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UPOA NEWS

Newsletter of UP Orthopaedic Association
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Presidential Theme

A YEAR DEDICATED TO SURGICAL TRAINING

Executive Committee of UPOA : 2011 - 2012

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Dr. S. M. Sharma, Meerut

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Dr. Ashok Vij, Agra ● Dr. Amit Rastogi, Varanasi ● Dr. Tribhuwan Singh, Allahabad



President's Message

Dear members,

Festival greetings from Ghaziabad.

At the outset, I wish to thank the UPOA fraternity for bestowing upon me the honour & privilege to serve as the President of our great association.

In my twin capacity as the Organising Chairman & the President of the host chapter, it is with great pleasure that I invite you to Ghaziabad-Noida, for the 56th Annual conference of the Indian Orthopaedic Association. I am confident that UPOA & the organising committee headed by Dr. Naresh Chand, will deliver a memorable conference.

Through the dedicated commitment of our colleagues of the UPOA, our mission remains “to serve the profession, champion the interests of our patients, and advance the highest quality of musculoskeletal care.” I hope that each of you will embrace this mission and become involved in your association. Support its programs; volunteer to serve on a committee; participate in initiatives that are important to you and to your patients. Only by becoming so engaged will you realize the full value of your membership.

Through this news letter I wish to appeal to our non member colleagues to become the member of our esteemed organization, form local clubs at each and every district of U.P. and take active part in the academic activities

Looking forward to seeing you in IOACON 2011.

Dr. Ashok Gupta

President UPOA

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From the Desk of Secretary UPOA

Greetings from Lucknow for a happy & prosperous New Year.

I feel honoured & privileged to have been an opportunity to serve as secretary of UPOA. To follow in the legendary footsteps of Late Dr. A. N. Srivastava, Dr. K. P. Srivastava, Dr. R. K. Shukla, Dr. A. N. Verma, Dr. S. C. Gaur, Dr. Rajendra Nath, Dr. S.C. Goel, Dr. Vineet Sharma, Dr. Ajit Saigal & Dr. Dharendra Singh

These past 18 months have been an enjoyable & enlightening journey. I have tried my level best to live upto your expectations.

This issue of UPOA News is timed to apprise all members about the activities of the past 4 months and notify the forthcoming elections of UPOA.

Let us embark on this fruitful journey together, shoulder to shoulder, to share a common ideal and embrace a common goal.....to make UPOA the shining star of IOA.

Agenda

1. Scientific Events:

“Learning is a treasure that will follow its master everywhere.” – A Chinese proverb

During the current academic year the followings programmes have been conducted by / under the aegis of UPOA.

1.	UPORTHOCON 2011	Gorakhpur	Dr. S. C. Kaushik
2.	5th UP Arthroplasty Course	Kanpur	Dr. A. S. Prasad
3.	UP Shoulder Conclave	Allahabad	Dr. K. D. Tripathi
4.	CME on Hand Injuries	Meerut	Dr. Neeraj Garg
5.	CME on Peri-articular Fractures	Faizabad	Dr. S. M. Diwedi
6.	IOA Abbott Workshop	Meerut	Dr. Gyaneshwar Tonk
7.	2nd UP Trauma Course	Lucknow	Dr. Anup Agarwal
8.	CEZCON 2011	Varanasi	Dr. Amit Rastogi
9.	UPOA Mid Term Symposium	Aligarh	Dr. Aamir Bin Sabir
10.	IOA Abbott CME	Lucknow	Dr. Sandeep Garg
11.	IOA Abbott CME	Agra	Dr. Ashok Vij
12.	UPOA PGICL	Allahabad	Dr. A. K. Verma

Organising secretaries of all the scientific events listed above, are kindly requested to attend the inaugural function of UPORTHOCON in Kanpur on Feb 17, 2012 to receive their momentos & certificates

2. UPORTHOCON 2011:

The next annual conference of UPOA will be held in Kanpur from February 17-19, 2012 under the dynamic leadership of Dr. A. S. Prasad. The first day will have two workshop with live surgical demonstration on: TKR & Fractures of the proximal femur. I am sure the enthusiastic team under the chairmanship of Dr. G. K. Senger will organise a memorable conference.

Important Dates & Times to remember

Inaugural function:	February 17, 2011 – 7.00pm
Extra-ordinary GBM	February 18, 2011 – 5.30pm
Annual GBM	February 18, 2011 – 6.00pm

3. PGICL

The next PGICL will be conducted by the Dr. A. K. Verma, M.L.N Medical College, Allahabad on Nov 4-6, 2011. I request all the departmental heads to send their post graduate students in large numbers to this instructional course.

4. Constitutional Amendments

“If you want change, you have to make it. If you want progress, you have to drive it”

Constitutional amendments are long overdue. The executive of the UPOA has formed a constitutional review committee to look into suggestions of members and suggest constitutional changes. The committee consists of the President, President Elect, Secretary, and 3 nominated members: Dr. A. N. Verma, Dr. Vineet Sharma, & Dr. Dharendra Singh.

I request all the members to kindly go through the constitution (available on the UPOA website) and send their suggestions to upoaoffice@gmail.com

The review committee will look into the suggestions and present its final recommendations in an Extra-ordinary GBM in Kanpur on February 18, 2012

5. Membership

It is of prime importance that all practising orthopaedic surgeons in UP become members of UPOA & IOA. It is the duty of all Club Presidents & secretaries to encourage membership drive in their cities.

6. Membership Certificates

The membership certificates of all life members ratified in the last two years have been sent to them by speed post. Those who have not received them, may kindly inform me.

7. JBJD

The editorship of the JBJD is now in the safe hands of Dr. Amit Rastogi. On behalf of Dr. Rastogi, I request all members to send their articles, case reports, & research work for publication in the JBJD. Dr Rastogi is making efforts to ensure that the journal reaches all members by post/courier.

8 Local Clubs

- I again request the secretaries of all local clubs to inform me about the office bearers of their clubs. I would like to mention here that it is constitutionally binding on all clubs to conduct annual elections to their executive and inform me accordingly.
- As per the constitutional amendment, all local clubs had to inform me about this prior to the Mid term symposium to be eligible for Best Club Awards.
- A marking criteria for selection of best ortho clubs was approved by the executive committee. It has being sent to all the secretaries.
- All clubs secretaries are requested to get their clubs registered under the societies act and apply for a PAN number.
- Only those clubs having their own PAN number will be eligible to bid for the UPORTHOCON & Mid Term Symposiums
- All club secretaries are requested to send their annual reports before January 15, 2012 on upoaoffice@gmail.com.

9. Orations

- | | | |
|----|-------------------------------------|---------------------------|
| a. | Dr. B. N. Sinha Oration | Dr. D. K. Gupta, Jhansi |
| b. | Dr. K. P. Srivastava Oration | Dr. Rajiv Naik, Bangalore |
| c. | Dr. T. P. Srivastava Oration | Dr. Ajay Puri, Mumbai |
| d. | Ghaziabad Oration | Dr. S. S. Yadav, Rohtak |
| e. | Dr. Anil Gupta Memorial Lecture | Dr. Sanjiv Nand, UK |
| f. | Dr. Abbas Ali Khan Memorial Lecture | Dr. Salman Ali, UK |

10. Fellowships

I request all the awardees to kindly be present in the inaugural function of UPORTHOCON in Kanpur on Feb 17, 2012 to receive their memento & certificates.

- | | | |
|----|------------------------------|--|
| a. | UPOA Travelling Fellowship | Dr. Himanshu Sharma, Varanasi
Dr. Matloob Rehman, Aligarh |
| b. | UPOA Visiting Fellowship | Dr. Priyank Gupta, Jhansi
Dr. Sohail Ahmad, Aligarh |
| c. | UPOA Exchange Fellowship | Dr. Vinay Kumaraswamy, Varanasi
Dr. Pravin Kumar, Lucknow |
| d. | Varanasi Exchange Fellowship | Dr. Hatif Qamar Siddiqui, Aligarh |
| e. | Lucknow Pune Fellowship | Dr. Dharmendra Kumar, Ghaziabad
Dr. Pankaj Jaiswal, Lucknow |

11. Awards

I request all the awardees to kindly be present in the inaugural function of UPORTHOCON in Kanpur on Feb 7, 2012 to receive their medals & certificates

- | | | |
|----|-----------------------------|--|
| a. | Lifetime achievement | Dr. S. A. Sadiq, Lucknow |
| b. | Dr. A. K. Gupta Medal | Dr. Shah Waliullah, Lucknow |
| c. | President's Medal | Dr. Javeed Jamil, Aligarh |
| d. | P. G. Gold Medal | Dr. Vineet Yadav, Varanasi |
| e. | Bhagwan Prasad Medal | |
| f. | Dr. K. P. Srivastava Trophy | Lucknow Orthopaedic Club
Ghaziabad Orthopaedic Club |
| g. | Dr. M. K. Goel Trophy | Dr. Gaurav Kumar, Aligarh |
| h. | Quiz Winners | Dr. M. V. Venkata Rao, Aligarh |

Looking forward to meeting you all in Kanpur.

Jai Hind.

Dr Jamal Ashraf

Secretary UPOA

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Minutes of executive committee meeting held in J. N. Medical College, AMU, Aligarh 18th September 2011 presided by Dr. Ashok Gupta – President UPOA

Obituary: Dr. Shariq Kamal (Lucknow)

Editors Report: Dr Amit Rastogi was unable to attend. His report was read out by Dr. Jamal Ashraf - Passed

Fellowships: Based on the marking system, the following candidates were selected

- | | |
|----------------------------------|--|
| 1. UPOA Travelling Fellowship: | Dr. Himanshu, Dr. Matloob Rehman |
| 2. UPOA Visiting Fellowship | Dr. Priyank Gupta, Dr. Sohail Ahmad |
| 3. Baburam Exchange Fellowship: | Dr. Vinay Kumaraswamy, Dr. Pravin Gupta |
| 4. Varanasi Exchange Fellowship: | Dr. Hatif Qamar Siddiqui |
| 5. Lucknow Pune Fellowship | Dr. Dharmendra Kumar, Dr. Pankaj Jaiswal |

Financial Report: read by Dr. T. P. S. Lamba. Passed

Club Reports:

1. Dr Jamal informed that only two clubs (Lucknow & Ghaziabad) had sent preliminary reports before the Mid Term Symposium.
2. Only Clubs having their own PAN Cards to submit bids for UPORTHOCON & Midterm symposium.
3. All club secretaries to send official invitations to President UPOA, President Elect, & Secretary to every event conducted.

Awards

- | | |
|--|---------------------------------|
| 1. Lifetime achievement | Dr. S. A. Sadiq, Lucknow |
| 2. Dr. B. N. Sinha Oration | Dr. D. K. Gupta, Jhansi |
| 3. Dr. K. P. Srivastava Oration | Dr. Rajeev Naik, Bangalore |
| 4. Dr. T. P. Srivastava Oration | Dr. Ajay Puri, Mumbai |
| 5. Ghaziabad Oration | Dr. S. S. Yadav, New Delhi |
| 6. Dr. Anil Gupta Memorial Lecture | Dr. Sanjiv Nand, United Kingdom |
| 7. Dr. Abbas Ali Khan Memorial Lecture | Dr. Salman Ali, United Kingdom |

Constitutional Ammendments

Constitutional review committee: President, President Elect, Secretary, and 3 nominated members: Dr. A. N. Verma, Dr. Vineet Sharma, & Dr. Dharendra Singh.

Extra-ordinary GBM to be convened before the GBM in Kanpur on February 18, 2012

UPOATHOCON 2011:

Dr S. C. Kaushik presented the final report. Presented cheque of Rs 2,25,000.00 in favour of UPOA. President applauded Dr. Kaushik for his efforts.

UPOATHOCON 2012:

In the absence of Dr. A. S. Prasad, the organising team was represented by Dr. Vishal Agarwal. He presented a report about the progress. Dr. Ashok Gupta took strong exception to the fact that the 1st brochure of UPORTHOCON 2012, did not contain the emblem of UPOA. Dr. Agarwal & Dr. Lamba acknowledged the lapse and promised to re-print the brochure.

In future, the brochures to be approved by the President / Secretary UPOA before printing.

Other Matters:

1. Travelling expenses for UPORTHOCONs & MTS to be paid to all UPOA executive members by UPOA.
2. Election ballots to be sent by courier instead of ordinary post.

Dr. Jamal Ashraf
Secretary UPOA
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CME on Juxta Articular Fractures

To focus on the latest issues of trauma care, a symposium on Juxta-articular fractures was organised by Faizabad Orthopaedic Club, on 29th May 2011 in Hotel Shane Awadh, Faizabad. The programme was conducted under the aegis of the UP Orthopaedic Association. Dr. S. M. Dwiedi, organising secretary & Dr Atul Verma, president Faizabad Orthopaedic Club, emphasised that the programme was an effort by the club to update the orthopaedic surgeons of the area about the newer advancements in surgical fixations.



The event was a forum for the show of expertise & to update the knowledge and skills in the art of fracture fixation, as experts from various parts of the state came to share their ideas and knowledge with the delegates. It was inaugurated by Dr. Kapil Kulsrestha, president elect UPOA.

The course was attended by more than 50 delegates from Faizabad district and its adjoining areas viz. Sultanpur, Pratapgarh, Rai Bareilly, Jaunpur, Gonda & Basti.



The scientific lectures were delivered by Dr. P. M. Gadre, Dr. Kapil Kulshrestha, Dr. Ashish Kumar, Dr. Anup Agarwal, and Dr. Tribhuvan Singh. Thereafter a hands on model workshop on distal radial fractures was organized by Synthes. All delegates were keen to know the details of the technique and asked the experts the pearls and pitfalls of this new implant.



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IOA Abbott Course - Meerut

The 1st IOA-ABBOTT CME-WORKSHOP on the management of intra-articular fractures was organized at LLRM Medical College Meerut on 26th June 2011 by the team led by Dr. Gyaneshwar Tank & Dr. Lokesh Maratha. It was conducted under the auspices of UP Orthopaedic Association and Meerut Orthopaedic Club.

The inaugural function was chaired by Dr. S. M. Sharma, Chairman CSR Committee, IOA. He gave a brief introduction of the IOA Abbott Surgical Training workshops that were being conducted by IOA in various



This academic event consisted of lectures on the management of Intra-articular fractures and 2 workshops on "Locking Plate Fixation in Proximal Humerus Fractures and "JESS fixator (Helmet Frame) application in proximal tibia fracture." The locking plate workshop was conducted by Dr.R.B. Kaliya and Dr. Lalit Mani while the JESS workshop was conducted by Dr. Lokesh Maratha & Dr. Ram Prabhoo. It was attended by 150 orthopaedic surgeons from different parts of India.

parts of the country. Dr. P.P. Kotwal, Head Dept. of Orthopaedics AIIMS was the chief guest and Dr. K.K. Gupta, Principal L.L.R.M. Medical College was guest of honour for this occasion.

The faculty included Dr Lalit Maini (New Delhi), Dr. Vikas Gupta (New Delhi), Dr. Ram Prabhoo (Mumbai), Dr P. P. Kotwal (New Delhi), Dr Kapil Kulsrestha (Allahabad), Dr. Sansar Sharma (Dehradun), & Dr. Jamal Ashraf (Lucknow). There were two interactive sessions moderated by Dr. A.S. Dubey and Dr. M.K.A. Sherwani.



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2nd UP Trauma Course 2011

The 2nd UP Trauma course was organized in Lucknow on July 10, 2011 by Lucknow Orthopaedic Club under the aegis of UP Orthopaedic Association. The theme was 'Update on Management of Lower Limb Trauma'. The aim of the course was to bring the beginners & the experts on a common platform to discuss the latest advances in trauma surgery.

The programme started with a brief inaugural ceremony in which Prof. U. S. Mishra was the chief guest and Dr. Kapil



The guest faculty included Dr. A. S. Prasad (Kanpur), Dr. Ajay Singh (Lucknow), Dr. Atul Srivastava (Agra), Dr. Dharendra Singh (Ghaziabad), Dr. John Mukhopadhyay (Patna), Dr. Kapil Kulshrestha (Allahabad), Dr. K. D. Tripathi (Allahabad), Dr. Mangal Parihar (Mumbai), Dr. Mohammad Zahid (Aligarh), Dr. Nadeem Farooqui (Kanpur), Dr. Ram Prabhoo (Mumbai), Dr. Sandeep Garg (Lucknow), Dr. Sandeep Kapoor (Lucknow), Dr. Shah Alam Khan (New Delhi), Dr. S. K. S. Marya (New Delhi) & Dr. Vivek Trikha (New Delhi).

Kulshrestha, President Elect UPOA was the guest of honour. Seeing the enthusiasm & overwhelming response of the members of LOC, Dr. S. K. Mishra, the organizing chairman, promised to incorporate hands on workshops for next years course. The course was attended by 168 participants (154 delegates and 14 faculty) from all over the state.

Scientific deliberations consisted of a series of guest lectures on all the major lower limb fractures, and group discussions between the delegates and faculty.



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Annual Conference of Central Zone

The 11th Annual conference of Central Zone of IOA was organised by the Dept of Orthopaedics, BHU & Varanasi Orthopaedic Club on August 26-28, 2011 in Varanasi. The programme was conducted under the aegis of UPOA & guidance of Dr. S. C. Goel (patron) and Dr. Ajit Saigal (organising chairman & President Elect of CZ-IOA).

The inauguration was done by Prof Mohapatra (Director IMS – BHU), Dr Ramesh Mina (President CZ-IOA) & Dr. Ashok Gupta (President UPOA).



The first day consisted of 5 pre-conference workshops on Distal Humeral LCP, Proximal Humeral Nailing, Modular Bipolars, TKR, and Proximal Femoral LCP.

The scientific deliberations were attended by more than 300 delegates from UP, Bihar, Madhya Pradesh, Rajasthan and other neighbouring states.

The faculty included the best speakers from across the country. Among them, Dr. D. D. Tanna, Dr. Babulkar, Dr.



John Mukhopadhyay, Dr. Ram Prabhoo, Dr. H. K. T. Raza, Dr. Rakesh Bhargawa, & Dr. S. C. Goel.

In the validictory function, Dr Ramesh Mina, handed over



the charge of the CZ-IOA to Dr. Ajit Saigal and Dr. Amulya Singh took charge of the Secretary-ship.

Dr. Amit Rastogi

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Mid Term Symposium 2011

The Midterm Symposium of the UP Orthopaedic Association was organized jointly by the Department of Orthopaedic Surgery, J. N. Medical College, Aligarh and Aligarh Orthopaedic Club on 18th September, 2011.

Keeping in view, the magnitude of the problem, the organizing committee decided to keep the symposium on Osteoporotic fractures. The Organising Secretary was Dr. Aamir Bin Sabir and the Organising Chairman was Prof. Mohammad Zahid. The symposium generated a very good response from the members of UPOA and general public.



(Bareilly), Dr. Mohammad Zahid (Aligarh), Dr. Nadeem Farooqui (Kanpur), Dr. Sandeep Garg (Lucknow), Dr. Naiyer Asif (Aligarh), Dr. Dharendra Singh (Ghaziabad), Dr. V. P. Sharma (Lucknow), Dr. Yash Gulati (New Delhi) and Dr. Ram Prabhoo (Mumbai).

The Annual PG Quiz of UPOA was also held alongside the symposium. In the absence of Dr. Ajay Singh, it was conducted by Dr. Sandeep Garg from Lucknow. The Quiz was won by the team from Aligarh, comprising of Dr.



The symposium was chaired by UPOA President, Dr. Ashok Gupta. It was inaugurated by the Vice-Chancellor of Aligarh Muslim University. UPOA Secretary Dr. Jamal Ashraf and President-Elect of UPOA Dr. Kapil Kulshreshta also graced the occasion.

More than 100 delegates from all parts of the state attended the day-long symposium. The Faculty included Dr. Sheelu Shafiq (Aligarh), Prof. Shishir Rastogi (New Delhi), Dr. Aditya Aggarwal (New Delhi), Dr. K. K. Pruthi (Agra), Dr. Jamal Ashraf (Lucknow), Dr. Parmendra Maheshwari



Gaurav Kumar and Dr. Venkat.

All the delegates and faculty had full praise for the organizers. The symposium was also well covered by the local and national media.

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Jess Symposium 2011

Bareilly Orthopaedic Club had the privilege to organize the JESS Symposium on 21st October 2011. It was conducted under the aegis of UPOA.

Dr. Pramendra Maheshwari was the organizing secretary & Dr. Ravi Mehra, president Bareilly Orthopaedic Club, was the organizing chairman. The single day event included guest lectures and hands on workshop on bone models.



by 62 orthopaedic surgeons and well covered by the local media.



The inaugural function was chaired by Dr. Arun Vashist, vice president of UPOA. It was inaugurated by Shri Prakash D, IPS the Deputy Inspector General of Police.

Dr. Ram Prabhoo, from V.N. Desai hospital Mumbai, the chief faculty of the course & his team of Dr. Rajesh Gandhi & Ms. Sandhya Kaushik were overwhelmed with the response of all the delegates who attended it not only from Bareilly but also from far distant cities of UP like Shahjhanpur, Budayun, Rampur, Pilibhit, Aligarh, Meerut & Moradabad. The scientific deliberations were attended



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IOA Abbott CME - Lucknow

We heartily express our gratitude to the IOA for taking this initiative in organizing surgical training programmes for the orthopaedic fraternity across the country.

In continuation of the President's theme, an IOA Abbott CME was organised by Lucknow Orthopaedic Club on 9th October, 2011 in Hotel Taj Vivanta, Lucknow. The theme of the CME was Trix to Fix, addressing the common controversies in the management of various fractures. It was intended to upgrade the knowledge & skills of practising Orthopaedic Surgeons.



Prasad (Kanpur), Dr. P. M. Gadre (Kanpur), Dr. Kapil Kulshrestha (Allahabad), Dr. Dharendra Singh (Ghaziabad), Dr. Ashish Kumar (Lucknow), Dr. Ajay Singh (Lucknow), & Dr. P. K. Shamsbery (Lucknow)

Post lunch session included video demonstration and hands on models demonstrations on LCP Distal Radius & LCP Proximal Humerus.



The Course co-ordinators were Dr. Sandeep Garg & Dr. Sandeep Kapoor. It was attended by 172 delegates from across the state.

The programme started with a brief introduction by Dr. Jamal Ashraf, Secretary UPOA. Thereafter were a series of lectures and panel discussions. The faculty included Dr. Vineet Sharma (Lucknow), Dr. Sanjay Rastogi (Kanpur), Dr. Shah Alam Khan (New Delhi), Dr. Vikas Gupta (New Delhi), Dr. U. K. Sadhoo (New Delhi), Dr. Parag Munshi (Mumbai), Dr. Mukesh Jain (Muzaffarnagar), Dr. A. S.



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IOA Abbott Course – Agra

On the occasion of the 32 Annual Day of Agra Orthopaedic Society, an IOA Abbott Surgical Training workshop was organised on 30 October, 2011 in Hotel Amar, Agra. It was conducted under the aegis of UP Orthopaedic Association. The Organising Chairman was Dr. Ravi Sabharwal and the Organizing Secretary was Dr. Ashok Vij.

The theme of the IOA-Abbott Surgical Training Workshop was Fractures around the Knee Joint. In addition to a series of lectures and inter-active sessions, the scientific



Among the luminary faculty were Dr. V. S. Chauhan (Dehradun), Dr. V. P. Middha (Gwalior), Dr. V. B. Bhasin (New Delhi), Dr. Lokesh Maratha (Meerut), Dr. Dharendra Singh (Ghaziabad), Dr. Jamal Ashraf (Lucknow), Dr. Kapil Kulshreshtha (Allahabad), Dr. M. K. A. Sherwani (Aligarh), Dr. A. S. Prasad (Kanpur) and Dr. K. K. Pruthi (Agra).



programme also included a Hands on Workshop on Locking Compression Plates.

The Workshop was inaugurated by Past President IOA and Patron of Agra Orthopaedic Society, Dr. K. P. Srivastava. Over 100 delegates attended the workshop hailing from Agra and neighbouring districts of Aligarh, Mathura, Firozabad, Mainpuri, Etah, Bharatpur and Dholpur.



There were lectures on different topics from 9 am to 3 pm followed by Hands on workshop including demonstration by video and live plating on Bone models. It was a gratifying experience for the faculty as well as the delegates according to the feedback of the people.



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Presidents and Secretaries of UPOA City Club 2011-2012

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13	Meerut	Dr. R. P. Mishra rpmishra.ortho@gmail.com 9837477314	Dr. M. C. Saini drmcaini25@yahoo.com 9412920427
14	Muzaffarnagar	Dr. L. M. Kazmi kazmilm2249@yahoo.co.in 9319422336	Dr. Rajeshwar Singh Mavi sewamedicare.08@gmail.com 9837155027
15	Saharanpur	Dr. Ashok Agarwal drashokagarwal55@gmail.com 9412232689	Dr. Shashi Kant Saini drshashikantmsortho@gmail.com 9319388182
16	Sultanpur	Dr. Q. A. Siddiqui drqas2001@yahoo.co.in 9415046279	Dr. C. L. Rastogi drclrastogi@gmail.com 9415046494
17	Varanasi	Dr. A. K. Rai anilrai56@gmail.com 9452681696	Dr. Manoj Gupta krishnabone@bsnl.in 9415269037

Quiz — What is your diagnosis?



Dear Member

What is your diagnosis?

Send your answers by e-mail to
upoaoffice@gmail.com

The first two correct entries will be
provided with free registration for
UPORTHOCON 2012.

NOMINATION FORM FOR CONTESTING IN THE ELECTIONS OF UPOA

1. Post applied for

2. Name:

3. LM No. of UPOALM No. of IOA.....

4. Address:

.....

Email ID

Mobile / Phone Numbers

5. Number of conferences attended
(Attach photocopies of
Certificate of attendance)

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10.....

6. Proposal & Seconded by

Name	LM No.	Signature
1.		
2.		

7. Nomination Fees

Draft Number	Drawn on Bank	Dated

NO OBJECTION

I am a life member of UPOA & have no objection in applying for the post of

Name :.....

Signature :.....Date.....



ELECTION 2011-12

You are requested to send nominations for following posts in UPOA .

President Elect UPOA	1	For one year
Vice President UPOA	2	For one year
Member Executive	3	For three year

ELIGIBILITY CRITERIA

Only life members of UPOA and who are also member of IOA can apply. (Refer to the amended constitution of UPOA)
They should be practicing ORTHOPAEDICS in the state of Uttar Pradesh at the time of nomination

Other criteria

Minimum conferences added to apply for the following posts are

President Elect	10 conferences of UPOA
Vice President	8 conferences of UPOA
Executive Member	3 conferences of UPOA

Kindly fill the nomination form attached with newsletter (photocopy may be used) or downloaded from the website and send it to Dr. Kapil Kulshrestha, President Elect and the returning officer for this term.

Important

Submit proof of eligibility (photocopy of attendance certificate of conferences) along with nomination form. Returning officer has the right to cancel nomination forms which are incomplete and without proofs of eligibility criteria. The decision of the returning officer will be final and binding on all contestants.

Kindly attach DD of Rs 3000 in favour of "UP Orthopaedic Association" (payable at Kanpur) and send this form on the following address.

Dr. KAPIL KULSHRESTHA
YASHLOK HOSPITAL
43 A/31 A HASHIMPUR ROAD
ALLAHABAD – 211001
Ph: 9415236846

Schedule of Election Procedure:

Last date of nomination:	December 10, 2011
Last date of with-drawl:	December 17, 2011
Date for announcing candidates	December 19, 2011
Ballots to be posted from	January 3, 2012
Request for duplicate ballots after	January 21, 2012
Last date for requesting duplicate ballot	February 2, 2012
Last date for receiving ballots	February 14, 2012

SIGNOFLAM

Aceclofenac 100 mg + Paracetamol
500 mg + Serratiopeptidase 15 mg

FURIC

FEBUXOSTAT 40 mg / 80 mg

LNZ

LINEZOLID 600 mg IV, 600 mg TAB

MIOFREE

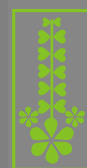
THIOLCHICOSIDE 4 mg / 8 mg

- MIOFREE-A
THIOLCHICOSIDE 4 mg / 8 mg
+ ACECLOFENAC 100 mg

ETOFREE

ETODOLAC 300 mg / 400 mg / 600 mg ER

- ETOFREE-P
ETODOLAC 400 mg
+ PARACETAMOL 500 mg



Endeavour

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