREJA, DR. ANUJ CHAWLA DR. INDERJIT SINGH"**
- Any Remarks – Attended by 100 delegates from New Delhi, Saifai, Mainpuri, Hathras, Mathura, Etawah, Firozabad, Kannauj, Lucknow, and nearby areas, & Virtually connected from London U.K.**



करें व्यायाम, खूब पैदल चलें... भागेगा घुटने-एडी का दर्द

वजन बढ़ने से पैरों का लचीलापन, दबाव से तलवों की गोलाई हो रही प्रभावित

माई सिटी रिपोर्टर

आपना। बढ़ता वजन लोगों के पैरों का लचीलापन कम कर रहा है। दबाव पड़ने से पैरों को गोलाई प्रभावित हो रही है, इसके सफट होने से पैर घुटने, एडी, कमर और मांसपेशियों में दर्द हो रहा है। गतिव्य भी जल्दी हो रहा है।

फ़तेहवाड़ रोड स्थित होटल में रविवार को अग्रा ऑर्थोपैडिक सोसाइटी की एक दिवसीय कार्यशाळा में विशेषज्ञों ने युवाओं में बढ़ते इस परेशानी पर चिंतन जताई। कहा गया कि व्ययाम, खूब पैदल चलकर और खाने-पीने में संयम रखकर इस समस्या को रोकना जा सकता है।

सोसाइटी अध्यक्ष डॉ. अरुण कपूर ने बताया कि फ़ास्ट फूड और वजन बढ़ने से युवाओं का वजन बढ़ रहा है। वजन बढ़ने से पैरों का लचीलापन प्रभावित हो रहा है। जब जितना सफट होगा, एडी, पैर, घुटने, कमर का दर्द बढ़ेगा। इनमें गतिव्य मजबूत भी 10-15 साल पहले बन जाती है। हड्डी गीला किलोसो के पास आने वाले 50-55 फीसदी में ये परेशानी मिल रही है, इनमें 20-45 की उम्र के अधिक है। एस्पन के हड्डी रोग विभागाध्यक्ष डॉ. अमृत गोयल ने बताया कि पैरों के टेढ़ापन

सूचना को भी परेशानी मिल रही है। दिल्ली के डॉ. अरुण कपूर, डॉ. कमल दुर्जा और फतेहवाड़ के डॉ. इंदरजित सारवा ने टिप्पणी की। एडी के ऑपरेशन को नई तकनीकी सफटों, मुख्य अतिथि डॉ. एससी गोयल ने मोटरों से हड्डी गीला होने का खतरा बढ़ने की जानकारी दी।

विशेष अतिथि डॉ. अतुल श्रीवास्तव और डॉ. संतोष सिंह ने युवाओं को रिटर्नस सुधारने पर जोर दिया।

सचिव डॉ. जंकी मोहनिया, डॉ. संजय धवन, डॉ. अरुण सारवा, डॉ. मीने पाण्डे, डॉ. एससी साहू, डॉ. हरिण चंद्र, डॉ. केके शूभा, डॉ. संजय चतुर्वेदी, डॉ. बृजेश शर्मा, डॉ. रात कपूर, डॉ. केएस दिनेश, डॉ. विक्रम मिश्र, डॉ. अनुप गुप्ता आदि मौजूद रहे।

इनका रखे। खयाल

- वजन न बढ़ने दे, सफट फूड को मत न लगाई। नियमित सुख को धुन लें।
- फुटबल और धम-पैदल चलें। खाने-पीने में संयम रखें।
- विशेषज्ञों से सलाह लें।
- कोटे एडी के लिए पैदल चलने को अंतर बनाने। खतरा पैर कम न दें।
- देने पैरों के जंजे लकवा व्यायाम नियमित करें।
- कुर्सी पर बैठकर पैरों को ऊपर-नीचे करें। इससे मोटरों को मजबूत होवे।

अग्रा ऑर्थोपैडिक सोसाइटी की कार्यशाळा में शामिल चिकित्सक। अंत:सूचना



UPOA Special Course 2024



1. Program name – 10th UPOA SPECIAL COURSE 2024

Organising Chairman – DR. AMRIT GOYAL

Organising Secretary- DR. BRIJESH SHARAM DR. RAJAT KAPOOR

2. Date and Venue – 27/07/2024 & 28/07/2024, 1ST FLOOR NEW SURGERY BUILDING, S. N.

MEDICAL COLLEGE, AGRA

3. Number of Delegates – 150

4. Name of Chief Guest - DR. PRASHANT GUPTA, DEAN AND PRINCIPAL, SNMC AGRA.

5. Name of guest of honour - DR. ATUL SRIVASTAVA & DR. DEEPAK JOSHI

6. Special Invites – DR. RAJEEV RAMAN, DR. PRATEEK GUPTA, DR. MANINT ARORA, DR. RAVI MITTAL, DR. ARUNIM SWAROOP, DR. JASWANT."

7. Any Remarks – It was a cadaveric course which was attended by 150 delegates including PG students from, Saifai, Mainpuri, Hathras, Mathura, Etawah, Firozabad, Kannauj, Lucknow, Chandigarh, Delhi and nearby areas.



UPOA Special Course 2024



ऑर्थोपेडिक एसोसिएशन से प्रदत्त 10वीं यूपीओए स्पेशल कोर्स के अंतर्गत एक कैडबरी वर्कशॉप का आयोजन किया

दैनिक विजयनगर टुडे यूपीन खान आगरा

आगरा। आगरा के यूनिवर्सिटी ऑफ मेडिकल साइंसेज और मेडिकल कॉलेज के 27 एवं 28 जुलाई 2024 को आगरा ऑर्थोपेडिक सोसाइटी एवं एएफ ऑर्थोपेडिक सोसाइटी के सहयोग से विभाग द्वारा उत्तर प्रदेश ऑर्थोपेडिक एसोसिएशन से प्रदत्त 10वीं यूपीओए स्पेशल कोर्स के अंतर्गत एक कैडबरी वर्कशॉप का आयोजन किया जा रहा है।

27/07/24 को यूनिवर्सिटी ऑफ मेडिकल साइंसेज के प्राचार्य प्रमोद गुप्ता द्वारा उद्घाटन किया जाएगा। इस कार्यक्रम में प्राथमिक एवं उच्च स्तर के चिकित्सकों एवं चिकित्सक-अभ्यासियों का शामिल किया जाएगा।

इस कार्यक्रम का आयोजन आगरा ऑर्थोपेडिक सोसाइटी एवं एएफ ऑर्थोपेडिक सोसाइटी के सहयोग से किया जा रहा है।

कैल्शियम की कमी से 50 की उम्र में बूढ़ी हुई हड्डियां

उम्र से 15-20 साल पहले खोखली और टेढ़ीमेढ़ी हो रही हड्डियां, अस्थिमज्जा की भी कमी का इलाज करें

आगरा। डॉ. प्रदीप-कैल्शियम कमी आज एक बड़ी कमी है जो कि हड्डियों को बूढ़ी करती है। एएफ ऑर्थोपेडिक सोसाइटी के अध्यक्ष डॉ. अशोक कुमार ने बताया कि 50 की उम्र में हड्डियों में कैल्शियम की कमी से हड्डियां खोखली और टेढ़ीमेढ़ी हो जाती हैं।

डॉ. अशोक कुमार ने बताया कि 50 की उम्र में हड्डियों में कैल्शियम की कमी से हड्डियां खोखली और टेढ़ीमेढ़ी हो जाती हैं।



KGMU ARTHROSCOPY CONCLAVE 2024



Annual Meet of
Arthroscopy Association Uttar Pradesh
Under Aegis of Indian Arthroscopy Society
In association with U.P. Orthopaedic Association & LOS
Department of Orthopaedics, & Department of Anatomy, K.G.M.U.

K.G.M.U. ARTHROSCOPY CONCLAVE 7th KNEE & SHOULDER CADAVERIC WORKSHOP

Theme : "Massive Cuff Tears-Repair & Beyond"

**3rd & 4th
August
2024**



**6 MCI
CREDIT
POINTS**

Venue

Atal Bihari Vajpayee
Scientific Convention Centre &
Department of Anatomy, K.G.M.U.

- 🔗 Live Cadaveric Demonstration
- 🔗 Panel Discussion
- 🔗 Product Workshop
- 🔗 Re-live Surgeries
- 🔗 Cadaveric Arthroscopy Workshop
- 🔗 Hands-on Saw Bone Workshop



ICOR – IORACON 2024



Reg. No. 2477-2008-2009

INDIAN ORTHOPAEDIC RHEUMATOLOGY ASSOCIATION CONFERENCE (ICOR-IORACON-2024)

10th to 11th August 2024, Varanasi

Prof. Rajesh Gupta
President

Prof. S. Lahkar
Past President

Prof. Chinmoy Das
Secretary General

Dr. Gautam Chakravarty
Organizing Chairman

Dr. Ajit Sahgal
Organizing President

Dr. K.P. Jaiswal
Organizing Secretary

Dr. Ashutosh Agrawal
Organizing Treasurer

Ref. No.

THE SECRETARY,

Date

President Elect
Dr. AN Mukherjee
Advisor (Sc Board) IORA
Prof. S.S. Jha
Founder, Advisor, IORA
Prof. Manish Khanna
Vice President
Dr. Alok Agrawal

Member of Executive
Committee

Prof. Sanjay Keshkar
Prof. Alok C Agrawal
Prof. A.K.Pal
Dr. K P Jaiswal
Dr. Madhan Jeyaraman

Associate Editor

Prof. Sanjay Keshkar
Joint Secretaries
Prof. Partha Sarathi Sarkar
Dr. Rameshwar Gupta

IORA Online Teaching

Dr. Swamendu Samanta
(Convener)

IORA Hand & Wrist
Sub-committee

Dr. Pankaj Jindal
(Convener)
Dr. Madhan Jeyaraman
(Co-convener)

IORA Spine Sub-committee

Prof. Partha Sarathi Sarkar
(Convener)

U P ORTHOPAEDIC ASSOCIATION (UPOA)

LUCKNOW

Dear Sir,

A very warm regards to you for your wonderful support for the IORACON 2024, with the active presence of President UPOA with his deliberations and advices at crucial junctures. I am herewith submitting the summarized report for UPOA times and for your information

- 1) PROGRAMME NAME : IORACON 2024(14th Biennial International Conference of Orthopaedic Rheumatology)
- 2) Date & Venue : 10th & 11th August, 2024 at Hotel Surya Kaiser Palace Varanasi
- 3) Number of Delegates : 121
- 4) Name of Chief Guest : Dr Ram Chadda, President ,Indian Orthopaedic Association
- 5) Guest of Honour : Dr S. Chandrasekhar, President , Indian Rheumatology Association
- 6) Any Award Given : IORA GOLD MEDAL Paper Presentation & Best Poster Presentation
- 7) Special Invitee : Dr Sairam Alturi USA

Dr Dibakar Sarkar, Bangladesh

Dr Issam Mardani, Dubai

- 8) Any Remark : This conference is organised with a theme on Orthopaedic Rheumatology. As we Orthopaedic surgeons deals with lots of rheumatology patients, so we need to update ourselves with day to day recent progress in rheumatology. As first hand all joint pain patients consult us , and we many times refer them to rheumatologist. As we somehow lost the many spine surgery case to Neurosurgeons, similarly the rheumatology cases also we are losing. Attending these conferences and becoming member we will get legal protection also in dealing these patients of rheumatology with recent knowledge.I am enclosing few photographs of the conference.

Thanking You once again

(DR K P Jaiswal)

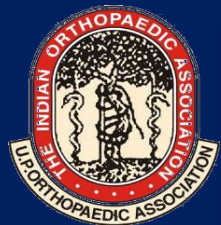
Organising Secretary IORACON,2024

OFFICE CONFERENCE :
Holy City Hospital & Trauma Centre
Srinagar Colony, Aktha Paharia, Varanasi-221007
Mob.No. : 9415336626



ICOR – IORACON 2024





HAND & WRIST COURSE 2024



- 1. Program name:** HAND & WRIST COURSE 2024 Under the aegis of IOA & UPOA
- 2. Date and Venue:-** 24TH & 25TH AUGUST 2024, ROHILKHDICAL MEDICAL COLLEGE & HOSPITAL, BAREILLY(U.P.)
- 3. Number of Delegates :** 145
- 4. Name of Chief Guest:** DR. RAGHVENDRA SHARMA
- 5. Name of guest of honour :** DR KESHAV AGRAWAL, DR ASHOK AGARWAL
- 6. Special invites :** DR.PANKAJ JINADL, DR. PRAKASH P. KOTWAL, DR. K.D. TRIPATHI, DR.PIYUSH KUMAR MISRA, DR. SANTOSH SINGH, DR. AJEET TIWARI, DR. VIKAS GUPTA, DR. ALOK JI, DR PUNEET AGARWAL, DR. ANANT JAIN.





HAND & WRIST COURSE 2024





UPOA ARTHROPLASTY COURSE 2024



1. Program name – 10th UPOA ARTHROPLASTY COURSE 2024

Organising Chairman – PROF. ASHISH KUMAR

Organising Secretary- DR. SANJIV KUMAR & DR. MAYANK MAHENDRA

2. Date and Venue – 1ST SEPTEMBER 2024, HOTEL CLARKS AVADH, LUCKNOW

3. Number of Delegates – 200

4. Name of Chief Guest - DR. ANUP AGRAWAL, PRESIDENT-ELECT IOA

5. Name of guest of honour - DR AJAY SINGH, EXECUTIVE DIRECTOR, AIIMS BHOPAL

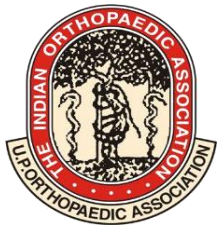
6. Special Invites – DR RAMESH SEN, DR CS YADAV, DR VIJAY KUMAR, DR DEBARATA PADHY, DR SUDEEP KUMAR, DR ARVIND RAWAL.

7. Any Remarks – ALL THE ESTEEMED ARTHROPLASTY SURGEONS OF UTTAR PRADESH ALONG OUR PATRONS SUCH AS PROF. U K JAIN, PROF. O P SINGH, PROF. G K SINGH AND FEW WITH VERY SENIOR MEMBERS OF UPOA SUCH AS DR A S PRASAD, DR A K AGARWAL, DR SANJAY KUMAR SRIVASTAVA, DR SHUBH MEHROTRA, DR KAPIL KULSHRESHTHA, AND MANY MORE GRACED THE OCCASION.



UPOA ARTHROPLASTY COURSE 2024





RESEARCH GRANT CRITERIA

PROFORMA ASSESSMENT OF RESEARCH PROJECT FOR AWARD OF UPOA RESEARCH GRANT

Name of Applicant

Address

Present designation

Email id

Mobile no.

UPOA membership no.

IOA membership no.

With a purpose to encourage Research in Orthopaedics in the fields of Basic Science, Clinical Research, Development / Innovations of Instruments, Implants, Technique etc., UPOA has decided to provide some financial grant to the projects submitted by UPOA members.

The brief introduction of guidelines as approved by executive committee of UPOA is as follows:

Amount of Grant and its distribution: No set limit. Committee will decide depending upon the project. The funds will be disbursed in two stages. 50% immediately after formalities of approval of project and rest after submission of final report.

Who can apply? Life member of UPOA residing and working in Uttar Pradesh.

How many projects can be approved in a year: No limit

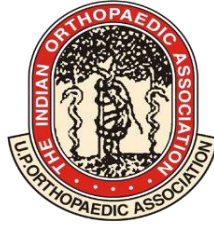
Time frame : Expected to complete the project in 3 years. Extension may be granted on valid reasons.

If beneficiary fails to complete the project or leaves the state permanently: He will return all the money received. He has to give an undertaking to this effect in writing.

Who will decide? Committee consisting of

- ◆ President
- ◆ President Elect
- ◆ Immediate Past President
- ◆ Secretary UPOA
- ◆ Chairman, UPOA Research Grant Committee
- ◆ Members, UPOA research grant committee – 2

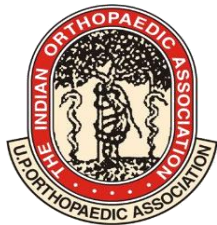
Submission of proposed project details along with Proforma is mandatory.



Maximum Marks = 100

- 1. Post Graduate Qualifications in Orthopaedics** **5 Marks**
Recognized Qualifications: MS (Orth.)/ D.N.B. (Orth). (2 Marks Each)
Other Qualifications / Degree: M.CH. ORTH. /FRCS/ PHD. ORTH. (1 Mark Each)
- 2. Experience** **10 Marks**
Year After PG Qualifications 1 Mark Year Maximum Marks 7
Teaching Experience as Lecture / Asst. Professor Above 1 Mark per year Maximum Marks 3
- 3. Publications** **20 Marks**
 - I. Indexed Journal / IJO** Maximum 15 Marks
As Main Author 5 Marks per Publications
As Co-author 3 Marks per Publications
 - 11. Books** Maximum 5 Marks
As Main Author Per Book 5 Marks
As Associate Author Per Book 2.5 Marks
As Editor / Author of Monograph Per Book 5 Marks
As Contributing Author Per Book Chapter 2.5 Marks
As Co-author Per Book Chapter 2.5 Marks
- 4. Papers / Posters Presented Personally** **10 Marks**
International Conferences Abroad 3 Marks Per Paper / Poster
International Conferences in India / IOACON 2 Marks Per Paper / 1 Mark Per Poster
Subspeciality / State Chapter Conferences 1 Mark Per Paper / ½ Mark Per Poster
- 5. Guest Lectures / Lectures at CME / Workshops** **8 Marks**
International Conferences Abroad 4 Marks Per Lecture
International Conferences in India 4 Marks Per Lecture
IOACON/ Subspeciality / State Chapter Conferences 2 Marks Per Lecture
- 6. Research Projects Completed** **7 Marks**
Funded By an International/National Agency, Government Organization or University. 3.5 Marks Per Completed Project
- 7. Conferences Attended** **5 Marks**
International Conferences Abroad 2 Marks Per Conference
International Conferences in India / IOACON 1 Mark Per Conference
Subspeciality / State Chapter Conferences ½ Mark Per Conference
- 8. Organizational** **5 Marks**
Convenor of Organizing Secretary of International or National Meeting or Workshop / Office Bearer of National Organization. 2 Marks / Post Held
Convenor or Organizing Secretary / State Level Meeting / Office Bearer of National Organization. 1 Mark / Post Held
- 9. Medals, Prizes and Awards in Orthopaedics** **5 Marks**
IOA Medal, Prize or Award 2 Marks
Subspeciality / University / National / International Organization / others 1 Mark Each
- 10. Summarize in 150 words why your project should be considered for research Grant?** **25 Marks**
Points to be checked while analyzing the attached project
 - a) Originality / Innovation
 - b) Publications from project submitted
 - c) Honesty
 - d) Financial involvement
 - e) Scope and Usefulness to society

(Please attach the details of proposed project)



UPOA Fellowship Form

Fellowship Form

https://docs.google.com/forms/d/e/1FAIpQLSdHMHoCDploVuJGBk9KvImRFV74_DrHwtFpT23knyxEEfx4LA/viewform?usp=pp_url

Fellowships	No. of fellowship Available	Tick the fellowship applied for
UPOA Travelling Fellowship	2	
UPOA Visiting Fellowship (1 Teaching: 1 Non-Teaching)	2	
Lucknow Pune Fellowship	2	
Varanasi Exchange Fellowship	1	
Ghaziabad International Fellowship (1 Teaching: 1 Non-Teaching)	2	
Ghaziabad National Fellowship (1 Teaching: 1 Non-Teaching)	2	
UPOA KGMU Paediatric Orthopaedics Fellowship	2	
UPOA KGMU Trauma Fellowship	2	

1. Name
2. Age / Date of Birth
3. Designation
4. Membership No. of UPOA
5. Membership No. of IOA
6. Qualification

Degree	Year of Passing / College / University / Attempts
MBBS	
MS (Ortho) / D Ortho/DNB	

www.upoa.net

7. Number of conferences attended (Attach List)
UPCON / IOACON / International
8. Number of papers personally presented at
UPCON / IOACON / International (Attach List)
9. Number of articles published (Attach List with
Title, name of journal, page number & year)
10. Title of papers with abstract to be presented
(only for visiting & Exchange Fellowship)
11. Teaching / Service / practice experience
12. Any other academic awards / activities /
Related information

Date

Signature

Address

Phone Number

Mobile

Email

The last date for receipt of application forms is 30th July

Visit website www.upoa.net for more details & download fellowship application form

Send your applications forms with all relevant attachments to

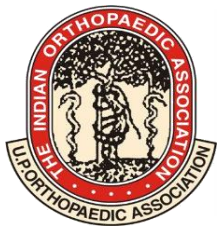
Dr Santosh Singh

C-14, L-Road, Mahanagar Extension Lucknow-226006

Phone: 9415026189, 9918238999

E-mail: upoaoffice@gmail.com, orthosantosh@yahoo.co.in

www.upoa.net



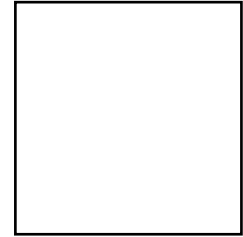
UPOA Membership Form

To,
Dr. Santosh Singh,
Hon. Secretary,
U.P. Orthopaedic Association

C-14, L-Road, Mahanagar Extension, Lucknow-226006

Phone: 9415026189, 9918238999, 9415679511

E-mail: upoaooffice@gmail.com, orthosantosh@yahoo.co.in



Dear Sir,

I wish to join as member of UPOA. I am enclosing herewith a DD/Cheque of Rs 4000.00 towards membership as Life Member/
Rs. 500.00 as Associate Member towards corpus fund of UPOA.

Name.....

Date of BirthPAN No.....

Address

Telephone..... Mobile..... E-mail:

Qualification	Institution	University	Year of Passing
MBBS			
MS Ortho / D. Ortho			
DNB			

Present Status

Membership No. IOA:

Payment Details

DD/Cheque No..... Drawn On..... Amount..... Date.....

DD/Cheque in favour of **UP ORTHOPAEDIC ASSOCIATION**, payable at Lucknow

	Name	Signature	LM NO.
Proposed by			
Seconded by			

Date.....

Signature of Applicant

FOR OFFICIAL PURPOSE

Received by (Name)

Membership No. Allotted

Signature of Secretary UPOA

www.upoa.net



PREPARATIONS AND INSTRUCTIONS FOR IOA MEMBERSHIP

It is recommended to use laptop/desktop to fill out this application.

There are two types of memberships available.

- 1. Life membership
 - National - ₹5000
 - International Affiliate member- US\$100 (Rs.8000)
 - Foreign / Non-Resident Indian Orthopaedic surgeon with an Orthopaedic degree recognized by their National accreditation authority and being a member of their National Orthopaedic Association.
 - Having paid the subscription / fees as prescribed by the Association from time to time.
 - They shall have the right to attend scientific meetings, social events, and engage in all scientific discussions, attend business meeting. However they will not be eligible to vote or contest for a position of the Association.
- 2. Associate membership (₹2000)
 - Associate Members of the Association shall have the right to attend scientific meetings, social events, and engage in all scientific deliberations but they shall not attend business meetings and take part in elections.

You will be asked to verify your registered email ID (REI) by OTP.

You will be asked to verify registered mobile number (RMN) by OTP

For Life Membership – National, keep following documents' PDF files ready to upload.

www.upoa.net

- Orthopaedic Degree Certificate: M.S. (Ortho), D Ortho, DNB Ortho, D. ORTh CPS, Mch etc.
- Registration Certificate for Orthopaedic Degree by Medical Council of India or State Medical Council or NMC with registration number
- Affiliated State chapter membership certificate (if available), Primary Affiliated Member Number (if available)

For Life Membership – International Affiliate member, keep following documents’

PDF file ready to upload.

- Accreditation certificate from recognized body / council of your country
- Certificate from National Orthopaedic Association of your country showing membership and credentials as member

For Associate Membership keep following documents’ PDF file ready to upload.

- MBBS degree certificate
- Registration Certificate for MBBS Degree by Medical Council of India or State Medical Council or NMC with registration number
- Letter from Head of Department of Orthopaedics (mentioning as PG student and recommend to become associate member)

The application process is in two steps.

- First step: Filling out the details
- Second step: Payment

Payment Modes:

- Online payment
- Offline payment: You can deposit membership fee offline in advance during step 2 in following account and upload the receipt

ACCOUNT NO: 031101006198

ACCOUNT NAME: INDIAN Orthopaedic ASSOCIATION



On successful completion of application, office will verify and will send you a temporary membership number along with a password to login and to fill out many other details in your profile, later.

This temporary membership number will be converted into permanent membership number after ratification by general body meeting, normally held in month of November or December of the year.

<https://ioaindia.org/Webview/NewMember>

www.upoa.net