

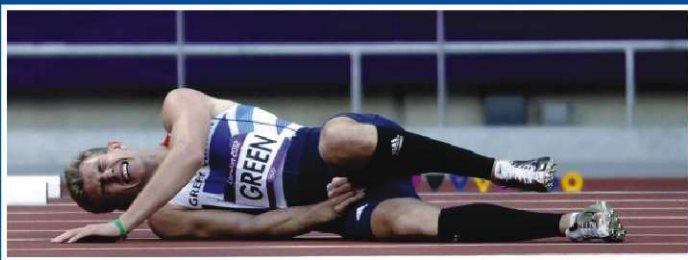
August 2012



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UPOA NEWS

Newsletter of UP Orthopaedic Association
Registered under the Societies Act 21/1860; Reg.No. 4893/IV-22805



Presidential Theme

KNOWLEDGE IS POWER, SKILL IS STRENGTH

Executive Committee of UPOA : 2012 - 2013

President

Dr. Kapil Kulshrestha, Allahabad

President Elect

Dr. Dharendra Singh, Ghaziabad

Vice President

Dr. Neeraj Garg, Meerut ● Dr. A. B. Singh, Najibabad

Secretary

Dr. Jamal Ashraf, Lucknow

Joint Secretaries

Dr. Arun Gupta, Agra ● Dr. Nikunj K. Agrawal, Allahabad ● Dr. Sanjeev Garg, Aligarh

Treasurer

Dr. T. P. S. Lamba, Kanpur

Editor – JBJD

Dr. Amit Rastogi, Varanasi

Member Executive Committee

- Dr. Piyush Mishra, Allahabad ● Dr. Manoj Kankane, Jhansi ● Dr. Saurabh Agarwal, Jhansi
- Dr. V. B. Shukla, Deoria ● Dr. Lateef Jeelani, Aligarh ● Dr. Harendra Chaturvedi, Lucknow
- Dr. Ajay Gupta, Jhansi ● Dr. Rohit Vashisht, Aligarh ● Dr. C. S. Negi, Lucknow

Web Master

- Dr. Pramendra Maheshwari, Bareilly ● Dr. Piyush Mishra, Allahabad

State Representative to IOA

Editor – IJO

Dr. Anil Jain, Ghaziabad

Chairman – Super speciality Training

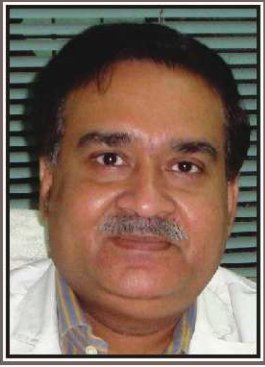
Dr. Dharendra Singh, Ghaziabad

Chairman – CSR Committee

Dr. S. M. Sharma, Meerut

State Representatives

- Dr. Ashok Vij, Agra ● Dr. Tribhuvan Singh, Allahabad ● Dr. Amit Rastogi, Varanasi



President's Message

Dear colleagues,

I take this opportunity to thank you all for giving me the honour and privilege of holding the highest office of our Association. I solicit the blessings, constant guidance and good wishes of all my teachers, seniors and friends to perform my duties well.

At the outset, I request the Presidents and Secretaries of all local clubs to prepare the list of Orthopaedic Surgeons in their cities and make everyone a member, if still they are not. By making each and every Orthopaedic colleague a member, we wish to ensure an everlasting means of academic and social interaction with them. They start getting regular informations about all the activities and opportunities to update their knowledge and skill to serve better.

Friends, there is an ever increasing number of our younger Orthopaedic colleagues qualifying to practice the art of Orthopaedics and it becomes our responsibility to help them learn the art and science of this field. Our Association has designed numerous modalities to reach out to them like one or two days CMEs and workshops besides our Annual Conference and Midterm Symposium. These courses are being organized in each & every corner of the State so that Orthopaedic Surgeon practicing in the remotest areas of the state may be benefitted.

I also appeal to the teachers and HOD's of Medical Colleges of our state to encourage their P.G.s to participate in all the activities of our Association. It will help us in upliftment of standard of education, training and research in our state.

I know every one of us is very busy in our profession and most often we ignore ourselves whether it be our family or our health. Friends, do take out time and plan you schedule for your family and yourself as they also need your care as much as our society needs it. That is why I have proposed this years theme as "Stay healthy to keep our Society healthy". Please think over it and try to follow it.

Colleagues, together we have to make our Association not only the largest but the best state chapter of IOA. I am confident that with the support of you all and an excellent team of colleagues in the executive, we will fulfill our dream.

Dr. Kapil Kulshreshtha
President UPOA
drkapil123@yahoo.com
9415236846



From the Desk of Secretary UPOA

Greetings from Lucknow

I feel honoured & privileged to have been given an opportunity to serve as the secretary of UPOA. To follow in the legendary footsteps of Late Dr. A. N. Srivastava, Dr. K. P. Srivastava, Dr. R. K. Shukla, Dr. A. N. Verma, Dr. S. C. Gaur, Dr. Rajendra Nath, Dr. S. C. Goel, Dr. Vineet Sharma, Dr. Ajit Saigal & Dr. Dharendra Singh.

This issue of UPOA News is timed to apprise all members about the activities of the past 6 months and inform you all about the important decisions taken during the UPORHOCAN 2012 in Kanpur.

Agenda

Scientific Events:

Vision without action is a daydream.
Action without vision is a nightmare.
Vision with action can change the world.....Japanese proverb.

An academic association is judged by the quality of its scientific calendar. I would request all district orthopaedic clubs / societies to conduct symposia & workshops. Kindly conduct these events under the aegis of UPOA. This will enable greater participation as well as add points for UPOA as we compete for the coveted prize of best chapter of IOA. The executive of the UPOA will assist in whatever way possible and ensure that it is attended by one of the office bearers. The local organiser will be required to contribute a nominal amount of Rs 5000 to the UPOA.

UPORHOCAN 2013:

The next annual conference of UPOA will be held in Aligarh from February 22-24, 2013 under the dynamic secretaryship of Dr. Manoj Mittal. The first day will have two workshop with live surgical demonstrations. I am sure the enthusiastic team under the chairmanship of Dr. Pradeep Kumar will organise a memorable conference.

Important Dates & Times to remember

Workshop:	February 22, 2013 – 9.00am
Executive Meeting:	February 22, 2013 – 2.00pm
Inaugural function:	February 22, 2013 – 6.00pm
Annual GBM	February 23, 2013 – 5.00pm

MIDTERM SYMPOSIUM 2012:

The next annual Mid Term Symposium of UPOA will be held in Faizabad on September 23, 2012.

Dr. S. M. Diwedi is the organising secretary and Dr Atul Verma is the organising chairman.

The topic of this years Mid term symposium is 'Lower Limb Trauma'

The PG Quiz will be held during the midterm symposium. All departmental chairmen are requested to send their entries to Dr. Ajay Singh, Dept of Orthopaedics, CSMMU, Lucknow, before Sept., 15, 2012 on as 29762@gmail.com

PGICL

The next PGICL will be conducted by the Dr. S. K. Saraf, IMS, BHU, Varanasi on Nov 2-4, 2012. I request all the departmental heads to send their post graduate students in large numbers to this instructional course.

IOA Presidential Theme & Initiative

Knowledge is Power ; Skill is Strength

Dr. Rajasekaran's requests each member of the IOA & UPOA to:

1. Take active part in the membership drive
2. Celebrate August 4 as Orthopaedic Day. On this day you are requested to organise CMEs, public awareness programmes etc.
3. Conduct one surgery totally free of cost before Aug 4, 2012. You are also requested to send the details of this surgery to me on upoaoffice@gmail.com

Constitutional Amendments

"If you want change, you have to make it. If you want progress, you have to drive it"

Constitutional amendments were long overdue. The executive of the UPOA had formed a constitutional review committee consisting of the President, President Elect, Secretary, and 3 nominated members: Dr. A. N. Verma, Dr. Vineet Sharma, & Dr. Dharendra Singh.

The committee presented its proposed constitutional amendments in the Executive Meeting & the Extra-ordinary GBM in UPORTHOCAN – Kanpur on February 18, 2012.

I thank all the members of the executive & general bodies for their keen interest in the discussions regarding the proposed amendments. The amended complete constitution will reach you shortly.

I would just like to mention few notable changes:

Life Membership Fees

It shall now be Rs 2500.00.

Nomination Fees:

Nomination Fees for contesting Election has been raised to Rs 5000.00. However the nomination fees shall be refunded to withdrawing candidates.

City Clubs:

Only life members of UPOA can become office bearers of Local Orthopaedic Clubs.

The city clubs MUST conduct annual elections and inform the Secretary.

Dr. Anil Gupta Memorial Lecture:

It will be delivered by a member practicing in UP.

Submissions are invited from amongst the Life Members. The Orator will be selected, from amongst the submissions, by a committee consisting of the President, President Elect & the Secretary.

Submission should contain (1) Brief CV of the presenter (2) Abstract of Presentation.

Submission should be sent on upoaoffice@gmail.com before Sept 15, 2012.

Membership Certificates

The membership certificates of all life members ratified in the last one year have been sent to them by speed post. Those who have not received them, may kindly inform me.

Local Clubs

- With great pleasure I wish to inform all members about the creation of two new Ortho Clubs under the provisions of the by-laws of UPOA. It is an honour to welcome Sultanpur & Safai Orthopaedic Club into the UPOA family.
- I again request the secretaries of all local clubs to inform me about the office bearers of their clubs. I would like to mention here that it is constitutionally binding on all clubs to conduct annual elections to their executive and inform me accordingly.
- A marking criteria for selection of best ortho clubs was approved by the executive committee. It is being sent to all the secretaries.
- All clubs secretaries are requested to get their clubs registered under the societies act and apply for a PAN number.
- Only those clubs having their own PAN number will be eligible to bid for the UPORHOCAN & Mid Term Symposiums
- All club secretaries are requested to send their preliminary reports before Sept. 15, 2012 to be eligible for Club Awards.

Fellowships

The process of learning is through interactions with those who are experienced. To promote learning, UPOA conducts 9 annual fellowships for its younger enthusiastic members. The head of departments of all academic institutions are requested to inform their junior & senior residents about these fellowships. The last date of submission of the fellowship applications is Sept. 15, 2012.

Forthcoming academic Events of UPOA

1. Mid Term Symposium – Faizabad
September 23, 2012
Dr. S. M. Dwiedi
9415039842
2. Workshop on Injuries Around Knee Joint-Kanpur
October 20-21, 2012
Dr. A. S. Prasad
9839051656
3. PGICL – Varanasi
November 2-4, 2012
Dr. S. K. Saraf
9415268897
4. UPORHOCAN 2013 – Aligarh
February 22-24, 2013
Dr. Manoj Mittal
9412732488
5. SICOT – Orthopaedic Update & ICL – Lucknow
March 9-10, 2013
Dr. Jamal Ashraf
9415160454

Jai Hind.

Dr Jamal Ashraf

Secretary UPOA

upoaooffice@gmail.com

9415160454, 9795760454

Minutes of executive committee meeting held at Kanpur, on 18th February 2012 presided by Dr. Ashok Gupta – President UPOA

Obituary No

Election Officer

Dr. Kapil Kulshrestha declared results of election as follows

President Elect – Dr. Dharendra Singh, Vice-Presidents – Dr. Neeraj Garg & Dr. A. B. Singh, Member Executive – Dr. Ajay Gupta, Dr. Rohit Vashisth, Dr. C. S. Negi

Treasurer's Report :

Dr. Lamba presented report: Passed

In future UPOA official events to be given to only those clubs having their own PAN No.

Editors Report:

Presented by Dr. Amit Rastogi – Passed.

Efforts of Dr. Rastogi & the new format of journal appreciated.

Fellowship committee

Report was presented by Dr. Jamal Ashraf.

Two new centers approved for UPOA Visiting Fellowship

1. Dr. S. Rajasekaran, Ganga Hospital
2. Dr. S. K. S. Marya, Max Healthcare

President IOA's Theme:

Knowledge is Power, Skill is Strength

All members were requested to conduct educational programmes on the presidential theme.

Membership No 1344 to 1391 ratified in executive. List published elsewhere.

Bid

UPORTHOCON 2012 : Dr. Manoj Mittal (Aligarh) - Approved
MTS 2011 : Dr. S. M. Diwedi (Faizabad) - Approved
PGICL : No bid – Matter to be placed in GBM

Awards

Prof. K. P. Srivastava Trophy : Lucknow Orthopaedic Club
Prof. M. K. Goel Trophy : Ghaziabad Orthopaedic Club
Dhanendra Prasad Bhagwati Trophy : Faizabad Orthopaedic Club

IOACON 2011 Report

Dr Naresh briefed the details of IOACON 2012. The house appreciated his monumentus efforts.

IOACON 2013, Agra

The house congratulated the members of AOC on their successful bid.

Future Executive Meetings

Dr Naresh suggested that UPOA Executive meeting should be scheduled post lunch on the day of the workshop of UPORTHOCON. Unanimously passed

Dr. Jamal Ashraf

Secretary UPOA
2010–2013

Minutes of Extra-ordinary GBM held at Kanpur, on 18th Feb., 2012 presided by Dr. Ashok Gupta – President UPOA

The following amendments were suggested by the Constitutional Amendment committee, and approved by the general body

1. Life Member of the Association shall be open to the Orthopaedic Surgeon with postgraduate qualification (MS Ortho, DNB Ortho & D.Orth) and foreign qualifications recognised by the MCI. Life members working/practicing Orthopaedics outside the state or those who are not practicing the speciality, from the date of implementations of Amended Constitutions 2012, shall cease to have the right to hold any office or receive any award.
2. Membership Fees
 - a. Life Member: Rs 2500.00
 - b. Associate Member: Rs 500.00
3. The Executive Committee shall consist of the following
President
President Elect
Vice Presidents – Two
Secretary
Treasurer
Joint Secretaries- Three (by nomination)
Members - 9
Ex officio members :
Editor
All Past President
Immediate Past Secretary
IOA – UP Representatives (3)
4. The nomination fees for contesting an election of UPOA will be Rs. 5000. The nomination fees shall be refunded to the withdrawing candidate
5. The Returning Officer shall send ballot papers by speed post / courier.
6. Duplicate ballots to be sent by courier on the request on the member. This request has to be sent by post / courier / or e-mail. The Election officer will verify the request before sending the duplicate ballot
7. Request of change of address will not be entertained after the date of notification of elections
8. Presence of the member elected for a post is mandatory in the AGM. He should also be a registered delegate to the conference
9. Venue for the next conference shall be decided in the GBM one year in advance. It shall be proposed by a member on the prescribed bid form, duly signed by the proposed organising secretary, Org. Chairman, and President & Secretary of the Local Club. Proposed organising secretary and one from the other three signatories shall be present in the GBM. Proposal in absentia shall not be considered.

10. The annual conference shall be of 3 days (Fri to Sun)

- 1st day : Workshops, EC Meeting & Evening Inaugural function
2nd day : Dr. BN Sinha Oration, Dr. TP Srivastava Oration,
Dr. KP Srivastava Oration, Ghaziabad Oration, PG Gold Medal
Dr. AK Gupta Gold Medal, Guest Lectures, GBM
3rd day : Dr. Anil Gupta Memorial Lecture, Dr. Abbas Ali Khan Memorial Lecture,
President's Gold Medal, Guest Lectures

11. Protocol for the Inaugural function

The function shall be presided by the President of the UPOA

Persons of eminence in the field of Orthopaedics should preferably be invited as the chief guest to inaugurate the conference.

President IOA / Secretary IOA / Vice President IOA should be invited as guest of honour

12. Programme:

At least 50% of the guest lectures will be delivered by members residing & practicing orthopaedics in UP.

13. Obligations of Organising Secretary: (of UPORTHOCON & MTS)

The organising secretary may take care of the expenses of the guest speakers with reference to stay & travel (finances permitting). Registration for all guest speakers will be complementary.

President, Secretary, President Elect & all 6 Orator shall be entitled to free registration, stay & hospitality.

All executive members shall be entitled to free registration (not applicable if spot registration); they will however be required to pay the incidental charges.

President or Secretary IOA, should be given the same privileges as the Orators

14. All members of local Orthopaedic Clubs, preferably should become members of UP Orthopaedic Association as well as IOA. Only life members of UPOA & IOA can become office bearers of Local Orthopaedic Clubs

The clubs must have ANNUAL elections and information of new office bearers should be communicated to the Secretary

Clubs must be registered with Registrar of Societies and preferably have PAN No.

UPOA & MTS can only be conducted by those city clubs who have their own PAN No

15. PG Gold Medal

The best paper presentation in the Annual Conference by a bonafide PG student of Orthopaedics in UP, will be awarded a medal and a certificate in the Inaugural function. This award can be presented only once to a PG; and he should be a registered delegate of the conference. A separate PG medal session of 6 papers selected by the programme committee will be held for this medal

16. PG Instructional Course

UPOA will provide financial assistance of Rs 50000.00 (Fifty thousand only) to the organising department. This money will be sanctioned after the completion of the course and submission of the report & audited accounts by the Organising Secretary to the Secretary UPOA

17. Dr. Anil Gupta Memorial Lecture

- Lecture shall be delivered by an eminent Orthopaedic Surgeon working in Uttar Pradesh.
- Submissions will be invited from amongst the Life Members. The Orator will be selected, from amongst the submissions, by a committee comprising the President, President Elect & Secretary of UPOA.
- The orator will be given citation and travelling expenditure by the UPOA.
- Local hospitality, free registration and suitable memento will be provided by the organising committee of the Annual Conference of UPOA.

Minutes of General Body Meeting held at Kanpur, on 18th February 2012 presided by Dr. Ashok Gupta – President UPOA

Obituary No

- Editors** Report: Read & Passed.
Dr. Amit Rastogi congratulated on the new format of JBJD
- Treasurer** Read the report passed..
Efforts of Dr T. P. S. Lamba appreciated
- Web master** Appointment of Dr Piyush Mishra (Allahabad) & Dr. Pramendra Maheshwari (Bareilly) as co-webmasters approved
- Membership** No 1344 to 1391 ratified by GBM
Decided to give new members 'conditional' membership numbers immediately after receipt of their forms. To be ratified in GBM.
- Bid** UPORTOCON 2013 Dr. Manoj Mittal, Aligarh
Mid Term Symposium 2012 Dr. S. M. Dwivedi, Faizabad
PGICL 2012 No Bids
The house requested Dr S. K. Saraf to conduct PGICL. He accepted
- Awards** Prof. K. P. Srivastava Trophy Lucknow Orthopaedic Club.
Prof. M. K. Goel Trophy Ghaziabad Orthopaedic Club
Dr. A. K. Gupta Gold Medal Dr. Saurav Shukla, Lucknow
Presidents Medal To be decided next day (Feb 19)
PG. Gold Medal Dr. Mohd Faizan, Aligarh
Poster presentation Dr. R. P. Singh, Lucknow
Dr. Rajat Ranjan, New Delhi
- IOACON 2011** Dr Naresh Chand gave a brief overview of the conference.
He presented two cheques
1. Rs 5,00,000 contribution to UPOA
2. Rs 15,00,000 for starting the UPOA Ghaziabad International fellowship
The house gave him a standing ovation
- Election Officer** Dr. Kapil Kulshrestha reported the unanimous election as follows
President Elect Dr Dharendra Singh, Ghaziabad
Vice-Presidents Dr. Neeraj Garg, Meerut
Dr. A. B. Singh, Najibabad
Member Executive Dr Ajay Gupta, Jhansi
Dr. Roht Vashisht, Aligarh
Dr. C. S. Negi, Lucknow
- Other Matters:** 1. Dr Amit Rastogi suggested that certificate Passed
should also be given to 2nd author of the
Bhagwan Das Medal paper
2. Dr. T. P. S. Lamba suggested that the bids Passed
of UPORTHOCON & MTS should contain a copy
of the PAN Card of the local club

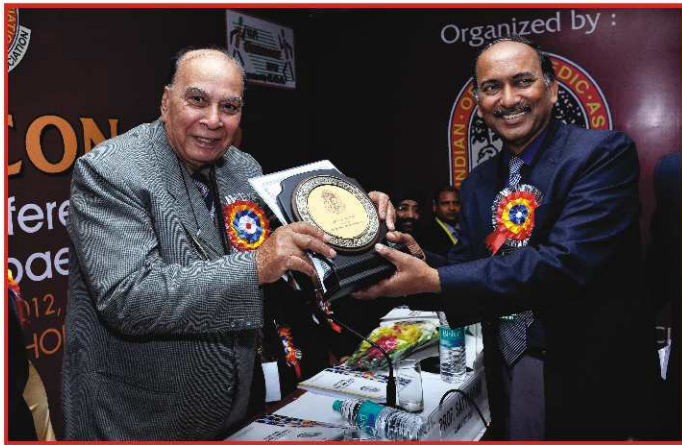
Dr. Jamal Ashraf
Secretary UPOA

UPORTHOCON 2012 - Kanpur

The 36th Annual conference of UPOA - UPORTHOCON 2012 was organized successfully on 17 to 19 Feb. 2012 at Kanpur. A record 497 delegates attended the conference at picturesque venue of Status Club Cantonment Kanpur. In addition to the delegates more than 80 faculty were present to deliver their talks.

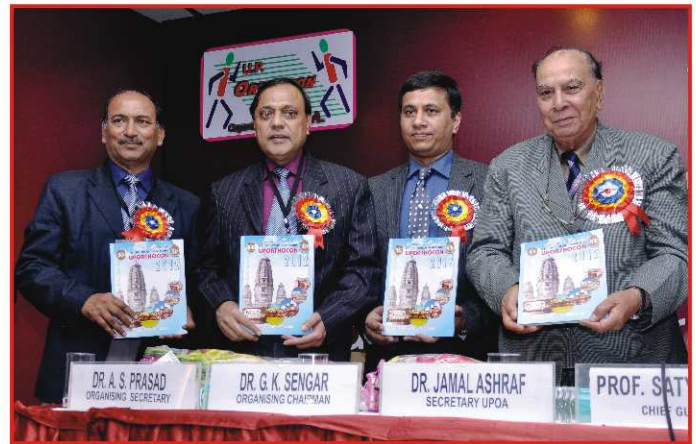
The topics covered were arranged in different symposia , covering an extremity or topic per se to impart deep insight for the topic. The Free Paper as well as the Competitive Papers were also arranged in the same format .

Two workshops , one on Joint Replacement and the other on



MIPPO Technique were organized. The workshop on Arthroplasty covered both Hip & Knee was organized successfully and was attended by 64 delegates . Dr. SanjeevNand (U.K) and Dr. Salman Ali (U.K) were also present amongst the other eminent faculty members from all across the country.

The other workshop on MIPPO technique was enthusiastically attended and highly appreciated by 96 delegates. This workshop was first in UP where delegates practiced on plastic saw bone models arranged by SYNTHES.



The notable National faculty were Dr.Sanjay Agarwala Mumbai, Dr.D.D.Tanna, Mumbai. Dr.M.S.Dhillon, PGI Chandigarh , Dr. H. S. Gill Ludhiana Panjab,Dr.S.K.S.Marya, Dr.I.P.S.Oberoi from Delhi , Dr Ashok Das, Kolkata and many more honorable Orthopedic Surgeons from different parts of our country.

Our own state of U.P. was very well represented with luminaries joining from all parts of the state. Many Ex Presidents of UPOA were there to grace the inaugural ceremony where our Hon'ble President UPOA Dr,Ashok Gupta from Gaziabad and our Dynamic Secretary Dr Jamal



Ashraf from Lucknow were presenting the different Awards. The Chief Guest for the occasion was Prof Satyanand the oldest M.S.Orthopedic Awardee of the Country and the guest of Honor was Prof Ashok Kumar ,the Vice Chancellor of Kanpur University.

The scientific exhibition was very well showcased by our Corporate Partners. We had separate programme for spouses which kept them happily occupied..We had two gala dinners with quality cultural programmes& we ensured that food in menu was never repeated.

The whole event was well appreciated and attended by trade delegates as well who enthusiastically .

International Orthopaedic Conclave - Bangkok

An Orthopaedic Conclave was organised by Ghaziabad Orthopaedic Club on 12th June 2012 in Bangkok, Thailand. This one day CME was organized by GOC in association with the Bangkok Orthopaedic Society, under the aegis of UP Orthopaedic Association.

The venue of the one day scientific event was Hotel All Season, Siam, Bangkok. The programme consisted of a



President & Secretary of GOC: Dr Apoorva Agarwal & Dr. Sudhanshuo.

This was the first time in the history of UPOA, that any city club had conducted a CME programme of foreign soil.



series of guest lectures on different topics of trauma management. The faculty consisted of Thai ortho surgeons based in Bangkok and GOC members: Dr Naresh Chand, Dr. Dharendra Singh, & Dr. Alok Sharma

The scientific deliberations were attended by 23 delegates who had travelled from Ghaziabad and other Thai orthopaedic surgeons.

Followed by the CME, a gala dinner was hosted by the



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President GOC
drapoorva66@yahoo.in
9810135017



3rd UP Trauma Course 2012

The 3rd UP Trauma course was organized in Lucknow on July 14-15, 2012 by Lucknow Orthopaedic Club under the aegis of UP Orthopaedic Association. The aim of the course was to bring the beginners & the experts on a common platform to discuss the latest advances in upper limb trauma surgery.

The programme started with two hands on workshops on PHILOS & LCP Distal Radius. The workshops were conducted by Dr. Sanjay Rastogi & Dr. Vikas Gupta. In the evening there was a brief inaugural ceremony which was



Dr. Atul Srivastava (Agra), Dr. John Mukhopadhyay (Patna), Dr. Neeraj Garg (Meerut), Dr. Pankaj Jindal (Pune), Dr. Ram Prabhoo (Mumbai), Dr. S. C. Gaur (Allahabad),



chaired by Dr. Kapil Kulshrestha, President UPOA. Prof. U. S. Mishra was the chief guest. The course was attended by 131 participants (112 delegates and 19 faculty) from all over the state.

On the second day, scientific deliberations consisted of a series of guest lectures on all the major upper limb fractures and group discussions between the delegates and faculty.

The guest faculty included Dr. A. S. Prasad (Kanpur), Dr. Adarsh Kumar (Lucknow), Dr. Ashish Kumar (Lucknow),



Dr. Sandeep Garg (Lucknow), Dr. Sandeep Kapoor (Lucknow), Dr. Sanjay Dhawan (Agra), Dr. Sanjay Rastogi (Kanpur), Dr. Vikas Gupta (New Delhi), and Dr. Vineet Sharma (Lucknow).

Dr. Nirmesh Bhalla
Dr. Anup Agarwal
Organizing Secretaries
uptc2012@gmail.com
9415075737, 9415018365





Why it Hurts to be a Doctor



Facts and Dilemma

When a child is selected for MBBS he/she is the darling of everybody, but the moment one clears MBBS the whole attitude of society changes. The society adds 20 years to the age of doctor the moment one enters the profession and one has to live and behave like a person of 40 year of age.

The doctor is only made for service to mankind and to do charity. So amount charged as professional fee is always more. Even on slightest acquaintance doctor is not expected to charge otherwise one is labelled money minded and arrogant. The doctor is expected to be available round the clock and treat the patient despite his/her personal problems.

All the patients should be cured otherwise doctor is negligent. Any Tom, Dick and Harry can threaten, abuse, misbehave or damage property of hospital /clinic with impunity without any fear of law as patient is always the aggrieved party. If any investigation is advised and it comes out to be normal, instead of patient being happy it is alleged that doctor is getting unnecessary investigations done for ulterior motives. If investigation is not advised and some mishap occurs the doctor is hauled in the court of law for being negligent.

If any tragedy occurs it is highlighted in media with catchy captions to ruin the reputation of doctor without verifying the facts. All RMP's and unregistered practioners write doctors in front of their name. All physiotherapist, naturopaths and even lab technicians write doctors and prescribe medicines. To common people they are only doctors and their misdeeds are contributing to the bad name to this noble profession.

If a doctor prescribe drugs of local companies or cheap drugs it is alleged that one is prescribing substandard medicines for personal gains while many times cheaper substitutes are prescribed according to economic condition of patient..

Only doctor are forced to work in rural and government hospitals to get the degree .In no other profession this is mandatory. No lawyer is ever asked to work in Gram Panchayats, No engineer is asked to work in various rural projects of the government. The government wants that doctors should not work and settle in foreign countries but there is no such demand and proposed restrictions on IIM/IIT graduates.

As per NCHRC Bill doctors doing any other occupation then medicine are misconduct. Why single out us? Are we not the free citizens of India? Clinical Establishment Act give power to District authorities to impose fine up to Rs 5 lac and even closure of clinic .There is no such law for any other profession.

We do not decide prices of drugs. MRP printed on generic and branded medicine is almost same. But there is substantial difference on MRP and actual cost of generic medicines and surgical items e.g. IV cannula,IV fluids, crepe bandages etc. Why the government is allowing inflated MRP printed? The fault of Govt. is projected by media as fault of doctors to increase the misconception about doctors making money unethically.

Our case!

Medical profession is recognized *business* by law . We don't get space for clinics/hospitals as subsidised rates, rather we are charged more.

We give electricity bill, house tax etc on **commercial rates**.

We have to deal with many govt agencies, face harassment from them as they consider that doctors are the softest target, e.g. Development authorities, Municipal authorities, Fire department., Labour department., Income tax, Pollution department, to name a few.

We invest maximum time, Six years to get the basic qualification, a degree, compare with any profession it is 2 to 3 years more and compare the money we get with other profession at that time.

We work under maximum mental tension as we are accountable, have emotional attachment with patient, work for long and even odd hours , working even when we are not well . The threat of violence and litigation looms around us and even harassment by Govt. agencies is routine.

No doubt, why biology sections in most of schools are shutting off?

The double standards on the part of Society in general and government in particular defy all logic. On one hand they charge us everything at maximum commercial rate, impose different type of taxes selectively and in return they want charity from us in the name of noble profession. This unilateral expectation of society really hurts. Why only doctors are expected to work selflessly?

We don't deny that there are some black sheep in medical profession but which profession is without black sheep. We are also part of society whose moral values are going down very rapidly.

What can be done!

It is only faith of people that is saving grace. The response of treatment depends upon faith of patient on treating doctor. Any act which weakens this faith (as recently in a TV programme) is doing irreparable harm to doctor patient bond and causes immense disservice to society in long run. It is most unfortunate and should be avoided.

Unqualified medical practioners and physiotherapists should not be allowed to write doctor in front of their name and prescribe medicines.

The government should make clear drug policy and MRP written on generic drugs/surgical items should be actual cost and not the inflated price. Media should exercise restraint in reporting mishaps (medical accidents) to increase TRP.

We should identify black sheep amongst us and report to authorities to take necessary actions as per law. IMA should have a complaint cell to register complaints against doctors from general public and process them.

IMA should start scheme like JAGO PATIENT JAGO to increase awareness in society about medical profession.

Last, we should introspect ourselves; we have taken oath to alleviate pain of society and should do everything to this cause. OUR PAIN COMES LAST, but at least we expect the society to treat us with dignity.

Dr. Rajeev Agrawal

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New Members of UPOA ratified in GBM on 18th Feb., 2012 in Kanpur

1344	YADAV	DILIP	VARANASI	9236436886
1345	MISHRA	R K	LUCKNOW	8004921987
1346	PRAKASH	SUSHIL	LUCKNOW	9415025615
1347	MEHDIRATTA	GAURAV	ALLAHABAD	9415030434
1348	KAUSHIK	S K	BAREILLY	9837132567
1349	SINGH	HARISH CHANDRA	ALLAHABAD	9415361328
1350	BHARDWAJ	VIVEK	LUCKNOW	9515017210
1351	VARSHNEYA	ANKIT	AGRA	9323274832
1352	YADAV	DEVENDRA PRATAP	LUCKNOW	9918256522
1353	VERMA	HEMANT KUMAR	MAHARAJGANJ	9451560721
1354	JAIWAL	PANKAJ KUMAR	ALLAHABAD	9889820879
1355	GUPTA	PRIYANK	CHITRAKOOT	9911079910
1356	KUMAR	PRADEEP	MUZAFFARNAGAR	7409488891
1357	SHARMA	HIMANSHU	VARANASI	8004365041
1358	DALMIA	DEEPAK	KANPUR	9839085502
1359	GUPTA	ANKUR	KANPUR	9795955959
1360	SIDDIQUI	HATIF QAMAR	ALIGARH	7417343091
1361	REHMAN	MATLOOB	ALIGARH	9410213616
1362	BHALLA	GAURAV NATH	KANPUR	9935693677
1363	VERMA	AMIT	KANPUR	9335167968
1364	JAIWAL	AMIT KUMAR	NEW DELHI	9654390476
1365	KHAN	MOHAMMAD AFSAR	LUCKNOW	9793264363
1366	SHUKLA	ABHISHEK	KANPUR	9935104106
1367	KUMAR	ASHOK	KANPUR	9451020743
1368	KHAN	IMRAN ALI	SHAHJAHANPUR	7607468809
1369	SHUKLA	SOURAV	LUCKNOW	8574080001
1370	GUPTA	RAKESH KUMAR	BAREILLY	9897831897
1371	GAUR	AKHILESH CHANDRA	KASGANJ	9412305125
1372	TRIPATHI	RAGHVENDRA	KANPUR	9936016355
1373	SINGH	SIMRAT PAL	AGRA	9219699590
1374	SINGH	ANIL KUMAR	GHAZIABAD	9250572469
1375	SACHAN	ANUPAM	KANPUR	9839530716
1376	YADAV	VINIT	VARANASI	9889776777
1377	SINGH	RATNAKAR DEO	AZAMGARH	9794824016
1378	SINGH	JASVEER	MORADABAD	9450592352
1379	SHARMA	ANIL KUMAR	AGRA	9927099951
1380	YADAV	RAM NARESH	FATEHPUR	9456996725
1381	CHATURVEDI	UMESH CHANDRA	MAINPURI	9997281232
1382	AGNIHOTRI	SRIVAR	KANPUR	9415043647
1383	SHARMA	RAHUL	GHAZIABAD	8130931497
1384	QURESHI	OWAIS AHMAD	ALIGARH	9756606609
1385	SHARMA	GIRISH CHANDRA	BALLIA	9935226133
1386	SINGH	MANOJ KUMAR	VARANASI	9415353896
1387	AHUJA	ANIL KUMAR	RAE BAREILLY	9044191112
1388	SINGH	YASHWANY	LUCKNOW	9792939045
1389	MARYA	S. K. S	GURGAON	9811082434
1390	SINGH	GEETESH KUMAR	ALIGARH	9540295077
1391	GUPTA	KESHAV	ALIGARH	9897198719

Fellowships

The process of learning is through interactions with those who are experienced and this most important aspect is of top most priority for us. The fellowship of UPOA will have a sea change and we want maximum competition in this field.

UPOA Travelling Fellowships (2)

Eligible members of the association (one each from teaching & non teaching group) below 40 years of age will be selected and sent to Kolkata coinciding with the visit J & J fellow of IOA. A sum of Rs. 3000.00 shall be paid to each fellow to cover the expenses. The Secretary will try to arrange the local hospitality at the centres. The fellows will submit the report to the secretary which will be published in the journal. They will be given a certificate at the inaugural function of UPCON.

UPOA Visiting Fellowship

This fellowship shall be given to eligible members of the association (one each from teaching (<45 years) & non teaching group (<50 years)). The selected persons will present two papers in orthopaedic clubs. The visiting fellow will submit his report to the Secretary along with the papers to be published in the journal. He will be presented a certificate at the inaugural function of UPCON. He will also be given 2nd AC travelling expenses. UP OA Visiting Fellowship for the non teaching group has been named as Dr. Bholu Nath Memorial Visiting Fellowship; UP OA visiting Fellowship for teaching group has been named as Dr. A.N. Srivastava Memorial Visiting Fellowship.

UPOA Exchange Fellowships (2) - Baburam Fellowship

The fellowship shall be given to bonafide post graduate students who are at least associate members of UPOA. They will attend the annual conference of MP chapter of IOA. The Local hospitality and registration charges will be met by the host chapter on reciprocal basis, travel expenses (2nd AC) will be given by UPOA. The fellows shall be required to present a paper at the conference. They shall submit their report to the secretary for publication in journal. They shall be given a certificate in the inaugural function of UPCON.

Varanasi Exchange Fellowship (1)

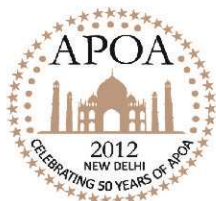
The selected fellow will visit Ahmedabad during the visit of Johnson & Johnson fellows. The fellow will be presented a certificate at the inaugural function of UPCON. A sum of Rs. 3000.00 shall be paid to the fellow to cover the expenses.

Lucknow Pune Fellowship (2)

This fellowship shall be given to a life member of UPOA (< 40 years). He will also be presented a certificate at the inaugural function of UPCON. The time of visit of the selection will be coordinated with Prof. OP Singh, Lucknow. Two fellows will be selected & sent to Pune at Sancheti Institute for 7 days as observers on their hospitality. The travel expenses will be borne by UPOA.

The last date for receipt of application forms is 15th September 2012

Visit website www.upoa.net for more details & to download fellowship application form



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and



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Letter from the Org. Secretary, IOACON 2013

Dear Colleagues,

On behalf of the Agra Orthopedic Society, it gives me great pleasure to inform you that the 58th Annual National Conference of the Indian Orthopedic Association will be held in Agra in December 2013. I would like to express my profound gratitude for your support, which has helped us in securing the opportunity to host this prestigious event. We are already marching ahead with the planning of the arrangements for IOACON 2013 and are thankful to you for pointing us in the right direction through email, Facebook, and personal communications.

The organization of such a large conference is a monumental challenge and we understand the importance of early decisions and actions. We would like to apprise you of the work done till date, which is as follows:

- ☞ The PCO and DMC for the conference have been chosen after going through the prescribed tendering process.
- ☞ The logo and the tag-line have been finalized. The selected tag line is "Educate, Enrich, Empower", which will also reflect the theme of the conference.
- ☞ We are in the process of creating the website for the conference and are currently developing layout options for the same.

I would also like to express my gratitude to you for supporting me as the Organizing secretary for the 58th Annual National Conference of the Indian Orthopedic Association.

As a part of the host chapter, we would like your valuable inputs in designing and organizing the conference in whichever field you consider best, and would like you to **send your Contact Details with your Name, Email Address and Phone Number with your area of interest in Orthopaedics.**

I welcome your ideas and suggestions for improvement which may be mailed to me at ioacon2013@gmail.com and in my inbox on Facebook.

I look forward to hearing from you.

Sanjay Chaturvedi
Organising Secretary – IOACON 2013 Agra
Asha Arthroscopy Center, Prof. C R Chaturvedi Medical Complex
1/188 Delhi Gate
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