

# UPOA TIMES

News Letter of UP Orthopaedic Association

Registered Under the Societies Act 21/1860, Reg. No 4893/ iv-22805

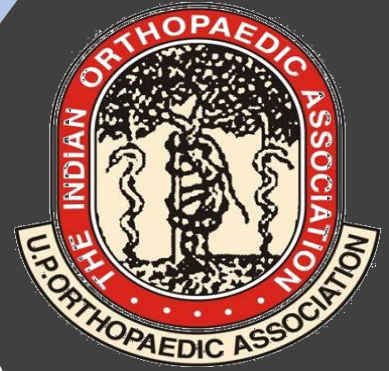
Issue 01 Vol. 23 (January 2023 - April 2023)

**IOA President Theme:**

**“STRONG BONES STRONGER NATION”**

**UPOA President Theme:**

**“ACADEMIC EXCELLENCE @ RESEARCH & TRAINING”**



**President**

***Dr. Anup Agrawal***

**Secretary**

***Dr. Santosh Singh***

**UPOA Secretariat:**

**Dr. Santosh Singh**

Honorary Secretary – UP Orthopaedic Association

Treasurer IOACON 2023

Consultant Orthopaedic Surgeon

SIPS Super Speciality Hospital, Lucknow

**Postal Address- C-14, L- Road, Mahanagar Extension**

**Lucknow, UP, India -226006**

Ph – 9918238999, 9415026189

UPOA Office No: 9415679511

# LIFE TIME ACHIEVEMENT AWARD- 2022-23



**PROF. O.P. SINGH**

**(LUCKNOW)**

# LIFE TIME ACHIEVEMENT AWARD- 2022-23



**DR. SANTOSH RAJPAL**  
**(KANPUR)**

# UPOA EXEMPLARY SERVICE AWARD-2022-23



**DR. HARDESH KUMAR**  
**(MUZAFFARNAGAR)**

# EXECUTIVE COMMITTEE: 2023-2024

## President

*Dr. Anup Agrawal*

## President Elect

*Dr. K.D. Tripathi*

## Honorary Secretary

*Dr. Santosh Singh*

## Imm. Past President

*Dr. Ashish Kumar*

## Past Secretary

*Dr. Anup Agrawal*

## Vice President

*Dr. Alok Sharma ♦ Dr. Sanjeev Kumar Garg*

## Treasurer

*Dr. Maneeshi Bansal*

## Joint Secretaries

*Dr. Amit Mishra ♦ Dr. Unmesh Chakraverty ♦ Dr. Kumar Keshav*

## Editor JBJD

*Dr. C.P. Pal*

## Member Executive Committee

*Dr. Raghavendra Tripathi ♦ Dr. Amit Jaiswal ♦ Dr. Akshat Chandra*

*Dr. Ajeet Tiwari ♦ Dr. Imran Akhtar ♦ Dr. Shivam Sinha*

*Dr. Vipul Agarwal ♦ Dr. Ashutosh Agrawal ♦ Dr. Brijesh Sharma*

## Quiz Master

*Dr. Sanjiv Kumar*

## IOA Representative

*Dr. Apoorva Agarwal ♦ Dr. Maneeshi Bansal*

## Chairman in IOA

*Dr. Sanjay Dhawan (Trauma Committee)*



## ***President's Message***

I am honoured to have this opportunity to contribute as the President of our esteemed Association. It gives me immense pleasure to extend my warmest greetings and gratitude to all of you for your blessings, love and wishes..

Our Association is committed to advancing the field of Orthopaedics through education, research, training, and collaboration. We are a community of professionals who are dedicated to improving the lives of our patients and pushing the boundaries of science and medicine.

The theme for this year is

### **Academic Excellence @ Research & Training**

My vision is MEMBERS FIRST, as members of our Association, you are at the forefront of this mission. Your expertise, experience, and commitment to excellence are what drive our organization forward, and it is a privilege to serve as your President.

Through our website, we hope to provide you with access to the latest news, events, and resources related to Orthopaedics. We also encourage you to take advantage of our many networking opportunities and to participate in the various programs and initiatives that we offer.

As we look to the future, I am confident that our Association will continue to thrive and make significant contributions to the field of Orthopaedics. Together, we can achieve great things and make a real difference in the lives of our patients.

Thank you for your continued support and commitment to our Association. I look forward to working with you all in the years ahead.

A stylized, handwritten signature in black ink, appearing to read 'Anup Agrawal'.

**DR. ANUP AGRAWAL**

**PRESIDENT UPOA**

**LUCKNOW**



## *Secretary's Message*

Greetings from Lucknow. I will start by thanking the UPOA family for bestowing upon me the honour to serve as the secretary of UPOA. I will do my level best to serve UPOA with all truthfulness and dedication.

An academic association is judged by the quality of its scientific calendar. I would request all district orthopaedic clubs/societies to conduct symposia & workshops. Kindly conduct these events under the aegis of UPOA. This will enable greater participation as well as add points for UPOA as we compete for the coveted prize of best chapter of IOA. The executive of the UPOA will assist in whatever way possible and ensure that it is attended by one of the office bearers.

The rapidly growing internet highway has drastically transformed the learning mediums. One can easily find out whatever he needs to know, by simply browsing the internet, emailing or skyping someone. But that can never replace the full meaning of the philosophy to be enlightened. For that, meaningful discussion and face to face encounters are necessary. This can only be facilitated by academic associations like the UP Orthopaedic Association, who organise frequent scientific events for the benefit of their members.

The official programs of the UPOA shall be designed for interacting with the experts from every subspeciality. The aim will be to share and enhance knowledge on the latest international research and developments in the field of orthopaedic and for interaction among peers.

Through the dedicated commitment of our colleagues of the UPOA, our mission remains "to serve the profession, champion the interests of our patients, and advance the highest quality of musculoskeletal care." I hope that each of you will embrace this mission and become involved in your association. Support its programs; volunteer to serve on a committee; participate in initiatives that are important to you and to your patients. Only by becoming so engaged will you realize the full value of your membership.

Let us embark on this fruitful journey together, shoulder to shoulder, to share a common ideal and embrace a common goal..... to make UPOA the shining star of IOA.

*Your vision will become clear only when you look into your heart. He who looks outside, dreams. He who looks inside, awakens."*

Jai Hind

**DR. SANTOSH SINGH**

**SECRETARY UPOA**

**LUCKNOW**

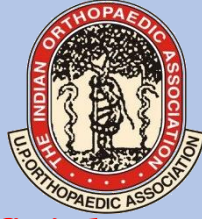
# UPOA CITY CLUBS: 2023-2024

City	President	Secretary
<b>AGRA</b>	Dr. Arun Kapoor <a href="mailto:drarunkapoor@yahoo.co.in">drarunkapoor@yahoo.co.in</a> Mob- 9837153112	Dr. Rakesh Mohaniya <a href="mailto:rakeshmohaniya@gmail.com">rakeshmohaniya@gmail.com</a> Mob- 9412721415
<b>ALIGARH</b>	Dr. Praveen Garg <a href="mailto:praveenalka.garg@gmail.com">praveenalka.garg@gmail.com</a> Mob- 9927091988	Dr. Sumeet Singhal <a href="mailto:drsumeetsinghal@gmail.com">drsumeetsinghal@gmail.com</a> Mob- 9837094448
<b>AYODHYA</b>	Dr. Anil Kumar Jaiswal <a href="mailto:anil.renumemorial@gmail.com">anil.renumemorial@gmail.com</a> Mob- 9415048261	Dr. G. K. Pandey <a href="mailto:govindgkpandey@gmail.com">govindgkpandey@gmail.com</a> Mob- 9415058337
<b>BAREILLY</b>	Dr. Manoj Kumar Hirani <a href="mailto:mkhyash@gmail.com">mkhyash@gmail.com</a> Mob- 9897630931	Dr. Alok Sharma <a href="mailto:dr.aloksharmably.70@gmail.com">dr.aloksharmably.70@gmail.com</a> Mob- 9837025380
<b>BASTI</b>	Dr. Satyandra Rai <a href="mailto:satyendra.rai19@gmail.com">satyendra.rai19@gmail.com</a> Mob- 9415037909	Dr. Sanjay Kumar Arora <a href="mailto:skarora08@rediffmail.com">skarora08@rediffmail.com</a> Mob- 9839887473
<b>DEORIA</b>	Dr. S. K. Aanand <a href="mailto:santosh_anand15@rediffmail.com">santosh_anand15@rediffmail.com</a> Mob- 9670225997	Dr. Mohd Arif <a href="mailto:arifmd4242@gmail.com">arifmd4242@gmail.com</a> Mob- 9598001123
<b>FIROZABAD</b>	Dr. Jagdish Mittal <a href="mailto:jmittal30@gmail.com">jmittal30@gmail.com</a> Mob- 9897085050	Dr. Vipul Agarwal <a href="mailto:sarinavipul@yahoo.com">sarinavipul@yahoo.com</a> Mob- 8171207989
<b>GHAZIABAD</b>	Dr. K.K. Mittal <a href="mailto:khtcgzb@hotmail.com">khtcgzb@hotmail.com</a> Mob- 9910058845	Dr. Nishant Raj Sharma <a href="mailto:nishant_raj@yahoo.co.in">nishant_raj@yahoo.co.in</a> Mob- 7840075555
<b>GORAKHPUR</b>	Dr. B.B. Tripathi <a href="mailto:drbbtripathi11@gmail.com">drbbtripathi11@gmail.com</a> Mob- 9721222336	Dr. Amit Mishra <a href="mailto:mishradramit@gmail.com">mishradramit@gmail.com</a> Mob- 9415154480
<b>HATHRAS</b>	Dr. K.K. Varshney <a href="mailto:kamal16@gmail.com">kamal16@gmail.com</a> Mob- 9837107959	Dr. R.K. Singh <a href="mailto:kinkersinghram@gmail.com">kinkersinghram@gmail.com</a> Mob- 9627193971
<b>JHANSI</b>	Dr. Manoj Kankane <a href="mailto:manojkane@hotmail.com">manojkane@hotmail.com</a> Mob- 9415030199	Dr. Rajeev Bhadoria <a href="mailto:rajeevsingh.bhadoria@gmail.com">rajeevsingh.bhadoria@gmail.com</a> Mob- 9415031443
<b>KANPUR</b>	Dr. Suraj Mehrotra <a href="mailto:surajmehrotra0512@gmail.com">surajmehrotra0512@gmail.com</a> Mob- 9415051820	Dr. Chandan Kumar <a href="mailto:ck131980@gmail.com">ck131980@gmail.com</a> Mob- 9335313138



# UPOA CITY CLUBS: 2023-2024

City	President	Secretary
<b>LUCKNOW</b>	Dr. Sanjeev Awasthi <a href="mailto:awasthisanjeev@hotmail.com">awasthisanjeev@hotmail.com</a> Mob- 9919192555	Dr. Shah Waliullah <a href="mailto:shahwali2008@gmail.com">shahwali2008@gmail.com</a> Mob- 9335716350
<b>MEERUT</b>	Dr. Gyaneshwar Tonk <a href="mailto:gyaneshwartonk@gmail.com">gyaneshwartonk@gmail.com</a> Mob- 9897600445	Dr. Ravinder Singh <a href="mailto:ravinder1987878@gmail.com">ravinder1987878@gmail.com</a> Mob- <a href="tel:9557477772">9557477772</a>
<b>MORADABAD</b>	Dr. Deepak Rastogi <a href="mailto:deepsanjeevan@gmail.com">deepsanjeevan@gmail.com</a> Mob- 9837053968	Dr. Akshat Goel <a href="mailto:Dr.akshat.goel@gmail.com">Dr.akshat.goel@gmail.com</a> Mob- 8057047400
<b>MUZAFFAR NAGAR</b>	Dr. Vinit Minocha <a href="mailto:m_vinit@hotmail.com">m_vinit@hotmail.com</a> Mob- 9897242355	Dr. Siddhartha Goel <a href="mailto:goelxrayofficial@gmail.com">goelxrayofficial@gmail.com</a> Mob- 9997040448
<b>MATHURA</b>	Dr. Nirvikalp Agrawal <a href="mailto:nirvikalp.aggarwal@gmail.com">nirvikalp.aggarwal@gmail.com</a> Mob- 9837472254	Dr. Praveen Goyal <a href="mailto:praveenkumargoyal@gmail.com">praveenkumargoyal@gmail.com</a> Mob- 9761055000
<b>PRAYAGRAJ</b>	Dr. Harish Chandra Singh <a href="mailto:harishchandrasingh153@gmail.com">harishchandrasingh153@gmail.com</a> Mob- 7652014944	Dr. Anurag Agarwal <a href="mailto:dr.anurag.agrawal@gmail.com">dr.anurag.agrawal@gmail.com</a> Mob- 8765433222
<b>RAEBARELI</b>	Dr. Onkar Singh <a href="mailto:dronkar14@gmail.com">dronkar14@gmail.com</a> Mob- 8756417060	Dr. Manish Trivedi <a href="mailto:manishtrivedi808@gmail.com">manishtrivedi808@gmail.com</a> Mob- 9670077444
<b>SAIFAI</b>	Dr. R.S. Yadav <a href="mailto:dayalortho@gmail.com">dayalortho@gmail.com</a> Mob- 9410045241	Dr. Ajay Rajput <a href="mailto:dr.ajayrajput@gmail.com">dr.ajayrajput@gmail.com</a> Mob- 9582342414
<b>SAHARANPUR</b>	Dr. Girish Dang <a href="mailto:dr.girish.dang@gmail.com">dr.girish.dang@gmail.com</a> Mob- 7906081557	Dr. Shashi Kant Saini <a href="mailto:24shashikant@gmail.com">24shashikant@gmail.com</a> Mob- 9319388182
<b>SULTANPUR</b>	Dr. Siddiqui Qadeer Ahmed <a href="mailto:drqas2001@yahoo.co.in">drqas2001@yahoo.co.in</a> Mob- 9415046279	Dr. Amol Rebello <a href="mailto:dramol2002@gmail.com">dramol2002@gmail.com</a> Mob- 9598473459
<b>VARANASI</b>	Dr. Amit Jaiswal <a href="mailto:dramitkgmc@yahoo.com">dramitkgmc@yahoo.com</a> Mob- 9415087330	Dr. Shivam Sinha <a href="mailto:shivamortho81@gmail.com">shivamortho81@gmail.com</a> Mob- 9453048787



## Guidelines for the Official Academic Events of UPOA

1. The dates should not coincide with other important official events of IOA and major festivals of UP.
2. A copy of the e-brochure should be sent to the UPOA Secretary for approval before it is circulated amongst the members. This is to ensure that all protocols are adhered to.
3. The event may not be organized under aegis of another association.
4. Flier should include- names of UPOA president, UPOA president elect and UPOA secretary with organising chairman and organising secretary, local club president and secretary.
5. The brochure should contain:
  - a. UPOA & Local City Club Emblem.
  - b. IOA President Theme (IOA Presidential Theme of year 2023 is- ***STRONG BONES STRONGER NATION*** should be mentioned.
  - c. UPOA Presidential Theme- ***ACADEMIC EXCELLENCE @ RESEARCH & TRAINING*** it also should be mentioned below IOA President Theme.
  - d. Names and Photos of UPOA President, President Elect & Secretary.
  - e. Scientific Programme
  - f. Local organizing committee
  - g. Office bearers of the local orthopaedic club
6. All members of UPOA should be informed by electronic media: Email, SMS, WhatsApp, & social media at least 4 weeks prior to the event.
7. The President, President Elect and Secretary UPOA should be invited well in advance and their stay and local hospitality should be taken care of by the organisers.
8. In-Case the President / Secretary are unable to attend, they will nominate either the President Elect or one of the Vice President/ any other office bearers of UPOA to deputize of their behalf. In such a scenario, the nominated officer shall be offered the same hospitality and position on the dais as the UPOA President/ Secretary.

9. INAUGURAL FUNCTION PROTOCOL (if any clarification call UPOA Secretary)
- i. The inaugural function should preferably finish in 30 minutes.
  - ii. The function shall be presided by the President of the U.P. Orthopaedic Association
  - iii. Persons of eminence in the field of Orthopaedics should preferably be invited as the guest of honour.
  - iv. President IOA / President Elect IOA / Vice President IOA / Secretary IOA (in preferential order) may be invited as Chief guest.
  - v. Not more than 9 persons will be on dais during the inaugural function. The President, Chief Guest, Guest of honour, President Elect, Secretary, Organising Chairman, Organising Secretary and President & Secretary of Local Orthopaedic Club should be on dais during the inaugural function.
  - vi. The dais may be expanded to 11 persons in the extra-ordinary circumstances if the event is being held in a educational institution to accommodate the appropriate university / college dignitaries.
  - vii. The first row in the conference hall during the event shall be reserved to the Dignitaries.
  - viii. Master of the Ceremony should be nominated by the organising secretary to conduct the inaugural function.
  - ix. Master of ceremony will conduct the inaugural function in following order.
    - a. Invocation- president UPOA, chief guest, guest of honour, president elect UPOA, secretary UPOA, president and secretary of local orthopaedic club, organising chairman and organising secretary.
    - b. Lighting of Lamp
    - c. Welcome Address by Organising Chairman.
    - d. UPOA Secretary's report/speech.
    - e. UPOA Presidential address
    - f. Guest of Honour's address
    - g. Address by chief guest
    - h. Vote of Thanks by organising Secretary
    - i. National Anthem.

10. **Details of Bank Account of UPOA**

**Account Name: U.P. Orthopaedic Association**

**Bank: State Bank Of India**

**Account No: 30323729681**

**Branch: Lucknow Main Branch**

**Tarawali Kothi, Moti mahal Marg, Hazratganj, Lucknow :226001**

**IFSC: SBIN0000125**

11. Report with photographs to be sent to secretary within 15 days of the event.

Short Report for UPOA Times – in following headings preferably, within 15 days

1. Program name
2. Date And Venue
3. Number of Delegates
4. Name of Chief Guest
5. Name of guest of honour
6. Any award given
7. Special invitives
8. Any Remarks
9. Few Photos

12. Certificates (Delegates and Faculty) should:

- a. Have logo of UPOA
- b. Be signed by President and Secretary UPOA, org chairman and org secretary.

13. Banner should have logo of UPOA

14. The organizing secretary should be present in the Inaugural Function of the subsequent UPORTHOCON, to receive the certificate of appreciation.

**15. Faculty selection should be done in consultation with scientific committee and UPOA Officials, do not commit to any faculty without UPOA approval. For faculty selection encourage members of UPOA.**

16. Outside UP faculty should not be more than 50%.

17. Apply for MCI accreditation points.



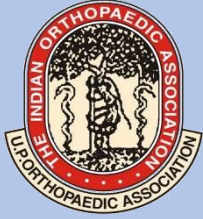
**Dr Anup Agrawal**

*UPOA President*



**Dr Santosh Singh**

*UPOA Secretary*



# UPOA Guidelines Under Aegis

## Guidelines for the Academic Events to be conducted under the Aegis of UPOA

18. The said event should be organized with the involvement and approval of the local city club / society.
19. The Organizing Secretary must obtain, through an email, prior permission from the UPOA Secretary, at least a month before the event to ensure the availability of office bearers.
20. The dates should not coincide with other important official events of the IOA and UPOA.
21. A copy of the e-brochure should be sent to the UPOA Secretary for approval before it is circulated amongst the members. This is to ensure that all protocols are adhered to.
22. The event may not be organized under aegis of another association in addition to the UPOA (may be associated with other associations).
23. Flier should include- names of UPOA president, president elect and secretary with organising chairman and organising secretary, local club president and secretary.
24. The brochure should contain:
  - h. UPOA & Local City Club Emblem.
  - i. IOA President Theme (IOA Presidential Theme of year 2023 is- ***STRONG BONES STRONGER NATION*** should be mentioned.
  - j. UPOA Presidential Theme- ***ACADEMIC EXCELLENCE @ RESEARCH & TRAINING*** it also should be mentioned below IOA President Theme.
  - k. Under the aegis of U.P. Orthopaedic Association written prominently (Below the title of program).
  - l. Names and Photos of UPOA President, President Elect & Secretary.
  - m. Scientific Programme
  - n. Local organizing committee
  - o. Office bearers of the local orthopaedic club
25. All members of UPOA should be informed by electronic media: Email, SMS, WhatsApp, & social media at least 2 weeks prior to the event.
26. The President and Secretary UPOA should be invited well in advance and their stay and local hospitality should be taken care of by the organisers.

27. In-Case the President / Secretary are unable to attend, they will nominate either the President Elect or one of the Vice President/ any other office bearers of UPOA to deputize of their behalf. In such a scenario, the nominated officer shall be offered the same hospitality and position on the dais as the UPOA President/ Secretary.

28. INAUGURAL FUNCTION PROTOCOL (if any clarification call UPOA Secretary)

- x. The inaugural function should preferably finish in 30 minutes.
- xi. The function shall be presided by the President of the U.P. Orthopaedic Association
- xii. Persons of eminence in the field of Orthopaedics should preferably be invited as the chief guest to inaugurate the conference.
- xiii. President IOA / Secretary IOA / Vice President IOA (in preferential order) should be/may be invited as guest of honour.
- xiv. Not more than 9 persons will be on dais during the inaugural function. The President, Chief Guest, Guest of honour, President Elect, Secretary, Organising Chairman, Organising Secretary and President & Secretary of Local Orthopaedic Club should be on dais during the inaugural function.
- xv. The dais may be expanded to 11 persons in the extra-ordinary circumstances if the event is being held in a educational institution to accommodate the appropriate university / college dignitaries.
- xvi. The first row in the conference hall during the event shall be reserved to the Dignitaries.
- xvii. Master of the Ceremony should be nominated by the organising secretary to conduct the inaugural function.
- xviii. Master of ceremony will conduct the inaugural function in following order.
  - j. Invocation- president UPOA, chief guest, guest of honour, president elect UPOA, secretary UPOA, president and secretary of local orthopaedic club, organising chairman and organising secretary.
  - k. Lighting of Lamp
  - l. Welcome Address by Chairman organising committee.
  - m. Secretary's report/speech.
  - n. Presidential address
  - o. Guest of Honour's address
  - p. Address by chief guest
  - q. Vote of Thanks by organising Secretary
  - r. National Anthem.

29. A compulsory contribution of Rs 5000 shall be made to the UPOA before the event or Cheque/ DD is handover to who so ever will attend from UPOA office (or can do online transfer).

### Details of Bank Account of UPOA

Account Name: U.P. Orthopaedic Association

Bank: State Bank of India

Account No: 30323729681

Branch: Lucknow Main Branch

Tarawali Kothi, Moti mahal Marg, Hazratganj, Lucknow :226001

IFSC: SBIN0000125

30. Report with photographs to be sent to secretary within 15 days of the event.

Short Report for UPOA Times – in following headings preferably, within 15 days

10. Program name

11. Date And Venue

12. Number of Delegates

13. Name of Chief Guest

14. Name of guest of honour

15. Any award given

16. Special invitees

17. Any Remarks

18. Few Photos

31. Certificates (Delegates and Faculty) should:

c. Have logo of UPOA and mentioned under the aegis of U.P. Orthopaedic Association prominently.

d. Be signed by President and Secretary UPOA, president and secretary of local orthopaedic club, org chairman and org secretary.

32. Banner should have logo of UPOA and mentioned under the aegis of U.P. Orthopaedic Association prominently.

33. The organizing secretary should be present in the GBM of the subsequent UPORTHOCON, to receive the certificate of appreciation.

34. Faculty selection should encourage members of UPOA.

35. Apply for MCI accreditation points.



**Dr Anup Agrawal**

*UPOA President*



**Dr Santosh Singh**

*UPOA Secretary*

# **CATEGORIES FOR CITY CLUB AWARDS**

Award	Eligible City Club			
<b>1. Dr K.P. Srivastava Trophy</b>	Above 75 members (7)			
	Agra	(150)	Kanpur	(137)
	Lucknow	(332)	Varanasi	(136)
	Ghaziabad	(104)	Prayagraj	(101)
	Meerut	(87)		
<b>2. Dr M.K. Goel Trophy</b>	51 to 75 members (3)			
	Aligarh	(74)	Gorakhpur	(74)
	Bareilly	(55)		
<b>3. Dhanendra Prasad Bhagwati Devi Trophy</b>	26 to 50 members (3)			
	Moradabad	(28)	Jhansi	(37)
			Muzaffarnagar	(27)
<b>4. UPOA Trophy</b>	1 to 25 members (10)			
	Basti	(12)	Deoria	(17)
	Etawah	(21)	Ayodhya	(12)
	Hathras	(10)	Mathura	(24)
	Saharanpur	(22)	Sultanpur	(15)
	Raibareilly	(20)	Firozabad	(21)

## **CRITERIA FOR BEST CITY CLUB AWARDS**

### CITY CLUB AWARDS

ACTIVITIES FROM 1 JANUARY 2023 TILL 31 DECEMBER 2023

(REPORT TO BE SUBMITTED by **05 January 2024 ,5.00 PM**)

**Name of City:**

**Name of President:**

Phone No:

Email:

**Name of Secretary:**

Phone No:

Email:

**Total No of members in City Chapter:**

**Total No of UPOA members in City Chapter:**

**Total No of IOA members in City Chapter:**

Kindly tick for the category for which you are eligible

Dr K.P.Srivastava Trophy (>75 )	Dr M.K.Goel Trophy (51-75)
Dhanendra Prasad Bhagwati Devi Mem. Trophy (26-50)	UPOA Trophy (<25)

	<b>Membership</b>		<b>30</b>	Numbers added	Marks
<b>A</b>	<b>Increase in number of members of UPOA</b>	1 point for every new member	10		
<b>B</b>	<b>Increase in number of members of IOA</b>	2 points for every new member	20		



<b>C</b>	<b>Academic Activities organised by the club (Name with number of delegates attach as pdf in separate zip file)</b>	<b>55</b>	No of activities	Marks
1	National Conference (IOACON)	15		
2	UPORTHOCON / National Conference of Sub -speciality Group of IOA	10		
3	Mid Term Symposium	6		
4	UPOA official courses	4		
5	Under the aegis of UPOA - Instructional Courses / CME / Hands on Workshop (2 point per programme)	10		
6	PG Course	4		
7	Clinical club Meetings - 0.5 points for each meeting	6		

<b>D</b>	<b>Academic achievement of Members of the club (National &amp; International)</b>	<b>30</b>	No of Lectures	Marks
1	Guest lecture in National & International Conferences - 2 point per presentation	10		
2	Guest lecture in UPORTHOCON - 1 point per presentation	4		
3	Paper presentation in National & International Conference -1 point per presentation	4		
4	Paper presentation in UPORTHOCON - 0.5 point per presentation	2		
5	Awards & honours from orthopaedics societies	2		
6	Elections to higher posts in either IOA or other National/International association (P/S=2; VP/E/T=1, E=0.5)	4		
7	Inventions (techniques, instruments, implants)	2		
8	Academic Literature (writing, editing, translating)	2		

		<b>35</b>		
<b>E</b>	<b>Regular Election of Office Bearers (Reporting of Activities to Secretary UPOA)</b>	6		
<b>F</b>	<b>Bone &amp; Joint Day Activities</b>	25		
<b>G</b>	<b>Chapter contribution to UPOA (5000-20000 Rs = 2 points)</b>	4		

TOTAL MARKS OBTAINED:

**NOTE:**

1. Total Maximum Marks are **150**
2. To be eligible for the Award, the City chapter must have submitted its annual report for the on time (by 05<sup>th</sup> January 2024, 5.00 pm)
3. While computing points if the figure is not in round figures, then the next higher digit should be awarded, say 1.5 should be counted as 2
4. Please Fill the above form and send to upoaoffice@gmail.com as separate sheet
5. Send proof of all activities as attachments marked as A,B,C1,C2 or D1,D2 and so on and send all attachments as Zip file at upoaoffice@gmail.com .

Signature

Secretary City Chapter

## EVENTS HELD

1. UPOA e-PGCON, Kanpur, 21<sup>st</sup>-22<sup>nd</sup> January, 2023, Org. Sec.: Dr. Chandan Kumar.
2. 8<sup>th</sup> Cadaveric Pelvi- Acetabular Fracture Fixation Workshop & CME, Lucknow, 28<sup>th</sup>-29<sup>th</sup> January, 2023, Org. Sec.: Dr. Praveen Kumar & Dr. Uttam Garg.
3. 47<sup>th</sup> UPORTHOCAN 2023, Gorakhpur, 24<sup>th</sup>-26<sup>th</sup> February, 2023, Org. Sec.: Dr. Amit Mishra.
4. Symposium on Correction of Congenital Foot Deformity in Children, Ayodhya, 09<sup>th</sup> April, 2023, Org. Sec.: Dr. Surya Mani Dwivedi.

## FORTHCOMING EVENTS

1. Robotic Live Surgery workshop & CME on "**Knee Arthroplasty - Past, Present & Future**", Varanasi, 21<sup>st</sup> May, 2023, Org. Sec.: Dr. Swaroop Patel.
2. SRMS Cadaveric Arthroplasty Course, Bareilly, 8<sup>th</sup> – 9<sup>th</sup> Jul, 2023, Org. Sec.: Dr. Sanjay Gupta.
3. UPOA Special Course 2023, Meerut, 30<sup>th</sup> July 2023, Org. Sec.: Dr. Kritesh Mishra.
4. UPOA Arthroplasty Course 2023, Kanpur, 20<sup>th</sup> August 2023, Org. Sec.: Dr. Ravi Garg.
5. UPOA Mid Term Symposium 2023, Aligarh, 10<sup>th</sup> September 2023, Org. Sec.: Dr. Sanjeev Kumar Garg.
6. UPOA PGICL 2023, Agra, 29<sup>th</sup>-30<sup>th</sup> September-01<sup>st</sup> October 2023, Org. Sec.: Dr. Karuna Shankar Dinkar.
7. UPOA Trauma Course 2023, Etawah, 29<sup>th</sup> October 2023, Org. Sec.: Dr. Ajay Kumar Rajput.
8. UPOC e-PGCON 2024, Moradabad, 20<sup>th</sup>-21<sup>st</sup> January 2024, Org. Sec.: Dr. Amit Saraf.
9. 48<sup>th</sup> UPORTHOCAN 2024, Prayagraj, 02<sup>nd</sup>-04<sup>th</sup> February 2024, Org. Sec.: Dr. Maneeshi Bansal.

# EVENTS HELD

UPOA e-PGCON - 2023, Kanpur  
21<sup>st</sup>-22<sup>nd</sup> January, 2023  
Org. Sec.: Dr. Chandan Kumar



## UPOA e-PGCON - 2023

organized by Kanpur Orthopaedic Association

A unique initiative of UPOA for postgraduates  
to showcase  
their original research

21<sup>st</sup> - 22<sup>nd</sup> JANUARY, 2023  
(Saturday, Sunday)

Time: 05:00 PM to 08:00 PM

Last Date for Abstract Submission: 31<sup>st</sup> December, 2022

**Best Paper award**

□ 3 Best Papers

Abstract to be submitted to [upoa.epgcon@gmail.com](mailto:upoa.epgcon@gmail.com)  
(only PG's can submit abstract)

Registration is Mandatory and Free for all Presenters

Link for registration & Abstract submission guidelines:

[https://docs.google.com/forms/d/e/1FAIpQLSeLO6yDEFDOPBwFpA6Oz\\_1cJBqcBqdBSZIK-\\_GDO1OIFu17-A/viewform](https://docs.google.com/forms/d/e/1FAIpQLSeLO6yDEFDOPBwFpA6Oz_1cJBqcBqdBSZIK-_GDO1OIFu17-A/viewform)

# EVENTS HELD

**8<sup>th</sup> Cadaveric Pelvi- Acetabular Fracture Fixation  
Workshop & CME, Lucknow  
28<sup>th</sup>-29<sup>th</sup> January, 2023  
Org. Sec.: Dr. Praveen Kumar & Dr. Uttam Garg.**



# EVENTS HELD

47<sup>th</sup> UPORTHOCON 2023, Gorakhpur

24<sup>th</sup>-26<sup>th</sup> February, 2023

Org. Sec.: Dr. Amit Mishra





# EVENTS HELD

## Symposium on Correction of Congenital Foot Deformity in Children 2023, Ayodhya

09<sup>th</sup> April, 2023

Org. Sec.: Dr. Surya Mani Dwivedi



# **RESEARCH GRANT CRITERIA**

## **PERFORMA ASSESSMENT OF RESEARCH PROJECT FOR AWARD OF UPOA RESEARCH GRANT**

Name of Applicant .....

Address .....

Present designation .....

Email id .....

Mobile no. ....

UPOA membership no. ....

IOA membership no. ....

With a purpose to encourage Research in Orthopaedics in the fields of Basic Science, Clinical Research, Development / Innovations of Instruments, Implants, Technique etc., UPOA has decided to provide some financial grant to the projects submitted by UPOA members. **For the year of 2014, the two applicants, Dr Ajay Singh from Lucknow and Dr Gyaneshwar Tonk from Meerut were sanctioned Rs. 50000/ each. We want more members to come forward to submit their research project and avail UPOA financial research grant.**

**The brief introduction of guidelines as approved by executive committee of UPOA is as follows:**

Amount of Grant and its distribution: No set limit. Committee will decide depending upon the project. The funds will be disbursed in two stages. 50% immediately after formalities of approval of project and rest after submission of final report.

**Who can apply? Life member of UPOA residing and working in Uttar Pradesh.**

How many projects can be approved in a year: No limit

Time frame : Expected to complete the project in 3 years. Extension may be granted on valid reasons.

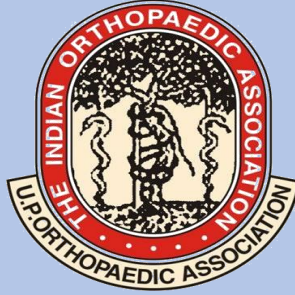
If beneficiary fails to complete the project or leaves the state permanently: He will return all the money received. He has to give an undertaking to this effect in writing.

Who will decide? Committee consisting of

- ◆ President
- ◆ President Elect
- ◆ Immediate Past President
- ◆ Secretary UPOA
- ◆ Chairman, UPOA Research Grant Committee
- ◆ Members, UPOA research grant committee – 2

Submission of proposed project details along with Performa is mandatory.





## Maximum Marks = 100

- |   |                                       |
|---|---------------------------------------|
| <b>1. Post Graduate Qualifications in Orthopaedics</b>  | <b>5 Marks</b>                        |
| Recognized Qualifications: MS (Orth.)/ D.N.B. (Orth).   | (2 Marks Each)                        |
| Other Qualifications / Degree: M.CH. ORTH. /FRCS/ PHD. ORTH.  | (1 Mark Each)                         |
| <b>2. Experience</b>  | <b>10 Marks</b>                       |
| Year After PG Qualifications 1 Mark Year  | Maximum Marks 7                       |
| Teaching Experience as Lecture / Asst. Professor Above 1 Mark per year  | Maximum Marks 3                       |
| <b>3. Publications</b>  | <b>20 Marks</b>                       |
| <b>I. Indexed Journal / IJO</b>   | Maximum 15 Marks                      |
| As Main Author  | 5 Marks per Publications              |
| As Co-author  | 3 Marks per Publications              |
| <b>11. Books</b>  | Maximum 5 Marks                       |
| As Main Author  | Per Book 5 Marks                      |
| As Associate Author   | Per Book 2.5 Marks                    |
| As Editor / Author of Monograph   | Per Book 5 Marks                      |
| As Contributing Author  | Per Book Chapter 2.5 Marks            |
| As Co-author  | Per Book Chapter 2.5 Marks            |
| <b>4. Papers / Posters Presented Personally</b>   | <b>10 Marks</b>                       |
| International Conferences Abroad  | 3 Marks Per Paper / Poster            |
| International Conferences in India / IOACON   | 2 Marks Per Paper / 1 Mark Per Poster |
| Subspeciality / State Chapter Conferences   | 1 Mark Per Paper / ½ Mark Per Poster  |
| <b>5. Guest Lectures / Lectures at CME / Workshops</b>  | <b>8 Marks</b>                        |
| International Conferences Abroad  | 4 Marks Per Lecture                   |
| International Conferences in India  | 4 Marks Per Lecture                   |
| IOACON/ Subspeciality / State Chapter Conferences   | 2 Marks Per Lecture                   |
| <b>6. Research Projects Completed</b>   | <b>7 Marks</b>                        |
| Funded By an International/National Agency, Government Organization or University.  | 3.5 Marks Per Completed Project       |
| <b>7. Conferences Attended</b>  | <b>5 Marks</b>                        |
| International Conferences Abroad  | 2 Marks Per Conference                |
| International Conferences in India / IOACON   | 1 Mark Per Conference                 |
| Subspeciality / State Chapter Conferences   | ½ Mark Per Conference                 |
| <b>8. Organizational</b>  | <b>5 Marks</b>                        |
| Convenor of Organizing Secretary of International or National Meeting or Workshop / Office Bearer of National Organization. | 2 Marks / Post Held                   |
| Convenor or Organizing Secretary / State Level Meeting / Office Bearer of National Organization.                            | 1 Mark / Post Held                    |
| <b>9. Medals. Prizes and Awards in Orthopaedics</b>   | <b>5 Marks</b>                        |
| IOA Medal. Prize or Award   | 2 Marks                               |
| Subspeciality / University / National / International Organization / others   | 1 Mark Each                           |
| <b>10. Summarize in 150 words why your project should be considered for research Grant?</b>                                 | <b>25 Marks</b>                       |
| <b>Points to be checked while analyzing the attached project</b>  |                                       |
| a) Originality / Innovation   |                                       |
| b) Publications from project submitted  |                                       |
| c) Honesty  |                                       |
| d) Financial involvement  |                                       |
| e) Scope and Usefulness to society  |                                       |
| <b>(Please attach the details of proposed project)</b>  |                                       |

# **UP ORTHOPAEDIC ASSOCIATION**

## **Fellowship Form**

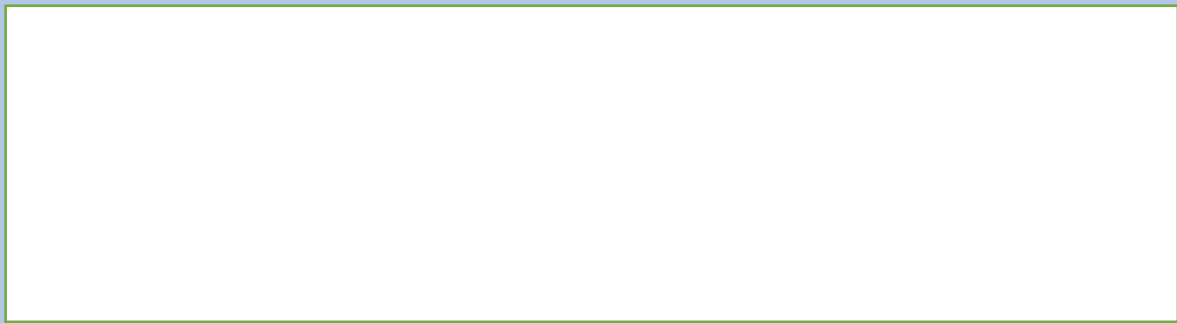
<https://forms.gle/87ZFLB3C7MK4SQTm9>

<b>Fellowships</b>	<b>No. of fellowship Available</b>	<b>Tick the fellowship applied for</b>
UPOA Exchange Fellowship	2	
UPOA Travelling Fellowship	2	
UPOA Visiting Fellowship (1 Teaching: 1 Non-Teaching)	2	
Lucknow Pune Fellowship	2	
Varanasi Exchange Fellowship	1	
Ghaziabad International Fellowship (1 Teaching: 1 Non-Teaching)	2	
Ghaziabad National Fellowship (1 Teaching: 1 Non-Teaching)	2	
UPOA KGMU Paediatric Orthopaedics Fellowship	2	

1. Name .....
2. Age / Date of Birth .....
3. Designation .....
4. Membership No. of UPOA .....
5. Membership No. of IOA .....
6. Qualification

<b>Degree</b>	<b>Year of Passing / College / University / Attempts</b>
<b>MBBS</b>	
<b>MS (Ortho) / D Ortho/DNB</b>	

7. Number of conferences attended (Attach List) .....  
UPCON / IOACON / International
8. Number of papers personally presented at .....  
UPCON / IOACON / International (Attach List)
9. Number of articles published (Attach List with .....  
Title, name of journal, page number & year)
10. Title of papers with abstract to be presented .....  
(only for visiting & Exchange Fellowship)
11. Teaching / Service / practice experience .....
12. Any other academic awards / activities /  
Related information



Date .....

Signature

Address .....

Phone Number .....

Mobile .....

Email .....

The last date for receipt of application forms is 30<sup>th</sup> July

Visit website [www.upoa.net](http://www.upoa.net) for more details & download fellowship application form

Send your applications forms with all relevant attachments to

**Dr Santosh Singh**

C-14, L-Road, Mahanagar Extension Lucknow-226006

Phone: 9415026189, 9918238999

E-mail: [upoaoffice@gmail.com](mailto:upoaoffice@gmail.com), [orthosantosh@yahoo.co.in](mailto:orthosantosh@yahoo.co.in)

# Preparations and Instructions for UPOA MEMBERSHIP FORM

Steps to become member of Prestigious U.P. Orthopaedic Association

1. Fill this form
2. Upload your photo
3. Upload your Postgraduate degree copy
4. Upload your MCI registration certificate
5. Pay Life membership fee of Rs 4000 online through any online method (details given in form)
6. Fill the Reference ID of your online payment.

Here you are, 7 Days Time and you become member of UPOA (Except voting)

[https://docs.google.com/forms/d/e/1FAIpQLScCRlpXjKCXhaPnYHDjz2uRdU - FQ5j7IB6FAbMATF45WFiAw/viewform?usp=pp\\_url](https://docs.google.com/forms/d/e/1FAIpQLScCRlpXjKCXhaPnYHDjz2uRdU - FQ5j7IB6FAbMATF45WFiAw/viewform?usp=pp_url)



# UPOA - MEMBERSHIP FORM

To,  
**Dr. Santosh Singh,**  
**Hon. Secretary,**  
**U.P. Orthopaedic Association**

C-14, L-Road, Mahanagar Extension, Lucknow-226006

Phone: 9415026189, 9918238999, 9415679511

E-mail: [upoaoffice@gmail.com](mailto:upoaoffice@gmail.com), [orthosantosh@yahoo.co.in](mailto:orthosantosh@yahoo.co.in)

Dear Sir,

I wish to join as member of UPOA. I am enclosing herewith a DD/Cheque of Rs 4000.00 towards membership as Life Member/ Rs. 500.00 as Associate Member towards corpus fund of UPOA.

Name.....

Date of Birth .....PAN No.....

Address .....

Telephone..... Mobile..... E-mail: .....

Qualification	Institution	University	Year of Passing
MBBS			
MS Ortho / D. Ortho			
DNB			

Present Status .....

Membership No. IOA: .....

### **Payment Details**

DD/Cheque No..... Drawn On..... Amount..... Date.....

DD/Cheque in favour of **UP ORTHOPAEDIC ASSOCIATION**, payable at Lucknow

	Name	Signature	LM NO.
<b>Proposed by</b>			
<b>Seconded by</b>			

Date.....

Signature of Applicant

### **FOR OFFICIAL PURPOSE**

Received by (Name) .....

Membership No. Allotted .....

Signature of Secretary UPOA

## Preparations and Instructions for IOA Membership

It is recommended to use laptop/desktop to fill out this application.

There are two types of memberships available.

- 1. Life membership
  - National - ₹5000
  - International Affiliate member- US\$100 (Rs.8000)
    - Foreign / Non-Resident Indian Orthopaedic surgeon with an Orthopaedic degree recognized by their National accreditation authority and being a member of their National Orthopaedic Association.
    - Having paid the subscription / fees as prescribed by the Association from time to time.
    - They shall have the right to attend scientific meetings, social events, and engage in all scientific discussions, attend business meeting. However they will not be eligible to vote or contest for a position of the Association..
- 2. Associate membership (₹2000)
  - Associate Members of the Association shall have the right to attend scientific meetings, social events, and engage in all scientific deliberations but they shall not attend business meetings and take part in elections.

You will be asked to verify your registered email ID (REI) by OTP.

You will be asked to verify registered mobile number (RMN) by OTP

For Life Membership – National, keep following documents' PDF files ready to upload.

- Orthopaedic Degree Certificate: M.S. (Ortho), D Ortho, DNB Ortho, D. ORTh CPS, Mch etc.

- Registration Certificate for Orthopaedic Degree by Medical Council of India or State Medical Council or NMC with registration number
- Affiliated State chapter membership certificate (if available), Primary Affiliated Member Number (if available)

For Life Membership – International Affiliate member, keep following documents'

PDF file ready to upload.

- Accreditation certificate from recognized body / council of your country
- Certificate from National Orthopaedic Association of your country showing membership and credentials as member

For Associate Membership keep following documents' PDF file ready to upload.

- MBBS degree certificate
- Registration Certificate for MBBS Degree by Medical Council of India or State Medical Council or NMC with registration number
- Letter from Head of Department of Orthopaedics (mentioning as PG student and recommend to become associate member)

The application process is in two steps.

- First step: Filling out the details
- Second step: Payment

Payment Modes:

- Online payment
- Offline payment: You can deposit membership fee offline in advance during step 2 in following account and upload the receipt

**ACCOUNT NO: 031101006198**

**ACCOUNT NAME: INDIAN Orthopaedic ASSOCIATION**

**IFSC CODE: ICIC0000311**

**BRANCH NAME: NEW DELHI-GKII**

## QR Code to Pay by UPI on Mobile



On successful completion of application, office will verify and will send you a temporary membership number along with a password to login and to fill out many other details in your profile, later.

This temporary membership number will be converted into permanent membership number after ratification by general body meeting, normally held in month of November or December of the year.

<https://ioaindia.org/Webview/NewMember>