



HAND

&

WRIST

C O U R S E - 2 0 2 4

Under The Aegis of
INDIAN ORTHOPAEDIC ASSOCIATION &
UTTAR PRADESH ORTHOPAEDIC ASSOCIATION

Saturday 24th August 2024 | 08.00 am to 05.00 pm

Sunday 25th August 2024 | 09.00 am to 02.00 pm

-: Venue :-

Rohilkhand Medical College & Hospital, Bareilly

IOA President's Theme :

Harmonising Hearts, Heads & Hands to Heal

UPOA President's Theme :

Surgical Excellence @ Grassroots



Organised by

Bareilly Orthopaedic Association

Invitation

Respected Seniors & Dear Friends,

We feel honoured and privileged to host the **Hand & Wrist Course**, under the aegis of IOA & UPOA to be held at Rohilkhand Medical College Hospital Bareilly on Saturday 24th & Sunday 25th of August, 2024.

On behalf of the organizing committee, we invite you to this course and assure you that it would be a great academic feast. This would be an excellent platform for delegates to exchange ideas, share information, and to meet old friends. The scientific program will focus on management of crush hand, various fractures and chronic pain in hand and Wrist. It will include surgical videos, case discussion, lectures and workshop.



Dr. K.D. Tripathi
President UPOA



Dr. Piyush K. Misra
President Elect UPOA



Dr. Santosh Singh
Secretary UPOA



Dr. Sanjay Kumar Gupta
Organising Chairman



Dr. Vinod Pagrami
President BOA
/Organising Secretary



Dr. Manoj Kumar Hirani
Org. Co-Chairman



Dr. Alok Sharma
Secretary BOA



Dr. Praveen Garg
Jt. Org. Secretary



Dr. Ravindra Pratap Singh
Jt. Org. Secretary



Dr. Praveen Agarwal
Treasurer BOA

Registration Fee

Category	Early Bird up to 30.06.2024	From 01.07.2024
UPOA Members	1500	2000
Non UPOA Members	2000	2500
PG Students*	1000	1500
Accompanying Persons > 12 yrs/person	1000	1500
UPOA Members > 65 yrs **	—	
Spot Registration	2500	

Note :- * Signature /Certificate from head of department is required.

** Prior Registration Mandatory - 500/- Rs.

Organising Committee

Dr. K.D. Tripathi
President UPOA

Patron

Dr. Keshav Kumar Agarwal
Dr. Ashok Kumar Agarwal
Dr. D.S. Gangwar
Dr. Digvijay Singh

Advisor

Dr. Ravi Mehra
Dr. Santosh Kumar
Dr. Raghvendra Sharma

Course Moderator

Dr. Dhruv Goel
Dr. Siddharth Dubey

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Dr. R.G. Sharma

Co-Chairman

Dr. Sunil Uppal
Dr. R.K. Gupta
Dr. Vipul Kumar

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Dr. Amit Varshney
Dr. Ajay Kumar
Dr. Rahul Verma

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Co-Chairman

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Dr. Bhagwat Raj
Dr. Ankur Agarwal

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Dr. Anil Kr. Agarwal

Co-Chairman

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Dr. T. Somashekarappa

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Dr. Sumit Mehra
Dr. Nishant Kumar
Dr. Nishant Kumar Gupta
Dr. Swetank Gangwar

Dr. Piyush Kumar Misra
President Elect UPOA

Organising Chairman/ President Elect BOA

Dr. Sanjay Kumar Gupta

Organising Co-Chairman

Dr. Manoj Kumar Hirani

Imm. Past President BOA

Dr. S.K. Kaushik

Joint Secretary BOA

Dr. Ravindra Pratap Singh

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Co-Chairman

Dr. Utkal Gupta
Dr. Alok Singh
Dr. D.K. Gupta

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Dr. Madan Mohan Nagar
Dr. Ashish Agarwal
Dr. Rajat Agarwal

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Dr. O.P. Bhasker
Dr. Varun Agarwal

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Dr. Neerav Anand
Dr. Atul Saxena
Dr. Ravindra Singh

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Dr. Udaiveer Singh
Dr. Sharad Khandelwal
Dr. T. S. Arya

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Dr. Atul Gangwar
Dr. Saurabh Goel
Dr. Nilay Raj Mahajan
Dr. Ashutosh Kumar

Dr. Santosh Singh
Secretary UPOA

Organising Secretary/ President BOA

Dr. Vinod Pagrani

Secretary BOA

Dr. Alok Sharma

Treasurer

Dr. Praveen Agarwal

Joint Organising Secretary

Dr. Praveen Garg

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Dr. Arvind Agarwal

Co-Chairman

Dr. Sanjay Sharma
Dr. D.P. Gangwar

Members

Dr. Nazim Mughal
Dr. Rudra Narayan Mukherjee
Dr. Mohd. Shueb Arif

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Dr. Manoj Kumar Agarwal

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Dr. R.K. Narula
Dr. R.K. Bhaskar

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Dr. Tariq Akhtar
Dr. Somdutt Singh
Dr. Deepanshu Agarwal

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Dr. R.K. Singh

Co-Chairman

Dr. Jitendra Agarwal
Dr. K.P. Gangwar
Dr. A.B. Dixit

Members

Dr. Amitabh Mishra
Dr. Sushil Kumar Agarwal
Dr. Subhash Gupta
Dr. H.S. Gangwar

Banquet Committee

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Dr. Satyendra Singh

Co-Chairman

Dr. B.M. Agarwal
Dr. Mohd. Ali Ansari

Member

Dr. Irfan
Dr. Avshesh Gupta
Dr. Nazir Hussain
Dr. Anant Agarwal



MOST ESTEEMED FACULTY

Dr. Prakash P. Kotwal

MS (Orthopaedics)

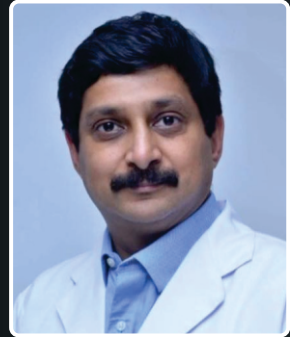
Chairman & Senior Consultant
PSRI Hospital, New Delhi



COURSE DIRECTOR

Dr. Pankaj Jindal

MS (Orthopaedics)
Hand Surgeon, Pune



STAR FACULTY

Dr. Vikas Gupta

MS (Orthopaedics)
Director & Head
Hand & Shoulder Division
Max Saket & Gurugram

Conference Secretariat

Dr. Vinod Pagrani

President BOA/Organising Secretary

Mob No- 09412885815, Email Id – drvinodpagrani@rediffmail.com

Khushlok Hospital, Stadium Road, Bareilly, Uttar Pradesh - 243005

Mob. : 9760944222, 9720600111



HAND & WRIST COURSE 2024

Under The Aegis of IOA & UPOA

Saturday 24th & Sunday 25th August 2024

Venue :- Rohilkhand Medical College & Hospital, Bareilly



Registration Form

(PLEASE USE CAPITAL LETTERS ONLY)

Name

Name of the Institute/College.....Age.....Sex.....

UPOA LM No.

Address.....

(City).....(Pincode).....(Country).....

Mobile No.....Email.....

Food Preference Veg Non Veg

Accompanying Person (If Registered)

Name..... Age/Sex

Registration Fee Details :

Enclosed At Par Cheque / Demand draft No.....Date.....or Rs.....

For Rupees In word.....

Drawn On (Name of Bank).....

Favouring” **Bareilly Orthopaedic Association**” payable in Bareilly.

REGISTRATION CHARGES FOR HAND & WRIST COURSE 2024

Category	Early Bird up to 30.06.2024	From 01.07.2024
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Note :- * Signature /Certificate from head of department is required.

** Prior Registration Mandatory - 500/- Rs.

You can make online transfer :

Account Name : Bareilly Orthopaedic Association

Account No . : 37561482606

IFSC Code : SBIN0018513

Bank Name : State Bank of India

Branch Address : Model Town Opp. Khushlok Hospital, Bareilly

Scan to Pay



Send to: **Conference Secretariat**

Dr. Vinod Pagrani

President BOA/Organising Secretary

Mob No- 09412885815

Email Id – drvinodpagrani@rediffmail.com

Khushlok Hospital, Stadium Road,

Bareilly, Uttar Pradesh - 243005

Hand and Wrist Course 2024 - Scientific Programme

Day - 1, 24th August, 2024

08:00 to 08:30 AM	Registration	
08:30 to 10:00 AM	Live Surgery / Surgical Video on crush injury hand	(Dr. Pankaj Jindal)
10:00 to 10:10 AM	Examination of Crush Hand in ER	(Dr. Pankaj Jindal)
10:10 to 10:30 AM	Management of Crush Hand (Debridement to Rehab)	(Dr. Pankaj Jindal)
10:30 to 10:40 AM	K-Wire Good, Bad & Ugly (techniques)	(Dr. Pankaj Jindal)
10:40 to 10:50 AM	Case Discussion	(Dr. Ajeet Kumar / Dr. Anant Jain)
10:50 to 11:00 AM	Discussion	
Hand Bone Trauma Session		
11:00 to 11:10 AM	Conservative Treatment of Phalangeal Fracture	(Dr. Pankaj Jindal)
11:10 to 11:20 AM	Mallet Finger other avulsion fractures of Distal Phalynx	(Dr. P. P. Kotwal)
11:20 to 11:30 AM	Tips & Tricks in Management of Extra & Intra-articular Phalangeal fracture	(Dr. Vikas G.)
11:30 to 11:40 AM	Management of missed PIP Joint Injuries	(Dr. Ajeet Kumar)
11:40 to 11:50 AM	Tips & Tricks in Surgical treatment Metacarpal fracture including 1 st base & Boxer's Fracture	(Dr. P. P. Kotwal)
11:50 to 12:00 Noon	Avoiding and analyzing the complications in Phalangeal & Metacarpal Fracture	(Dr. Pankaj Jindal)
12:00 to 12:10 PM		
Scaphoid Session		
12:10 to 12:30 PM	Scaphoid	How not to miss the diagnosis
		Role of CT
		Role of MRI
		Treatment of Distal/Middle and Proximal pole Percutaneous / open Fixation
		(Dr. Vikas G.)
12:30 to 12:40 PM	Scaphoid Non Union (Conservative & Surgical Treatment)	(Dr. Pankaj Jindal)
12:40 to 01:00 PM	Surgical Video of Scaphoid nonunion treated by vascularised graft	(Dr. Vikas Gupta)
01:00 to 01:45 PM	Inauguration	
01:45 to 02:30 PM	Lunch	
Wrist Bone Trauma Session		
02:30 to 02:50 PM	Management of Perilunate injury and Lunate Dislocation	(Dr. P. P. Kotwal)
02:50 to 03:05 PM	Indication various plates in distal radius fracture	(Dr. Vikas G.)
03:05 to 03:20 PM	External fixation in hand & wrist fracture-use and abuse	(Dr. Pankaj Jindal)
03:20 to 03:30 PM	Avoiding and Analyzing the Complications in distal radius Fracture	(Dr. Vikas Gupta)
03:30 to 03:50 PM	Ulnar Styloid fix / not to fix, DRUJ (Acute & Chronic) TFCC in Injuries	(Dr. P. P. Kotwal)
03:50 to 04:00 PM	Discussion	
Neglected Trauma Session		
04:00 to 04:20 PM	Neglected Trauma of Hand (Fracture & Dislocation)	(Dr. Pankaj Jindal)
04:20 to 04:30 PM	CRPS	(Dr. Ajeet Kumar)
04:30 PM to 04:50	Panel Discussion on neglected trauma	Dr. P. P. Kotwal Dr. Pankaj Jindal, Dr. Vikas Gupta, Dr. Ajeet Kumar, Dr. Anant Jain
04:50 to 05:15 PM	High Tea	
05:15 to 06:00 PM	Work Shop on plates and k-wires fixation in metacarpals & Phalangeal fractures (Safe Zone, Placement, Approach)	

Day - 2, 25th August, 2024

09:00 to 10:30 AM	Live Surgery / Surgical Video	(Dr. P. P. Kotwal)
Soft Tissue Injury of Hand & Wrist Session		
10:30 to 10:40 AM	Finger Tip injury	(Dr. Pankaj Jindal)
10:40 to 11:00 AM	VIC	(Dr. Pankaj Jindal)
11:00 to 11:15 AM	Flexor Tendon Injuries (Repair & Rehabilitation)	(Dr. P. P. Kotwal)
11:15 to 11:30 AM	Extensor Tendon Injuries (Repair & Rehabilitation)	(Dr. Vikas G.)
11:30 to 11:40 AM	How not to do Tendon Repair	(Dr. Pankaj Jindal)
11:40 to 11:50 AM	DISI / VISI (how to recognize & Treat)	(Dr. Vikas G.)
11:50 to 12:00 AM	Recent advances in Tendon Repair	(Dr. Pankaj Jindal)
12:00 to 12:10 Noon	Case Discussion	Dr. Alok
Wrist and Hand Pain Session		
12:10 to 12:30 PM	Radial side wrist pain	(Dr. Pankaj Jindal)
12:30 to 12:45 PM	Ulnar Side wrist Pain	(Dr. Vikas G.)
12:45 to 01:00 PM	Central Wrist Pain	(Dr. Pankaj Jindal)
01:00 to 01:20 PM	Numbness and tingling in hand	(Dr. P. P. Kotwal)
01:20 to 01:30 PM	Other Painful condition of Hand	(Dr. Ajeet Kumar)
01:30 to 01:50 PM	How to Prevent and Manage stiffness in Hand	(Dr. Pankaj Jindal)
01:50 to 02:00 PM	Ganglion - my way of treatment	(Dr. Anant Jain)
02:00 to 03:00 PM	Lunch and Valedictory Function	
03:00 to 04:00 PM	Workshop on plating in Distal Radius Fracture	