

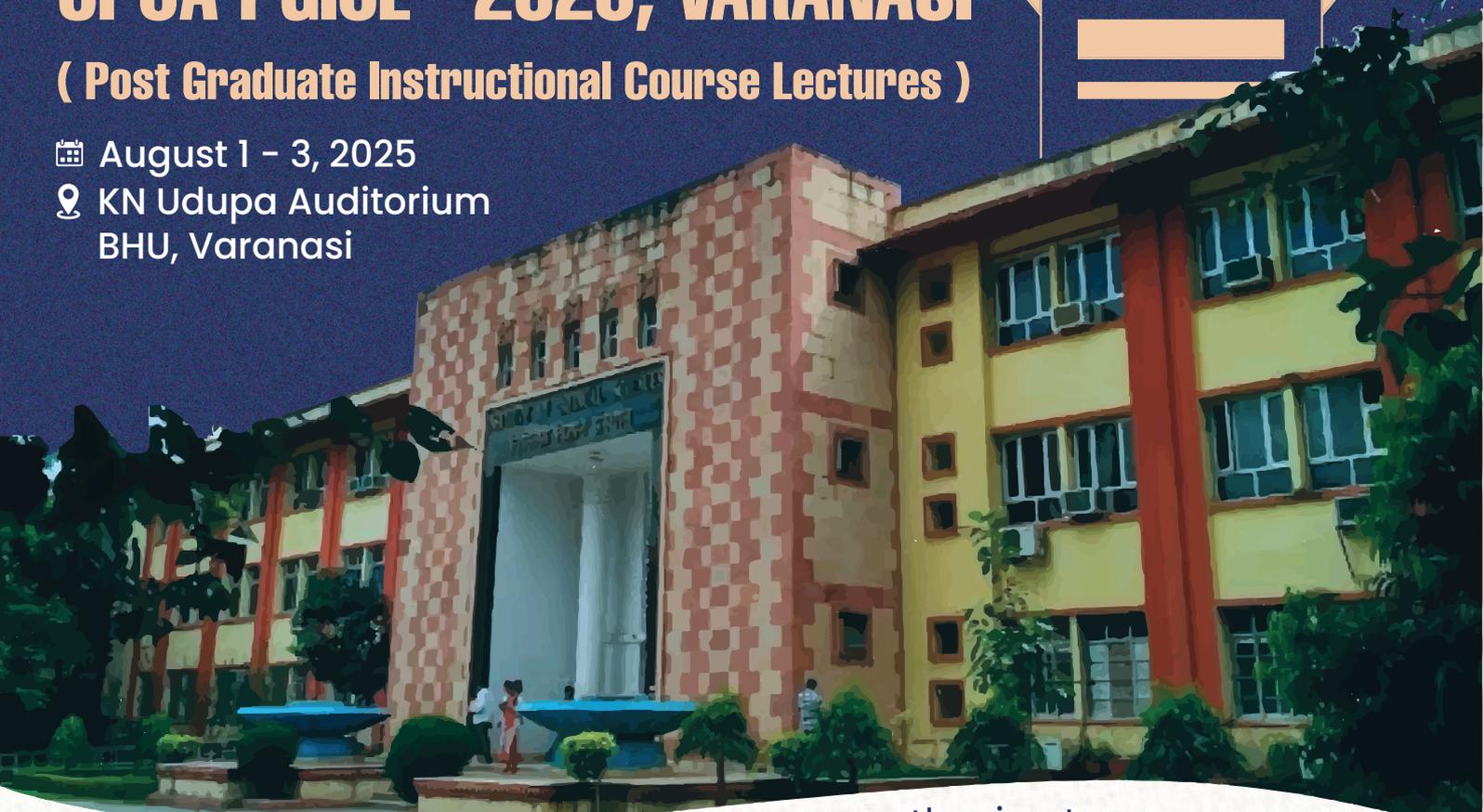


UPOA PGICL - 2025, VARANASI

(Post Graduate Instructional Course Lectures)

📅 August 1 - 3, 2025

📍 KN Udupa Auditorium
BHU, Varanasi



- Long Cases • Short Cases • Orthosis & Prosthesis • Implant • X-rays
- Skill stations • Research paper writing • Table & thesis viva • Mock drills

IOA President Theme

OLD is GOLD

360° care for elderly
Ensuring Mobility, Dignity, Longevity

UPOA President Theme

Bridging Tradition & Technology
for Better Care



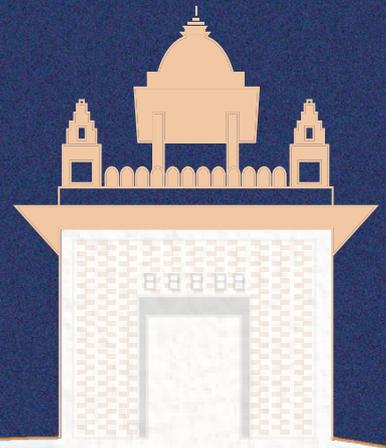
Organized by:

**Varanasi Orthopaedic Association &
Department of Orthopaedics, IMS, BHU**

AN OFFICIAL PROGRAM OF UPOA

UPOA PGICL - 2025, VARANASI

(Post Graduate Instructional Course Lectures)



Welcome to UPOA PGICL 2025 in Varanasi!

Greetings from the Department of Orthopaedics, IMS, BHU & Varanasi Orthopedic Association. We are delighted to invite you to the Post Graduate Instructional Course Lectures (UPOA PGICL- 2025), taking place in the historic city of Varanasi. On behalf of the organizing committee and the Varanasi orthopedic fraternity, we have the honor of welcoming you to Varanasi .

This PG course will be a unique opportunity for the residents to interact with the teachers and clear their doubts. The course has been planned as per the NMC post graduate curriculum and it will help the postgraduates to prepare for practical examination. The course will exclusively focus on long-case, short-case discussions, skill stations, research paper writing, effective presentation skills, minimal didactic lectures, table viva, thesis viva as a new addition and interaction with dedicated, learned and senior examination faculty.

As special attractions to motivate students, we will have Best Case Presentation Awards/certificates, Most Active Participant Award for engaging actively in discussions. We look forward to your participation in making this event a memorable and impactful experience for all.

Together, let's elevate our understanding and practice of orthopaedics!
Join us in Varanasi for a journey of knowledge and inspiration!



Dr. Harish Chandra Agrawal
President VOA



Prof. Amit Rastogi
Organising Chairman



Prof. Ajit Singh
Organising Co Chairman



Dr. Sanjay Yadav
Organising Secretary

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Program Schedule

Day	Date & Time	Topic
Day - 01	01 August 2025 Time - 08am to 05pm	<ul style="list-style-type: none">• History taking for orthopaedic case• Approach to post graduate clinical examination• Long case presentations• Approach to a case of spine• Gait analysis• Approach to case of hip• Short case presentations• Approach to case of shoulder• Approach to a case of elbow• Ward round (splints, tractions etc)• Documentation in orthopaedics
Day - 02	02 August 2025 Time - 08am to 05pm	<ul style="list-style-type: none">• Short case presentations• Long case presentations• Approach to case of knee• Approach to case of wrist & hand• Approach to case of bony swelling/tumor• Approach to case of nerve injuries• Orthosis and prosthesis• Radiology in orthopaedics
Day - 03	03 August 2025 Time - 08am to 02pm	<ul style="list-style-type: none">• Case presentations (long/short)• Doubt clearing sessions• Mock drills

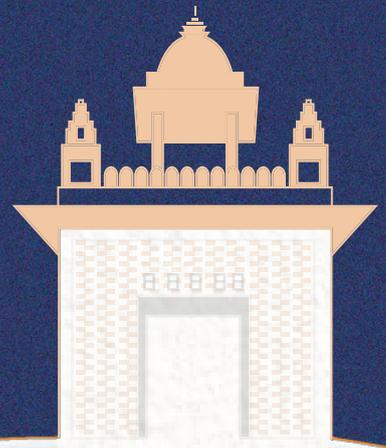
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Registration Fees

Timeline	Amount
Early bird- Till 31 st May	3000
From 1 June to 30 June	3500
From 1 July to 31 st July	4000
On spot registration	4500

Bank Details

Bank Name	IDFC FIRST
Account Name	Varanasi Orthopedic Association
Account No:	10063913774
IFSC code:	IDFB0060321
Address:	IDFC FIRST, Varanasi Branch, 1st Floor, D-59/1 Varanasi- 221010

Registration Link

<https://forms.gle/ZBavN8wJQKtXinox9>

Registration QR



SCAN & PAY



UPI ID: THEVOA.06@idfcbank

Conference Secretariat

Dr. Sanjay Yadav
Department of Orthopaedics
IMS, BHU, Varanasi
9560754591, 9151374941
uppgicl2025@gmail.com
drsanjay.pgi@gmail.com