





UP ORTHOCON 2015

(Under the aegis of UP Orthopaedic Association)



27th-28th February & 1st March, 2015

THEME: CUT THE COST DOWN

Venue :- TEERTHANKAR MAHAVEER UNIVERSITY

NH 24, Bagarpur, Delhi Road, Moradabad 244001 (U.P.)



Dr. Ajay Pant Organizing Chairman



Organized by :- **DEPARTMENT OF ORTHOPAEDICS**

Teerthankar Mahaveer Medical College & Research Centre, Teerthankar Mahaveer University, Moradabad In association with

Moradabad Orthopaedic Club

www.uporthocon2015.com



Dr. Najmul HudaOrganizing Secretary



Executive - 2014

President Dr. R.A. Agrawal, Gorakhpur **President Elect** Dr. Ashok Vij, Agra **Past President** Dr. Dhirendra Singh, Ghaziabad **Vice Presidents** Dr. A.S. Dube, Meerut; Dr. Neeraj Jain, Jhansi Secretary Dr. Atul Srivastava, Agra **Editor** Dr. Mazhar Abbas, Aligarh Treasurer Dr. Anup Agrawal, Lucknow **Joint Secretaries** Dr. Amit Agarwal, Agra; Dr. Ankur Goel, Moradabad, Dr. Rajat Agrawal, Gorakhpur **Members** : Dr. Ajay Gupta, Jhansi; Dr. Rohit Vashisht, Aligarh; Executive Dr. C.S. Negi, Lucknow; Dr. Saurabh Agarwal, Jhansi; Committee Dr. Rajeev Anand, Ghaziabad; Dr. Nikunj Kr. Agarwal, Allahabad; Dr. Lokesh Maratha, Meerut; Dr. Kaushal Agarwal, Varanasi; Dr. Achal Swami, Ghaziabad **Ex-Officio** : Dr. Dhirendra Singh, Chairman CSR Committee Members Dr. AK Gupta, Chairman Inland Fellowship Committee Dr. Aatul B. Singh, Chairman Foreign Fellowship Committee State : Dr. T.P.S. Lamba, Kanpur; Representatives Dr. Amit Rastogi, Varanasi; to IOA Dr. Piyush Mishra, Allahabad Chairman Dr Jamal Ashraf

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Fellowship Committee

Web Master

Dr. Pramendra Maheshwari, Bareilly

Ouiz Master

Dr. Sanjay Dhawan, Agra





President's Message

Theme Lines:

"Enhancing Knowledge through Innovations and Skills Development"

Dear UPOA members,

The smooth functioning of any organization depends upon the systems followed by the members of that organization. The tasks and the subsequent outcome always depend upon the channelization of priorities.

This issue of newsletter is the perfect outcome of the same. Since this edition contains the notification of another priority of our esteemed organization, the Elections of UPOA and it should reach you well in time.

Apart from this our secretary has very meticulously compiled the various events and their glimpses for the information of all members

The compilation of fellowship summary, feedback from the fellows, membership drive, accreditation hours, individual achievements of our fellow members and the feedback reports on various calls from IOA and UPOA are published in this edition.

I appeal to all members to actively and whole heartedly participate in the activities of our esteemed organization, the UPOA.

With warm regards,

Dr. R.A. Agrawal President



Secretary's Message



"None of us is as strong as ALL of us" Long Live UPOA

Dear Members UPOA

Greetings from the Secretariat

It is once again a moment of proud privilege for me to present to you the next edition of our newsletter, UPOA TIMES. I sincerely thank you for the wide appreciation received for the previous issues.

The UPOA being the largest state chapter of the IOA has left no stone unturned in organizing various activities this year too and living upto the standards of being adjudged the BEST STATE CHAPTER of the IOA and receiving the prestigious Dr A K Gupta Trophy last year. Without your contribution, this was not possible and I thank you all from the core of my heart.

This year too we have organized 16 academic events under the aegis of the UPOA and added two new courses, UPOA Trauma Course and UPOA Arthroplasty Course which have had a very positive response.

Like the previous year, we have added more than 100 new life members this year too and shall be soon crossing the 1600 members mark which is parallel to none. That even further strengthens us and I appeal to all to realize this strength and stay united.

This issue of the Newsletter shall highlight the activities post the previous issue published in June 2014 and shall also notify the elections for the forthcoming executive.

I am truly grateful for the guidance and cooperation received from all corners and seek the same in the future as well. Your feedback on this issue shall be invaluable.

LONG LIVE UPOA LONG LIVE IOA Jai Hind

Dr. Atul Srivastava Secretary

MCI Accreditation

MID TERM SYMPOSIUM UPOA, MATHURA
UPOA TRAUMA COURSE, KANPUR
UPOA PGICL, AGRA

4 Hours

3 Hours

10 Hours



Minutes of Executive Committee Meeting at Mid Term Symposium, Mathura 14-09-2014

Minutes Of Executive Committee Meeting held at Mathura on 14-9-2014 Mid Term Symposium In the chair President UPOA Dr R A Agarwal

Obituaries

One minute silence was observed to pay homage to the departed souls Dr Bhaskar Mall, Gorakhpur and Dr Neeraj Gupta Bijnor

Dr Ajay Pant spoke about Dr Mall and Dr A B Singh about Dr Gupta

Dr A S Dube proposed that the obituaries be mentioned in the journal. After discussion and suggestions from Dr Dhirendra Singh, Dr Sanjay Dhawan and Dr Jamal Ashraf it was passed that one page in the journal be dedicated for the same. In case of important office bearers of the UPOA, a brief write up with photograph be printed in the journal.

Minutes of the ECM and GBM printed in the Newsletter of June 2014—passed

Fellowship Report

Dr Ashok Gupta had certain queries on the Ghaziabad fellowships which were answered by the Fellowship Chairman Dr Jamal Ashraf. The Secretary was instructed that all applications be sent to the concerned office bearers well in time for tabulation. It was also passed that the term of fellowship chairman be of 3 years starting from UPORTHOCON 2013. The efforts of Dr Jamal Ashraf for coordinating the international fellowships were appreciated by Dr Naresh Chand and Dr Atul Srivastava.

The fellows for this year were announced. Dr Dhirendra Singh appreciated the efforts of Secretary for creating fresh interest in our fellowships.

Dr Naresh Chand suggested that if the fellow fails to avail the fellowship he should not be eligible to apply for UPOA fellowships in the future and the member next in the marking list can be awarded the fellowship—passed Only members residing and practising in UP shall be eligible to avail the UPOA fellowships—passed

Treasurer's Report

Dr Anup Agrawal presented his report for the year and gave a detailed account of the income and expenditure---

He informed that UPOA account has around Rs. 65lacs in the FDRs and approx. Rs. 20 lacs in the savings account

Dr Ashok Gupta proposed that we utilise this money for academic activities for the benefit of the members of our association. Various suggestions were given on this issue by Dr Ashok Vij, Dr A N Varma, Dr A S Dube and others.

Dr Dhirendra Singh suggested that we seek the opinion and suggestions of all the members for the best utilisation of the savings --passed

Dr Ashok Vij suggested that we try and get the 12AA exemption apart from the 80G to save taxes and we appoint a permanent chartered accountant of the association –passed.

Dr Anup was requested to comply on the same and further streamline the accounts in consultation with Dr Ajit Saigal and Dr T P S Lamba and also get the renewal of the association registration at the earliest.

Editor's Report

Dr Mazhar Abbas, Editor JBJD, presented his report and requested all to contribute by sending articles for the journal—passed

Research Grant

Dr S K Saraf, Chairman, Research Grant Committee, presented a detailed account on the purpose, methodology, marking criteria, selection process and execution of the research grant.

Dr Atul Srivastava requested Dr Saraf to prepare a blue print for the same and circulate amongst the office bearers to finalise.

The members suggested that, Rs 10 lacs given by the Agra Orthopaedic Society from the savings of IOACON 2013 was for the corpus fund of the UPOA with an assurance to give further contribution later, to start the research grant in the name of AOS—passed

Dr Vij informed that AOS shall contribute to this cause once the audit of accounts is finalised—passed



Letters from Members

City Club Awards

Secretary Dr Atul Srivastava suggested that we include one more category to the city club awards to make it more justifiable and participatory—passed

Four categories of city club awards would be----1 to 25 members Dhanendra Prasad Bhagwati Devi Award, 26 to 50 members ________ award, 51 to 75 members Dr M K Goel Trophy and more than 75 members Dr K P Srivastava Trophy—passed

New City Club

The application of Hathras Orthopaedic Club for affiliation to the UPOA was—passed

Life Time Achievement Award

Dr Atul Srivastava informed the house that a committee consisting of the President, Past President, President Elect And Secretary is proud to announce that this year's Life Time Achievement Award of the UPOA shall be conferred upon Past President IOA and UPOA, Dr S C Goel, IMS, BHU, Varanasi

UPORTHOCON 2015 Report UPORTHOCON 2014 Report

PG Quiz Report

Dr Sanjay Dhawan, UPOA Quiz Master, informed that teams from nine medical colleges participated in the quiz this year and the team from Varanasi –Dr Samrat Sahoo and Dr Vivek Kumar Kori were adjudged winners and shall represent the UPOA in the IOA quiz at IOACON 2014. The house applauded the efforts of Dr Dhawan in conducting the quiz so impeccably. Dr S K Saraf requested the house to officially permit Dr Sanjay Dhawan to be a member of the UPOA team in organising the IOA Quiz--passed

Webmaster

Members expressed their concern about the recently started mobile apps and asked the secretary of the progress in the matter. It was informed that despite best efforts to coordinate between the webmaster and the agency concerned, the results were not as desired. After an exhaustive discussion on the issue Dr Dhirendra Singh requested the president to write an official letter to the webmaster to seriously look into this matter and if the webmaster expresses his inability to do so, a change in the webmaster in the Mid term be sought--passed

Any other matter

President Dr R A Agrawal proposed that we start further more UPOA courses like the UPOA Trauma and Arthroplasty Courses. Dr Jamal Ashraf suggested that after seeing the success of the existing courses and the enthusiasm and participation of the members in the same, it is a good idea to start UPOA courses in other sub specialities in the near future.

Letters

Dr R A Agrawal President UPOA and Dr Ambuj Srivastava Secretary Gorakhpur Orthopaedic Club proposed to start a gold medal in the name of senior member and past president Dr Bhaskar mall. After discussion it was passed that the PG Quiz be named the Dr Bhaskar Mall PG QUIZ. Dr Ashok Gupta suggested that as per the norms a donation of Rs 5 lacs be sought. Dr R A Agrawal assured that it was his responsibility to arrange for the funds. —passed

Dr Ajit Saigal's letter was read out requesting the UPOA to bid for IOACON 2016 on behalf of the Varanasi Orthopaedic Club with Dr S C Goel as the Organizing Chairman and Dr Saigal as the Organizing Secretary. After input from various members it was unanimously decided that since the request is not from the VOC and the organisers are not present in the meeting in person, this request cannot be entertained—not passed

Dr Jamal Ashraf's letter strongly opposed the inclusion of events like NAILSCON at Varanasi and OASAC at Agra, under the aegis of UPOA, as they were not following the protocol and guidelines laid down by the association. Dr Ashok Gupta and Dr Dhirendra Singh strongly condemned this practice and the house decided there was no need to hold events under the aegis of UPOA in cities where the protocol is not being followed. The members further suggested that the concerned office bearers should not be attending such events—passed and proposed to take a written undertaking from the organisers that they will abide by the protocol and follow the rules and regulations of the association

Dr Jamal Ashraf objected on the amount of energy, time and money spent on the inaugural functions. The house passed that apart from the major UPOA events like UPORTHOCON and Mid Term Symposium, the inaugural function should be of not more than 15 minutes duration.



Dr Niraj Jain's letter strongly objected to the fact that certain city clubs were not following the guidelines laid down for them like yearly elections, notification to the office, regular meetings etc. Dr Jain proposed that the association penalise these city clubs and restrict them from holding UPOA events. Dr Ashok Gupta and Dr Naresh Chand suggested that these things be better sorted out at the local level. To this Dr Dhirendra Singh and Dr Atul Srivastava proposed that we follow the protocol of the IOA in which the defaulter clubs are not entitled to hold events held under the aegis of the association and they also should not be eligible for the city club awards.—passed.

Legal cell:

Dr A S Dube requested to activate the legal cell of the UPOA and accepted to be a member of the committee to be nominated by president, president elect and secretary

Dr Sanjay Dhawan objected to photography during national anthem. It was resolved that even the photographers should participate in the national anthem.

It was passed that the quiz master and webmaster shall be ex officio members of the executive committee.

Dr Jamal Ashraf informed that the title 'Padma' should not be used as a prefix to the name of the doctor as it is unconstitutional and can result in the forfeiting of the award...passed

With this and thanks and gratitude to the chair by our members the meeting was concluded.

Dr. Atul Srivastava

Guidelines to the Organizing Secretaries

(For Academic events organized under the aegis of UP Orthopaedic Association)

- 1. Event should be organized under the aegis of the UPOA.
- 2. All members of UPOA shall be informed both by post i.e., Printed Brochure and by electronic media i.e., email or SMS or Facebook or website or Mobile Apps etc. at least 3 weeks prior to the event
- 3. The brochure shall contain apart from the scientific programme and the local organizing committee, the names of the President and Secretary UPOA.
- 4. The President and Secretary UPOA shall be invited well in advance and their travel expenses and stay etc. shall be taken care of by the Loc.
- 5. The seating on the dais shall be as per the blue book i.e., Chief Guest, Guest of Honor, President UPOA, Secretary UPOA, Organizing Chairman, Organizing Secretary, President and Secretary of Local Orthopaedic Club.
- 6. A contribution of Rs 5000 shall be made to the UPOA at the end of the course.
- 7. A brief report with few photographs should be sent to the secretariat within 15 days after completion of the course for record and newsletter.
- 8. Prior information and permission to be sought from the office of the UPOA to ensure the availability of office bearers and that dates don't coincide with other important events of the IOA and UPOA.
- 9. The office bearers and the members of Executive Committee be registered free as per blue book.
- 10. Lighting of lamp at the start of inauguration ceremony and National anthem at the end is mandatory.
- 11. Chief Guest and Guest of Honor preferably be eminent medical personalities. Avoid politicians.
- 12. Inauguration ceremony should not be more than 30min
- 13. Certificates do have logo of UPOA and Local Orthopaedic Club and signed by President and Secretary UPOA, President and Secretary Loc, Org. Chairman and Org. Secretary.
- 14. Banner should have logo of UPOA and with the mention 'organized under the aegis of UPOA'.
- 15. The Organizing Secretary should be present in the inaugural function of the subsequent annual conference, the UPORTHOCON, to receive the award of appreciation.
- 16. Faculty selection should encourage members of UPOA, at least 50% from the state.
- 17. Apply for MCI accreditation points.
- 18. Rest of the instructions to be followed as per UPOA Blue Book.





युवा भी कराह रहे गठिया के दर्द से













हड्डी रोगों के प्रति जागरूकता के लिए डॉक्टरों ने शुरू किया अभियान

प्रावित्यक्षण (प्रस्तानको) राज्यमा हराज्यक राष्ट्रीय . ज्या के श्रीकेट मा स्वित्यक मा प्रस्तानको ने प्राची में लोगा मान स्वित्यक मा प्रस्तानको ने प्रस्तान मा स्वत्यक मा स्वत्



Glimpses of Events Held





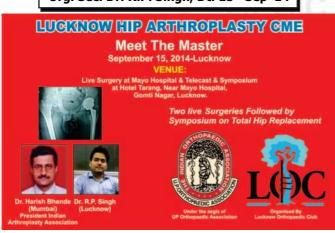
NATIONAL ILIZAROV WORKSHOP, GORAKHPUR Org. Sec. Dr. Rajat Agrawal, Dt. 27th to 29th June'14



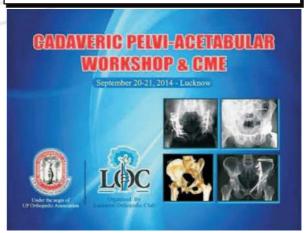


1st UPOA TRAUMA COURSE 2014, KANPUR Org. Sec. Dr. T.P.S. Lamba, Dt. 03rd Aug' 14

LUCKNOW HIP ARTHROPLASTY CME Org. Sec. Dr. R.P. Singh, Dt. 15th Sep' 14



CADAVERIC PELVI-ACETABULAR WORKSHOP, LUCKNOW Org. Sec. Dr. Harish Makker, Dt. 20th & 21st Sep' 14





Mid Term Symposium-2014, Mathura

Org. Sec. Dr. Ravi Kant, Dt. 14th Sep' 14





















OASAC 2014, AGRA Org. Sec. Dr. Anup Khare, Dt. 07th to 09th Oct' 14

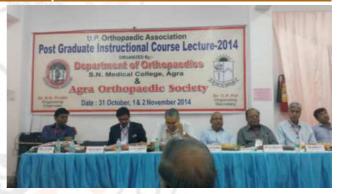




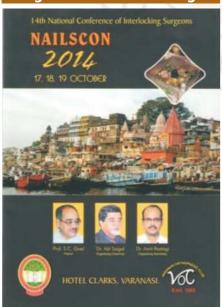
Prof. Dr. K.P. Srivastava receiving the distinguished Orthopaedic Award from Hon'ble Minister of Health Dr. Harshvardhan

PGICL 2014, AGRA Org. Sec. Dr. C.P. Pal, Dt. 31st Oct to 2nd Nov' 14

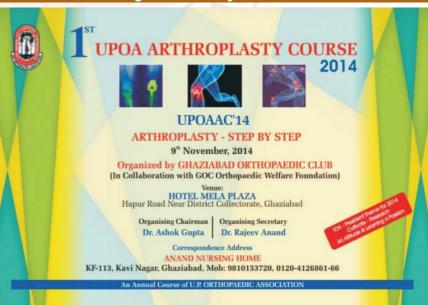




Org. Sec. Dr. Amit Rastogi



Org. Sec. Dr. Rajeev Anand





List of New Life Members (till 31st Oct' 14)

1	1524	Dr. Mukul Mishra	Jhansi
2	1525	Dr. Praveen Raj Saraogi	Jhansi
3	1526	Dr. Abhishek Nagaich	Jhansi
4	1527	Dr. Amit Sehgal	Jhansi
5	1528	Dr. Abhinav Kumar	Varanasi
6	1529	Dr. Vinay Kumar Pandey	Varanasi
7	1530	Dr. Manoj Kumar Hirani	Bareilly
8	1531	Dr. Rakesh Kumar Pareek	Varanasi
9	1532	Dr. Rajendra Singh	Amroha
10	1533	Dr. Shujauddin Khan	Moradabad
11	1534	Dr. Atul Kumar Vishnoi	Moradabad
12	1535	Dr. Shalesh Kumar	Moradabad
13	1536	Dr. Pankaj <mark>Gupta</mark>	Moradabad
14	1537	Dr. Julfiqar	Moradabad
15	1538	Dr. Sanjay <mark>Tripathi</mark>	Moradabad
16	1539	Dr. Tariq Jameel	Aligarh
17	1540	Dr. Vishal <mark>Gupta</mark>	Sirsaganj
18	1541	Dr. Shivam Agarwal	Auraiya
19	1542	Dr. Anil Ku <mark>mar Sriva</mark> stava	Gorakhpur
20	1543	Dr. Manish Raj	Saifai
21	1544	Dr. Shree P <mark>rakash Gu</mark> pta	Deoria
22	1545	Dr. Mohd Arif	Deoria
23	1546	Dr. Shantanu Jaiswal	Deoria
24	1547	Dr. Gulam Rasul	Deoria
25	1548	Dr. Neeraj Srivastava	Varanasi
26	1549	Dr. Chandan Kishor	Varanasi
27	1550	Dr. Varun Vijay	Lucknow
28	1551	Dr. Alok Agrawal	Jhansi
29	1552	Dr. Rohit Kumar Niranjan	Jhansi
30	1553	Dr. Sanjay Yadav	Raebareli
31	1554	Dr. John Mukhopadhaya	Patna
32	1555	Dr. Vikas Gupta	NOIDA
33	1556	Dr. Kumar Keshav	Madhubani

			,
34	1557	Dr. Dheren Mondal	Agra
35	1558	Dr. Manoj Kumar	Jhansi
36	1559	Dr. Abhishek Jain	Jhansi
37	1560	Dr. Santosh Kumar Singh	Varanasi
38	1561	Dr. Murli Dhar	Lucknow
39	1562	Dr. Saurabh Saxena	Kanpur
40	1563	Dr. Rahul Singh	Kanpur
41	1564	Dr. Kazi Anwar Alam Khan	Jaunpur
42	1565	Dr. Aditya Patel	Gorakhpur
43	1566	Dr. Anurag Baghel	Auraiya
44	1567	Dr. Suneel Kumar	Raebareli
45	1568	Dr. Chandra Shekhar Verma	Lucknow
46	1569	Dr. Bharat Goswami	Mathura
47	1570	Dr. Ra <mark>vi</mark> Garg	Kanpur
48	1571	Dr. Sudhir Shyam Kushwaha	Deoria
49	1572	Dr. Manish Guta	Agra
50	1573	Dr. Anurag Baghel	Jhansi
51	1574	Dr. Ram Bahal Singh	Kushinagar
52	1575	Dr. Vijay Pratap Singh	Sant Kabir Nagar
53	1576	Dr. Aftab Alam	Agra
54	1577	Dr. RP Singh	Lucknow
55	1578	Dr. Vivek Vaibhav	Mirzapur
56	1579	Dr. Mohd. Ammar Aslam	Lucknow
57	1580	Dr. Prasanna Kumar Pandey	Allahabad
58	1581	Dr. Amit Kumar	Varanasi
59	1582	Dr. Birju Manjhi	Varanasi
60	1583	Dr. Vivek Srivastava	Allahabad
61	1584	Dr. Abhijeet Kunwar	Varanasi
62	1585	Dr. Amit Kumar Gupta	Varanasi
63	1586	Dr. Ashwini Kumar Singh	Varanasi
64	1587	Dr. Mohammad Aslam	Hapur
65	1588	Dr. Dhani Ram Singh	Gursarai (Jhansi)



List of New Associate Members (till 31st Oct' 14)

1	Dr. Alok Gupta	Sant Ravidas Nagar
2	Dr. Javed Ali	Saifai
3	Dr. Pratik G. Patel	Agra
4	Dr. Rohan Shanker Tiwari	Agra
5	Dr. Aditya Prakash	Agra
6	Dr. Sanjay Singh Rawat	Agra
7	Dr. Ravi Mehrotra	Agra
8	Dr. Mreetaunjay Singh	Agra
9	Dr. Naveen Kumar Singh	Agra
10	Dr. Amit Gupta	Agra
11	Dr. Sushant Verma	Agra
12	Dr. Danish Altaf	Agra
13	Dr. Pawan Kumar	Agra
14	Dr. Gauray Deshwar	Agra
15	Dr. Sanjay Ram	Agra
16	Dr. Pawan Kumar	Agra
17	Dr. Ekansh Debuka	Ranchi
18	Dr. Shalabh Kumar	Bijnore
19	Dr. Tribhay Goel	Ambala City
20	Dr. Dharmendra Kumar Tripathi	Sant Ravidas Nagar
21	Dr. Dhuruy Kumar Rawal	Gautam Budh Nagar
22	Dr. Nitin Manral	Udhampur
23	Dr. Dhananjai Kumar	Ambedkar Nagar
24	Dr. Alkesh Rathod	Amreli(Gujarat)
25	Dr. Mahesh Kumar Navadaya	Jhansi
26	Dr. Abhinav Singhal	Lucknow
27	Dr. Gyan Prakash Tiwari	Balrampur
28	Dr. Rajkumar Govindrao Rathod	Beed(Maharashtra)
29	Dr. Shailendra Pratap Singh	Deoria
30	Dr. Diwakar vikram Singh	Varanasi
31	Dr. Ajay Kumar Mishra	Varanasi
32	Dr. Vivek Kumar Kori	Varanasi
33	Dr. Samrat Smrutiranjan Sahoo	Varanasi
34	Dr. Vipul Kumar	Varanasi
35	Dr. Samardeep Singh	Varanasi
36	Dr. Nayan Silawat	Jhabua
37	Dr. Pinank Ravindra Morker	Surat
38	Dr. Sumit Chawla	Panchkula
39	Dr. Harshit Jain	Mathura
40	Dr. Afroz Ahmed Khan	Amethi
41	Dr. Jitender Mishra	Delhi
42	Dr. N. M. Soren	Delhi
43	Dr. Nitesh Rustagi	Delhi
44	Dr. Marothia Dayavir Dharamvir	Meerut



List of Orations & Fellowships

List of Orations & Lectures in UPORTHOCON 2015

1	DR Dhirendra Singh	DR B N SINHA ORATION
2	DR Shiv Shankar	DR TP SRIVASTAVA VARANASI ORATION
3	DR MS Dhillon	GHAZIABAD ORATION
4	DR DK Taneja	DR KP SRIVASTAVA AGRA ORATION
5	DR Jamal Ashraf	DR ANIL GUPTA MEMORIAL LECTURE
6	DR K.B. Attri	DR ABBAS ALI KHAN MEMORIAL LECTURE

List of Fellowship Awardees - 2014

S. No.	Fellowships	Awardee	Contact Person
1	UPOA Exchange Fellowship (2 SEATS)	Dr. Rohan Jain, Kanpur Dr. Gaurav Deshwar, Agra	Dr. RKS Dhakad
2	UPOA Travelling Fellowship(2 SEATS)	Dr. Pulkesh Singh, Varanasi Dr. Anuj Rastogi, Lucknow	Dr. Dev Dutt Chatterjee
3	UPOA Visiting Fellowship (1 Non Teaching)	Dr. Imran Sajid, Delhi	Dr. SKS Marya
4	UPOA Visiting Fellowship (1 Teaching)	Dr. Amrit Goyal, Agra	Dr. SKS Marya
5	Lucknow Pune Fellowship (2 SEATS)	Dr. Yasir Salam Siddiqui, Aligarh Dr. Deepak Srivastav, Lucknow	Dr. Parag Sancheti Mr Udai Vaidya
6	Varanasi Exchange Fellowship (1 seat)	Dr. Jeetendra Bajpai, Lucknow	Dr. HP Nagwadia
7	Ghaziabad International Fellowship (1 Teaching)	Dr. Gaurav Kumar, Jhansi	Dr. Jamal Ashraf
8	Ghaziabad International Fellowship (1 Non Teaching)	Dr. Saurabh Agarwal, Ghaziabad	Dr. Jamal Ashraf
9	Ghaziabad National Fellowship (1 Teaching)	Dr. Vineet Kumar, Kanpur	Dr. Rajasekaran/ Dr. Jamal Ashraf
10	Ghaziabad National Fellowship (1 Non Teaching)	Dr. Mohd. Faizan, Aligarh	Secretary BOS/ Dr. Jamal Ashraf





Ghaziabad International Fellowship

(Fellowship Feedback as informed to the Secretariat)

An Experience to be Cherished

I was overjoyed when on 23rd September, 2013 I received a letter from Dr. Atul Srivastava, Secretary U.P. Orthopaedic Association conveying the happy tidings that I had been selected for the prestigious maiden Ghaziabad International (Non teaching) Fellowship. The Fellowship (availed from 22 to 28 September, 2014) entitled me to visit and meet none else than esteemed Professor David Choon, FRCS, at the Department of Degenerative Joint Diseases, University of Malaya, Kuala Lumpur, Malaysia.

On 22nd September, 2014, immediately after the plane landed at Kuala Lumpur, I was taken by Dr. Faizal to the state of art joint replacement operation theatre at the University Medical Centre. Here, I had the opportunity to observe five surgeries involving total knee replacements under spinal and con-committent femoral nerve blocks, under ultrasound guide carried out by Prof. Azlina Abbas, Prof. Azhar and Dr. Chan in tandem. It was an added pleasure to meet and greet Dr. Khalid Abbas, the visiting Arthroplasty Fellow from Sudan. There after, around 5 P.M., Prof. Choon drove me to the place of my stay that had been arranged by him.

On 23rd September, I got the opportunity to assist Prof. Choon in carrying out four total knee replacement surgeries. I deeply appreciate his generosity in sharing with me the medial para-patellar and sub-vastus approach for the exposure. The icing on the cake was, the privilege of observing complete tourniquet-less total knee replacement. It was a rare experience to observe Prof. Choon's acumen to cut tibia with the free hand. While assisting him in surgery we had long enlightening discussions on cementing techniques, PS/CR knees, drain versus no drain, navigation and many other latest advances in the field of TJR. On 24th September I assisted Prof. Choon at Quill Orthopaedic Center in four replacement surgeries. On the next day, I was with Prof. Choon in his outdoor where the follow-up of joint replacements were taken care of. On 26th September, Prof. Choon sent me to Dr. Chan in his very busy outdoor at the University Medical Centre where I was delighted to see him imparting clinical teaching to undergraduate and postgraduate students. I could not help wondering at the sharp contrast between what I observed here in terms of quality healthcare to what we are accustomed to view in our own government medical institutions, with all the constraints notwithstanding.

On 27th September, being relatively free, I travelled to the ancient Malay town called Melaka. On the following day, Prof. Azlina and Dr. Chan invited me to witness the revision surgery of infected total hip where he demonstrated extended trochanteric osteotomy to remove infected cemented prosthesis.

Bidding adieu was a difficult task. Though I was there for just a week, I couldn't help feeling intensely nostalgic. Little did I know while embarking on this trip that it would turn out to be virtually a game-changing experience of my life.

Gratitude is the memory of the heart! I am immensely grateful to Prof. Choon, Prof. Azlina, Dr. Chan and all staff members of DJD, University Medical Center, Kuala Lampur for making my visit so professionally fruitful and rewarding. My special appreciation goes to Dr. David Choon and his wife Prof. Jesse for hosting me in their apartment with such warmth and care. I feel happy to acknowledge the valuable cooperation I received from Ms. Lee Mann, Secretary to Prof. Choon during the span of my stay there. I remain indebted to UPOA for granting me this fellowship without which I would have been deprived of the rare opportunity to be at one of the most advanced medical centres in the world in terms of infrastructure, expertise and commitment. I am especially thankful to Dr. Jamal Ashraf who remained in touch throughout my tenure and to Dr. Atul Srivastava, Dr. Dhirendra Singh and Dr. R.A. Agarwal for paving my way to the fellowship.

I deem it an honour to recommend this fellowship to young Orthosurgeons. The experience, I am sure, will go a long way in not only making them better surgeons but also nobler human beings.

Gratefully,

Dr. Arun Gupta MBBS., MS (Orth). Ojas Clinic, Agra



Visiting Fellowship (Teaching) Report 2014

(Fellowship Feedback as informed to the Secretariat)

Fellow- Dr. Ashish Kumar, Professor, Dett. of Orthopaedics, KGMU, Lucknow

Venue-Royal Prince Alfred Hospital and Institute of Rheumatology Missenden Road, Camperdown, Sydney, Australia. As per schedule for the fellowship, I arrived Sydney, Australia on 25thMay, 2014. After a small break, I walked to the RPA Hospital, just to have a look before starting next day.



On day one, I was supposed to meet Jackie Jones-Douglas, the contact person at 07.45am, outside the O.T. at RPA hospital. I reached 10 minutes earlier. After brief introduction, she escorted me to Dr. Mark Horsely, the Head of Orthopaedics. He was kind enough to detail the program scheduled for me during my visit. On that day, Dr. Paul Stalley was going to operate. The first case was a Revision THR. Cup loosening with a lot of aseptic debris, was evident on CT scan.

Anterior approach in Supine position, acetabulum was exposed by reflecting the anterior Iliac crest along with abductors attached. A big defect in floor was found through which black & brown debris were removed. Hydoxy appetite coated metal cage was fixed in which cemented cup was implanted. Original stem was stable and retained.

Next case was a TKR. Dr. Stalley, the old experienced orthopaedician was quite against the Navigation. He performed the surgery in a traditional way with his excellent surgical skills of soft issue handling. There was a discussion whether or not to stitch synovium as a separate layer after TKR, which we usually never do.

In the adjacent O.T, one arthroscopic ACL reconstruction was going on. After taking the permission by the operating surgeon, I stood there for some time. Nothing was different as we do here. I discussed about using allograft, but it was an uncommon practice there as well.

Next day onwards, I myself reached the O.T. in the morning 08.00 a.m. Dr. Stalley was performing a Talonavicular fusion after excision of navicular for some benign lesion. I discussed with him about possibility of curettage & grafting instead of excision & fusion but he had his own views. He used an allograft for this purpose.

In the adjacent O.T., Dr. Horsley was performing a primary THR. Anterior Approach in supine position under C- arm control was performed. Putting a central cautery mark in final broaching to decide the central position of exterior stem, which is smaller than the broach and may tilt within cement mantle, was a small but new tip for me. Next was a valgus knee, TKR was done by Dr. Boyle using navigation system. It was cruciate retaining TKR and it was good to see that no extreme flexed position was never required throughout the procedure.

Two more primary TKR were performed almost in similar fashion. After the O.T., I went to the hospital round to see the post operative patients and they were taken care of.

Next day, I reached the O.T at usual time. Dr. Sanjeev Gupta performed a TKR in a very bad knee with deformed lower end of femur? Old physeal injury. Somehow he dared to perform deliberate anterior notching for the better prosthetic fitting.

An elbow arthroscopy was being performed in the adjacent O.T. I learnt some nice tips to save the important anatomical structures around the elbow. Synovectomy and osteophyte resection was the procedure.

Dr. Stalley was doing a Shwannomare section from the popliteal fossa in the Adjacent O.T. He performed the excellent soft tissue dissection.

Two more primary TKR and one revision THR were performed on that day. Next day was OPD of Dr. Stalley. I stayed with him to learn, how do they evaluate their patients.

Next four days had a variety of THR & TKR including three revisions. I had many tips to learn from them. Besides attending the OT, I went for the ward rounds with all above consultants. I observed their way of dealing with the complaints much patiently than here.

Physiotherapy unit of the hospital was excellent. Every operated patient attended that section or the bedside physiotherapy started as soon as the pain was tolerable. Epidural catheters inserted for the pain management helped a lot in this process. Besides learning the surgical skill, overall experience was excellent. I am thankful to UPOA for awarding me this fellowship.

Dr. Ashish Kumar



Accounts Summary - UPORTHOCON 2014

	BUDGET		
Collec	tion		
1	Sponsorship	47,94,420	
2	Registration	45,61,778	
	Total	93,56,198	
Final I	Figure		
1	Collection	93,56,198	
2	Expenditure	83,47,266	
	Saving	10,08,932	
Contri	bution		
1	UPOA	5,00,000	
2	Journal @150 x 404	60,600	
3	LOC	4,48,332	
	Total Contribution	10,08,932	

S. No.	Expenditure details	Amount
1	Resorts: Stay + meals + decoration + generator backup	59,13,266
2	Conference Kit: Delegates + Spouses	8,55,000
3	Trade Exhibition Setup + Signages + Printing + Event Management Fees + Workforce	9,00,000
4	Audio-visual + Photography	2,00,000
5	Transportation + Safari: complimentary for faculty & spouses	2,38,000
6	Website + Postage: First letter + brochure	41,000
7	Misc: Planning visit, Official survey, standies, etc	75,000
		83,47,266

Treasurer's Report - Dr. Anup Agrawal (2 Jan' 14 to 9 Sep'14)

S. No.	Expenditure details	Amount
1	Resorts: Stay + meals + decoration + generator backup	59,13,266
2	Conference Kit: Delegates + Spouses	8,55,000
3	Trade Exhibition Setup + Signages + Printing + Event Management Fees + Workforce	9,00,000
4	Audio-visual + Photography	2,00,000
5	Transportation + Safari: complimentary for faculty & spouses	2,38,000
6	Website + Postage: First letter + brochure	41,000
7	Misc: Planning visit, Official survey, standies, etc	75,000
		83,47,266

BALANCE SHEET		Amount
UPORTHOCON 2015 seed money		500000
UPORTHOCON 2014 expenses		216588
Printing news letter		67257
Secretary Exp till Jan2014		120388
Website charges		9550
Bank charges		102
Total Expenditure		913885
Cheque not r	ealized	-5000
Total Expenditure		908885
Total balance + Deposit		2166517
Total Expenditure		90885
BALANCE as on 09/09/14		1257632



UPOA PG Quiz Report

UPOA PG Quiz— Mid Term Symposium, Mathura

The UPOA PG Quiz was conducted by Quiz Master **Dr. Sanjay Dhawan** at Mid Term Symposium on 15/09/2014 at Mathura. It was attended by NINE teams from various medical colleges in Uttar Pradesh. The winner team from Varanasi (**Dr. Samrat Sahoo** & **Dr. Vivek Kumar Kori**) shall represent UPOA in the IOA Quiz in IOACON-2014 at Hyderabad.

IOA PG Quiz, IOACON HYDERABAD:

UPOA shall organize the IOA PG Quiz during IOACON 2014, Hyderabad by Dr. S. K. Saraf and Dr. Vineet Sharma and Assisted by Dr. Sanjay Dhawan.





Selection Criteria for Life Time Achievement Award

Selection criteria for Life Time Achievement Award	Points
Past President of UPOA	10
Past Secretary of UPOA	10
Past President / Secretary of IOA	10
Editor of JBJD	5
Executive Member of UPOA IOA (2.5 Points each time)	5
Organising Secretary of UPORTHOCON/IOACON/ Other National Events	10
Organising Secretary of MTS / PGICL/UPOA Courses (2.5 point of each)	5
PGICL / CME of IOA	5
Social work	5
Presentations & publications in UPOA/IOA (2 Points each)	10
Awards/Fellowships of UPOA/IOA (2 Points)	10
Research/Books/ Instruments	5
Any new development for up-liftment of UPOA	10
Total	100

The application for Life Time Achievement Award should be received by the UPOA Secretariat before Mid Term Symposium with the approval of the President and Secretary of local City Club.



President Elect's Message

Dear Members, Greetings from Agra

According to the amended constitution of UPOA, the President elect has also to perform the duties of the Election Officer, therefore I wish in the capacity of the President Elect of the UPOA and the Election Officer, I wish to notify the forthcoming elections of our association through this newsletter. The details of the vacant posts, criteria for their application, requisites and important dates etc are published herein.

I appeal to all the members of the UPOA to actively participate in the elections by casting your vote and exercising your franchise.

For any queries, feel free to contact me.

With warm regards

Dr. Ashok Vij

President Elect - UPOA

Election Officer.

Schedule of Election Procedure		
Last date for filling of n <mark>ominat</mark> ion	30 Nov., 2014	
Withdrawal of nomina <mark>tion</mark>	14 Dec., 2014	
Declaration of Candidates	21 Dec., 2014	
Ballot Posting	2 Jan., 2015	
Duplicate Ballots	12 Jan. to 27 <mark>Jan.,</mark> 2 <mark>0</mark> 15	
Last date of receipt of <mark>Ballots</mark>	22 Feb., 2015	

Election Notification:

You are requested to send nomination for following posts in UPOA:

President Elect
1 For one year
Vice President
2 For one year
Member Executive
3 For three years

Eligibility Criteria:

Only life members of UPOA and who are also member of IOA can apply. (Refer to the ammended constitution of UPOA). They should be practicing ORTHOPAEDICS in the state of Uttar Pradesh at the time of nomination.

Other Criteria

Minimum conferences attended to apply for the following posts are:

President Elect 10 Conferences of UPOA Vice President 08 Conferences of UPOA Member Executive 03 Conferences of UPOA

Kindly fill the nomination form attached with the newsletter (photocopy may be used) or download from the website and send it to the address below.

Important

Submit proof of eligibility (Photocopy of attendance certificate of conferences) along with the nomination form. Returning officer has the right to cancel nomination forms which are incomplete and without proof of eligibility criteria. The decision of the returning officer will be final and binding on all contestants.

Kindly attach DD of Rs. 5000 in favour of "UP Orthopaedic Associaton" (Payable at Lucknow) and send this form along with scanned copy to the following address:

Dr. Ashok Vij

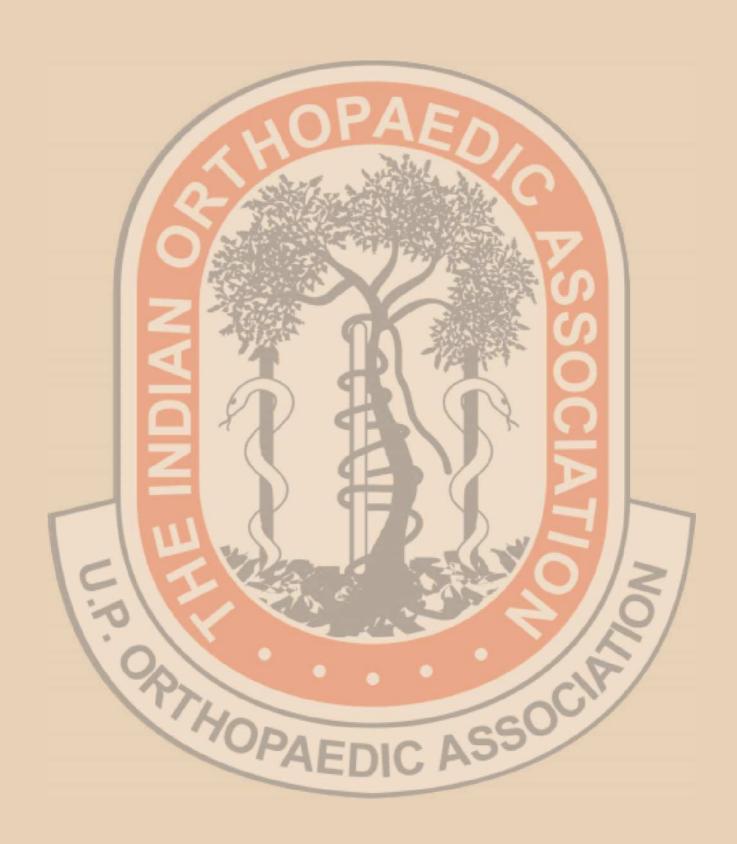
48, Surya Nagar, Agra-282002

Mob. 9837007577, E-mail: drashokvijagra@yahoo.co.in



NOMINATION FORM FOR CONTESTING IN THE ELECTIONS OF UPOA

l.	Post applied for	•••••	•••••	•••••	••••					
	Name:									
	LM No. of UPOA		LM No. of IOA							
	Address:									
	Email ID		•••••							
	Mobile/Phone Numbers									
	Number of conferences attended		1							
	(Attach photocopies of		2							
	Certificates of attendance)		3							
			4			• • • • • • • • • • • • • • •				
			5			•••••				
			6			•••••				
			7			• • • • • • • • • • • • • • • • • • • •				
			8			• • • • • • • • • • • • • • • • • • • •				
			9							
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ó.	Proposed & Seconded	Proposed & Seconded by								
		N	IAME	LM No.	SIGNATURE					
	Proposed by									
	Seconded by									
' .	Nomination Fee									
•	Draft Number		Drawn on Bank		Dated	\neg				
			NO OBJEC	CTION						
an	n a life member of UPOA	& have no o	bjection in appl	ying for the post of	•••••					
		Name:			••••					
		Signature)							
		Date								





UPOA – MEMBERSHIP FORM

То

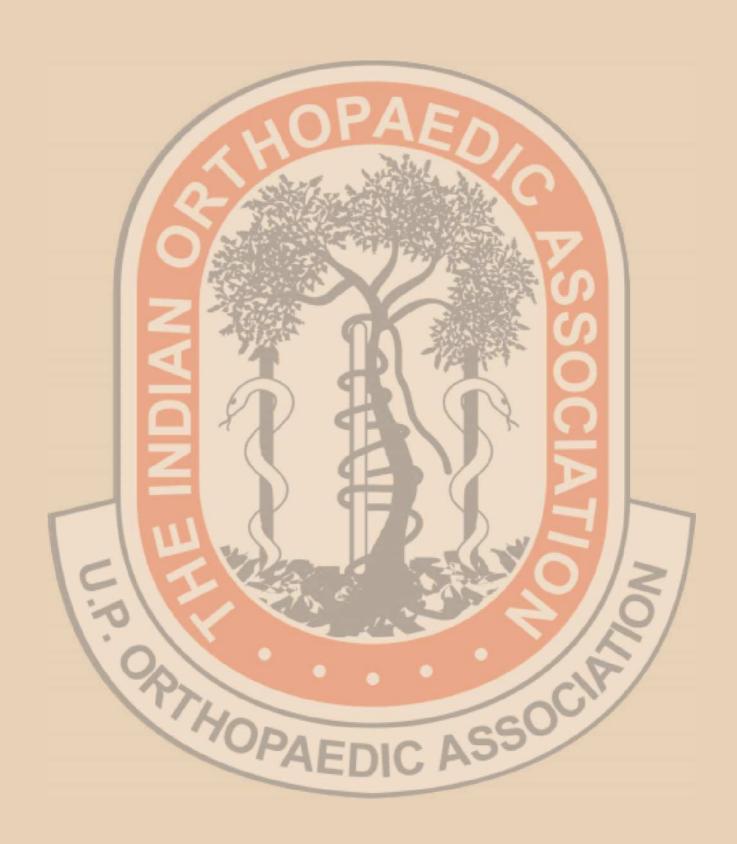
Dr Atul Srivastava

Secretary UPOA
1/114-B, Gulab Rai Marg, Delhi Gate, Agra. 282002
Ph: 9897076867, 9359928191, 9837021279.

Email: upoaoffice@gmail.com, dratulagra@gmail.com

Space for Photo

Dear Sir,								
I wish to join as member of UPOA. I am enclosing herewith a DD/Cheque of Rs 2500.00 towards membership as Member. Or Rs. 500.00 as Associate Member.								
Name:								
Date of Birth:								
Address:								
		TelephoneMobile						
E-mail:								
Qualification:		Institution / University & Year of Passing						
MBBS								
MS Ortho / D.Ortho								
Present Status:								
Membership No. IOA	λ:							
Payment Details		DD/Cheque NoDrawn On						
		Amount Date						
		DD/Cheque in favour of UP ORTHOPAEDIC ASSOCIATION , payable at Lucknow						
	Name		Signature	LM No.				
Proposed by								
Seconded by								
FOR OFFICIAL PURPOSE								
Received by (Name)								
Membership No. Allo	tted							



IOA Membership Form

The Hon. Secretary, Indian Orthopaedic Association, IOA House, 69 Tughlakabad Inst. Area, Behind Batra Hospital, M.B.Road, New Delhi - 62

Ph: +91-11-29961434, 9811967820 E-mail: ioahousedelhi@gmail.com Website: http://www.ioaindia.org

Dear Sir,

Attach **Passport Size** Photograph Here

I wish to apply for the	LIFE Membership of Indian Orthopaedic	Association
Name (BLOCK LETT	ERS)	
Postal Address		
State	Pincode	Date of Birth
Email		
Telephone		Mobile No.
PG Degree / Diploma	ı	Year
I enclose the paymen	nt of Rs. By Cheque / DD No	
Place & Date		Signature
Proposed By (NAME IN BLOCK LE	ETTERS)	
SIGNATURE		IOA MEMBERSHIP NO
Seconded By (NAME IN BLOCK LE	ETTERS)	
SIGNATURE		IOA MEMBERSHIP NO

The membership fee for Life Membership is Rs. 5,000/- and full membership is Rs. 1000/- (yearly) a decision has taken of IOA E.C meet and AGM in 2008 at Bangalore. Please make Daft in favour of "Indian Orthopaedic Association" payable at New Delhi

PLEASE NOTE:

- Please send the membership application Form and Demand Draft at the above mentioned address only. Certified Photocopy of the PG Degree / Diploma to be sent along with Application Form. Certified Photocopy of Medical Council Registration to be sent along with the form.

Membership is subject to ratification in the subsequent AGM of the IOA. Allotment of membership no will follow the ratification. Members will get proper information up to 1st week of March after ratification the membership no.





Personal Achievements (As notified to the Secretariat)

INTERNATIONAL CONFERENCES

SICOT, 2013: 13 papers of UPOA members were presented in SICOT, Hyderabad.

- **Dr. Jamal Ashraf** is invited as Guest Faculty at 65th Annual Conference of Egyptian Orthopaedic Association
- Dr. Jamal Ashraf is invited as Guest Faculty at 87th Annual Conference of Japan Orthopaedic Association
- Dr. Vikas Trivedi, Travelling Fellow at 87th Annual Conference of Japan Orthopaedic Association
- **Dr. Jamal Ashraf** has presented a paper in PAN ARAB Conference, Dubai in Jan, 2013.
- **Dr. Saurabh Agarwal** has attended Cadaveric Course on Management of Meniscal repair & cartilage procedures from June 15-17, 2014 at Arthrex Training centre, Chula University, Bangkok, Thailand.
- OASAC 2014: 27 Papers of UPOA members were presented in OASAC 2014 organized at Agra from Oct 7th—9th, 2014.

NATIONAL CONFERENCES

IOACON, 2013: 42 papers were presented by UPOA members in IOACON, 2013held at Agra on Dec 3rd—8th, 2013. 13

Awards & Honours

Honorary Fellowship of IOA 2013 awarded to

Dr. K P Srivastava, Agra.

Distinguished Orthopaedic Service Award of OASAC is awarded to Dr. K P Srivastava, Agra at OASAC 2014.

Dr. B N Sinha Meritorious Award of IOA 2013 is awarded to Dr. K P Srivastava, Agra at IOACON 2013.

Dr G N Khare, Varanasi, ISOUK fellowship award

Dr Lateef Jilani, Aligarh, APOA Hip Arthroplasty fellowship award

Dr Anup Agrawal, APOA Arthroplasty Fellowship July 2014.

Dr Anup Agrawal, MOA Trauma Fellowship 2013.

Dr Javed Jameel, APOA Arthroplasty Fellowship, 2014

Dr Sohail Ahmed, APOA Spine Travelling Fellowship, November 2013

Dr R A Agrawal, Visiting Fellowship Kurgan, Russia

Election of UPOA members to High Posts:

Dr Anil K Jain: President IOA

Dr Sudhir Kapoor: Hon secretary IOA

Dr Dhirendra Singh: Chairman CSR committee IOA

Dr Atul Bahadur Singh: Chairman inland fellowship committee IOA

Dr A. K. Gupta: Chairman foreign fellowship committee IOA

Members working committee IOA:

Dr S. K Saraf : Basic Science and Research

Dr Vineet Sharma: UG/PG Training

APOA: Dr Jamal Ashraf: President trauma section APOA/Council member APOA/APOA Fellowship Co-ordinator

Dr. Sohail Ahmed - Young Co-ordinator

ASAMI: Dr R A Agrawal, President

















