



12TH UPOA TRAUMA COURSE



04TH OCTOBER, 2026, SUNDAY

Organised by : Dr. RMLIMS, KGMU & Lucknow Orthopaedic Society



VENUE : HOTEL CLARKS AVADH, LUCKNOW

THEME

**DECODING FRAGILITY FRACTURES
FROM PREVENTION TO FUNCTION**



IOA PRESIDENT THEME

**FELLOWSHIP & TRAINING FOR ALL BONE
AND JOINTS IN SAFE HANDS**



UPOA PRESIDENT THEME

**EVERY BONE COUNTS - ORTHOPAEDIC
EXCELLENCE ACROSS U.P.**



DR. SANTOSH SINGH
President UPOA



DR. ASHUTOSH AGARWAL
President Elect UPOA



DR. AMIT JAISWAL
Secretary UPOA



DR. SHUBH MEHROTRA
President LOS



DR. SANJIV KUMAR
Secretary LOS



PROF. ASHISH KUMAR
Organising Chairman



PROF. DEEPAK KUMAR
Organising Secretary





Invitation

Dear Delegates,

Esteemed Colleagues, and Honoured Guests,

*It is our absolute privilege to welcome you to the **12th UPOA Trauma Course**, to be held this year in Lucknow on **4th October 2026**. Bone health remains a critical global health priority. As our population ages, the burden of osteoporosis and fragility fractures continues to grow. In this prestigious official UPOA Course, this year we shall be discussing preventive measures and management of fragility fractures. We shall have the opportunity to engage with leading faculties in the field of osteoporosis care.*

We encourage you to actively participate in our panel discussions, attend live surgeries and workshops, and visit our industry partners in the exhibition hall. Your unique insights and clinical experiences are vital to moving the field forward.

Thank you for your dedication to improving the lives of patients living with osteoporosis. We hope this conference inspires your work, challenges your perspective, and leaves you with actionable knowledge for your daily practice. Enjoy the conference and your time in Lucknow.



Prof. Ashish Kumar
Organising Chairman



Prof. Deepak Kumar
Organising Secretary





12TH UPOA TRAUMA COURSE



SCIENTIFIC COMMITTEE

Prof. Ajay Singh
Dr Amit Kumar
Dr. Anup Agrawal
Dr Anurag Baghel
Prof. G K Singh
Dr. G P Gupta
Dr. Jamal Ashraf
Dr Kumar Keshav

Dr. Naveen Srivastava
Dr. PK Shamshery
Dr Pulak sharma
Prof. O P Singh
Prof. R N Srivastava
Dr. Sanjai Kr Srivastava
Dr. Sanjay Srivastava
Dr. Sandeep Garg

Dr. Sandeep Kapoor
Dr. R P Singh
Dr. Sanjeev Awasthi
Dr. Saurabh Shukla
Dr. Uttam Garg
Prof. UK Jain
Dr. Vineet Agarwal
Prof. Vineet Sharma

Organising Committee



Dr Santosh Singh
President UPOA



Dr Ashutosh Agarwal
President Elect UPOA



Dr Amit Jaiswal
Secretary UPOA



Dr Shubh Mehrotra
President LOS



Dr. Sanjiv Kumar
Secretary LOS





12TH UPOA TRAUMA COURSE



ORGANISING COMMITTEE



Prof. Ashish Kumar
Organising Chairman



Prof. Deepak Kumar
Organising Secretary



Prof. Vineet Kumar
Co-Organising Secretary

CORE COMMITTEE MEMBERS

Dr. Abhishek Agarwal

Dr. Ammar Aslam

Dr. Arpit Singh

Dr. Abhishek Saini

Dr. Brijmohan Patel

Dr. Dharmendra Kumar

Dr. Devarshi Rastogi

Dr. Faisal Ahmed

Dr. Kumar Shantanu

Dr. Mayank Mahendra

Dr. Madhusudan Mishra

Dr. Nitin Manral

Dr. Narendra Singh Kushwaha

Dr. Prabhat Pandey

Dr. Pankaj Agarwal

Dr. Raj Kumar Arya

Dr. Ravindra Gupta

Dr. Ravindra Mohan

Dr. Suresh Chand

Dr. Sudhir Beri

Dr. Shah Waliullah

Dr. Shailendra Singh

Dr. Siddharth Singh

Dr. Swagat Mahapatra

Dr. Sanjiv Kumar

Dr. Vikas Verma





12TH UPOA TRAUMA COURSE



SUNDAY
04TH OCTOBER, 2026



**VENUE : HOTEL CLARKS AVADH,
LUCKNOW**



OUR FACULTY



Dr. Abhijeet Wahegaonkar
(Pune)



Dr Ajeet Tiwari
(Kanpur)



Dr. Amit Ajgaonkar
(Mumbai)



Dr Amrit Goyal
(Agra)



Dr Anup Agrawal
(Lucknow)



Dr Anupam Srivastava
(Varanasi)



Dr Arun Kapoor
(Agra)



Dr Arun Sharma
(Jaipur)



Dr Chandan Kumar
(Kanpur)



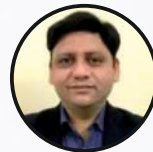
Dr Chandan Kishore
(Varanasi)



Dr D D Tanna
(Mumbai)



Dr Dharmendra Kumar
(Lucknow)



Dr Devarshi Rastogi
Lucknow



Dr Gaurav Kumar Sharma
(Lucknow)



Dr Imran Akhtar
(Lucknow)



Dr K D Tripathi
(Prayagraj)



Dr Manoj Hirani
(Bareilly)



DR Nirbhay Saxena
(Kanpur)



Dr Pavan Pradhan
(Gorakhpur)



DR P K Shamshery
(Lucknow)



Learn, Collaborate, Innovate. Together, We Move Forward.



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SUNDAY
04TH OCTOBER, 2026



**VENUE : HOTEL CLARKS AVADH,
LUCKNOW**



OUR FACULTY



Dr Rajat Kapoor
(Agra)



Dr. Ram Chaddha
Mumbai



Dr. Ravi Sauhta
Gurgaon,



Dr Rizwan Khan
(Ghaziabad)



Dr Sanjay Dhawan
(Agra)



Dr Sanjiv Kumar
(Lucknow)



Dr S C Goel
(Varanasi)



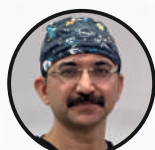
Dr Sourav Shukla
(Lucknow)



Dr Shah Waliullah
(Lucknow)



Dr Sunil Shiv Paltan
(Saifai)



Dr Vinod Pagrani
(Bariely)



Dr Vipul Agarwal
(Firozabad)



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M/S. ORTHOPEDIC RESEARCH SOCIETY

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12TH UPOA TRAUMA COURSE

Scientific Agenda

TIME	PROGRAM	FACULTY	CHAIRPERSON
8:30 AM – 9:00 AM	REGISTRATION AND BREAKFAST		
9:00 – 10:00 am	Session 1 My Challenging case		
(5 + 5 minutes)	Fracture Pelvis- Acetabulum in elderly – Case Presentation -	Dr Dharmendra Kumar	Chairperson Dr D D Tanna Dr Ashutosh Agarwal Dr. Uttam Garg
(5 + 5 minutes)	Fracture Neck of Femur after 60 – Case Presentation	Dr Vipul Agarwal	
(5 + 5 minutes)	Failed non-union Fracture NOF- Case presentation	Dr Pawan Pradhan	
(5 + 5 minutes)	Ipsilateral neck-shaft fracture- Case presentation	Dr Chandan Kumar	
(5 + 5 minutes)	Fracture IT femur managed by a newer technique – Case presentation-	Dr Manoj Hirani	
10:00-11:00 AM	Session 2		
(15 Minutes)	Why PFN fails in 2026 ?	Dr D D Tanna	Chairperson- Dr Ravi Sauhta Dr Narendra Singh Kushwaha Dr S C Goel
(8 +2 minutes)	Management of Unstable IT fracture- PFN with cement augmentation	Dr K D Tripathi	
(8 +2 minutes)	Lateral wall augmentation in IT fracture	Dr Amit Ajgaonkar	
(8 +2 minutes)	Fracture IT when to do Replacement-	Dr Arun Sharma	
(5 +5 minutes)	Case presentation – failed IT Fracture-	Dr Arun Kapoor	
11:00 AM-12:00 PM	Session 3		
(15 Minutes)	How do I fix Subtroch	Dr D D Tanna	Chairperson: Dr Sanjay Dhawan Dr Amit Ajgaonkar Dr Santosh Singh
(5+5 Minutes)	Subtroch. Fracture- Case Presentation	Dr Nirbhay Saxena	
(5+5 Minutes)	Subtroch. Non-union- broken PFN- Case Presentation-	Dr Rizwan Khan	
(5+5 Minutes)	Subtroch. Non-union- broken plate- Case Presentation	Dr Devarshi Rastogi	
(5+5 Minutes)	Subtroch. Infected non-union - Case Presentation	Dr Imran Akhtar	
12:00 -01:10 PM	Session 4		
(20 Minutes)	PANEL DISCUSSION – Fractures around hip Presenter- Dr Sanjeev Kumar, Dr Vinod Pagrani	MODERATOR – Dr Amit Jaiswal Panelist – Dr Sanjay Dhawan, Dr Amit Ajgaonkar, Dr S C Goel	
(8+2 Minutes)	Dual fixation in Distal Femur Fracture	Dr Sanjay Dhawan	Chairperson: Dr D D Tanna Dr K D Tripathi Dr Anup Agarwal
(8+2 Minutes)	Nailing in distal femur fracture-	Dr Ravi Sauhta	
(5+5 Minutes)	Case presentation distal femur fracture-	Dr Rajat Kapoor	
(20 Minutes)	PANEL DISCUSSION- Fracture around knee Presenter- Dr Chandan Kishore, Dr Amrit Goyal	Moderator- Dr Ajeet Tiwari Panelist: Dr D D Tanna Dr K D Tripathi Dr Anup Agarwal	

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Scientific Agenda

1:10 - 1:30 pm	Inauguration		
1:30 - 2:00 PM	Lunch		
2:00-2:30 PM	Session 5 - My challenging case		
(5 + 5 minutes)	Case presentation	Dr Anupam Srivastava	Chairperson: Dr. Pulak Sharma Dr. GP Gupta, Dr. Kumar Keshav
(5 + 5 minutes)	Case presentation	Dr Sunil Kumar	
2:30-3:00 PM			
(8 + 2 minutes)	Management of Mal united Distal Radius Fracture-	Dr Abhijeet Wahegaonkar	Chairperson- Dr C. P. Pal, Dr. Ajai Singh, Dr Sanjay Srivastava
(8 + 2 minutes)	Tips & tricks of Dorsal plating	Dr Ajeet Tiwari	
(8 + 2 minutes)	Fracture Rim of Distal end Radius	Dr Amit Ajgaonkar	
3:00-4:00 PM	Session 6		
(8 + 2 minutes)	Four part fracture proximal Humerus- I always nail it-	Dr Saurav Shukla	Chairperson: Dr Amit Ajgaonkar, Dr D D Tanna Dr. Ashish Kumar
(8 + 2 minutes)	Four part fracture proximal Humerus- Plating is the best option-	Dr Anup Agrawal	
(8 + 2 minutes)	Comminuted fracture distal Humerus- Replacement-	Dr Prasun Shamsheri	
(5 + 5 minutes)	Fracture around elbow in elderly-Case Presentation	Dr Gaurav Sharma	
	Q & A		
4:00-5:00 PM	Session 7		
	Management of Osteoporotic Vertebral Compression Fractures-	Dr Ram Chaddha	Chairperson- Dr. R. N. Srivastava, Dr. Ajay Bharti, Dr Harish Makkar
	Panel discussion- Osteoporotic Spinal Vertebral Fracture	Moderator- Dr Vineet Kumar	
	Presenter Dr Shah Waliullah	Panelist- Dr Ram Chaddha, Dr Santosh Singh, Dr Ashish Jain	

12TH UPOA TRAUMA COURSE

REGISTRATION FORM

(Please fill the Form in Capital Letter)

Name:
Designation:
Address:
City: Pin: State: Country:
Mobile No: Email Id:
UPOA LM No.: IOA LM No.

Registration Fee

REGISTRATION : 3000/-

Payment Details:

Paid Rs: (Rs. In Word: Only) by Cash/DD No./ Cheque No./
Online Payment ref. No
Dated: Bank Details:
(Registration subject to realisation of cheque)
Bank Name: ICICI BANK LTD GOMTI NAGAR EXTENSION BRANCH LUCKNOW.
ACCOUNT NAME - ORTHOPEDIC RESEARCH SOCIETY
Account No: - 387705001373
IFSC Code: ICIC0003877
Account Type: Current
Place: Date: Sign of Delegate



ADDRESS FOR CORRESPONDENCE

Dr. Deepak Kumar, Mob. 9918931078

For Registration Click the Below Link

<https://forms.gle/NJRAa82K6WMMmqKQ6>