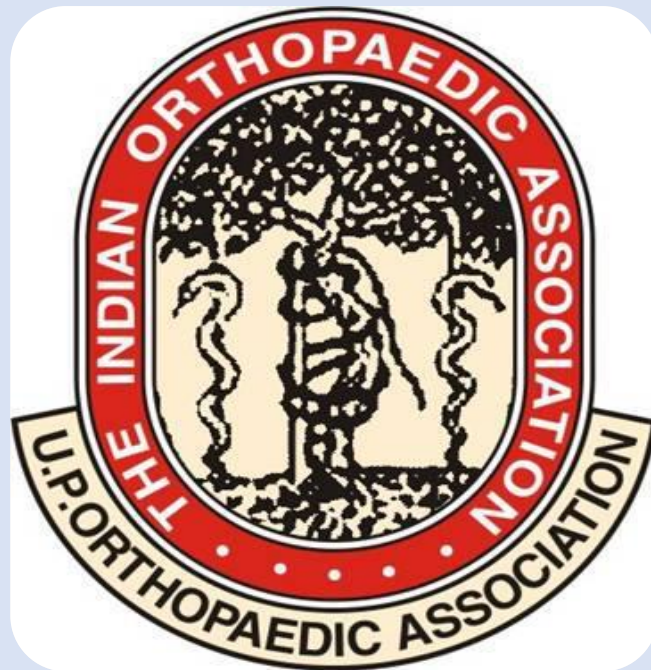


VOL - 22, ISSUE- 2



# **UPOA TIMES**

**U.P. ORTHOPAEDIC ASSOCIATION**

President UPOA

2022-2023

**Dr Ashish Kumar**

Secretary UPOA

2022-2023

**Dr Santosh Singh**

## Executive Committee

2022-2023

Dr Ashish Kumar	: <b>President</b>
Dr Anup Agrawal	: <b>President Elect</b>
Dr Piyush Mishra	: <b>Vice President</b>
Dr Ashwani Sadana	
Dr Santosh Singh	: <b>Secretary</b>
Dr Maneeshi Bansal	: <b>Treasurer</b>
Dr Deepak Kumar	
Dr Manoj Hirani	: <b>Joint Secretaries</b>
Dr Swagat Mahapatra	
Dr C.P. Pal	: <b>Editor JBJD</b>
Dr Uttam Garg	
Dr Amit Jaiswal	
Dr Ravi Garg	
Dr Vipul Agarwal	: <b>Member</b>
Dr Ashutosh Agarwal	: <b>Executive</b>
Dr Brijesh Sharma	: <b>Committee</b>
Dr Ajeet Tiwari	
Dr Imran Akhtar	
Dr Shivam Sinha	
Dr Anup Agrawal	: <b>Ex Officio</b>
Dr Sanjay Dhawan	: <b>Members</b>
Dr Apoorva Agarwal	: <b>State</b>
Dr Maneeshi Bansal	: <b>Representative to</b>
	: <b>IOA</b>
Dr Sanjiv Kumar	: <b>Quiz Master</b>

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## President's Message

To all the members of the UPOA family, I express my deepest appreciation for bestowing upon me the honour, the privilege, and the opportunity to be the 44<sup>th</sup> President of the UPOA.

I am deeply humbled. More so when I think of the stalwarts that have occupied this position in the past. This is such an honour. Being the president provides a great chance for me to work with the outstanding leadership of this association. We will work together in all spheres to maximize the association's effectiveness. I am very confident that the Executive Committee will continue to make great strides in fulfilling its mission of promoting professional education and research, and to assist the grooming and training of young orthopaedic surgeons in the region.

For me, honestly, it's not about individual accomplishments, individual positions and awards. It's about the opportunity to do something and contribute to the association. It's about trying to be part of a legacy and trying to develop that legacy forward.

I am committed to the grooming of the future leaders of the orthopaedic community, in UP, India and in the Asia Pacific Region. I strongly believe that young surgeons have something unique to add to our association and our profession. This is primarily through their combination of energy, idealism and a never say die attitude. The Association should continue to support and encourage the young surgeons. Engagement with our young blood will be very important going forward. It is the best way to protect our legacy and improve professionalism and accountability. I hope that during my Presidency I can provide them this platform to rise and flourish.

I take this appointment as a call to serve the UPOA, more than as a personal honour. I believe that leadership is never an avenue to be self-serving but rather a platform to render service to association. I therefore pledge to serve you and the Association to the best of my ability in this one year.

Thank you

A handwritten signature in black ink, appearing to read 'Ashish Kumar'.

Dr Ashish Kumar

President UPOA

Lucknow



## Secretary's Message

Dear Members,

Greetings from Lucknow. I will start by thanking the UPOA family for bestowing upon me the honour to serve as the secretary of UPOA. I will do my level best to serve UPOA with all truthfulness and dedication.

An academic association is judged by the quality of its scientific calendar. I would request all district orthopaedic clubs/societies to conduct symposia & workshops. Kindly conduct these events under the aegis of UPOA. This will enable greater participation as well as add points for UPOA as we compete for the coveted prize of best chapter of IOA. The executive of the UPOA will assist in whatever way possible and ensure that it is attended by one of the office bearers.

The rapidly growing internet highway has drastically transformed the learning mediums. One can easily find out whatever he needs to know, by simply browsing the internet, emailing or skyping someone. But that can never replace the full meaning of the philosophy to be enlightened. For that, meaningful discussion and face to face encounters are necessary. This can only be facilitated by academic associations like the UP Orthopaedic Association, who organise frequent scientific events for the benefit of their members.

The official programs of the UPOA shall be designed for interacting with the experts from every subspeciality. The aim will be to share and enhance knowledge on the latest international research and developments in the field of orthopaedic and for interaction among peers.

Through the dedicated commitment of our colleagues of the UPOA, our mission remains "to serve the profession, champion the interests of our patients, and advance the highest quality of musculoskeletal care." I hope that each of you will embrace this mission and become involved in your association. Support its programs; volunteer to serve on a committee; participate in initiatives that are important to you and to your patients. Only by becoming so engaged you will realize the full value of your membership.

Let us embark on this fruitful journey together, shoulder to shoulder, to share a common idea and embrace a common goal ..... to make UPOA the shining star of IOA.

*Your vision will become clear only when you look into your heart. He who looks outside, dreams. He who looks inside, awakens."*

Jai Hind

Dr Santosh Singh

Secretary UPOA

Lucknow

# UPOA City Clubs

**2022- 2023**

City	President	Secretary
<b>Agra</b>	Dr Manvendra Sharma anitamsharma63@gmail.com Mob- 9897048048	Dr Shashi pal Sadana shashipalsadana@gmail.com Mob- 8864807912
<b>Aligarh</b>	Dr Naiyer Asif naiyerasif@gmail.com Mob- 9634560874	Dr Sumeet Singhal drsumeetsinghal@gmail.com Mob- 9837094448
<b>Prayagraj</b>	Dr Nikunj Agarwal drnikunj1963@gmail.com Mob- 9415289095	Dr Sachin Yadav sachin_27fun@yahoo.com Mob- 9621356513
<b>Bareilly</b>	Dr Manoj Kumar Hirani mkhyash@gmail.com Mob- 9897630931	Dr Alok Sharma dr.aloksharmably.70@gmail.com Mob- 9837025380
<b>Basti</b>	Dr Satyender Rai satyendra.ra19@gmail.com Mob- 9415037909	Dr Sanjay Kumar Arora skarora08@rediffmail.com Mob- 9839887473
<b>Deoria</b>	Dr S K Aanand santosh_anand15@rediffmail.com Mob- 9670225997	Dr Mohd Arif arifmd4242@gmail.com Mob- 9598001123
<b>Ayodhya</b>	Dr Anil Kumar Jaiswal anil.renumemorial@gmail.com Mob- 9415048261	Dr G. K. Pandey govindgkpandey@gmail.com Mob- 9415058337
<b>Ghaziabad</b>	Dr Sanjay Jain gzbsjain@gmail.com Mob- 9810138397	Dr Rizwan Khan drrizwan85@gmail.com Mob- 9910028412
<b>Gorakhpur</b>	Dr B B Tripathi drbbtripathi11@gmail.com Mob- 9721222336	Dr Amit Mishra mishradramit@gmail.com Mob- 9415154480
<b>Jhansi</b>	Dr Manoj Kankane manojkane@hotmail.com Mob- 9415030199	Dr Rajeev Bhadoria rajeevsingh.bhadoria@gmail.com Mob- 9415031443
<b>Kanpur</b>	Dr A.K. Agrawal drakagrwal@satyahospital.com Mob- 9415051052	Dr Chandan Kumar ck131980@gmail.com Mob- 9335313138
<b>Lucknow</b>	Dr S.K. Srivastava skorth@rediffmail.com Mob- 9839019913	Dr Shah Waliullah shahwali2008@gmail.com Mob- 9335716350

<b>City</b>	<b>President</b>	<b>Secretary</b>
<b>Meerut</b>	Dr Gyaneshwar Tonk <a href="mailto:gyaneshwartonk@gmail.com">gyaneshwartonk@gmail.com</a> Mob- 9897600445	Dr. Ravinder Singh <a href="mailto:ravinder1987878@gmail.com">ravinder1987878@gmail.com</a> Mob- <a href="tel:9557477772">9557477772</a>
<b>Moradabad</b>	Dr Deepak Rastogi <a href="mailto:deepsanjeevan@gmail.com">deepsanjeevan@gmail.com</a> Mob- 9837053968	Dr. Akshat Goel <a href="mailto:Dr.akshat.goel@gmail.com">Dr.akshat.goel@gmail.com</a> Mob- 8057047400
<b>Muzaffar Nagar</b>	Dr Vinit Minocha <a href="mailto:m_vinit@hotmail.com">m_vinit@hotmail.com</a> Mob- 9897242355	Dr Siddhartha Goel <a href="mailto:goelxrayofficial@gmail.com">goelxrayofficial@gmail.com</a> Mob- 9997040448
<b>Saifai</b>	Dr R.S. Yadav <a href="mailto:dayalortho@gmail.com">dayalortho@gmail.com</a> Mob- 9410045241	Dr Ajay Rajput <a href="mailto:dr.ajayrajput@gmail.com">dr.ajayrajput@gmail.com</a> Mob- 9582342414
<b>Saharanpur</b>	Dr Girish Dang <a href="mailto:dr.girish.dang@gmail.com">dr.girish.dang@gmail.com</a> Mob- 7906081557	Dr Shashi Kant Saini <a href="mailto:24shashikant@gmail.com">24shashikant@gmail.com</a> Mob- 9319388182
<b>Sultanpur</b>	Dr Siddiqui Qadeer Ahmed <a href="mailto:drqas2001@yahoo.co.in">drqas2001@yahoo.co.in</a> Mob- 9415046279	Dr Amrit Pal Singh Arora <a href="mailto:amrit80sln@yahoo.com">amrit80sln@yahoo.com</a> Mob- 7524020342
<b>Mathura</b>	Dr Nirvikalp Agrawal <a href="mailto:nirvikalp.aggarwal@gmail.com">nirvikalp.aggarwal@gmail.com</a> Mob- 9837472254	Dr Praveen Goyal <a href="mailto:praveenkumargoyal@gmail.com">praveenkumargoyal@gmail.com</a> Mob- 9761055000
<b>Hathras</b>	Dr K.K. Varshney <a href="mailto:kamal16@gmail.com">kamal16@gmail.com</a> Mob- 9837107959	Dr R.K. Singh <a href="mailto:kinkersinghram@gmail.com">kinkersinghram@gmail.com</a> Mob- 9627193971
<b>Rai Bareilly</b>	Dr Sanjeev Kumar Jaiswal <a href="mailto:drsanjeevjaiswal@yahoo.co.in">drsanjeevjaiswal@yahoo.co.in</a> Mob- 9415034906	Dr Niteesh Kumar Gupta <a href="mailto:drniteeshkumargupta@gmail.com">drniteeshkumargupta@gmail.com</a> Mob- 9975070766
<b>Varanasi</b>	Dr Rajendra Prasad Gupta <a href="mailto:dr.rajendra.pd.09@gmail.com">dr.rajendra.pd.09@gmail.com</a> Mob- 9415223574	Dr karma Raj Singh <a href="mailto:drkarmarotary@gmail.com">drkarmarotary@gmail.com</a> Mob- 9506211111
<b>Firozabad</b>	Dr Jagdish Mittal <a href="mailto:jmittal30@gmail.com">jmittal30@gmail.com</a> Mob- 9897085050	Dr Vipul Agarwal <a href="mailto:sarinavipul@yahoo.com">sarinavipul@yahoo.com</a> Mob- 8171207989



# **UPOA Guidelines Under Aegis**

## **Guidelines for the Academic Events to be conducted under the Aegis of UPOA**

1. *The said event should be organized with the involvement and approval of the local city club / society.*
2. *The Organizing Secretary must obtain, through an email, prior permission from the UPOA Secretary, at least a month before the event to ensure the availability of office bearers.*
3. *The dates should not coincide with other important official events of the IOA and UPOA.*
4. *A copy of the e-brochure should be sent to the UPOA Secretary for approval before it is circulated amongst the members. This is to ensure that all protocols are adhered to.*
5. *The event may not be organized under aegis of another association in addition to the UPOA (may be associated with other associations).*
6. *Flier should include- names of UPOA president, president elect and secretary with organising chairman and organising secretary, local club president and secretary.*
7. *The brochure should contain:*
  - a. *UPOA & Local City Club Emblem.*
  - b. *UPOA and IOA President Theme (IOA presidential theme of year 2022 is- SUCCESS WITH SURGICAL AND SOFT SKILLS) should be mentioned.*
  - c. *Under the aegis of U.P. Orthopaedic Association written prominently.*
  - d. *Names and Photos of UPOA President, President Elect & Secretary.*
  - e. *Scientific Programme*
  - f. *Local organizing committee*
  - g. *Office bearers of the local orthopaedic club*
8. *All members of UPOA should be informed by electronic media: Email, SMS, WhatsApp, & social media at least 2 weeks prior to the event.*

9. *The President and Secretary UPOA should be invited well in advance and their stay and local hospitality should be taken care of by the organisers.*
10. *In-Case the President / Secretary are unable to attend, they will nominate either the President Elect or one of the Vice President/ any other office bearers of UPOA to deputize of their behalf. In such a scenario, the nominated officer shall be offered the same hospitality and position on the dais as the UPOA President/ Secretary.*
11. *No travel expenses are to be given to the UPOA office bearers.*
12. *INAUGURAL FUNCTION PROTOCOL (if any clarification call UPOA Secretary)*
  - i. *The inaugural function should preferably finish in 30 minutes.*
  - ii. *The function shall be presided by the President of the U.P. Orthopaedic Association*
  - iii. *Persons of eminence in the field of Orthopaedics should preferably be invited as the chief guest to inaugurate the conference.*
  - iv. *President IOA / Secretary IOA / Vice President IOA (in preferential order) should be/may be invited as guest of honour.*
  - v. *Not more than 9 persons will be on dais during the inaugural function. The President, Chief Guest, Guest of honour, President Elect, Secretary, Organising Chairman, Organising Secretary and President & Secretary of Local Orthopaedic Club should be on dais during the inaugural function.*
  - vi. *The dais may be expanded to 11 persons in the extra-ordinary circumstances if the event is being held in a educational institution to accommodate the appropriate university / college dignitaries.*
  - vii. *The first row in the conference hall during the event shall be reserved to the Dignitaries.*
  - viii. *Master of the Ceremony should be nominated by the organising secretary to conduct the inaugural function.*
  - ix. *Master of ceremony will conduct the inaugural function in following order.*
    - a. *Invocation- president UPOA, chief guest, guest of honour, president elect UPOA, secretary UPOA, president and secretary of local orthopaedic club, organising chairman and organising secretary.*
    - b. *Lighting of Lamp*



- c. *Welcome Address by Chairman organising committee.*
  - d. *Secretary's report/speech.*
  - e. *Presidential address*
  - f. *Guest of Honour's address*
  - g. *Address by chief guest*
  - h. *Vote of Thanks by organising Secretary*
  - i. *National Anthem.*
13. *A compulsory contribution of Rs 5000 shall be made to the UPOA at the time of event and Cheque/ DD is handover to who so ever will attend from UPOA office (or can do online transfer).*
14. *Report with photographs to be sent to secretary within 15 days of the event.*

Short Report for UPOA Times – in following headings preferably, within 15 days

1. Program name
  2. Date And Venue
  3. Number of Delegates
  4. Name of Chief Guest
  5. Name of guest of honour
  6. Any award given
  7. Special invites
  8. Any Remarks
  9. Few Photos
15. *Certificates should:*
- a. *Have logo of UPOA*
  - b. *Be signed by President and Secretary UPOA, president and secretary of local orthopaedic club, org chairman and org secretary.*
16. *Banner should have logo of UPOA and mentioned under the aegis of U.P. Orthopaedic Association prominently.*
17. *The organizing secretary should be present in the inaugural function of the subsequent UPORTHOCAN, to receive the certificate of appreciation.*
18. *Faculty selection should encourage members of UPOA.*
19. *Apply for MCI accreditation points.*



***Dr Santosh Singh***

***UPOA Secretary***

## CATEGORIES FOR CITY CLUB AWARDS

Award	Eligible City Club	
1. Dr K.P. Srivastava Trophy	Above 75 members (7)	
	Agra (146) Lucknow (322) Ghaziabad (104) Meerut (85)	Kanpur (131) Varanasi (134) Allahabad (98)
2. Dr M.K. Goel Trophy	51 to 75 members (3)	
	Aligarh (73) Bareilly (55)	Gorakhpur (72)
3. Dhanendra Prasad Bhagwati Devi Trophy	26 to 50 members (3)	
	Moradabad (28)	Jhansi (37) Muzaffarnagar (27)
4. UPOA Trophy	1 to 25 members (10)	
	Basti (11) Etawah (19) Hathras (10) Saharanpur (22) Raibareilly (20)	Deoria (16) Ayodhya (12) Mathura (24) Sultanpur (15) Firozabad (21)

## CRITERIA FOR BEST CITY CLUB AWARDS

ACTIVITIES FROM 1 JANUARY TILL 31 DECEMBER REPORT TO BE SUBMITTED BEFORE 15 JANUARY	Max
Increase in number of members of UPOA-1 point for every new member	10
Increase in number of members of UPOA-1 point for every 1 new member	10
Academic Activities (Name with number of delegates)	
1) National Conference (IOACON)	15
2) State Conference / National Conference of Subspeciality Group of IOA	8
3) Mid Term Symposium	4
4) Instructional Courses / CME / Hands on Workshop (2 point per programme)	8
5) PG Crash Course	2
6) Clinical Meetings- 0.5 points for each meeting	6
Achievement of Individual Members (National & International)	
1) Guest lecture in National & International Conferences-2 point per presentation	6
2) Guest lecture in UPORTHOCON 1 point per presentation	4
3) Paper presentation in National & International Conference-1 point per presentation	3
4) Paper presentation UPORTHOCON – 0.5 point per presentation	2
5) Awards & Honours	2
6) Elections to higher posts (P/S=2; VP/E/T=1, E=0.5)	4
7) Inventions (techniques, instruments, implants)	1
8) Academic Literature (writing, editing, translating)	2
<b>Newsletter</b>	2
<b>Regular Election of Office Bearers</b> (Reporting of Activities to Hon Secretary UPOA)	4
<b>Other Activities</b>	3
1) Any welfare programme for public	
2) Slide projector, Overhead projector, laser pointer	
3) Activities connected with allied orthopaedic activities	
Chapter contribution to UPOA (10-50000 Rs = 2 points)	4

# **LIST OF EVENTS HELD**

## **(September to December 2022)**

1. 1<sup>st</sup> Kanpur Basic Paediatric Orthopaedic Course, Kanpur, 11<sup>th</sup> Sep 2022, Organizing Secretary- Dr Raghvendra Tripathi.
2. GOC-Vietnam Ortho Conclave, Ghaziabad, 09<sup>th</sup> to 11<sup>th</sup> Sep 2022, Organizing Secretary- Dr Sharad Gupta.
3. MTS, Varanasi, 18<sup>th</sup> Sep, 2022, Organizing Secretary- Dr Amit Jaiswal.
4. Spine Conclave & Cadaveric Course 2022, Lucknow, 23<sup>th</sup> to 24<sup>th</sup> Sept, 2022 Organizing Secretary- Dr Shah Waliullah.
5. Knee Naturals, Bareilly, 25<sup>th</sup> Sep, 2022, Course Convener- Pramendra Maheshwari.
6. PGICL, Moradabad, 01<sup>th</sup> to 02<sup>th</sup> Oct, 2022, Organizing Secretary- Dr Amit Saraf.
7. 8<sup>th</sup> UPOA Trauma Course, Lucknow, 16<sup>th</sup> Oct, 2022, Organizing Secretary- Dr Suresh Chand.
8. Agra Arthroplasty Update, Agra, 30<sup>th</sup> Oct, 2022, Organizing Secretary- Dr Amrit Goyal.
9. IFAS Basic Course 2022, Aligarh, 04<sup>th</sup> Nov, 2022, Organizing Secretary- Dr Keshav Gupta.
10. Arthroscopy Conclave 2022, Lucknow, 05<sup>th</sup> to 06<sup>th</sup> Nov, 2022, Organizing Secretary- Dr Ashish Kumar.
11. 2<sup>nd</sup> Platescon, Prayagraj, 12<sup>th</sup> to 13<sup>th</sup> Nov, 2022, Organizing Secretary- Dr Maneeshi Bansal.
12. All Around Knee, Ghaziabad, 13<sup>th</sup> Nov, 2022, Organizing Secretary- Dr Rizwan Khan.
13. Revision Arthroplasty HIP & Knee & Pelvic Acetabular Fracture Symposia, Varanasi, 19<sup>th</sup> Nov, 2022, Organizing Secretary- Dr Anupam Srivastav.
14. 2<sup>nd</sup> Annual LOS Symposium, Lucknow, 11<sup>th</sup> Dec, 2022, Organizing Secretary- Dr Uttam Garg.
15. Basic Cadaveric Knee Arthroplasty Course, Agra, 18<sup>th</sup> Dec, 2022, Organizing Secretary- Dr Imran Sajid.

# EVENTS HELD

## 1st Kanpur Basic Paediatric Orthopaedic Course, Kanpur

11<sup>th</sup> September, 2022

Org. Sec.: Dr Raghvendra Tripathi.

Short Report as requested by you

Programme Name: 1st Kanpur Basic Paediatric Orthopaedic Course {Organised by KOA under Aegis of UPOA in Association with POSUP}

Date & Venue: 11th Sep 2022 at Hotel Royal Cliff Kanpur.

Number of Delegates: 150 Delegates apart from that 8 Faculty all across the country.

Chief Guests: 1. Dr Dhiren Ganjwal President Paediatric Orthopaedic Society of India (POSI)

2. Prof (Dr) Ajai Singh President POSUP & Director AIIMS Bhopal

Guest of Honour: Dr Ashok N Johari Mumbai President SICOT

Award Given: Dr P M Gadre Memorial Oration (Dr Ashok N Johari)

Special Invites: President, President Elect & Secretary UPOA (Represented by Vice President UPOA Dr Ashwini Sadana)

Dr K D Tripathi Allahabad

Dr Vikas Verma Secretary POSUP

Programme has been awarded with 3 Accreditation points by UP Medical Council; certificate attached.

It was one whole day CME started from 8 AM and ended at 5 PM, focusing on day to day paediatric orthopaedic problems encountered by general orthopaedic surgeons and it was a well attended, and highly appreciated CME with full house throughout the course time.

The guidance and support by UPOA & KOA officials has helped me to make it a successful academic event.

Regards

photographs will be added in subsequent mails.

Dr Raghvendra Tripathi

Organising Secretary





# EVENTS HELD

**GOC- Vietnam Orthopaedic Conclave- 2022, Ghaziabad**

**09<sup>th</sup>-11<sup>th</sup> September, 2022**

**Org. Sec.: Dr Sharad Gupta.**



# EVENTS HELD

**UPOA Mid Term Symposium 2022, Varanasi**

18<sup>th</sup> September, 2022

Org. Sec.: Dr Amit Jaiswal.



# EVENTS HELD

## **Spine Conclave & Cadaveric Course 2022, Lucknow**

23<sup>th</sup>-24<sup>th</sup> September, 2022

Org. Sec.: Dr Shah Waliullah.

Program name: Spine Conclave 2022

2. Date and Venue: 23<sup>rd</sup> 24<sup>th</sup> Sep 2022, Dept of Orthopaedic Surgery, King Georges Medical University, Lucknow

3. Number of Delegates: 84

4. Name of Chief Guest: Lt Gen Bipin Puri

5. Name of guest of honour: Dr Sajan Hegde

6. Any award given:

7. Special invites: Dr Mohit Gupta, Cardiologist, Delhi as a motivational speaker

8. Any Remarks: Unveiling of Uttar Pradesh Spine Society (UPSS)

9. Few Photos

Dr Shah Waliullah

MS, DNB, Dip SICOT PhD

Associate Professor

Dept Of Orthopaedic Surgery

King George Medical University

Lucknow







# EVENTS HELD

**Knee Naturals, Bareilly**

25<sup>th</sup> September, 2022

Course Convener.: Dr Pramendra Maheshwari.



# EVENTS HELD

## **UPOA PGICL 2022, Moradabad**

01<sup>st</sup>-02<sup>nd</sup> October, 2022

Org. Sec.: Dr Amit Saraf.

### Short Report for UPOA Times

Program Name	:	<b>UPOA PGICL 2022</b>
Date And Venue	:	<b>1<sup>st</sup> to 2<sup>nd</sup> October, 2022</b> Teerthanker Mahaveer Medical College, TMU, Moradabad –Uttar Pradesh
Number of Delegates	:	48 20 invited faculty
Name of Chief Guest	:	Prof. Raghuvveer Singh, Hon'ble Vice Chancellor, Teerthanker Mahaveer University, Moradabad – Uttar Pradesh
Name of Guest of Honour	:	Prof. S.K. Jain, Vice Dean, Teerthanker Mahaveer Medical College, Moradabad
Any Award Given	:	→ Two awards were given to residents, who give best performance in clinical case presentation. → One was given for long case presentation and one for short case presentation.
Special Invites	:	
Any Remarks	:	<p>The program was beautifully inaugurated on first of October after seeking the blessings of goddess Saraswati, by the honourable Vice Chancellor of the university, Professor Raghuvveer Singh. To grace the occasion we also had amongst us the president of Uttar Pradesh Orthopaedic Association Dr Ashish Kumar, Dr V.K. Gautam Ex Hod Maulana Azad Medical College, President Of Moradabad Orthopaedic Club Dr Deepak Rastogi, Dr. S.K. Jain Vice Principal, Dr V.K. Singh, Dr. Manmohan Sharma, Organizing Chairman, Dr Amit Saraf Organizing Secretary, Dr Sandeep Bishnoi, Joint Organizing Secretary, Dr Vakul Mahipal, Dr Altaf, Dr Prakhar amidst many other top faculty of the region.</p> <p>The delegates were gathered in great numbers for this two day's extravaganza which was amazingly hosted by orthopaedic department of TMU and co-hosted by Moradabad Orthopaedic Club.</p>

Great knowledge about various surgical procedures and diseases was imparted by innovative means of videos, lectures and case presentations.

Head of orthopaedics at Jamia Hamdard Delhi, Dr Sandeep magnificently taught the knee joint examination live on a patient.

The master of the game, Dr V.K. Gautam -AIIMS alumni-ex hod Maulana Azad Medical College and currently professor at Sharda university lead a series of discussions and held the crowd with not just his knowledge but also wit.

One on one case presentations were a very important and beneficial aspect of the workshop and the best delegates Dr Hamza Habib and Dr Vaneet Arora were rewarded after thorough assessment by the faculty.

The event was overall a tremendous success with delegates parting ways with utmost satisfaction and sac full of knowledge which is gonna equip and prepare them for their upcoming final post graduate examinations.





Few Photos





# EVENTS HELD

**8<sup>th</sup> UPOA Trauma Course - 2022, Lucknow**

**16<sup>th</sup> October, 2022**

**Org. Sec.: Dr Suresh Chand.**







# EVENTS HELD

## **Agra Arthroplasty Update, Agra**

30<sup>th</sup> October, 2022

Org. Sec.: Dr Amrit Goyal.

1. Program name - AGRA ARTHROPLASTY UPDATE 2022, Organising Chairman – DR. C.P. PAL  
Organising Secretary- DR. AMRIT GOYAL
2. Date and Venue - 30/10/2022, & AUDITORIUM, S N MEDICAL COLLEGE, AGRA
3. Number of Delegates – 125
4. Name of Chief Guest - DR. PRASHANT GUPTA, DEAN AND PRINCIPAL, SNMC AGRA.
5. Name of guest of honour - DR. ATUL SRIVASTAVA, PRESIDENT ELECT IOA
6. Any award given - K.P. Srivastava Oration Award to Dr. R. K. Sharma
7. Special Invites – Dr. Anuj Gupta for Book Launch "SHADOW OF WHITE"
8. Any Remarks – Successfully Demonstrated live recorded surgery on ROBOTIC TKR by Dr. Arvind Rawal, Indore.
9. Few Photos - Attached



# EVENTS HELD

## **IFAS Basic Course 2022, Aligarh**

04<sup>th</sup> November, 2022

Org. Sec.: Dr Keshav Gupta.

Dr. Keshav Gupta Aligarh: No of Delegates -98

Majority from Aligarh with active participation of residents from JNMC, With delegates from Agra, Hathras and Mathura

Dr. Keshav Gupta Aligarh: As it was a basic course with entirely an academic perspective so there were no Chief guest and Guest of Honour

Dr. Keshav Gupta Aligarh: However Team of IFAS with there Secretary and speakers were there to conduct the program

Dr. Keshav Gupta Aligarh: Guest Speaker with program schedule as follows



# EVENTS HELD

## Arthroscopy Conclave 2022, Lucknow

05<sup>th</sup> - 06<sup>th</sup> November, 2022

Org. Sec.: Dr Ashish Kumar.



# EVENTS HELD

**2<sup>nd</sup> Platescon 2022, Prayagraj**  
**12<sup>th</sup> - 13<sup>th</sup> November, 2022**  
**Org. Sec.: Dr Maneeshi Bansal.**

## SHORT REPORT FOR UPOA TIMES

1. Program me Name : 2ND PLATESCON 2022
2. Date : 12th and 13th November 2022
3. Venue : Allahabad Medical Association Convention Centre
4. Number of Delegates : 257
5. Name of Chief Guest : Dr Ram Chaddha , Vice President IOA
6. Name of Guest Of Honour : Padam Shree Dr B K S Sanjay
7. Any awards given : Prof R C Gupta Oration to Dr Ram Chaddha and Prof S C Gaur Oration to Padam Shree Dr B K S Sanjay
8. Special Invitee : Dr Navin Thakkar, Dr Anup Agarwal, Dr Santosh Singh ,Dr D D Tanna , Dr Ram Prabhoo, Dr Jayant Sen, Dr Sudhir Kumar, Dr S C Goel, Dr Amit Rastogi
9. Remarks : A book is also released written by organizing Secretary Prayagraj the city of Sacrifice a journey through philately along with a well attended scientific deliberation with two orations in memory of stalwarts of Prayagraj Orthopedic Association ,







# EVENTS HELD

**All Around Knee, Ghaziabad**

**13<sup>th</sup> November, 2022**

**Org. Sec.: Dr Rizwan Khan.**

Program name: All around knee

13 November 2022.

Delegates 147.

Chief Guest Dr general VK Singh ji.

Guest of Honour President UPOA Prof. Ashish Kumar.

5 seniors GOC members Felicitated with Awards.

President UPOA, Secretary UPOA and President Elect UPOA were special invited.

Ghaziabad Orthopaedic Club is grateful and thankful to UPOA for allowing us to organise this event.







# **EVENTS HELD**

## **Revision Arthroplasty, Hip, Knee, Pelvic Acetabular Fracture Symposia, Varanasi**

**19<sup>th</sup> November, 2022**

**Org. Sec.: Dr Anupam Srivastav.**

**19th Nov 2022**

**XII Annual CME of Vatsalya Multispecialty Hospital Under Aegis of VOA, UPOA, and OSAC**

**Delegates – 66**

**Chief Guest**

Prof Dr Ramesh Kumar Sen

**Guest of Honour**

Dr K.D Tripathi

**Special Guest**

Dr Kapil Kulshrestha

Award given for Excellent work in Orthopaedics

Dr Karam Raj Singh

Dr Swaroop Patel

Dr Sanjay Yadav

**Special invitee on behalf of UPOA**

Dr Piyush Mishra

**Venue:** Banaras club

**Organising secretary**

Dr Anupam Srivastav

**Director**

Vatsalya Hospital

Varanasi

9415227170

**Faculty Speakers**

Prof Ramesh Sen

Dr B D Chatterjee

Apollo Hospital

Kolkata





# EVENTS HELD

**2<sup>nd</sup> Annual LOS Symposium, Lucknow**

**11<sup>th</sup> December, 2022**

**Org. Sec.: Dr Uttam Garg.**

To,

Secretary

UPOA

Lucknow

Dear Sir,

We hereby inform you that Lucknow Orthopaedic Society has successfully organised its 2<sup>nd</sup> Annual LOS Symposium on 11.12.2022 at Hotel – The Regnant, Nirala Nagar, Lucknow. The Organising chairman of the symposium was Dr. S K Srivastava and the Organising secretary of the symposium was Dr Uttam Garg from Lucknow. Co Chairman of this Symposium was Dr G P Gupta.

The Chief Guest of the symposium was (Retd) Prof. U K Jain and Guest of the honour was Dr Atul Srivastava, president of IOA and Dr Anup Agarwal, Vice President of IOA.

The theme of the symposium was Injuries around shoulder. Eminent faculty from various parts of India had discussed the latest treatment and new innovations in the management of fracture around shoulder joint.

Dr Jitendra Maheshwari and Dr Gaurav Rastogi were invited as faculty from New Delhi. They discussed the shoulder joint replacement and scapular fracture fixation respectively. Dr Vinay Panday from Varanasi was invited as faculty.

The LOS Symposium Oration was delivered by president of Indian Orthopaedic Association, Dr Atul Srivastava from Agra. His president theme was - Strong bones, Stronger Nation. He gave oration on Fracture of the neck of the femur- the present and the future.

Inauguration ceremony was done by Dr U K Jain, Dr Atul Srivastava, Dr Anup Agarwal, Dr Ashish Kumar President UPOA, Dr Santosh Singh Secretary UPOA, Dr. Shah Waliullah, Secretary LOS, Dr S K Srivastava president LOS and Chairman of the symposium, Dr G P Gupta, Co-Organising chairman, Dr Sanjeev Kumar, Joint Secretary and Dr Uttam Garg, Organising Secretary of this Symposium.

Out of 150 registered delegates about 100 delegates had attended this symposium, making it successful. 11 news papers and one TV Media had covered this event.

Please find attached few photographs of the symposium and media coverage.

Thanks and regards,  
Dr. Uttam Garg  
Org Secretary







# EVENTS HELD

## **Basic Cadaveric Knee Arthroplasty Course, Agra**

**18<sup>th</sup> December, 2022**

**Org. Sec.: Dr Imran Sajid.**

Programme Name - BASIC CADAVERIC KNEE ARTHROPLASTY COURSE

Date and venue 18/12/2022 F.H. Medical college Agra

Number of Delegates – 100

1.Number of Chief Guest Prof. Harish Chandra

2.Name of Guest of Honour Dr I.A. Khan

3.Organising Chairman Prof. Amit Agarwal

4.Organising Secretary Prof. Imran Sajid

5.Course CO Ordinator Dr Arun Gupta

6.Special Invites –

Dr Surya Prakash

Dr Rizwan Khan

Dr S.S. Mohapatra

Dr Sumit Bannerjee

Dr C.P. Pal

Dr Vivek Mittal

Dr Ashwani Sadana

Dr Amrit Goyal

Dr Anuj

Dr Sanjay Prakash

15 speakers were invited to give guest lectures on knee arthroplasty from all over India. Five cadaveric demonstration of knee arthroplasty was done by arthroplasty experts Hands on workshop on saw bones was done by arthroplasty.

100 delegates participated in this workshop.





# IOACON LUCKNOW 2023

Date: December 14-17, 2023

Venue: Ekana Sports Complex, Lucknow



68<sup>th</sup> Annual Conference of the Indian Orthopaedic Association

Dates: December 14 - 17, 2023 | Venue: Ekana Sports Complex, Lucknow

Conference Theme: Navigating into the Future



**IOA PRESIDENT'S THEME**

**STRONG BONES;  
STRONGER NATION**

**ABSTRACT  
SUBMISSION  
IS OPEN**

**VISIT**

**[www.ioacon2023lko.com](http://www.ioacon2023lko.com)**

**TO SUBMIT ABSTRACT**

**Executive Meeting Report**  
**Mid Term Symposium 2022**  
**Hotel Ramada Plaza Varanasi**  
**18-September-2022**

**1. Presidential Address –**

Dr Ashish Kumar

**2. Obituary –**

Prof. Santosh Kumar (Lucknow)

**3. Confirmation on Last**

1. ECM minutes held at MTS, Lucknow on 2021 – Dr Anup Agrawal - Passed
2. ECM minutes held at Uportocon2020, Lucknow on 2021 – Dr Anup Agrawal -Passed.

**4. Last SCRC Online Meeting (21<sup>st</sup> July, 2022)**

- a. Welcome
- b. Introduction & fellowship
- c. Functioning of local clubs
- d. Preparation of Bone & Joint Week
- e. Membership Drive of IOA & UPOA
- f. Guidelines for CME under the aegis of UPOA
- g. Open Discussion
- h. Vote of thanks

## 5. Bone & Joint Day (4<sup>th</sup> August, 2022)

### Activities of 22 Clubs of UPOA

Agra	6700	
Aligarh	5500	
Ayodhya	4000	
Bareilly	6500	
Basti	1200	
Deoria	1100	
Firozabad	2000	
Ghaziabad	4000	
Gorakhpur	3500	
Hathras	1000	
Jhansi	1600	
Kanpur	6700	
Lucknow	7800	
Meerut	2500	
Moradabad	3500	
Muzaffarnagar	4600	
Mathura	2600	
Prayagraj	6400	
Raebareilly	5500	
Saifai	2000	
Saharanpur	1600	
Sultanpur	1700	
Varanasi	7600	<b>89600</b>

## 6. Treasurer Report – Dr Maneeshi Bansal

- Started by Thanking President, Secretary and Dr Maneeshi Bansal for their efforts

### As per STATE BANK OF INDIA Account Statement

- Opening Balance..... ₹ 8,43,607.00  
as on 1<sup>st</sup>April 2022
- Closing Balance ..... ₹ 13,35,828.25  
as on 10<sup>th</sup> September 2022

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- Excess of Income over expenditure ₹ 5,29,034.00  
as on 10<sup>th</sup> September 2022

### Income & expenditure

**Income ₹** ₹ 3,43,607.00

- Memberships fee from New Members ₹ 1,20,500.00
- Income from Under Aegis programs ₹ 25,000.00
- Income from MTS Lucknow 2021 ₹ 46000.00
- Income from UPOA TRAUMA Course –Kanpur (2021) ₹ 46000.00
- Income from UPOA Arthroplasty Course Bareilly (2022) ₹ 1,00,000.00
- Bank Interests ₹ 6,107.00

**Expenditures** ₹ 3,14,573.00

- UPOA orations and awards travelling and citation expenses ₹ 2,31,438.00
- UPOA office expenses ₹ 83,135.00

### FIXED DEPOSITS WITH STATE BANK OF INDIA

- Total FDR'S (as on 12/10/2022) ₹1,22,45,789.00

### Loan

- Refund of UPORTHOCON Varanasi (2022) advance ₹ 5,00000.00

### Income –tax STATUS

- ITR FOR AY 2020-21.... Filed and TAX Paid
- ITR FOR AY 2021-22..... ₹ 3,24,790.00  
Further to be paid ... ₹ 1,32,780.00 (approximately)

7. **Editor Report** – Dr C.P. Pal

8. **Fellowship Report** – Dr Santosh Singh and Dr Latif Jilani

**UPOA Travelling Fellowship (2) [WBOA]**

- Dr Sayed Faisal Afaque
- Dr Rayed Qamar

**UPOA Visiting Fellowship (2) [Centre of Eminence]**

- Dr Dharmendra Kumar
- Dr Devarshi Rastogi

**UPOA Exchange Fellowship (2) [MPOA]**

- Dr Ashutosh Kumar
- Dr Rishabh Agarwal

**UPOA Lucknow Pune Exchange Fellowship (2)**

- Dr Rajat Kapoor
- Dr Kritesh Mishra

**UPOA Varanasi Exchange Fellowship (1) [Ahmedabad]**

- Dr Prabodh Kantiwal

**UPOA Ghaziabad Fellowship (2)**

- Dr Kumar Keshav
- Dr Santosh Kumar Singh

**UPOA Ghaziabad International Fellowship (2)**

- Dr Shah Waliullah
- Dr Naman Kanodia

**UPOA KGMU Paediatric Orthopaedics Fellowship (2)**

- Dr Lalit Pratap Singh
- Dr Sushil Kumar Saini

## **9. Preliminary Reports of Club –**

### **K.P. Srivastava Trophy (7)**

- Lucknow
- Varanasi
- Kanpur
- Agra
- Ghaziabad

### **Dr M.K. Goel Trophy (3)**

- Aligarh
- Gorakhpur
- Bareilly

### **Dhanendra Prasad Bhagwati Devi Trophy (3)**

- Jhansi

### **UPOA Trophy (10)**

- Firozabad
- Saharanpur
- Rai Bareilly
- Mathura

## **10. Life Time Achievement Award –**

Dr O.P. Singh (Lucknow)  
Dr Santosh Rajpal (Kanpur)

## **11. Extra-Ordinary Service Award –**

Dr Hardesh Kumar (Muzaffarnagar)

## **12. Dr T.P. Srivastava Oration –**

Dr Ajith Kumar (Mangalore)

## **13. Dr K.P. Srivastava Oration –**

Dr Atul Srivastava (Agra)

**14. Ghaziabad Oration –**

Dr Vinod Kumar (HOD, MAMC)

**15. Dr Abbas Ali Khan Oration –**

Dr Jamal Ashraf (Lucknow)

**16. Dr Anil Gupta Memorial Lecture –**

Dr Saurabh Agarwal (Jhansi)

**17. Report Of UPORTHOCON 2022 (Varanasi) –**

Dr Kaushal Agarwal

**(28-30 April, 2022)**

**18. Report of 8<sup>th</sup> UPOA Arthroplasty Course (Bareilly) –**

Dr Vinod Pagrani

**(02-03 July, 2022)**

Total Delegates – 192

Total number of Faculties – 35

**19. Report of 8<sup>th</sup> UPOA Special Course (Firozabad) –**

Dr Vipul Agarwal

**(07 August, 2022)**

Total Registrations – 158

Total Delegates – 133

Total National Faculty – 07

Total State Faculty – 18

**20. Report of UP PGICL Course (Moradabad) –**

Dr Amit Saraf

**(01-02 October, 2022)**

Total Number of Delegates – 48



## **21. Report of UP Trauma Course (Lucknow) –**

Dr Suresh Chand

**(16 October, 2022)**

Total Number of Delegates – 112

## **22. Prep. of UPORTHOCON 2023 (Gorakhpur) –**

Dr Amit Mishra

**(24-26 February, 2023)**

## **23. Election 2023 –**

Dr Anup Agrawal

## **24. PG Quiz –**

**(18-September-2022)**

Total Participants – 11

Winners – JNMC, ALIGARH

Runners UP – MLNMC, PRAYAGRAJ

## **25. Letters from Members –**

- **Dr Maneeshi Bansal** –

hall of fame to be included in UPORTHOCON

Dear Sir

I wish to draw your attention towards the extraordinary talent hidden inside among our talented members. Apart from being a good clinician and Orthopaedic surgeons they are doing excellent works in other fields and walks of life. Their contributions, passion and talents are being recognized and acclaimed at various forums across country and internationally too.

I humbly submit that kindly have a hall of fame or roads beyond Orthopaedics in each UPOTHOCN to facilitate these extraordinary talents and encourage other members to come forward with their hidden talents.

The same has been duly approved in the IOA too.

I therefore request you to kindly put this matter in the coming executive committee meeting and do the needful.

thanking you

- [Dr Abdul Qayyum Khan](#) –

UPOA (Ghaziabad) international fellowship

Hon. Secretary  
UP Orthopaedic Association

Sir,

This is to bring to your kind notice that I was awarded the prestigious UPOA (Ghaziabad) international fellowship for the year 2019. Subsequently due to COVID pandemic this could not be materialised as international centres were not open for fellowship and there was scare of COVID. Now fortunately the scenario has changed and I am in contact with my seniors in UK where they have initiated the process of imparting me 2 weeks fellowship/Observership in Royal Orthopaedics Hospital England. In this regard I request you to kindly grant me approval/Permission to avail this opportunity as UPOA international fellow. Looking forward to hearing from you soon.

Thanking you in anticipation

- [Dr Sanjay Dhawan](#) –

To,  
The President & Secretary UPOA  
Sirs,

This is with utmost importance; I wish to suggest rethinking the schedule and the texture of our Mid Term Symposium, an important annual event of our august association, the UP Orthopaedic Association, which, in fact, started losing its grip among our members in presence of other one day programmes where only academics are in the main course.

While MTS's ingredients are more of official texture with academics, like Quiz, ECM, LTA, etc.

Therefore, my suggestion is to rethink the texture of the event in question, where we can make it spread as a One and a half day event to accommodate the programme comfortably, that too, without any unwanted haste. It can be spread as, start it Pre lunch on Saturday and finish post lunch or just after high tea the next day.

## **26. Any Other Matter –**

- Membership Drive
- New Club Formation

## **27. National Anthem**



Dr Santosh Singh  
Honorary Secretary, UPOA

# **RESEARCH GRANT CRITERIA**

## **PERFORMA ASSESSMENT OF RESEARCH PROJECT FOR AWARD OF UPOA RESEARCH GRANT**

Name of Applicant .....

Address .....

Present designation .....

Email id .....

Mobile no. ....

UPOA membership no. ....

IOA membership no. ....

With a purpose to encourage Research in Orthopaedics in the fields of Basic Science, Clinical Research, Development / Innovations of Instruments, Implants, Technique etc., UPOA has decided to provide some financial grant to the projects submitted by UPOA members. **For the year of 2014, the two applicants, Dr Ajay Singh from Lucknow and Dr Gyaneshwar Tonk from Meerut were sanctioned Rs. 50000/ each. We want more members to come forward to submit their research project and avail** UPOA financial research grant.

**The brief introduction of guidelines as approved by executive committee of UPOA is as follows:**

Amount of Grant and its distribution: No set limit. Committee will decide depending upon the project. The funds will be disbursed in two stages. 50% immediately after formalities of approval of project and rest after submission of final report.

**Who can apply? Life member of UPOA residing and working in Uttar Pradesh.**

How many projects can be approved in a year: No limit

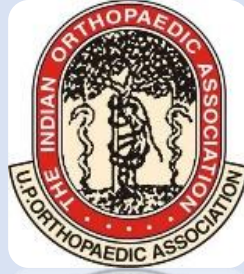
Time frame : Expected to complete the project in 3 years. Extension may be granted on valid reasons.

If beneficiary fails to complete the project or leaves the state permanently: He will return all the money received. He has to give an undertaking to this effect in writing.

Who will decide? Committee consisting of

- ◆ President
- ◆ President Elect
- ◆ Immediate Past President
- ◆ Secretary UPOA
- ◆ Chairman, UPOA Research Grant Committee
- ◆ Members, UPOA research grant committee – 2

Submission of proposed project details along with Performa is mandatory.



## Maximum Marks = 100

1. **Post Graduate Qualifications in Orthopaedics** **5 Marks**  
 Recognized Qualifications: MS (Orth.)/ D.N.B. (Orth). (2 Marks Each)  
 Other Qualifications / Degree: M.CH. ORTH. /FRCS/ PHD. ORTH. (1 Mark Each)
2. **Experience** **10 Marks**  
 Year After PG Qualifications 1 Mark Year Maximum Marks 7  
 Teaching Experience as Lecture / Asst. Professor Above 1 Mark per year Maximum Marks 3
3. **Publications** **20 Marks**
  1. **Indexed Journal / IJO** Maximum 15 Marks  
 As Main Author 5 Marks per Publications  
 As Co-author 3 Marks per Publications
  11. **Books** Maximum 5 Marks  
 As Main Author Per Book 5 Marks  
 As Associate Author Per Book 2.5 Marks  
 As Editor / Author of Monograph Per Book 5 Marks  
 As Contributing Author Per Book Chapter 2.5 Marks  
 As Co-author Per Book Chapter 2.5 Marks
4. **Papers / Posters Presented Personally** **10 Marks**  
 International Conferences Abroad 3 Marks Per Paper / Poster  
 International Conferences in India / IOACON 2 Marks Per Paper / 1 Mark Per Poster  
 Subspeciality / State Chapter Conferences 1 Mark Per Paper / ½ Mark Per Poster
5. **Guest Lectures / Lectures at CME / Workshops** **8 Marks**  
 International Conferences Abroad 4 Marks Per Lecture  
 International Conferences in India 4 Marks Per Lecture  
 IOACON/ Subspeciality / State Chapter Conferences 2 Marks Per Lecture
6. **Research Projects Completed** **7 Marks**  
 Funded By an International/National Agency, Government Organization or University. 3.5 Marks Per Completed Project
7. **Conferences Attended** **5 Marks**  
 International Conferences Abroad 2 Marks Per Conference  
 International Conferences in India / IOACON 1 Mark Per Conference  
 Subspeciality / State Chapter Conferences ½ Mark Per Conference
8. **Organizational** **5 Marks**  
 Convenor of Organizing Secretary of International or National Meeting or Workshop / Office Bearer of National Organization. 2 Marks / Post Held  
 Convenor or Organizing Secretary / State Level Meeting / Office Bearer of National Organization. 1 Mark / Post Held
9. **Medals. Prizes and Awards in Orthopaedics** **5 Marks**  
 IOA Medal. Prize or Award 2 Marks  
 Subspeciality / University / National / International Organization / others 1 Mark Each
10. **Summarize in 150 words why your project should be considered for research Grant?** **25 Marks**  
**Points to be checked while analyzing the attached project**
  - a) Originality / Innovation
  - b) Publications from project submitted
  - c) Honesty
  - d) Financial involvement
  - e) Scope and Usefulness to society

**(Please attach the details of proposed project)**

# UP ORTHOPAEDIC ASSOCIATION

## Fellowship Form

<https://forms.gle/87ZFLB3C7MK4SQTm9>

<b>Fellowships</b>	<b>No. of fellowship Available</b>	<b>Tick the fellowship applied for</b>
UPOA Exchange Fellowship	2	
UPOA Travelling Fellowship	2	
UPOA Visiting Fellowship (1 Teaching: 1 Non-Teaching)	2	
Lucknow Pune Fellowship	2	
Varanasi Exchange Fellowship	1	
Ghaziabad International Fellowship (1 Teaching: 1 Non-Teaching)	2	
Ghaziabad National Fellowship (1 Teaching: 1 Non-Teaching)	2	
UPOA KGMU Paediatric Orthopaedics Fellowship	2	

1. Name .....
2. Age / Date of Birth .....
3. Designation .....
4. Membership No. of UPOA .....
5. Membership No. of IOA .....
6. Qualification

<b>Degree</b>	<b>Year of Passing / College / University / Attempts</b>
<b>MBBS</b>	
<b>MS (Ortho) / D Ortho/DNB</b>	

7. Number of conferences attended (Attach List) .....  
UPCON / IOACON / International
8. Number of papers personally presented at .....  
UPCON / IOACON / International (Attach List)
9. Number of articles published (Attach List with .....  
Title, name of journal, page number & year)
10. Title of papers with abstract to be presented .....  
(only for visiting & Exchange Fellowship)
11. Teaching / Service / practice experience .....
12. Any other academic awards / activities /  
Related information

Date .....

Signature

Address .....

Phone Number .....

Mobile .....

Email .....

The last date for receipt of application forms is 30<sup>th</sup> July

Visit website [www.upoa.net](http://www.upoa.net) for more details & download fellowship application form

Send your applications forms with all relevant attachments to

**Dr Santosh Singh**

C-14, L-Road, Mahanagar Extension Lucknow-226006

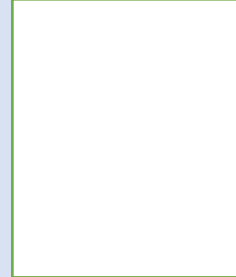
Phone: 9415026189, 9918238999

E-mail: [upoaoffice@gmail.com](mailto:upoaoffice@gmail.com), [orthosantosh@yahoo.co.in](mailto:orthosantosh@yahoo.co.in)



# UPOA - MEMBERSHIP FORM

To,  
**Dr Santosh Singh**  
**Secretary UPOA**  
C-14, L-Road, Mahanagar Extension Lucknow-226006  
Phone: 9415026189, 9918238999  
E-mail: [upoaoffice@gmail.com](mailto:upoaoffice@gmail.com), [orthosantosh@yahoo.co.in](mailto:orthosantosh@yahoo.co.in)



Dear Sir,

I wish to join as member of UPOA. I am enclosing herewith a DD/Cheque of Rs 4000.00 towards membership as Life Member. Or Rs. 500.00 as Associate Member.

Name .....

Date of Birth .....

Address .....

Telephone..... Mobile..... E-mail: .....

Qualification: Institution / University & Year of Passing

MBBS. ....

MS Ortho / D. Ortho .....

Present Status .....

Membership No. IOA: .....

### **Payment Details**

DD/Cheque No..... Drawn On..... Amount..... Date.....

DD/Cheque in favour of **UP ORTHOPAEDIC ASSOCIATION**, payable at Lucknow

	Name	Signature	LM NO.
<b>Proposed by</b>			
<b>Seconded by</b>			

**FOR OFFICIAL PURPOSE**

Received by (Name) .....

Membership No. Allotted .....

Signature of Secretary UPOA



## Preparations and Instructions for IOA Membership

It is recommended to use laptop/desktop to fill out this application.

There are two types of memberships available.

- 1. Life membership

- National - ₹5000

- International Affiliate member- US\$100 (Rs.8000)

- Foreign / Non-Resident Indian Orthopaedic surgeon with an Orthopaedic degree recognized by their National accreditation authority and being a member of their National Orthopaedic Association.

- Having paid the subscription / fees as prescribed by the Association from time to time.

- They shall have the right to attend scientific meetings, social events, and engage in all scientific discussions, attend business meeting. However they will not be eligible to vote or contest for a position of the Association..

- 2. Associate membership (₹2000)

- Associate Members of the Association shall have the right to attend scientific meetings, social events, and engage in all scientific deliberations but they shall not attend business meetings and take part in elections.

You will be asked to verify your registered email ID (REI) by OTP.

You will be asked to verify registered mobile number (RMN) by OTP

For Life Membership – National, keep following documents' PDF files ready to upload.

- Orthopaedic Degree Certificate: M.S. (Ortho), D Ortho, DNB Ortho, D. ORTh CPS, Mch etc.
- Registration Certificate for Orthopaedic Degree by Medical Council of India or State Medical Council or NMC with registration number
- Affiliated State chapter membership certificate(if available), Primary Affiliated Member Number (if available)

For Life Membership – International Affiliate member, keep following documents' PDF file ready to upload.

- Accreditation certificate from recognized body / council of your country
- Certificate from National Orthopaedic Association of your country showing membership and credentials as member

For Associate Membership keep following documents' PDF file ready to upload.

- MBBS degree certificate
- Registration Certificate for MBBS Degree by Medical Council of India or State Medical Council or NMC with registration number
- Letter from Head of Department of Orthopaedics (mentioning as PG student and recommend to become associate member)

The application process is in two steps.

- First step: Filling out the details
- Second step: Payment

## Payment Modes:

- Online payment
- Offline payment: You can deposit membership fee offline in advance during step 2 in following account and upload the receipt

**ACCOUNT NO: 031101006198**

**ACCOUNT NAME: INDIAN Orthopaedic ASSOCIATION**

**IFSC CODE: ICIC0000311**

**BRANCH NAME: NEW DELHI-GKII**

QR Code to Pay by UPI on Mobile



On successful completion of application, office will verify and will send you a temporary membership number along with a password to login and to fill out many other details in your profile, later.

This temporary membership number will be converted into permanent membership number after ratification by general body meeting, normally held in month of November or December of the year.

<https://ioaindia.org/Webview/NewMember>