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July 2010

# UPOA NEWS

Newsletter of UP Orthopaedic Association  
Registered under the Societies Act 21/1860; Reg.No. 4893/IV-22805



*Presidential Theme*

**BETTER PATIENT CARE .....THROUGH EDUCATION AND RESEARCH**

## Executive Committee of UPOA : 2010 - 2011

### **President**

Dr. D. K. Gupta, Jhansi

### **President Elect**

Dr. Ashok Gupta, Ghaziabad

### **Vice President**

Dr. G. K. Singh, Lucknow ● Dr. K. D. Tripathi, Allahabad

### **Secretary**

Dr. Jamal Ashraf, Lucknow

### **Joint Secretaries**

Dr. Gyaneshwar Tonk, Meerut ● Dr. Gaurav Kumar, Jhansi ● Dr. B. G. Rao, Gorakhpur

### **Treasurer**

Dr. T. P. S. Lamba, Kanpur

### **Editor – JBJD**

Dr. Amit Rastogi, Varanasi

### **Member Executive Committee**

- Dr. A. B. Singh, Najibabad ● Dr. Neeraj Jain, Jhansi ● Dr. Ajay Singh, Lucknow
- Dr. Lokesh Maratha, Meerut ● Dr. Anoop Agarwal, Lucknow ● Dr. Piyush Mishra, Allahabad
- Dr Manoj Kankane, Jhansi ● Dr. Saurabh Agarwal, Jhansi

### **Web Master**

Dr. Sanjay Jain, Ghaziabad

### **State Representatives to IOA**

#### **Editor – JBJS**

Dr. Anil Jain, Ghaziabad

### **Chairman – Super speciality Training**

Dr. Dharendra Singh, Ghaziabad

### **Chairman – Rural Orthopaedics**

Dr. S. M. Sharma, Meerut

### **Chairman – IT Committee**

Dr. Sanjay Chaturvedi, Agra

### **State Representatives**

Dr. Ashok Vij, Agra ● Dr. G. N. Khare, Varanasi ● Dr. S. N. Agarwal, Agra



## President's Message

**D**ear colleagues,

Regards and Season's Greetings ,

The first newsletter of current academic year by present executive body of U.P Orthopaedic Association, elected by you is in your hands. At the outset, it is my most humble duty to thank you all for electing me to this highest office of our association. I am elated to have an excellent team to work with. My endeavour will be not only to maintain but to further uplift the standards of academic and social activities of our esteemed organization, to make it the best chapter of our national body.

The strength lies in numbers and unity & hence -

Through this newsletter, I request Presidents and Secretaries of local Orthopaedic Clubs to make all orthopaedic surgeons of their district, in private/government sector, members of Orthopaedic Club & get the directory of all Orthopaedic Surgeon at district levels which will not only help members /Local Practitioners /Local public to interact with each other, but also help our state and national organization to update the list of its members and their details .

I expect all Orthopaedic Surgeons of U.P. to get actively involved in academic activities of our organization by conducting clinical meeting, seminars, workshops, guest lectures at district levels and actively participating in these activities /conferences, at state /regional / national level. This will help you all to keep in touch of latest development in the field of fast changing scenario of Orthopaedics, so as to deliver your best to the patient. With the changing scenario and coming up of advance private sector health care setups with world class facilities the days have gone when the best was delivered by medical college professional only, hence there is an urgent need of private sector professional to keep them self updated. I shall further request you to keep your patient records complete and at the same time not to criticize your colleagues, so as to keep yourself away from the grip of consumer forum.

Suggestion if any by our esteemed members are most welcome to uplift the standards of our academic activities.

Jai hind.

Dr. D. K. Gupta  
President - UPOA  
dr\_dinesh24@hotmail.com  
9415030069





## From the Desk of Secretary UPOA

**G**reetings from Lucknow. At the outset, I wish to express my deepest appreciation for bestowing upon me the honour, the privilege, and the opportunity to serve as the secretary of UPOA. I will do my level best to serve UPOA with all truthfulness and dedication.

Through the dedicated commitment of our colleagues of the UPOA, our mission remains “to serve the profession, champion the interests of our patients, and advance the highest quality of musculoskeletal care.” I hope that each of you will embrace this mission and become involved in your association. Support its programs; volunteer to serve on a committee; participate in initiatives that are important to you and to your patients. Only by becoming so engaged will you realize the full value of your membership.

Let us embark on this fruitful journey together, shoulder to shoulder, to share a common ideal and embrace a common goal.....to make UPOA the shining star of IOA.

## Agenda

### 1. Scientific Events:

“Your vision will become clear only when you look into your heart. He who looks outside, dreams. He who looks inside, awakens.”

An academic association is judged by the quality of its scientific calendar. I would request all district orthopaedic clubs / societies to conduct symposia & workshops. Kindly conduct these events under the aegis of UPOA. This will enable greater participation as well as add points for UPOA as we compete for the coveted prize of best chapter of IOA. The executive of the UPOA will assist in whatever way possible and ensure that it is attended by one of the office bearers. The local organizers will be required to contribute a nominal amount of Rs 5000 to UPOA.

### 2. UPORTHOCON2011:

The next annual conference of UPOA will be held in Gorakhpur from Feb. 18-20, 2011 under the dynamic

leadership of Dr S. C. Kaushik. I am sure the enthusiastic team led by Dr. Kaushik will organise a memorable conference.

### 3. PGICL

The next PGICL will be conducted by the President of UPOA, Dr. D. K. Gupta at Jhansi. The dates will be intimated to the departmental chairmen at a later date.

### 4. Mid-term Symposium

The mid term symposium of UPOA will be held in Lucknow on September 11-12, 2020 under the able leadership of Dr. Ashish Kumar. The theme of the symposia is, "Affections around the Knee Joint". The first day will have two live surgical demonstrations & hands on workshops on knee arthroscopy & total knee replacement.

The PG Quiz will be held during the midterm symposium. All departmental chairmen are requested to send their entries to Dr. Ajay Singh, Dept of



Orthopaedics, CSMMU, Lucknow.

### **5. Membership**

It is of prime importance that all practising orthopaedic surgeons in UP become members of UPOA & IOA. It is the duty of all Club Presidents & secretaries to encourage membership drive in their cities. I request you to kindly send me a list of your city surgeons who are not members of the UPOA, so that I may also contact them directly.

### **6. JBJD**

The editorship of the JBJD is now in the dynamic

hands of Dr. Amit Rastogi. On behalf of Dr. Rastogi, I request all members to send their articles, case reports, & research work for publication in the JBJD. Dr Rastogi is making efforts to ensure that the journal reaches all members by post.

### **7. Local Clubs**

I request the secretaries of all local clubs to inform me about the office bearers of their clubs. This is to ensure better interaction & communication. All clubs are supposed to conduct yearly elections to their executive. The secretaries of the clubs are also requested to inform me about any address changes of their members.

## **Forthcoming Academic Events of UPOA**

### **1. 1st UPOA Trauma Course – Lucknow**

July 17-18, 2010

Dr. Sanjeev Awasthi, Dr. Anup Agarwal  
uptc2010@gmail.com  
9919192555, 9415018365

### **2. CME & Workshop on LCP – Aligarh**

August 22, 2010

Dr. Rohit Vashisht  
drrohitvashisht@gmail.com  
9837039122

### **3. CME on Pelvi-Acetabular Fracture - Allahabad**

August 29, 2010

Dr. Kapil Kulshrestha  
drkapil123@yahoo.com  
9415236846

### **4. UPOA Midterm Symposium – Lucknow**

September 11-12, 2010

Dr. Ashish Kumar  
drashish\_kumar20202@yahoo.com  
9415020202

### **5. 1st UP Spine Course – Varanasi**

October 02, 2010

Dr. Santosh Singh  
md@apexhospitalvaranasi.com  
9415304106

### **6. CME - Hip Joint: A Dilemma – Allahabad**

November 14, 2010

Dr. Kapil Kulshrestha  
drkapil123@yahoo.com  
9415236846

Dr. Jamal Ashraf  
Secretary UPOA  
upoaoffice@gmail.com  
9415160454, 9795760454



## UPOA Secretarial Report 2007 - 2010

**P**resident UPOA, Dr Ajit Saigal, President IOA , Dr Ashok Johari dignitaries on dais, past presidents of UPOA, delegates & ladies. At the outset I will congratulate Dr Tribhuwan Singh and all members of AOS for organizing this grand UPORHOCOCON. The scientific programme is rich; we have an eminent faculty.

I would like to take this opportunity to thank all the members of UPOA for their wholehearted support and cooperation during my tenure as secretary. I have tried my level best to fulfill responsibility bestowed upon me. Working for this largest chapter of IOA was a pleasure though I had to steal sometime from my family; so much so that my sons reaction before coming to Allahabad was “ ab to aap bore ho jayange”. I enjoyed working with three presidents - Dr G.K. Senger, Dr. Vineet Sharma, and Dr. Ajit Saigal. I am thankful to them.

There are certain issues I would like to speak on; I wish all postgraduates to have a basic knowledge of computers; they must have a laptop and a digital camera from the day they join orthopaedics. The private practitioners ;my senior colleagues and teachers should be computer friendly as this will raise the standard of research and documentation will help our future generation to have a better view of orthopaedics of past. We started our website two year back with the same intent. I wish to inform you all that all information regarding UPOA is available on our web site [www.upoa.net](http://www.upoa.net)

### Membership

We have the biggest number but lowest ratio as far as membership of this august body is concerned. We know at least 900 orthopaedic surgeons are working without membership in UP. Kindly persuade them to strengthen UP Orthopaedic Association. During last 3 years we have added 202 new life members and we are 1300 members now.

### Academic Events 2009-10

1. UPORHOCOCON 10 at ALLAHABAD on Feb19-21,  
Org sec - Dr. Tribhuwan Singh
2. Midterm symposium of UPOA along with workshop on Biological plate fixation at Ghaziabad  
Org Sec - Dr. Ashok Gupta
3. PGICL on 7-9th Dec 09 at Varanasi.  
Org Sec - Dr. Amit Rastogi
4. Foot & Ankle Society National Conference, 4-6th Sept at Allahabad  
Org Sec - Dr. K. D. Tripathi
5. Traumacon at Varanasi 24-26 April  
Org Sec - Dr. Ajit Saigal
6. Annual conference of Indian Orthopaedic Rheumatology Association at Meerut, 4-5 July 2009  
Org Sec - Dr. Gyaneshwar Tonk
7. Symposium on Joint Replacement at Kanpur in Feb 2009  
Org Sec - Dr. A. S. Prasad
8. Symposium on diabetic foot at Agra on 13th August, 2009  
Org Sec - Dr. Sanjay Prakash

9. Symposium on limb salvage in tumors at Aligarh on 26th April, 2009  
Org sec - Dr. Abdul Q Khan
10. Dr TP Srivastava memorial lecture and Elbow symposium on 24-25th Oct 09 at Varanasi  
Org Sec - Dr. A. K. Dubey
11. Syposium at Agra on elbow surgeries on 9th January, 2010  
Org Sec - Dr. Sanjay Dhawan

### Orations & Lectures 2009-10

- |                               |   |                    |
|-------------------------------|---|--------------------|
| 1. Dr. B.N.Sinha Oration      | - | Dr. Vineet Sharma  |
| 2. Dr. T.P.Srivastava Oration | - | Dr. Ram Prabhu     |
| 3. Ghaziabad Oration          | - | Dr. Ramesh Sen     |
| 4. Dr. K.P.Srivastava         | - | Dr. Ashok Johari   |
| 5. Dr. Anil Gupta Lecture     | - | Dr. Sudhir Warriar |

### Fellowship

- |                                     |   |                    |
|-------------------------------------|---|--------------------|
| 1. UPOA Travelling Fellowship       | - | Dr. Vineet Kumar   |
| 2. UPOA Travelling Fellowship       | - | Dr. Alok Sharma    |
| 3. UPOA Exchange Fellowship         | - | Dr. Mukesh Garg    |
| 4. UPOA Exchange Fellowship         | - | Dr. Shah Waliullah |
| 5. UPOA Visiting Fellowship (NT)    | - | Dr. R.H.Ghokhale   |
| 6. UPOA Visiting Fellowship (T)     | - | Dr. A.Q.Khan       |
| 7. Varanasi Exchange Fellowship     | - | Dr. Gaurav Kumar   |
| 8. Lucknow-Pune Visiting Fellowship | - | Dr. Gaurav Kumar   |
|                                     | - | Dr. Kumar Shantanu |

### Awards 2009-10

- |                                   |   |                            |
|-----------------------------------|---|----------------------------|
| 1. Life Time Achievement Award    | - | Prof. Y. Mohindra          |
| 2. Dr. A.K.Gupta Gold Medal       | - | Dr. Kartik Pruthi          |
| 3. President's Medal              | - | Dr. Neeraj Jain            |
| 4. Bhagwan Prasad Medal           | - | Dr. A.K.Rai                |
| 5. Dr. K.P.Srivastava Trophy      | - | Agra Orthopaedic Society   |
| 6. Dr. M.K.Goel Trophy            | - | Ghaziabad Orthopaedic Club |
| 7. Quiz Winners                   | - | Dr. Mukesh Garg            |
|                                   | - | Dr. Ratnesh Ratan          |
| 8. Bhagwati Devi Dhanendra Trophy | - | Deoria Ortho Club          |
| 9. Winner in Poster Presentation  | - | Dr. Govind Joshi, (1st)    |
|                                   | - | Dr. Rajesh Verma (2nd)     |

### UPOA Directory

Directory of UPOA is ready as promised. I know it's a difficult job but we had the best suited man for this - Dr Rajeev Agrawal. I am confident that you will find detail in the directory almost perfect. For the first time we have information/status of all the members and we traced almost 300 untraced members.

Coming Secretary, Dr. Jamal Ashraf, is more dynamic and I wish him all success.

I have worked my heart out for this office and lapses do occur for which I apologize. Your suggestions and criticism are invaluable for me so don't hesitate in giving them. Thanks for bearing with me.

Jai Hind. Long live UPOA

Dr Dharendra Singh  
Past Secretary UPOA  
gzbhiren@gmail.com



**Minutes of executive committee meeting held at Alumni hall,  
MLN Medical College Allahabad, on 20th Feb 2010  
presided by Dr Ajit Saigal during UPCON 10**

**Obituary** No

**Editors Report** Ghaziabad Ortho Club donated Rs 6600/= to JBJD . Dr KD Tripathi reported some deficits - to be managed by him only.

**Fellowship committee** report was presented by Dr Vineet Sharma; Bholanath and Dr AN Srivastava visiting fellowship changed and fellow can now visit one center out of the following four centres – 1. CSSMU Lucknow 2. Dr. K. D. Tripathi, Allahabad 3. Dr. R. A. Agrawal, Gorakhpur 4. Dr. A. S. Prasad, Kanpur

Fellow to stay for minimum seven days and has to furnish certificate from centre to get the amount from UPOA.

All fellowships money increased to 10000.00 or actual whichever is less.

President and Secretary to explore for Paediatric fellowship of one year. Consent of Dr A. N. Johari already taken.

Dr Jamal to work on fellowship to Malaysia.

**Treasurer** read the report passed. Allowed to break the FDs to meet out expenses.

HUDCO bond sent for redemption. PAN Card of UPOA made. Ghaziabad donated Rs 25000 to UPOA and Rs 6600 to editor.

**Directory report;** Published. To be sent to members by courier only. Payments Rs 1lac to be made to printer.

**Web master** to do mock election process this year. Detailed about the expenditure of Rs 35000

**Membership** No 1250 to 1295 ratified in executive. List published elsewhere.

**Bid** UPCON-11 Gorakhpur Dr SC Kaushik. Three bids for Mid term symposium - Lucknow Aligarh and Azamgarh. After discussion - Midterm symposium to Azamgarh. PGICL Jhansi

**Awards** Prof K P Srivastava Trophy Varanasi Orthopaedic Club. Prof MKGoel Trophy Ghaziabad Orthopaedic Club

**Qizmaster** Executive nominated Dr Ajai Singh from Lucnow for 2010-2013

**PG Medal Session** started only for PGs in UPOA annual conference at Allahabad. To name this session all are requested to send their application to Secretary .

**IOACON** Dr Naresh briefed about venue and probable dates

**Election Officer** Dr D K Gupta reported results of election as follows

President Elect - Dr Ashok Gupta. Vice-Presidents - Dr GK Singh & Dr K D Tripathi. Secretary – Dr Jamal Ashraf. Treasurer - Dr TPS Lamba. Editor Dr Amit Rastogi. Member Executive - Dr Piyush Mishra (Allahabad), Dr Saurabh (Jhansi), Dr Manoj Kankane (Jhansi)

**Membership-** official list as published in directory to be taken as final proof. The onus lies with member to prove any discrepancy in the member list.

**Constitution-** changes are due. Dr SC Goel and Dr Ajit Saigal to suggest during midterm meeting.

Dr Dharendra Singh  
Secretary UPOA  
2007-2010

## **Minutes of General Body Meeting held at MLN Medical College Allahabad on 20th Feb 2010 presided by Dr Ajit Saigal during UPCON 10**

**Obituary** No

**Editors Report** Ghaziabad Ortho Club donated Rs 6600 to JBJD . Dr KD Tripathi reported some deficits -to be managed by him only. Passed

**Fellowship** committee report was presented by Dr Vineet Sharma; Bholanath and Dr AN Srivastava visiting fellowship changed and fellow can now visit one center out of the following four centres – 1. CSSMU Lucknow 2. Dr. K. D. Tripathi, Allahabad 3. Dr. R. A. Agrawal, Gorakhpur 4. Dr. A. S. Prasad, Kanpur. Passed

Fellow to stay for minimum seven days and has to furnish certificate from centre to get the amount from UPOA. Passed

All fellowships money increased to 10000.00 or actual whichever is less.

President and Secretary to explore for Paediatric fellowship of one year. Consent of Dr A. N. Johari already taken.

Dr Jamal to work on fellowship to Malaysia. Passed

**Treasurer** read the report passed /allowed to break the FDs to meet out expenses.

HUDCO bond sent for redemption /PAN Card of UPOA made. Passed

**Directory report** Published/ to be sent to members by courier only/ payments Rs 1lac to be made to printer. Ghaziabad donated Rs 25000 to UPOA. Passed

**Web master** asked to do mock election. Detailed about the expenditure Rs 35000. Passed

**Membership** No **1250 to 1300** ratified by GBM

**Bid** UPCON-11 Gorakhpur - Dr SC Kaushik. Three bids for Midterm symposium - Lucknow Aligarh and Azamgarh Azamgarh & Aligarh absent in GBM. Midterm symposium given to Lucknow. PGICL Jhansi. Passed

**Awards** Prof K P Srivastava Trophy Varanasi Orthopaedic Club. Prof MKGoel Trophy Ghaziabad Orthopaedic Club Passed

**Dr AK Gupta** Gold Medal - Dr Unmesh Chakravarti, Varanasi Presidents Medal Dr Amit Agrawal Agra Poster presentation Dr Shivanad C Mayi Kanpur

**Quizmaster** Executive nominated Dr Ajai Singh from Lucknow for 2010-2013/accepted in GBM

**PG Medal Session** started only for PGs in UPOA annual conference at Allahabad ;To name this session all members are requested to send their application to Secretary. passed

**IOACON** Dr Naresh briefed about venue and probable dates. Passed

**Election Officer** Dr D K Gupta reported results of election as follows

**President Elect** - Dr Ashok Gupta. Vice-Presidents - Dr GK Singh & Dr KD Tripathi. Secretary – Dr Jamal Ashraf. Treasurer - Dr TPS Lamba. Editor Dr Amit Rastogi. Member Executive - Dr Piyush Mishra (Allahabad), Dr Saurabh (Jhansi), Dr Manoj Kankane (Jhansi). Passed

**Membership official** list as published in directory to be taken as final proof/ onus lies with member to prove any discrepancy .Passed

**Constitution** changes are due Dr SC Goel and Dr Ajit Saigal to suggest during midterm meeting of UPOA executives.Passed

Dr Dharendra Singh  
Secretary UPOA  
2007 - 2010

## UPORTHOCON 2010

Allahabad Orthopedic society had the privilege to organize the 34th annual conference of UPOA from 19th to 21st Feb 2010 at MLN Medical college, Allahabad. There were three pre-conference workshops on 19th feb on paediatric orthopaedics, Juxta – articular fracture fixation and Hip & Knee Arthroplasty. A good number of delegates and renowned faculty participated in these workshops.



The conference started with inaugural function which was conducted at Preetam Das Auditorium of Medical College campus on 19th feb 2010 at 6.00 p m. Dr Ashok N Johari , President IOA was chief guest and Dr U S Mishra was guest of honour. Justice Vikram Nath of Allahabad High Court was special guest for this occasion.



On 20th & 21st Feb 2010 guest lectures, Orations and various free papers were delivered by renowned faculties of national and international repute, and delegates. Around 385 registered delegates and more than 65 faculties participated in scientific deliberations.

I take this opportunity to express my sincere gratitude to all



delegates and speakers, who took out time from their busy schedule and accepted my invitation, as without their participation conference would not have been a grand success.

Conference ended with Valedictory function on 20th afternoon in which Dr D K Gupta and Dr Jamal Ashraf took over as president and Secretary of UPOA and I was provided opportunity to express my thanks to participants, faculties and every person who had helped me in any capacity to organize this mega event of UP Orthopaedic Association.

Long Live UPOA

Dr. Tribhuwan Singh  
Organising Secretary  
tbsingh100@yahoo.co.in  
9415214651





## 4th UP Arthroplasty Course

**4**th U.P. Arthroplasty Course was held on 20th & 21st March, 2010 in Merchant Chamber Hall, Civil Lines, Kanpur with Dr. A.S. Prasad as the Course Chairman. Four Joint Replacement surgeries were performed in McRobert Hospital. Inauguration was held in after-noon where the Chief Guest was Dr. G.K. Sengar, Ex President, UPOA & Guest of honour were Dr. Jamal Ashraf, Secretary, UPOA & Dr. Vineet Sharma, Ex-President UPOA.

1st day was dedicated to KNEE Arthroplasty. We had lectures from Dr. Rajeev Sharma from New Delhi, Dr. Vikas Kapoor from Kolkata, Dr. Arun Mullaji from Mumbai. One Live Knee Surgery was performed with manual instruments



by Dr. Rajeev Sharma & Dr. Arun Mullaji performed Knee Replacement with the help of Computer Navigation.

2nd day was dedicated total Hip Arthroplasty. The lectures were given by Dr. Tarik Selmi, Senior Orthopedic Surgeon of France, Dr. Sanjay Agarwala, Chief & Head of Orthopedic Surgeon of P.D. Hinduja Hospital, Mumbai, Dr. Rajeev Sharma from Delhi, Dr. Vijay Kumar from AIIMS, Delhi. Cemented Hip Arthroplasty Live Surgery was shown by Dr. Sanjay Agarwala from Mumbai & un-cemented technique was shown by Dr. Tarik Selmi from France.



The Regional Faculty for this programme included Dr. S.S. Jha, Dr. Amulya Kr. Singh, Dr. Naresh Chand, Dr. Vineet Sharma, Dr. Sandeep Garg, Dr. Sandeep Kapoor, Dr. Sanjay Kr. Srivastava, Dr. K.D. Tripathi, Dr. Kapil Kulshrestha, & Dr. Rajendra Nath.

This Course was organized under the auspices of KOA, President Dr. Sanjay Srivastava & Secretary Dr. A.K. Bhateja. Delegates had come from Uttar Pradesh, Madhya Pradesh, Bihar & Uttranchal.

Long Live UPOA

Dr. A. S. Prasad  
Course Chairman  
sharmaprasad@rediffmail.com  
9839051656



## Workshop on Ponseti Technique

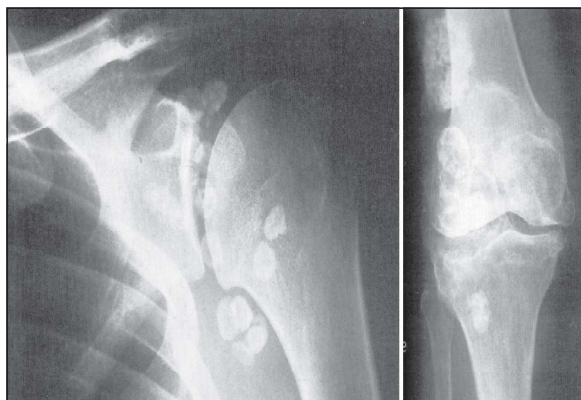
The Department of Orthopaedic Surgery, J.N. Medical College, A.M.U., Aligarh and Aligarh Orthopaedic Club, organised a workshop on, “Management of CTEV by Ponseti Technique”, on 4th April, 2010. This workshop was held under the auspices of UP Orthopaedic Association. The venue was the Department of Orthopaedic Surgery. Prof. D. K. Taneja (Indore) was Course Director and Dr. R. A. Agrawal (Gorakhpur) was the Chief Faculty.

The workshop was well attended, with 72 delegates, including 20 from outside Aligarh. Apart from the didactic lectures, delivered by Prof. Taneja and Dr. Agrawal, there were hands-on practice sessions. Delegates were made to apply plasters on children with club feet. At the end of all this, a long open-house discussion was held that lasted for more than 1½ hour.

Prof. M.K.A. Sherwani  
Organising Secretary  
drmkasherwani@rediffmail.com  
9412272556



## Quiz – What is your diagnosis?



Dear Member

What is your diagnosis?

Send your answers by e-mail to  
[upoaoffice@gmail.com](mailto:upoaoffice@gmail.com)

The first two correct entries will be  
provided with free registration for  
UPORTHOCON 2011.



## JESS Course 2010

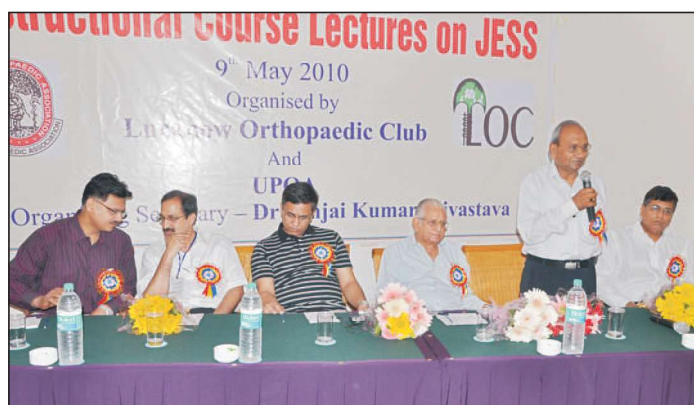
**U**P Jess course 2010 was organized on 9th May 2010 by Lucknow Orthopaedic Club under the aegis of UP Orthopaedic Association. It was attended by 101 participants (79 registered delegates and 23 invitees) from all over UP, Delhi & Nepal. The event was inaugurated by Prof US Misra.

Prof US Misra (chief Guest), Prof UK Jain (chairperson of organizing committee), Dr Ram Prabhoo (visiting guest faculty), Dr Sanjeev Awasthi ( secretary LOC), Dr Jamal Ashraf ( Secretary UPOA) & Dr Sanjai Kumar Srivastava (Organising secretary) presided over the inaugural ceremony.



Prof U.S.Mishra emphasized on the importance of continuing medical education programmes to keep pace with the rapidly progressing branch of orthopaedic surgery.

The guest faculty included Dr Ram Prabhoo (Mumbai), Dr B.G. Kanaji (Mumbai), Dr Lokesh Maratha (Meerut), and Dr Ajay Singh, Dr Sanjai Kumar Srivastava, Dr Manish Khanna & Dr Uttam Garg from Lucknow.



Scientific deliberations included 10 lectures on different aspects of JESS fixator system and hands on workshop on bone models on different Jess frames. There was keen discussion between the delegates & faculty on the application of the different frames. Dr Prabhoo has expressed his willingness to conduct similar workshops in other parts of the state.

Dr. Sanjay Srivastava  
Organising Secretary  
skorth@rediffmail.com  
9839019913





## CME on Hip Arthroplasty

**A** Hip Arthroplasty Course was organized by Dr Pramendra Maheshwari, under the aegis of UPOA on May 2, 2010 in Shri Ganga Charan Hospital, Bareilly. It was attended by 78 delegates from Bareilly & its adjoining districts like Budaun, Rampur, Pilibhit, Shahjahanpur, Rudrapur, Moradabad & Haldwani.

Shri N.K. Shrivastava the chief guest asked all the delegates to learn new things through out their life. He said till now such events were organized only in metro cities or in foreign countries, today this occasion is a major mile stone for the medical field of Bareilly.

Many senior doctors addressed the delegates on various basic and difficult topics related with hip replacement surgery. Among the speakers were Dr. Vineet Sharma, past president UPOA, Dr. K.D. Tripathi, Vice president UPOA, from Allahabad & Dr. Atul Mishra from Max hospital, New Delhi. After the detailed scientific lectures post lunch session was reserved for a live surgical demonstration on a 25 years old male with AVN Hip.

Dr. Pranendra Maheshwari  
Organising Secretary  
drpramendra@yahoo.com  
9837087121



### New Members of UPOA ratified in GBM on 20.02.2010 In Allahabad

LMNo.	Name	City	Contact Number
1250	DR. VED PAL YADAV	GHAZIABAD	9999982231
1251	DR. VIKRAM NIGAM	ALLAHABAD	9453460474
1252	DR. GAURAV JAIN	LUCKNOW	9936425095
1253	DR. VINEET KUMAR	LUCKNOW	9936901111
1254	DR. FIROZ KHAN	GHAZIABAD	9027285912
1255	DR. RITESH RENU	MEERUT	9410149819
1256	DR. SANJAY VISHWAKARMA	GORAKHPUR	9415321991
1257	DR. RAKESH KUMAR	NOIDA, GB NAGAR	9810508198
1258	DR. AASHISH CHAUDHRY	NEW DELHI	9818444333
1259	DR. KUMAR SHANTANU	LUCKNOW	9956970055
1260	DR. PRABHAT KUMAR SINGH	AGRA	9990514485
1261	DR. SANJAY KUMAR	KANPUR	9889511595
1262	DR. ASHOK KUMAR YADAV	GORAKHPUR	9415130508
1263	DR. LALIT MAHESHWARI	BADAUN	9837181276
1264	DR. RAKESH CHANDRA AGARWAL	ALIGARH	9358255546

1265	DR. GAURAV KUMAR	JHANSI	9760989879
1266	DR. VINOD PAGRANI	BAREILLY	9412885815
1267	DR. SANTOSH KUMAR	ALIGARH	9450620286
1268	DR. DEEPAK KUMAR	LUCKNOW	9918931078
1269	DR. ANIL KUMAR SINHA	PATNA	9454055068
1270	DR. INAYET ULLAH KHAN	UDDHAMSINGH NAGAR	9889651007
1271	DR. ASHA RAM	RAE BAREILLY	9415741240
1272	DR. GANESH PRASAD SHUKLA	ALLAHABAD	
1273	DR. NARENDRA KUMAR GUPTA	KANPUR	
1274	DR. SANJAY KUMAR TIWARI	KANPUR	9919271793
1275	DR. AJAY KUMAR PARWAR	GHAZIABAD	9891697282
1276	DR. SAURABH AGARWAL	GHAZIABAD	9873761552
1277	DR. ROHIT GUPTA	ALLAHABAD	9415351054
1278	DR. GANESH SINGH DHARMSHAKTU	MEERUT	9319616456
1279	DR. GAURAV GOVIL	NOIDA, GB NAGAR	9811665484
1280	DR. PAWAN KUMAR	LUCKNOW	9475932612
1281	DR. MANEESHI BANSAL	ALLAHABAD	9415218156
1282	DR. PANKAJ GUPTA	AGRA	9897427952
1283	DR. RAKESH MOHANIA	AGRA	9837025764
1284	DR. G. P. PANDEY	AGRA	9837090539
1285	DR. RAJIV GOYAL	AGRA	9837069776
1286	DR. VIVEK MITTAL	AGRA	9760030336
1287	DR. PERVAIND KUMAR	AGRA	9412722994
1288	DR. GAURAV SHARMA	AGRA	9760230687
1289	DR. D. V. SHARMA	AGRA	9837023071
1290	DR. NAVENDRA SINGH	AGRA	
1291	DR. R. K. CHATURVEDI	JHANSI	9450926455
1292	DR. P. B. PRASAD	AZAMGARH	9415318600
1293	DR. ROHIT NATH	KANPUR	9868092258
1294	DR. AMARNATH	SULTANPUR	9415249570
1295	DR. SANT PRAKASH GAUTAM	JAUNPUR	9450118674
1296	DR. VIJAY KISHORE KHETAN	BAREILLY	9412291913
1297	DR. M. L. BALMIKI	VARANASI	9794255134
1298	DR. M. P. SINGH	SHAHJAHANPUR	9412313963
1299	DR. SURESH KUMAR JAISWAR	ALLAHABAD	9450786753
1300	DR. PARAS GUPTA	JHANSI	9935914926
1301	DR. ASHOK KUMAR	ALLAHABAD	9794835511
1302	DR. MAHESH CHANDRA DUBEY	ALLAHABAD	9415216401
1303	DR. PANKAJ KUMAR TIWARI		



## IOACON 2011 - Ghaziabad

**D**ear UPOA members, this is indeed a huge honour to all of us and responsibility as well to host this most prestigious event IOACON-2011. I submit my gratitude to UPOA to have faith and give this opportunity to Ghaziabad Orthopaedic Club, a tiny but a most vibrant club. I assure you that we are working hard to make it a never before event. I shall be glad to incorporate any of your suggestion.

Dr. Naresh Chand  
Organising Secretary - IOACON 2011  
nareshchand456@gmail.com  
9891645400

### Forthcoming National & International Orthopaedic Events

#### **Mumbai Traumacon 2010**

August 5-8, 2010  
Mumbai, India  
[www.traumaconmumbai2010.com](http://www.traumaconmumbai2010.com)

#### **Current Concepts in Arthroplasty**

2010 - August 21-22, 2010  
New Delhi, India  
<http://cca-aiims.com>

#### **7th SICOT Annual Conference**

September 1-3, 2010  
Gothenburg, Sweden  
[http://www.sicot.org/?id\\_page=257](http://www.sicot.org/?id_page=257)

#### **12th Asia Pacific Arthroplasty Society Annual Meeting**

September 16-19, 2010  
New Delhi, India  
[www.apas2010.com](http://www.apas2010.com)

#### **10th Annual NAILSCON 2010**

September 24-26, 2010  
Kolkata, India  
[www.nailscon2010.com](http://www.nailscon2010.com)

#### **10th Annual CEZCON 2010**

September 25-26, 2010  
Jaipur, India  
[www.cezcon2010.org](http://www.cezcon2010.org)

#### **49th Int Spinal Cord Society Conference**

October 29-31, 2010  
New Delhi, India  
[www.iscos2010.com](http://www.iscos2010.com)

#### **16th Triennial APOA Conference**

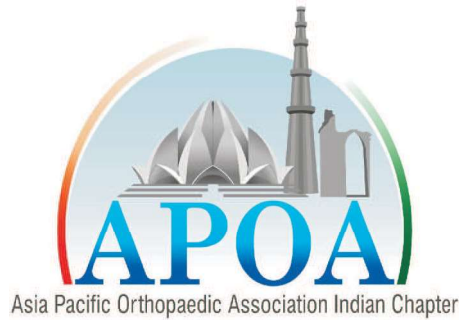
November 4-7, 2010  
Taipei, Taiwan  
<http://www.apoa2010.com/>

#### **WIROC 2010**

November 13-14, 2010  
Mumbai, India  
[www.bombayorth.org](http://www.bombayorth.org)

#### **55th Annual IOACON 2010**

December 9-14, 2010  
Jaipur, India  
[www.ioacon2010.org](http://www.ioacon2010.org)



**A**sia Pacific Orthopaedic Association (APOA) is an organisation of Orthopaedic surgeons mainly from the Asia-Pacific region. It was founded as the Western Pacific Orthopaedic Association in 1962 by seven orthopaedic surgeons. The name was changed to the Asia Pacific Orthopaedic Association on the 9th of April 2000 at a special council meeting in Australia. At that meeting, India, Pakistan, Bangladesh and China were also admitted as Member Chapters.

Members come from forty countries from around the world, mainly from the nineteen Member Chapters. These are Australia, Bangladesh, China, Hong Kong, India, Indonesia, Japan, Korea, Malaysia, Myanmar, New Zealand, Pakistan, Philippines, Singapore, Taiwan, Thailand, Vietnam Turkey and Sri Lanka. At the 2004 Triennial Congress Turkey and Sri Lanka were received as new Chapters.

The Asia Pacific Orthopaedic Association represents an area of fifty percent of the worlds population.

Regular Triennial Congresses are held in various parts of the Asia Pacific Region. Scientific discussions are of a high standard. Since Asian culture is different from the western world, discussions on patients expectations and treatment outcomes are focused on the Asian Life-styles.

There are various sections of the APOA : Hip, Infection, Knee, Paediatrics, Spine, Sports and Trauma. These sections hold their independent meetings once every two years.

The official publication of the APOA is “The Journal of Orthopaedics” published from Hong Kong

The A.P.O.A has a number of fellowships and awards the main being the Spine Travelling Fellowship, and Paediatric Orthopaedics in Japan. There is an annual award for the best paper on Musculo-skeletal Infections. The organization offers young orthopaedic surgeons an opportunity of seeking direct fellowships in the Asia Pacific Region.

The annual membership subscription is USD50/- . The subscription for life Fellow is USD 700/- (for those below 50 years) and USD 500/- (for those above 50 years). The Life Membership fees for sections is USD 50/- only. Details of the APOA can be obtained from its website: [www.apoa-home.org](http://www.apoa-home.org)

The APOA India Chapter was formally created in 2007 after the successful bid to host the APOA Congress 2012 in India. All members of the APOA from India are automatically elected as members of the APOA-India Chapter. The Indian Chapter is the host for the 17th APOA Congress at Delhi in 2012. The event is being hailed as a major International event as 2012 will be the Golden Jubilee Year of the APOA.

For details of the conference you may contact:

Congress President :	Dr. H.K.T. Raza	hktraza@yahoo.com
Congress Chairman :	Dr. Ram Prabhuo	aprabhuo@hotmail.com
Congress Secretary :	Dr. Anil Arora	anilarora@delhiorthojournal.com
Congress Treasurer:	Dr. Shishir Rastogi	rastogiaiims@yahoo.com
Congress Joint Secretaries:	Dr. Jamal Ashraf	wjashraf@doctor.com
	Dr. Lalit Maini	lalit_maini@rediffmail.com



## Fellowships

**T**he process of learning is through interactions with those who are experienced and this most important aspect is of top most priority for us. The fellowship of UPOA will have a sea change and we want maximum competition in this field.

### **UPOA Travelling Fellowships (2)**

Eligible members of the association (one each from teaching & non teaching group) below 40 years of age will be selected and sent to Kolkata coinciding with the visit J & J fellow of IOA. A sum of Rs. 3000.00 shall be paid to each fellow to cover the expenses. The Secretary will try to arrange the local hospitality at the centres. The fellows will submit the report to the secretary which will be published in the journal. They will be given a certificate at the inaugural function of UPCON.

### **UPOA Visiting Fellowship**

This fellowship shall be given to eligible members of the association (one each from teaching (<45 years) & non teaching group (<50 years)). The selected persons will present two papers in orthopaedic clubs. The visiting fellow will submit his report to the Secretary along with the papers to be published in the journal. He will be presented a certificate at the inaugural function of UPCON. He will also be given 2nd AC travelling expenses. UP OA Visiting Fellowship for the non teaching group has been named as Dr. Bholu Nath Memorial Visiting Fellowship; UP OA visiting Fellowship for teaching group has been named as Dr. A.N. Srivastava Memorial Visiting Fellowship.

### **UPOA Exchange Fellowships (2) - Baburam Fellowship**

The fellowship shall be given to bonafide post graduate students who are at least associate members of UPOA. They will attend the annual conference of MP chapter of IOA. The local hospitality and registration charges will be met by the host chapter on reciprocal basis, travel expenses (2nd AC) will be given by UPOA. The fellows shall be required to present a paper at the conference. They shall submit their report to the secretary for publication in journal. They shall be given a certificate in the inaugural function of UPCON.

### **Varanasi Exchange Fellowship (1)**

The selected fellow will visit Ahmedabad during the visit of Johnson & Johnson fellows. He will be presented a certificate at the inaugural function of UPCON. A sum of Rs. 3000.00 shall be paid to the fellow to cover the expenses.

### **Lucknow Pune Fellowship (2)**

This fellowship shall be given to a life member of UPOA (< 40 years). He will also be presented a certificate at the inaugural function of UPCON. The time of visit of the selected candidate will be coordinated with Prof. OP Singh, Lucknow. Two fellows will be selected & sent to Pune at Sancheti Institute for 7 days as observers on their hospitality. The travel expenses will be borne by UPOA.

The last date for receipt of application forms is 1st September, 2010

Visit website [www.upoa.net](http://www.upoa.net) for more details & to download fellowship application form



## SMS Election Process for UPOA Elections

**T**his year the GBM held at Allahabad in Feb 2010 has approved to explore the system of SMS for voting in elections of UPOA. To access this we will be having dummy elections during the month of July-Aug 2010. The result of dummy elections will be presented in the next executive meeting during the Mid-term symposium in Lucknow.

### The process of dummy election will be as follows.

- You will receive an SMS by 30th June to confirm your mobile number. If you do not receive SMS by 30th June then please update your mobile number to secretary UPOA by 15th July otherwise you will not be able to cast your vote in elections by SMS.
- The SMS will be recorded only by the mobile numbers registered in the member's database of UPOA. SMS has to be sent in stipulated time window. After receiving an SMS from a mobile number that number will be blocked to prevent multiple votes. Sender will receive a confirmation message.
- Please send SMS by mobile handset only, as the program will not register SMS sent by web base software or any other software.
- A unique code will be sent to each voter by SMS which has to be sent in the text of SMS. This code will valid for voting in one election only. In every election voters will get a new identification code.
- You will receive a detail SMS on how to cast your vote by 15th August 2010.
- The SMS will be charged at normal SMS rate.
- The members will receive a reminder SMS daily till he votes or time period expires.
- If you have any query or suggestions regarding this process you can send an e mail to Dr. Sanjay Jain at [gzbsjain@gmail.com](mailto:gzbsjain@gmail.com)
- Please participate in the dummy election to implement this process and help in conserving our planet by saving paper and help UPOA by saving time, energy and money.

Please update your mobile number with secretary UPOA by 15th July 2010 if you do not received a SMS from UPOA by 30th April.

Dr. Sanjay Jain  
Webmaster  
[gzbsjain@gmail.com](mailto:gzbsjain@gmail.com)  
9810138397

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