



UPOA PGICL - 2025, VARANASI

(Post Graduate Instructional Course Lectures)

August 1 - 3, 2025

KN Udupa Auditorium
BHU, Varanasi

- Long Cases • Short Cases • Orthosis & Prosthesis • Implant • X-rays
- Skill stations • Research paper writing • Table & thesis viva • Mock drills

IOA President Theme

OLD is GOLD

360° care for elderly
Research Innovation Prevention Treatment

UPOA President Theme

Bridging Tradition & Technology
for Better Care

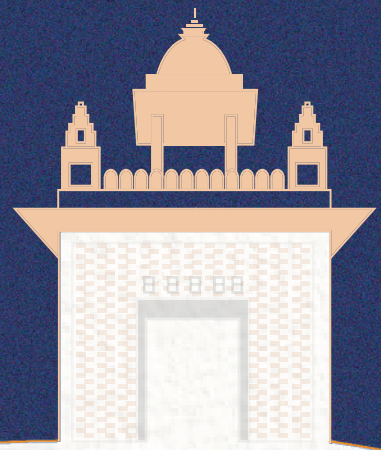
Organized by:

**Varanasi Orthopaedic Association &
Department of Orthopaedics, IMS, BHU**

AN OFFICIAL PROGRAM OF UPOA

UPOA PGICL - 2025, VARANASI

(Post Graduate Instructional Course Lectures)



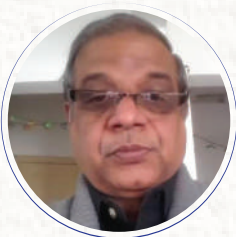
Welcome to UPOA PGICL 2025 in Varanasi!

Greetings from the Department of Orthopaedics, IMS, BHU & Varanasi Orthopedic Association. We are delighted to invite you to the Post Graduate Instructional Course Lectures (UPOA PGICL- 2025), taking place in the historic city of Varanasi. On behalf of the organizing committee and the Varanasi orthopedic fraternity, we have the honor of welcoming you to Varanasi .

This PG course will be a unique opportunity for the residents to interact with the teachers and clear their doubts. The course has been planned as per the NMC post graduate curriculum and it will help the postgraduates to prepare for practical examination. The course will exclusively focus on long-case, short-case discussions, skill stations, research paper writing, effective presentation skills, minimal didactic lectures, table viva, thesis viva as a new addition and interaction with dedicated, learned and senior examination faculty.

As special attractions to motivate students, we will have Best Case Presentation Awards/certificates, Most Active Participant Award for engaging actively in discussions. We look forward to your participation in making this event a memorable and impactful experience for all.

Together, let's elevate our understanding and practice of orthopaedics!
Join us in Varanasi for a journey of knowledge and inspiration!



Dr. Harish Chandra Agrawal
President VOA



Prof. Amit Rastogi
Organising Chairman



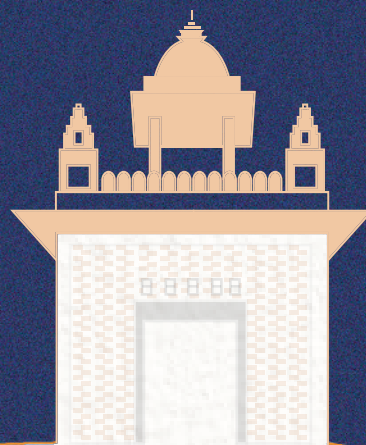
Prof. Ajit Singh
Organising Co Chairman



Dr. Sanjay Yadav
Organising Secretary

UPOA PGICL - 2025, VARANASI

(Post Graduate Instructional Course Lectures)



Dr. Piyush Kumar Misra
UPOA President



Dr. Santosh Singh
UPOA President Elect



Dr. Amit Jaiswal
UPOA Secretary



Dr. S C Goel
Patron VOA



Dr. S K Saraf
Patron VOA



Dr. Gautam Chakraverty
Patron VOA



Dr. K P Agarwal
Patron VOA



Dr. K V P Singh
Patron VOA



Dr. Harish Chandra Agrawal
President VOA



Prof. Amit Rastogi
Organising chairman



Prof. Ajit Singh
Organising co-chairman



Dr. Sanjay Yadav
Organising secretary



Dr. Shubham Srivastava
Organising co-secretary



Prof. Shivam Sinha
President Elect VOA



Dr. Karma Raj Singh
Imm. Past President VOA



Dr. Swaroop Patel
Joint Secretary VOA



Dr. Ravi Prakash Sahai
Treasurer VOA



Dr. Vijay Singh
Scientific Secretary VOA



Dr. Ajeet Singh
Exec. Member VOA



Dr. Vinit Yadav
Exec. Member VOA



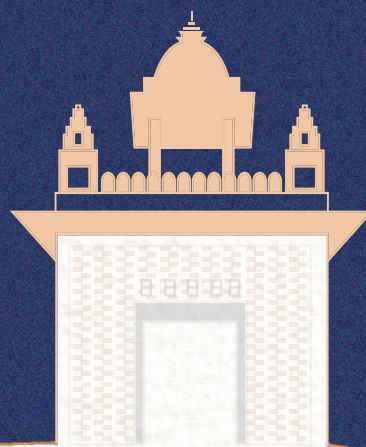
Dr. Rajesh Bahadur Singh
Exec. Member VOA



Dr. Pankaj Singh
Exec. Member VOA

UPOA PGICL - 2025, VARANASI

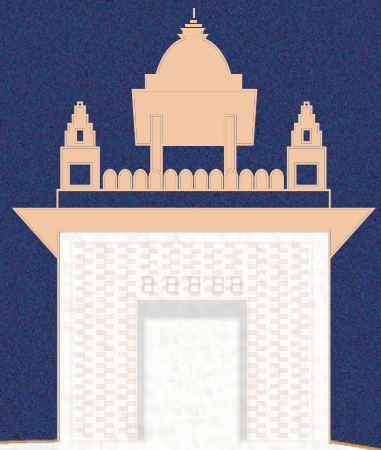
(Post Graduate Instructional Course Lectures)



UPOA Officials		
Dr. Piyush Kumar Misra	Dr. Santosh Singh	Dr. Amit Jaiswal
VOA Officials		
Dr. S.C. Goel Dr. K.P. Agrawal Dr. Sanjay Yadav Dr. Vijay Singh Dr. Pankaj Singh	Dr. S.K. Saraf Dr. K.V.P. Singh Dr. Karmraj Singh Dr. Ravi Prakash Sahai Dr. Vinit Yadav Dr. Rajesh Bahadur Singh	Dr. Gautam Chakraverty Dr. Harish Chandra Agrawal Dr. Shivam Sinha Dr. Swaroop Patel Dr. Ajeet Singh
Organizing Committee		
Core Committee Dr. Amit Rastogi Dr. Shubham Srivastava	Dr. Ajit Singh	Dr. Sanjay Yadav
Scientific Committee Dr. S.C.Goel Dr. Ajit Singh Dr. Shubham Srivastava Dr. Ashutosh Agrawal Dr. Anupam Srivastav Dr. Chandan Kishor Dr. Manoj Yadav Dr. Rajesh Bahadur Singh Dr. Kaushal Agrawal Dr. Brijesh Yadav Dr. G.N. Khare Dr. Abhijeet Kunwar	Dr. S.K. Saraf Dr. Sanjay Yadav Dr. Unmesh Chakraverty Dr. Birju Manjhi Dr. Bhanu Pratap Singh Dr. Vijay Singh Dr. Abhinav Agrawal Dr. Neeraj Srivastav Dr. Swaroop Patel Dr. S.K. Singh Dr. Ajit Saigal Dr. Vishnu Prasad	Dr. Amit Rastogi Dr. Shivam Sinha Dr. C.K. Singh Dr. Alok Rai Dr. Awdhesh Yadav Dr. Manu Srivastav Dr. Dilip Yadav Dr. Akash Upadhyay Dr. S.N. Yadav Dr. Rakesh Pandey Dr. Amit Jha Dr. Rohit Pandey
Registration Committee Dr. Shubham Srivastava Dr. Ankith K.V Dr. Raja Prasad Dr. Gyanprakash	Reception Committee Dr. Sanjay Yadav Dr. Surabhi Das Dr. Amrit Agrawal Dr. Garvit Gawri	Food And Accommodation Dr. Alok Rai Dr. Santosh Yadav Dr. Wamiq Ansari Dr. Shivom Pandey
Media And Public Relations Dr. Amit Rastogi Dr. S.S. Pandey Dr. Dilip Kumar Dr. Anil Patel	Travel Management Dr. Rajesh Vishwakarma Dr. Vishwajeet Dr. Satyam Kumar Dr. Himanshu	Logistic Management Dr. Amrit Agrawal Dr. Dipesh Dr. Anoop Maurya Dr. Ritu Raj

UPOA PGICL - 2025, VARANASI

(Post Graduate Instructional Course Lectures)



Program Schedule

Day	Date & Time	Topic
Day - 01	01 August 2025 Time - 08am to 05pm	<ul style="list-style-type: none">• History taking for orthopaedic case• Approach to post graduate clinical examination• Long case presentations• Approach to a case of spine• Gait analysis• Approach to case of hip• Short case presentations• Approach to case of shoulder• Approach to a case of elbow• Ward round (splints, tractions etc)• Documentation in orthopaedics
Day - 02	02 August 2025 Time - 08am to 05pm	<ul style="list-style-type: none">• Short case presentations• Long case presentations• Approach to case of knee• Approach to case of wrist & hand• Approach to case of bony swelling/tumor• Approach to case of nerve injuries• Orthosis and prosthesis• Radiology in orthopaedics
Day - 03	03 August 2025 Time - 08am to 02pm	<ul style="list-style-type: none">• Case presentations (long/short)• Doubt clearing sessions• Mock drills

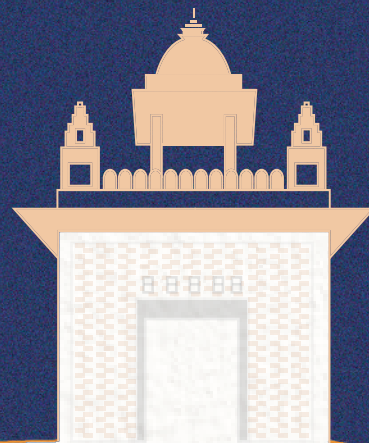
Organized by:

**Varanasi Orthopaedic Association &
Department of Orthopaedics, IMS, BHU**

AN OFFICIAL PROGRAM OF UPOA

UPOA PGICL - 2025, VARANASI

(Post Graduate Instructional Course Lectures)



Registration Fees

Timeline	Amount
Early bird- Till 31 st May	3000
From 1 June to 30 June	3500
From 1 July to 31 st July	4000
On spot registration	4500

Bank Details

Bank Name	IDFC FIRST
Account Name	Varanasi Orthopedic Association
Account No:	10063913774
IFSC code:	IDFB0060321
Address:	IDFC FIRST, Varanasi Branch, 1st Floor, D-59/1 Varanasi- 221010

Registration Link

<https://forms.gle/ZBavN8wJQKtXinox9>

Registration QR



SCAN & PAY



UPI ID: THEVOA.06@idfcbank

Conference Secretariat

Dr. Sanjay Yadav

Department of Orthopaedics
IMS, BHU, Varanasi
9560754591, 9151374941
uppgicl2025@gmail.com
drsanjay.pgi@gmail.com